

# TAIZÉ PRAYER



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**East Liberty  
Presbyterian Church**

[www.ELPC.church](http://www.ELPC.church)

**Wednesday, September 22, 2021 • 7:00 pm**

116 South Highland Avenue ♦ Pittsburgh, PA 15206  
412.441.3800 ♦ [www.ELPC.church](http://www.ELPC.church)

## Prelude by Charlie Anderson

### Welcome and Opening Centering/Candle Lighting by Rev. BJ Woodworth

*This worship space is created to enhance your prayer. Please feel free, at any time, to come to the front to sit on the rug and be closer to the light, to pray with one of the icons, to light a candle with your prayer, to move with the music, or to sing in whatever language is comfortable to you. We hope that you will become aware of the presence of the living God as you pray in this place and that you might take that awareness out with you into the world.*

### CLM35 The Kingdom Of God

The king - dom of God is jus - tice and peace and joy in the Ho - ly

Spir - it. Come, Lord, and o - pen in us the gates of your\_ king - dom. The

(Last time ☺)

(Last time ☺)

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### CLM6 How Blessed The Poor In Heart

Be - a - ti - ed voi the po - ve - ri, per - ché  
How bless - ed the poor in heart, for

(☺ Last time)

(☺ Last time)

vos - tro è il re - gno di Di - o. Be -  
theirs\_ is the king - dom of heav - en. How

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**Psalm 86** (from "Psalms for Praying" by Nan C. Merrill)

**Sung Response: CLM2 Alleluia 20**

The musical score is written for four parts: Cantor (Soprano), S, A (Soprano and Alto), T, B (Tenor and Bass), and a four-part choir. The key signature is one flat (B-flat) and the time signature is 4/4. The Cantor part begins with the lyrics "Al - le - lu - ia!" followed by a repeat sign and then "Al - le - lu - ia, al - le -". The S, A part begins with a repeat sign and then "Al - le - lu - ia, al - le -". The T, B part begins with a repeat sign and then "Al - le - lu - ia!". The choir part begins with "lu - ia, al - le - lu - ia!" followed by a long horizontal line indicating a continuation of the melody. The score includes various musical notations such as notes, rests, repeat signs, and slurs.

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Give ear to my cry, O Comforter,  
And answer me,  
For I am sorely in need of you.  
Awaken new life in me,  
As I yearn to do your will;  
Dispel the ignorance of my ways,  
As I put my trust in you.  
You are the Beloved;  
Be gracious to me, Heart of my Heart,  
For with you would I walk all day.  
My soul is uplifted,  
As I abandon myself into your hands.

**ALLELUIA**

For you are kind and forgiving,  
Abounding in steadfast Love  
To all who call upon you.  
Give ear to my prayer, Compassionate One;  
Listen to my heartfelt plea.  
In the time of trouble,  
I dare to call upon you,  
For you hear the cry of those in need.

**ALLELUIA**

No one is like you, O Mighty One,  
All of creation belongs to you.  
All the nations are under your authority and one day,  
They will acknowledge and reverence you.  
They will give praise to your Sacred Name.  
For you are great;  
We are awed by the wonders of your world,  
You alone are the Most High.

**ALLELUIA**

O Beloved, numerous fears rise up within me;  
Like an army they seek to overwhelm me,  
And they would keep me in darkness.  
Yet you are merciful and gracious,  
Ready to forgive and ever abounding  
In steadfast Love and faithfulness.

**ALLELUIA**

Be present to me and receive my prayer;  
Imbue me with strength,  
And help me to release each fear.  
Pour forth your Light into my soul,  
That all that is hidden in darkness  
May come forth into awareness.  
For you, O Beloved,  
Are my Redeemer and my Comforter.

