Lent is an important season in the life of the church and the individual Christian. It’s a time for reflection, repentance, and resolutions to deepen our relationship to God and seek the fruits of the Spirit (love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control - Gal. 5:22). Through the church worship and ministry programs offered during the month of March, it is hoped that all members can experience a time of renewed faith.

During the Lenten season, the Spiritual Life Committee is offering a creative way to imagine what each of us can give to God. They’ve created crosses out of wire, which can receive offerings. These offerings can be written or drawn on some form of paper and placed in the cross.

There’s no limit to what you might offer to God. For example:

- Prayer Requests
- Poetry
- Praise
- Confessions
- Music
- Celebrations
- Concerns
- Drawings
- Thanksgiving

Offerings may be expressed as a single word (i.e. the name of a person) or as a picture, song, or poem. Crosses will be placed in various locations throughout the church, and presented as part of the Easter procession.

By seeing Lent as a time of commitment, instead of a time of deprivation, we’ll live into the joyful, gracious, and true meaning of this faith season.

Easter Lily Orders

Orders due by Sun., April 5

All are invited to have Easter lilies placed in the Chancel, for the Easter Sunday service, on April 12, at 11 am. Following the service, the flowers may be picked up by the donors for their own use, or left in the Chancel for delivery to hospitalized or homebound members by the Board of Deacons’ Flower Committee. The names of those honored and memorialized will appear in a special bulletin insert.

Each 6.5” potted plant is $9. Order forms are available on the information tables throughout the church. Return completed order forms to the Church Office no later than Sun., April 5.
East Liberty Presbyterian Church
The Cathedral of Hope
116 South Highland Avenue
Pittsburgh, PA 15206
Tel: 412.441.3800
Fax: 412.441.4422
www.cathedralofhope.org

Office Hours
Monday–Friday, 9 am-5 pm
Sunday, 9 am-12:30 pm

Staff Leadership
The Rev. Dr. Randall K. Bush
Pastor
The Rev. Heather Schoenewolf
Associate Pastor for Educational Ministries
Linda Addlespurger
Director of Hope Academy
The Rev. Miriam Chamberlain
Visitation Pastor
Cindy DeAngelo
Seminary Intern
Brian Diebold
Youth and Young Adult Ministry Intern
The Rev. Christiane Dutton
Minister of Taizé Prayer
The Rev. Patrice L. Fowler-Searcy
Director of Mission Ministries
Pamela M. Kimmel
Business Administrator
Dr. Lois M. Lang
Associate in Ministry for Spiritual Life, Stephen Ministry and Older Adults
The Rev. Dr. J. Richard Szeremany
Director, Worship, Music and The Arts
Jon Tyillian
Associate Director of Music

Pastoral Message
The Rev. Dr. Randall K. Bush, Pastor

There’s something special on the second floor of the library at Pittsburgh Theological Seminary. I never knew it was there, because it is tucked away against a back wall in a room past the upstairs stacks. It’s a common object of furniture, so it blends into the décor you’d expect to see in a public building. However, it’s quite uncommon.

Karl Barth was a pastor and theologian born in Switzerland in 1886. He was active as a teacher when the Nazi party rose to prominence. In 1934, he met with other pastors and drafted a document called the Barmen Declaration, which is part of our Presbyterian “Book of Confessions.” He rejected the false doctrines “the church could recognize as a source of its proclamation other events, powers, or historic figures as God’s revelation apart from the one Word of God” and the idea that “there could be areas of our life in which we belong not to Jesus Christ but to other lords.”

One day in 1935, the rector of the University of Bonn decreed that each lecture would end with the German salute. Barth refused to comply with this and said, “I have begun my lecture for the past two and a half years with a brief devotion consisting of the reading of two Bible verses and the singing of a hymn by all present. The introduction of the Hitler salute in this context would be out of place.” This cost Barth his position and put his own life at risk.

Barth survived the war and went on to be one of the most prominent Christian thinkers of the 20th century. He wrote 13 volumes of Church Dogmatics, commenting on almost every aspect of our faith in a magnum opus that was only cut short by his death, in 1968. He wrote over six million words about the Christian faith, often seated at a simple wooden desk - a desk that now resides in the second floor of the library at Pittsburgh Theological Seminary.

