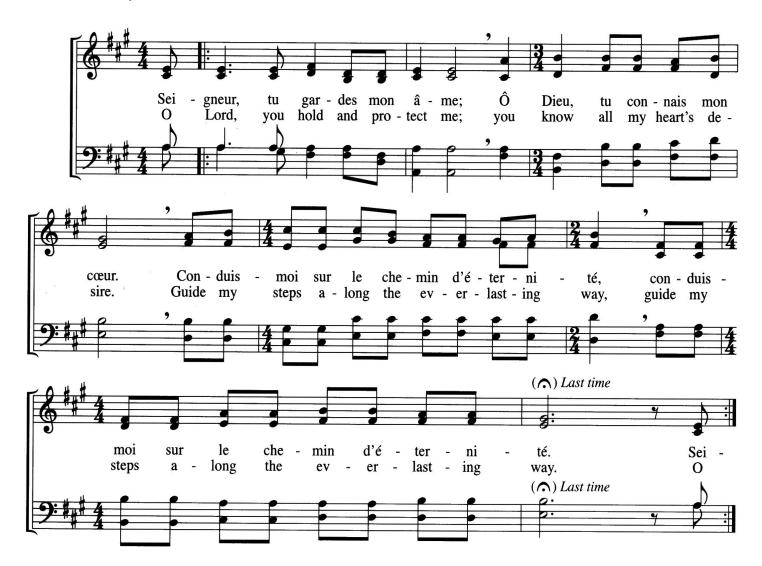


# **Prelude by Taizé Musicians**

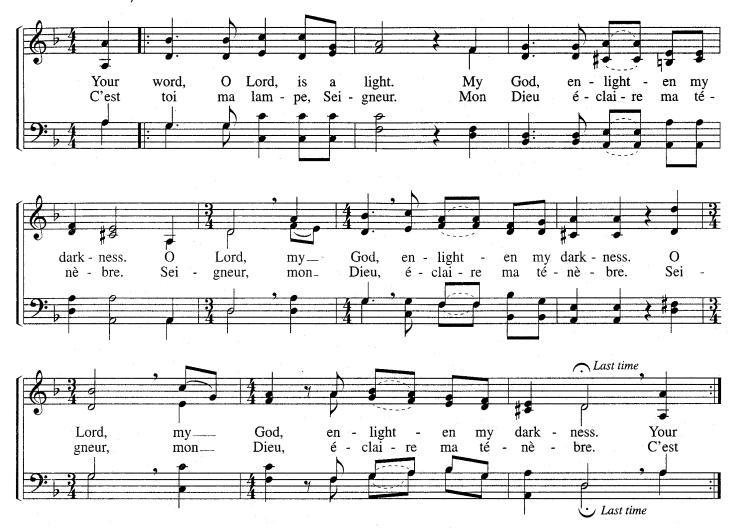
# **Welcome and Opening Centering by Rev. BJ Woodworth**

This worship space is created to enhance your prayer. Please feel free, at any time, to come to the front to sit on the rug and be closer to the light, to pray with one of the icons, to light a candle with your prayer, to move with the music, or to sing in whatever language is comfortable to you. We hope that you will become aware of the presence of the living God as you pray in this place and that you might take that awareness out with you into the world.

# **CLM33 O Lord, You Hold And Protect Me**



# NB32 Your Word, O Lord



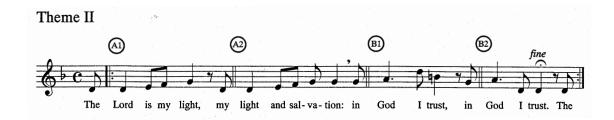
OneLicense.net #A-700877



## **Psalm 27** (NRSV; selected verses)

# Sung Response: 36 The Lord Is My Light





OneLicense.net #A-700877

The Lord is my light and my salvation; Whom shall I fear?
The Lord is the stronghold of my life; Of whom shall I be afraid?
When evildoers assail me
To devour my flesh—
My adversaries and foes—
They shall stumble and fall.

## THE LORD IS MY LIGHT

Though an army encamp against me, My heart shall not fear;
Though war rise up against me,
Yet I will be confident.

## THE LORD IS MY LIGHT

One thing I asked of the Lord,
That will I seek after:
To live in the house of the Lord
All the days of my life,
To behold the beauty of the Lord,
And to inquire in his temple.