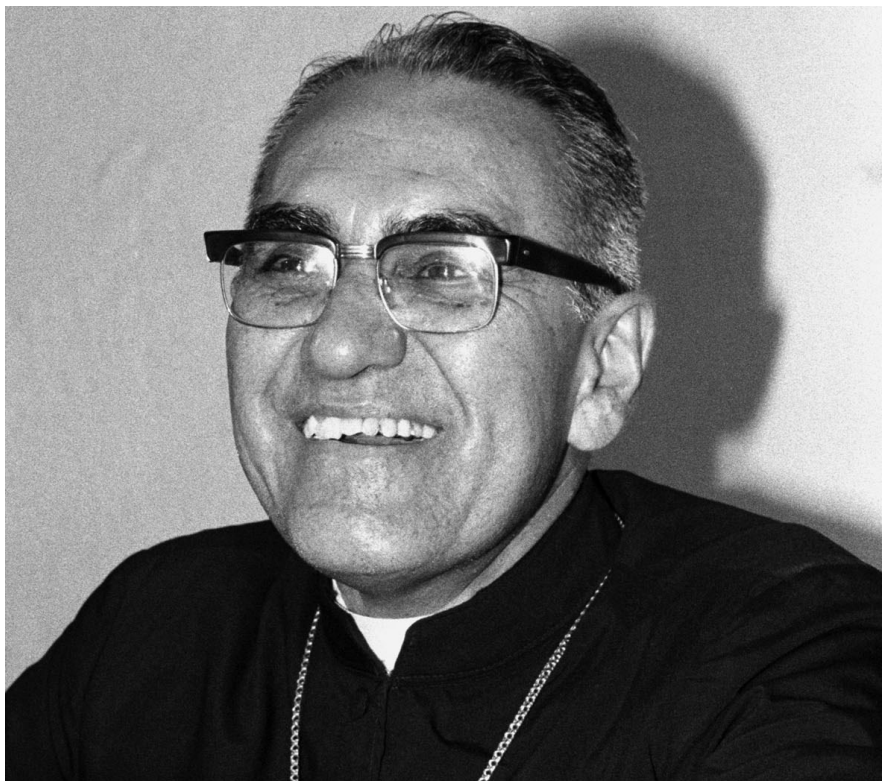
**ALLELUIA**

## The Word/Meditation: Matthew 5:1-3

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: “Blessed are the poor in spirit, for theirs is the kingdom of heaven.”

### Words from Archbishop Óscar Arnulfo Romero y Galdámez (August 15, 1917–March 24, 1980)

Only the poor, the hungry, those who need someone to come on their behalf, will have that someone. That someone is God, Emmanuel, God-with-us. Without poverty of spirit there can be no abundance of God.



### \* Les Béatitudes

*Tutti*

A musical score for the song 'Les Béatitudes'. It features two staves, a treble staff on top and a bass staff on the bottom. The music is in a simple, homophonic style. The lyrics are written below the staves. The first staff has a treble clef and a key signature of one flat (B-flat). The second staff has a bass clef and the same key signature. The lyrics are: 'Hap-py all who are poor in spi-rit: for the King-dom of heav'n is theirs.' The word 'Tutti' is written above the first staff.

Hap-py all who are poor in spi-rit: for the King-dom of heav'n is theirs.

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## Prayers of Intercession

### Sung Response: CLM8 I Bless You, Lord, My God

Ben - di - go al Se - ñor por - que es - cu - cha mi voz. El Se -  
I bless you, Lord, my God, for you hear me when I call. You, O

ñor es mi fuer - za, con - fi - a mi co - ra - zón. Ben -  
Lord, are my strong - hold; I trust you with all my heart. I

( Last time)

( Last time)

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I am  
a hole in a flute  
that the Christ breath moves through –  
listen to this  
music. (*Hafiz*)

**I BLESS YOU, LORD, MY GOD** (*a moment of silent prayer is held*)

How is Christ's breath moving and praying through you tonight, as you listen to the *poverty of spirit* within  
yourself?

**I BLESS YOU, LORD, MY GOD** (*a moment of silent prayer is held*)

How is Christ's breath moving and praying through you tonight as you listen to the *poverty of spirit* in your  
community of friends and family?

**I BLESS YOU, LORD, MY GOD** (*a moment of silent prayer is held*)

How is Christ's breath moving and praying through you tonight as you listen to the *poverty of spirit* in our  
city and country?

**I BLESS YOU, LORD, MY GOD** (*a moment of silent prayer is held*)

How is Christ's breath moving and praying through you tonight as you listen to the *poverty of spirit* in the  
broader world?