Barth offered many memorable quotes during his life. “Jesus does not give recipes that show the way to God as other teachers of religion do. He is Himself the way,” or, “To clasp hands in prayer is the beginning of an uprising against the disorder of the world.” He is best known for his response when a student asked him to sum up the central message of his multi-volume theological work in only a few words. Barth thought for a moment, smiled and simply said, “Jesus loves me this I know, for the Bible tells me so.”

Karl Barth’s desk sits roped off in a corner of the seminary library. It’s a reminder of his scholarly, faithful work that has encouraged innumerable lives over the years. What item might represent your legacy? What might be roped off in a quiet place of honor to commemorate your life? Perhaps this is a sobering thought, but it is one worthy of times of Lenten reflection. It may be a photograph of you with someone else, or a framed quotation of words of faithful encouragement you offered in times of need. It might be a desk or a work of art, or something that best expresses how your spirit and God’s spirit combined to make the world a better place for a moment in history. What do you think it is?

Randy Bush
Health Ministry

The Rev. Patrice L. Fowler-Searcy, Staff Representative

Foot Notes for People with Diabetes, by Susan Whitaker, RN

Many people with diabetes are so fearful of amputations that they do the very thing most likely to cause them to lose a limb: they ignore their diabetes. While it’s true that most non-traumatic amputations occur in people with diabetes, it’s also true that more than half of those amputations are preventable.

Risk Factors: If you have diabetes and your feet experience loss of feeling, poor circulation, changes in shape (such as bunions or hammertoes), or previous foot ulcers, then you’re at risk for serious problems. Trouble usually begins with a foot ulcer, a sore that does not heal easily. Loss of normal feeling in the feet is involved in 80% of diabetic foot ulcers. Painless injuries can go undetected or untreated. Normal healing of these injuries can be blocked by poor blood flow. Poor sensation in the feet develops slowly, and often goes undetected. Your healthcare professional can detect reduced sensation and poor circulation by examining your feet carefully during each regular checkup. Sometimes doctors don’t pay attention to feet, so make sure you ask for a foot check.

Prevention is Key: Problems are not an automatic result of diabetes. If the disease is well controlled, nerve and blood vessel damage can be avoided. Keeping your blood sugar and blood fat levels close to normal are basic preventive measures.

Tai Chi Class
Need to get out and stretch a little? How about Tai Chi? ELPC is offering classes on Tuesday mornings at 10 am, and evenings at 6 pm. A donation of $3/class is requested.

For more information, call Karla Ballou, at 412.441.3800 x34.

Save Darfur Luncheon

Wed., March 11, from 12:30-2:30 pm, at ELPC

Jerry Fowler leads the Save Darfur Coalition. He coordinates Darfur advocacy efforts among the coalition’s more than 180 member organizations and directs communications with over one million Darfur activists, more than one thousand community coalitions, and joint efforts within a global movement in 50 countries. Recognized as an authority on the problem of responding to genocide and related crimes, he was the founding director of the U.S. Holocaust Memorial Museum’s Committee on Conscience, taught law at George Washington Univ., George Mason Univ., and American Univ., and served as a U.S. Army officer for four years.

After more than five years of genocide in Darfur, a peace breakthrough looks possible, and the new U.S. administration supports strong diplomatic action, to ease the plight of 2.7 million displaced Darfuris.

Please join us for this opportunity to learn more and respond faithfully to end these acts of violence, torture and genocide in our world.

• Hospitality and Luncheon, at 12:30 pm
• Presentation by Mr. Fowler, at 1 pm
• Conversation on Next Steps, at 2 pm

Please RSVP by Mon., March 2, to Gloria Knopp, at 412.441.3800 x22. A $10 donation is requested to benefit the local Save Darfur Campaign.
Christian Education in March
Rev. Heather Schoenewolf, Associate Pastor for Educational Ministries

CONTEMPORARIES CLASS  Facilitators:  Joe Kennedy and Mary Alice Lightle
March 1-8:  Rocky Road isn’t Just an Ice Cream!, led by Nicole Molinaro
God’s children experience twists and turns in their lives and spiritual journeys. Nicole shares how her faith has inspired, informed, and moved her along the stops and starts of life. Making ELPC part of her life made her aware of her spiritual journey and gave her confidence in knowing that God’s hand guides it all.