## THE LORD IS MY LIGHT

For he will hide me in his shelter In the day of trouble; He will conceal me under the cover of his tent; He will set me high on a rock.

## THE LORD IS MY LIGHT

Teach me your way, O Lord, And lead me on a level path Because of my enemies. Do not give me up to the will of my adversaries, For false witnesses have risen against me, And they are breathing out violence.

## THE LORD IS MY LIGHT

I believe that I shall see the goodness of the Lord In the land of the living. Wait for the Lord; Be strong, and let your heart take courage; Wait for the Lord!

## THE LORD IS MY LIGHT

## The Word/Meditation: Luke 13:31-35

Some Pharisees came and said to Jesus, "Get away from here, for Herod wants to kill you" He said to them, "Go and tell that fox for me. Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. Yet today, tomorrow, and the next day I must be on my way, because it is impossible for a prophet to be killed outside of Jerusalem.' Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing! See, your house is left to you. And I tell you, you will not see me until the time comes when you say, 'Blessed is the one who comes in the name of the Lord."

# **Silent Meditation** (for 5-8 minutes)

During the season of Lent, we will hold silence after the Word.

If this is new to you, simply notice if a word or phrase strikes you, intrigues you or even troubles you.

Ponder it, repeat it, be with it, and above all simply **REST** in the quiet.

# Words from Micha Bucey, The Book of Tiny Prayers

May you give yourself ample time to discover new ways to hold yourself, new ways to appreciate what good company you are for yourself, new ways to reshape monotony into moments of quiet, affectionate self-reflection, and when those ways do fail (and they sometimes do), may you have the self-assurance to reach out to another, someone who will probably say, "oh thanks for reaching out! I was getting a little lonely." Amen.

# 47 In The Lord



# **Intercessory Prayers for the war in Ukraine** (adapted from the National Council of Churches)

## Sung Response: NB42 Kyrie 5



OneLicense.net #A-700877

As Jesus lamented over the city of Jerusalem for their hardness of heart and propensity towards violence, war, and division, we lament over the violence, war, and division in our world, in Ukraine. We lament the oppression, the violence, the loss of life and the unnecessary suffering that is unfolding.

## **KYRIE**

Gracious and merciful God, we pray for the Ukrainian people and ask for your intervention in this senseless war levied against them by Russia. We pray for protection and that there would be peace. We pray for restoration and renewed hope. We pray for the families, especially, the children living through the horrors of war and all the upheaval and tribulation it brings.

### **KYRIE**

Jesus, our mother hen, gather up all your children under your wings. In particular we pray for those protesting in Russia against these violent acts by their government. We ask that you protect, cover, and keep these protesters as they put their bodies on the line in the name of what is just and righteous. We ask for your mercy, that it may change the hearts and minds of those who have chosen the path of destruction.

## **KYRIE**

Holy Spirit, knowing that war can bring about only suffering and death, we look to you to bring about reconciliation between the peoples of Ukraine and Russia. And together with them, we pray for the peace of the whole world...for every city and land...and for our deliverance from all afflictions, wrath, danger, and compulsion.

## **KYRIE**

Three in One God, we pray for the entire world community, including the leaders in our own country. Give them wisdom and ingenuity to respond in ways that ends this war and moves us all to a world where your peace abides, and weapons of destruction are turned into tools of flourishing. Hear the cries of all your people, O God.

## **KYRIE**

# **Silent and Spoken Prayers**

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

# **NB53 The Lord's Prayer**



# **Prayer over the Anointing Oil** (in unison)

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.



# **G105** Jesus Christ, Inner Light

Text suggested by Brother Roger, Taizé Community

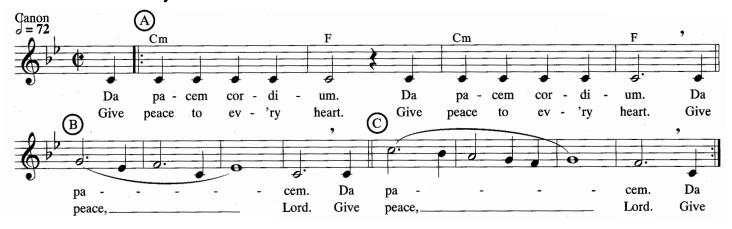
Suzanne Toolan, RSM



©1995, Suzanne Toolan, RSM. Published by OCP Publications, 5536 NE Hassalo, Portland, OR 97213.