**I BLESS YOU, LORD, MY GOD** (*a moment of silent prayer is held*)

How is Christ's breath moving and praying through you tonight as you listen to the *poverty of spirit* in the  
natural world?

**I BLESS YOU, LORD, MY GOD** (*a moment of silent prayer is held*)

## Silent and Spoken Prayers

*Please feel free to add your spoken petitions.*

*A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.*

*Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.*

### NB53 The Lord's Prayer

Our Fa - ther who art in heav - en, hal - lowed be thy name; thy king - dom come;

thy will be done, on earth as it is in heav - en. Give us this day our dai - ly bread;

for - give us our tres - pass - es as we for - give those who tres - pass a - gainst us;

lead us not in - to temp - ta - tion, but de - liv - er us from e - vil. For thine is the King - dom,

and the pow - er, and the glo - ry, for - ev - er and ev - er. A - men.

## Prayer over the Anointing Oil (in unison)

*We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.*

**Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Bless us, O Lord, as we come before you and seek to experience through the touch of others, your everlasting love. Amen.**



## CLM12 I Will Sing To The Lord

Can - ta - rei ao Se - nhor, en - quan - to vi - ver; lou - va -  
I will sing to the Lord my whole life long; I will

rei o meu Deus en - quan - to e - xis - tir. Ne - le en - con - tro a mi - nha a - le -  
wor - ship my God as long as I live. For the Lord brings joy to his

gri - a. Ne - le en - con - tro a mi - nha a - le gri - a. Can - ta -  
peo - ple. For the Lord brings joy to his peo - ple. I will

(♩ Last time)

# CLM7 O God, Keep Me Safe

Be - hü - te mich, Gott, ich ver - trau - e dir, du  
O God, keep me safe, for I trust in you. The

zeigt mir den Weg zum Le - ben. Bei dir ist  
path - way to life you teach me. With you is

(,) ( Last time)  
Freu - de, and Freu - de in all Fül - le. Be -  
peace and joy in all full - ness. O

(,) ( Last time)

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## \* Just A Closer Walk With Thee

1 I am weak, but thou art strong; Je - sus, keep me from all wrong;  
2 Through this world of toil and snares, if I fal - ter, Lord, who cares?  
3 When my fee - ble life is o'er, time for me will be no more;  
Refrain: Just a clos - er walk with thee, grant it, Je - sus, is my plea,

D.C. for Refrain

I'll be sat - is - fied as long as I walk, let me walk close to thee.  
Who with me my bur - den shares? None but thee, dear Lord, none but thee.  
guide me gent - ly, safe - ly o'er to thy king - dom shore, to thy shore.  
dai - ly walk - ing close to thee: let it be, dear Lord, let it be.

Words and Music: Anonymous



## The Closing Blessing

Blessed are the poor in spirit, for theirs is the Kingdom of heaven. This Beatitude invites us to move from closed-handed anxiety to open-handed trust. May we own our poverty, celebrate the reality of abundance, live with open hands, and walk in the way of trust. Amen!

Leader: Thanks be to God. Amen.

People: **Amen.**



**Christ Jesus, in your Gospel we find  
a hope for all human beings.**

**The Kingdom, the Life of God in  
fullness, is already present among  
us and within us.**

**Even if we sense hardly anything of  
your presence, we place our trust in  
you. And your love and your joy can  
blossom in our lives.**

(Brother Alois of Taizé)

# ☞ SPIRITUAL LIFE EVENTS ☞

## Center for Action and Contemplations CONSPIRE Conference

Friday, September 24 | 11 am–6:45 pm

Saturday, September 25 | 11 am–6:45 pm

Sunday, September 26 | 12:30 pm–6:45 pm

A VIRTUAL SIMULCAST EVENT AT ELPC

**Me / Us / the World**  
**Living Inside God's Great Story**

Over the weekend of September 24–26, the Spiritual Life Committee invites you to join us in person at ELPC, for a virtual simulcast of the Center for Action and Contemplation's CONSPIRE Conference, *Me/Us/the World: Living Inside God's Great Story*.