March 15:  Judge Not, that You Be Not Judged, led by Gary Sadler,
Speakers Bureau Coordinator/Certified HIV Prevention Counselor of the local AIDS Task Force
Gary provides a brief summary on how stigma affects those misunderstood in our communities, workplaces and health care system.

March 22-April 5:  What is God Doing?, led by the Rev. Dr. John P. Burgess, James Henry Snowden Professor of Systematic Theology, Pittsburgh Theological Seminary
War remains a reality in a world that is increasingly interdependent. Christians ask, “Where is God when troubling circumstances break out?” This series searches for answers from three perspectives: the soldier, the innocent victim, and the citizen of the nation that goes to war. We’ll look for biblical and theological guidance.

JOURNEY WITH SCRIPTURE  Facilitator:  Jan Irvin
March 1:  Gen. 9:8-17; Ps. 25:1-10; 1 Peter 3:18-22; Mark 1:9-15
March 8:  Gen. 17:1-7, 15-16; Ps. 22:23-31; Rom. 4:13-25; Mark 8:31-38
March 15:  Ex. 20:1-17; Ps. 19; 1 Cor. 1:18-25; John 2:13-22
March 22:  Num. 21:4-9; Ps. 107:1-3, 17-22; Eph. 2:1-10; John 3:14-21
March 29:  Jer. 31:31-34; Ps. 51:1-12; Heb. 5:5-10; John 12:20-33

PARENTING CIRCLE  Facilitators:  Frances Irvin and Anne Jackson
We’ll continue our series Sharing Our Families’ Best Practices.
March 1-8:  Talking with our Kids about Sexuality, facilitated by Pam Ferrante and Kate Neely
March 15-22:  Stewardship in Families, Church and Community, facilitated by Beth Bush and Edie Cook
March 29:  Sharing Joys and Concerns

SEEKERS  Facilitators:  Seekers Steering Committee
March 1:  The Holy Land from Muslim and Jewish Perspectives, panel discussion
We’ll continue to understand the conflict in the Holy Land with panelists:
• Magid Shihade is a research associate of Middle East/South Asia studies, at the Univ. of California, Davis. He’s currently on an endowed visiting professorship on contemporary global affairs at the University of Pittsburgh. His research interests include modernity and sectarian violence, nationalism, and colonialism. He teaches courses on Modern Middle East, 9/11, and U.S. foreign policy.
• Dr. Nartali Kaminski is associate professor of Medicine, Pathology and Human Genetics at UPMC and director of the Simmons Center for Interstitial Lung Disease. He is a founding member of the Middle East Peace Forum of Pittsburgh and speaks at churches and synagogues throughout the area.
March 8:  Palestine Peace or Apartheid, led by Dr. Ron Stone
Dr. Stone, retired professor at Pittsburgh Theological Seminary, leads a discussion of former President Carter’s book, “Palestine Peace or Apartheid.”
March 15-29:  The Last Week, facilitated by the Rev. Dr. Christiane Dutton
This is a three-part series on the book “The Last Week,” by Marcus Borg, available in the ELPC Bookstore and online. It’s biblical study of Jesus’ last week is of particular interest as we approach Good Friday and Easter Sunday.

Church School Classes
Sundays, 9:45–10:45 am
Classes are offered for persons of all ages. Adult options are detailed on this page. Young Adults see description on page 5. Youth classes – junior high (grades 6-8) and senior high (grades 9-12) – follow the Seasons of the Spirit curriculum to explore and apply biblical stories to their daily lives. Children’s classes (by age) include Baby Lapsit, Godly Play, and Seasons of the Spirit.
Youth and Young Adult Events
Rev. Heather Schoenewolf, Associate Pastor for Educational Ministries

YOUTH MINISTRIES
Youth meet on Wednesdays, from 3:30-8 pm. We offer time for homework, gym activities, free Hope Academy classes, dinner, Bible Study, and more!