All rights reserved. OneLicense.net #A-700877

## **44 Give Peace To Every Heart**



OneLicense.net #A-700877

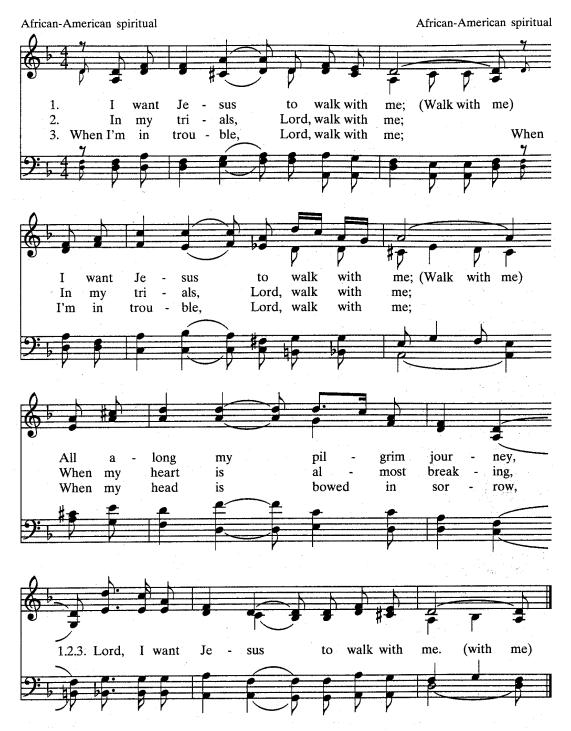


# IN UKRAINE, EVIL WILL NOT HAVE THE LAST WORD

by Brother Alois

This year, the season of Lent begins at a moment when the continent of Europe has been struck by war. This tragic news plunges us into the mystery of evil. Jesus himself had the ultimate experience of this when he freely accepted to give up his life on the cross: he went right through to the end on the way of suffering. On our path towards Easter, we are sustained by this hope: beyond the cross, through the resurrection of Christ, God has opened up a way of life for all humanity.

As this Lenten season begins under dark auspices, we are called to live these forty days in communion with those who are affected by violence, not only in Europe but everywhere in the world. On the cross, Christ opened his arms to embrace all humanity. A humanity too often torn apart, yet forever united in God's heart.



Music: Arrangement © 1990 Westminster/John Knox Press.

OneLicense.net #A-700877

# The Closing Blessing (in unison)

In this season of Lent, may you know that God waits to be gracious to you, and will rise to show mercy to you. May you know that in returning and rest you shall be saved, and in quietness and trust is your strength.

Leader: Thanks be to God. Amen.

People: Amen.

# **SPIRITUAL LIFE EVENTS**

## **Contemplative Prayer**

Join Rev. BJ Woodworth on Zoom during the season of Lent for Contemplative Prayer, involving the reading of a Psalm and Centering Prayer (20 minutes of silence), in community with one another.

Mondays, 7:30 am to 8 am Meeting ID #959 8065 3992 • Passcode: bestill

## **Cathedral Yoga**

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

## **Journey Dance**

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

Third Friday of every month (mostly), 6:30-7:45 pm Mar 18, Apr 15, May 13

#### **Lenten Silent Retreat**

We invite you to come away with God in the middle of the Lenten season for a weekend of quiet and rest at St. Emma's Retreat House in Greensburg from Friday, March 18 at 5 pm to Sunday, March 20 at Noon.

The cost is \$150 (scholarships available). Contact Pastor BJ (BJW@coh.net) for details. Spots are limited; RSVP to Norma (Norma@coh.net) by Sunday, March 13.

## **Spring Yoga and Creation Contemplation classes**

In March and April, Katrina Woodworth will teach one class on Wednesdays from 8-9 am on Zoom. Winter is waning and Spring is around the corner. Seasonally and spiritually, we are entering into Lent, Easter and Spring. What better way to transition than to get on our mat and be in touch with our bodies! Inspired by the PC(USA) Lenten Daily Reflection Calendar, our yoga practice, readings and meditations will focus on caring for creation in solidarity with Christ's sacrifice and resurrection! Please register in advance at http://tiny.cc/spring-yoga. After registering, you will receive a confirmation email containing information about joining the meeting.