In this time of great unknowing, how do we expand our sense of self to include love, healing, and forgiveness—not just for ourselves and those like us, but for the entire world? Join spiritual seekers across the world for an interactive, global gathering to experience God's love, grace, and compassion. Presenters include James Finley, Barbara Holmes, Jacqui Lewis, Brian McLaren, Richard Rohr, and Mirabai Starr.

- Participate in contemplative sits led by Fr. Richard Rohr each morning.
- Connect with other participants around the globe and at ELPC.
- Deepen your experience with presentations, workshops, and book talks.

Learn about opportunities to nourish your path of transformation and live into new ways of thinking and being.

Please join us in-person for free at ELPC! Pastor BJ will stream the conference in the McKelvy Room. You are welcome to join us for any or all of the conference. Please indicate the day(s) you will attend.

## YOU CAN STILL REGISTER!

**There is still time to register for this event even though the official registration date has passed!**

**But because the lunch orders have already been placed,  
you would need to provide your own meal each day.**

**Please speak with Rev. BJ Woodworth if you would like to participate!**



## Contemplative Prayer (on Zoom)

**Mondays from 7:30-8am**

Contemplation has been described as a long loving look at the real. Contemplation is about waking up, listening, noticing and paying attention. In the words of Adele Calhoun, “a contemplative person recognizes that every experience offers more than meets the eye. They know that ‘bidden or unbidden’ God is present.” This takes practice.

Join us for a time to practice a variety of contemplative prayer practices utilizing fixed prayers, scripture, music, silence, art and our bodies to help us start our day in communion with God and one another.

*Facilitated by Rev. BJ Woodworth*

www.Zoom.us

Meeting ID: 959 8065 3992

Passcode: bestill

Or dial: 646 876 9923 US • Meeting ID: 959 8065 3992 • Passcode: 6787603

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## Mindfulness Meditation (on Zoom)

**Thursdays from 8-8:30am**

*“Meditation means to be in the process of realizing that God is wholly present in each step along our way. It is to be slowly awakening to the divine destination of our journey manifesting itself in the divinity of our own breathing, our own beating heart, our simply being who we are.” (James Finley)*

Mindfulness meditation is the practice of resting in present moment awareness without judgment, opening to the heart of love and compassion for ourselves, for others, and for our world. Each Thursday morning, Susan Spangler and Ted Cmarada will guide us in mindfulness meditation practices and offer supports for practicing meditation in everyday life. Those new to meditation and those with meditation experience are welcome.

Susan and Ted began practicing Mindfulness Meditation in 1990 with the beloved Vietnamese Buddhist teacher Thich Naht Hanh. Over the years, their practice and appreciation of mindfulness and related meditation practices has deepened through relationships and study with teachers from various meditation traditions. They bring to their teaching the warmth, humor and compassion modeled for them by these teachers, a caring presence cultivated through the practice of psychotherapy, and loving hearts nurtured through their deep and life-long commitment to the Christian path.

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## Enneagram Lunchtime Discussion Group (on Zoom)

**3rd Tuesdays of the month beginning September 21 from 12:20-1:30 pm**

Contact Rev. BJ Woodworth with questions (BJW@coh.net)

Whether you are new to the Enneagram or a seasoned traveler, you are welcome to join us as we seek to know God and know ourselves through the tool of the Enneagram. Our hope is to help one another to “uncover the traps that keep us from living fully and freely as our True Self so that we will use our unique, authentic gifts for the good of others and the world” (Richard Rohr).

Each month we explore and reflect upon different aspects of the Enneagram like, our Enneagram’s approach to time, spiritual practices, our bodies etc. These topics are chosen by those within the group from month to month, often through an article or podcast to reflect upon.

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*Praying in Color with*

# MANDALAS

*Grab some colored pencils in the back*

One of the most ancient forms of prayer is the mandala and it's used across many different religions. The word mandala means “container of sacred essence” in Sanskrit. It originated as a spiritual practice in the 6th century BC out of the Hindu and Buddhist religions, but is now used by many others, including Christians. Mandala coloring can be a calming and focusing prayerful activity – beyond thoughts, feelings and words – amidst our Taizé prayer.