- club one sixteen jr. and sr. will meet for dinner at 6 pm, and Bible Study from 6:30-8 pm. In March, we’ll discuss Great Questions of Faith.
  - club one sixteen jr. will look at questions like, “Who is my neighbor?”, through the teachings of Jesus in parables.
  - club one sixteen sr. will look at questions like, “How can I make positive change in a broken world?” and “What does it mean to forgive, and who must I forgive?”

Note: On Wed., March 11, we’ll be joined by youth from Wallace Memorial Presbyterian Church. Together, we’ll address the theme, Sensing God and explore the ways in which we can sense a direct connection to God in a distracting world.

Lend a Hand!
Youth are invited to lend a hand with other ELPC members and Open Hand Ministries on Sat., March 7. Information on pg. 7, under Housing Ministry.

Confirmation Update
Class continues on Sun., March 1, from 12:30-3:30 pm, in the second floor Parlor, with our discussion of Worship and the Word of God and begin to explore the meaning of Church as the Body of Christ. Sponsors are asked to join us from 12:30-1:30 pm, and share what aspects of Worship are meaningful to them.

YOUNG ADULT MINISTRIES
Those in their 20’s and 30’s are invited to join our warm and dynamic group for faith and fellowship! Visit us at www.myspace.com/youngadultselpc.

Save the Date: Upcoming Young Adults camping trip, April 25-26 (Sat.-Sun.).

Life in the Spirit Sunday School Class: Apologetics: Christian Doctrine on Trial
Join us on Sundays, in the Pastor’s Conference Room, from 9:45-10:45 am, as we continue our series exploring the questions facing a thinking Christian. Topics for March are Providence vs. Free Will and Christianity in the World of Relativism.

Tuesday Evening Study Group
Every second and fourth Tuesday of each month, from 7-9 pm, we get together in the second floor Parlor for an informal time of Bible study and discussion. Join us on March 10 and 24, as we learn and pray together. Topics TBD.

Save the Date: VCS
Although winter weather’s still around, many families are starting to make their summer plans. Children age 3-grade 5 are invited to participate in our annual Vacation Church School from June 22-26.

Our 9 am-3 pm program is themed Catch the Spirit! Join God’s work in the World. Learn about the book of Acts and how God is working in our midst today.

Volunteers are needed to serve as Leaders for:
  - Teachers/Bible Study
  - Food Preparation
  - Registration
  - Recreation
  - Activities
  - Shepherds
  - Worship
  - Crafts
  - Assistants

For information, call Pastor Heather, at 412.441.3800 x21.

Call for Youth Musicians
Many of our youth have matured beyond the level of Joyful Noise Children’s Choir, but want to participate in worship using their musical gifts. Youth in grades 6-8 are invited to attend a combined rehearsal on Sun., March 1.

We’ll rehearse “When You Believe” from “Prince of Egypt,” which will be sung in worship sometime in May. Rehearsal will be held in the Sanctuary at 9:15 am, but youth should report at 9 am, to share how they would like to participate.

Build a celebratory, joyful sound with us. Play an instrument, help the younger children sing Hebrew, or sing a solo!

If you’re interested in being a part of a Youth Joyful Noise choir and more opportunities to share your musical gifts in worship, contact Robyn Peterson, at 412.875.6382.

Hope Academy
Linda Addlespurger, Director

Shakespeare Competition
Hope Academy (HA) Shakespeare students, under the direction of Tonya Lynn and Jill Wadsworth, have been preparing for the 2009 Pittsburgh Public Theater Shakespeare Monologue and Scene Contest. Every year, over one thousand students from the tri-state area participate in the preliminary round. The field is then narrowed to 30 students who compete in the Showcase of Finalists.

HA has been well represented each year with a number of finalists, and a tie for first-place in the upper division monologue category. Last year, Blake Stadnik, a former student, placed first.

Our students are preparing scenes from “A Midsummer Nights Dream” and “Two Gentlemen of Verona.” They compete in the preliminary round on Fri., March 20, at 3:30 pm. The Showcase of Finalists, on Mon., March 23, at 7 pm, is free to the public.