## **Enneagram Study Group**

Join facilitator Lynn Holden on the third Mondays of March through June (begins March 21) and Sept through Dec, from 12:30-1:30 pm on Zoom (www.Zoom.us; Meeting ID: 966 6904 5127, Passcode: 9types) for an Enneagram Study Group. The Required book is *The Sacred Enneagram: Finding Your Path to Spiritual Growth* by Christopher L. Heuertz.

# **ELPC EVENTS**

#### **Taizé Podcast Now Available**

If you are unable to come to our Taizé services in person on Wednesdays at 7 pm, stream or download a 15-minute contemplative recording each week. Each podcast includes a brief time of centering, music, a meditation, and a closing prayer. You can find a link to listen to the recordings at www.ELPC.church, in our *This Week in Worship* email news flash each Friday, or in our new app.

## Letter from Birmingham Jail (part 2) — March 13

Following the 11 am worship service on Sunday, March 13, the Facing Systemic Racism Committee will present the second session on The Rev. Dr. Martin Luther King, Jr.'s *Letter from Birmingham Jail*. Led by Dr. Beverly Harris-Schenz, we will explore a summary of one of the seminal issues in Dr. King's letter: "just" vs "unjust" laws.

Join us in person in the Social Hall or online at tiny.cc/mlk-letter-2. You also may call in by dialing 301.715.8592 and entering meeting ID 841 7387 8710 and passcode 442300. Please note: The final session will be held on Saturday, April 9 at 6 pm. Together, we will explore Dr. King's disappointment in the white church of his day, and how that relates to our current reality.

## Support Our Winter Food Drive — March 20

Following 11 am worship on Sunday, March 20, the Neighbors Committee will host a *Winter Food Drive* in the staff parking lot on Baum Blvd. Requested donations include: canned or dried fruit, canned vegetables, cereal, crackers, individual fruit cups, jelly, peanut butter, pasta and sauces, rice, soups and broth, salt, seasonings, and spices. Contact Tim VanFleet (tavanfleet@gmail.com) or Pastor Patrice (patricefs@coh.net) for info.

## **Church Tours — March 20**

Join us on March 20 for a tour of the tower. Please wear closed-toe walking shoes for the tower tour. The tour begins after the 11 am Sanctuary worship service on Sunday, March 20. Please gather in the Highland Lobby at the hospitality desk to join the tour guide.

## LGBTQ Ministry Spiritual Gathering — March 27

Join us at our LGBTQ Ministry's next *Spiritual Gathering* — either in person at the church or online via Zoom on Sunday, March 27 at 12:30 pm. Allies and LGBTQIA+ folks alike are welcome — in fact we will be focusing on our wonderful allies during this time together! For more details or to attend, contact Wil Forrest (Wil@coh.net; 412.441.3800 x118).

# Tread Lightly for Lent 2022

# Daily Reflection / Action Calendar

The *Presbyterian Hunger Program* strives to walk with people in moving towards sustainable choices that restore and protect all of God's children and creation. As people of faith, we seek to "serve and preserve" God's world. However, some of our collective choices have led to a changing global climate. To turn this tide, we must commit to treading lightly on God's Earth.

In Lent, we reflect on Christ's ministry, death, and resurrection. We slow down, take time, and examine our internal spiritual lives and the way we live out our Christian faith in the world around us.

Our hope is that this Lenten calendar will be the beginning of actions intended to create more mindful behaviors throughout the year.

## March 9

Read and Reflect on Psalm 130. Consider our responsibility to be part of God's redemption in creation.

### March 10

Take a walk to appreciate the Earth's natural beauty. Remember why preserving the Earth is crucial for the health of future generations.

### March 11

Download a prayer at www.FaithClimateActionWeek.org so you can be prepared for the National Climate Prayer on Earth Day (4/22) at noon local time.

#### March 12

Read and reflect on Psalm 8.

## March 13

Understand the environmental and social impacts of what you are buying. Do research on products you commonly use and find information on more creation friendly products at www.ethicalconsumer.org.

#### March 14

Read and reflect on Matthew 25.

#### March 15

Consider where you see Christ today? Share this with one person.

#### March 16

Pray: God, show us your people how to honor your gift of Creation. Let us not be selfish with our gift, rather allow us to share as generously with each other as you have shared with us. Amen.