HA students Owen, Andrew, Jonathon, Mimi, Maria and Syndara will perform the rude mechanicals scene from “A Midsummer Nights Dream.”

Hope Academy students Owen, Andrew, Jonathon, Mimi, Maria and Syndara will perform the rude mechanicals scene from “A Midsummer Nights Dream.”
Classes After Taizé Prayer

The Rev. Christiane Dutton, Minister of Taizé Prayer

We will have a soup and bread supper, at 6 pm, prior to the Taizé Prayer services. A free-will offering of $2.50 is appreciated. Classes begin at 8:15 pm.

March 4: Seeds of Life
What new idea is waiting in you to be realized? These writing exercises will help identify fresh creative territory.

“There came a time when the risk to remain tight in a bud was more painful than the risk it took to blossom.” ~ Anais Nin

March 11: Music on the Labyrinth, led by Charles Anderson
Charles will be playing the flute on the labyrinth. Details to come.

March 18: Sacred Harp/Shape Note Singing, led by Charles Anderson
Enjoy singing tunes in three and four part harmony from the oldest American tune book in print. Joining in this joyful American singing tradition is easy! All tunes are taught, one part at a time! Beginners welcome!

March 25: Celebrations!
If you celebrate a birthday, milestone or anniversary in March, please write it down and put it in the collection plate! We’d like to celebrate with you!

Presbyterian Women

Mary Alice Lightle, Moderator

March 3: Horizons Bible Study
Please join us on Tues., March 3, at 10 am, in the second floor parlor as we continue our study of Jubilee! Luke’s Gospel for the Poor. We’ll consider how Jesus healed both men and women and was inclusive in his reaching, as Suzanne Bailey leads the discussion of “The Oppressed Are Set Free” (Luke 13:10-17 18-21; 14:1-6). A potluck lunch will follow. Please bring a salad or snack to share. Beverages and soup will be provided. Call Mary Alice Lightle for more information, at 412.682.1504. Prepare for your eyes to be opened, your heart to be lifted up and to praise God!

March 6: World Day of Prayer
World Day of Prayer on Fri., March 6, will be celebrated in 170 countries. This year’s service, In Christ There Are Many Members, Yet One Body, was prepared by the women of Papua New Guinea. These women live on many different islands in an archipelago, and speak 800 different languages between several thousand communities. This service leads us to discover the true nature of Christian unity; how we are one in Christ.

Services are held in various parts of the city and suburbs. A partial listing follows:

- Bethel AME Church, 2720 Webster Ave., 15219: 412.683.2160
- North Hills United Presbyterian, 100 Bellevue Ave., 15229: 412.931.2788
- Faith United Methodist, 216 W. Chapel Ridge Road, 15238: 412.963.8155
- Bidwell United Presbyterian, 1025 Liverpool St., 15233: 412.231.4663

Please call the host church for more details!
Housing Ministry
Emily Rosenthal, Chair of the Community Mission Committee

Volunteer Opportunity
On Sat., March 7, we’ll be working with Open Hand Ministries and youth involved with ELPC’s youth programs, to prepare two derelict houses in the Garfield neighborhood for rehab and sale. All ages and skills are welcome!

Other upcoming work days include, April 4, and May 2.

If you’re interested in volunteering, please contact Emily Rosenthal, at 412.963.0139, or the Rev. Patrice Fowler-Searcy, at 412.441.3800 x30.

Youth can find more information and permission slips in their March calendar.

Have a Heart for Hunger

The Following Items are Always Needed:
- Dry Hot and Cold Cereal
- Pasta
- Canned vegetables
- Diapers (all sizes)
- Dish detergent
- Household Cleaners
- Dry Milk
- Biscuit/Baking Mix
- Soup
- Jello
- Other Nonperishables

Each year, from Feb. 14-March 31, EECM holds its Have a Heart for Hunger campaign. The congregations of EECM are asked to make a special effort to combat hunger in the East End.

The demands on the feeding programs of EECM are growing. Over the past six months, there has been a 20% increase in families seeking assistance from the Food Pantry and a 7% increase in people coming for meals. Many of the “new” people coming for help have recently lost their jobs.

During the Lenten Season, ELPC’s Poverty and Christian Education Committees will hold a major food drive to help the pantry continue to meet the demands that are being placed on it by the economic situation. Grocery bags with a list of items that are always needed will be handed out during worship on Sun., March 15 and 22, to be returned on Sun., March 29, where they’ll be received during the 11 am, Worship service.

Men’s Shelter

The Deacons are collecting donations in support of ELPC’s commitment to the EECM Men’s Shelter. While the need has remained consistent, donations have declined. We need your help!

Requested items for March are bar soap and shampoo/conditioner. Please drop these items in the basket located in the Highland Ave. hallway.

Your support in the form of donations and prayer, for the Shelter and the men who stay there, is greatly appreciated.

ELPC People

Good News
Congratulations to Virginia Kane, daughter of Mary Dana Kane, who is one of the winners in the eighth-annual “Expressions of Freedom” writing contest.

In celebration of the 45th anniversary of Dr. King’s “I Have a Dream” speech, students wrote essays on what they can do to fulfill Dr. King’s dream. Virginia’s essay, which read, “I can make Dr. King’s dream come true by treating people right,” was selected out of a record-breaking 863 entries.

She won a $100 U.S. Savings Bond and a one-year family membership to the Carnegie Museums.

Prayers
Our prayers and sympathies are with the family and friends of Elder Chuck Nichols, who passed away in January. Chuck was a member for eight years and served on many committees and activities including: Elder on Session, Worship, and Music and the Arts; Stephen Ministry; Spiritual Life; Heritage Committee; Community Development; Pipes of Glory Campaign; Nominating Committee; and Sr. High Church School Teacher.

Thanks
Thank you for your love and support through this difficult time. Your cards and prayers are appreciated. Thank you, from the family of Chuck Nichols.

Sincerely,
- Avis and David Zader
- Clair and Lesa Nichols
- Michael and Sue Nichols
- Gloria and Reva Ritchey.

Food Pantry

The EECM Food Pantry provides food for people facing hunger in Pittsburgh.

ELPC continues to answer the call in the struggle against hunger, but we still need help. Donations may be left in the baskets throughout the hallways. March’s “Food for the Month” is Jelly and Jam.

The EECM Food Pantry is open from 1-3 pm, Mon.-Fri.
Illinois College Musicians Perform

Fri., March 13, at 7:30 pm

We are pleased to announce a performance by the musical forces of Illinois College. Appearing in this special Lenten program are the Concert Choir, the Wind Ensemble, and Renaissance Singers.

The 35-voice Concert Choir is set to perform portions of Henry Mollicone’s “Beatitude Mass” (for the Homeless). It incorporates words from the Latin Mass Ordinary juxtaposed with English words by William Luce. New texts are drawn from interviews conducted in homeless shelters.

Illinois College’s music ensembles have performed both sacred and secular music in churches of many denominations. They’ve toured Florida, Kentucky, Virginia, and New York, where they have performed in St. Patrick’s Cathedral and St. Bartholomew Episcopal Church. Additional performance sites include Washington D.C. at the National Presbyterian Church, Texas, Colorado, Kansas, Iowa, Missouri, and now, ELPC!

A free-will offering will be received in appreciation of their efforts.

Heinz History Center Exhibit Tour

Thurs., March 19, reception at 6 pm, tour until 9 pm

Pittsburgh Presbytery is sponsoring a reception and docent guided tour of the exhibit, Free At Last? Slavery in Pittsburgh in the 18th and 19th Centuries, at the Heinz History Center on Thurs., March 19.

The event is free. As members of Pittsburgh Presbytery, you are invited to a reception from 6-6:30 pm. The exhibit and museum tour follows.

Special guests include the exhibit creators, Dr. Robert Hill and Valerie McDonald Roberts.

EECM served over 75,000 meals last year. The need is growing.

Please respond by giving generously this Lent, and help those in need. For information on additional ways to contribute to EECM, turn to page 7, and visit www.eecm.org.

“...inviting all to join our diverse, inclusive family of faith, transcending boundaries of race, class, ability, culture, age, gender and sexual identity to become one in Christ.”