# TAIZÉ:

Prayerful Song & Quiet Meditation



#### September 28, 2022 • 7:00 pm

116 South Highland Ave Pittsburgh, PA 15206 **412.441.3800** 



# Welcome to Taizé

We hope this time and space of prayerful song and quiet mediation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.
- Visit one of the prayer stations up on the altar.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

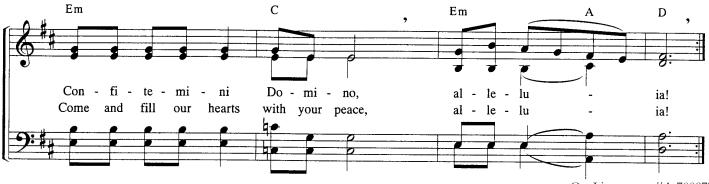


#### **Prelude by Gerard Rohlf**

#### Welcome and Opening Centering by The Rev. John Titus

#### 28 Come And Fill





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#### **NB9 Christ Of Compassion**



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#### Sung Response: NB37 Alleluia 8



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Give no heed to those who are greedy, Attend not to those who do wrong. For, like the green grass of spring, They soon fade and wither away.

#### ALLELUIA

Trust in the Most High, and seek goodness; Live harmoniously upon the earth, In peace and with assurance. Take delight in the Beloved, And enjoy the bountiful gifts of Love. **ALLELUIA** 

Commit your life to the Beloved, Confident that Love will act on your behalf, Making clear your pathway, Bright as the sun at midday.

#### ALLELUIA

Be still before the Beloved, And wait quietly in the Silence; Pray for those who prosper by deceitful means, And for those who live by their own devises. **ALLELUIA** 

Recognize your own anger as unfulfilled desire, And lift your thoughts to higher planes. For those who act out of anger, Separate themselves from Love; While those who live in harmony, Shall know peace, assurance, Gratitude, and love. ALLELUIA

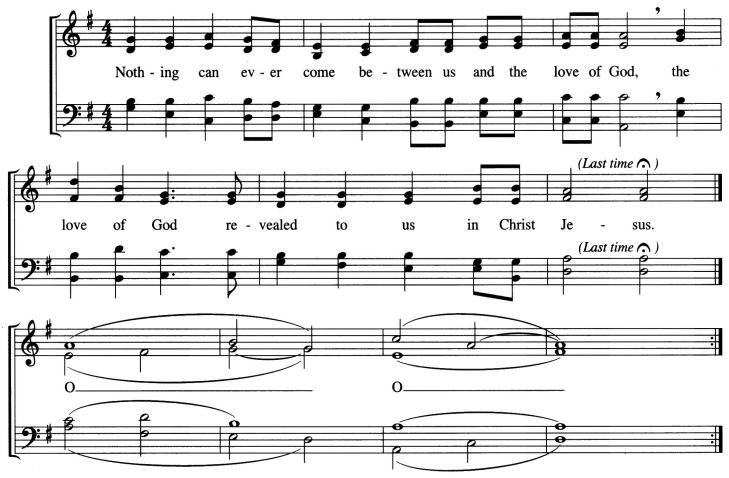
#### The Word: 2 Timothy 1:1-7 (NRSV translation)

Paul, an apostle of Christ Jesus by the will of God, for the sake of the promise of life that is in Christ Jesus, To Timothy, my beloved child: Grace, mercy, and peace from God the Father and Christ Jesus our Lord. I am grateful to God--whom I worship with a clear conscience, as my ancestors did--when I remember you constantly in my prayers night and day. Recalling your tears, I long to see you so that I may be filled with joy. I am reminded of your sincere faith, a faith that lived first in your grandmother Lois and your mother Eunice and now, I am sure, lives in you. For this reason I remind you to rekindle the gift of God that is within you through the laying on of my hands; for God did not give us a spirit of cowardice, but rather a spirit of power and of love and of selfdiscipline.

#### **Quiet Meditation and Reflection** (*lasting approximately 5-7 minutes*)

#### **Words from Saints and Ancestors**

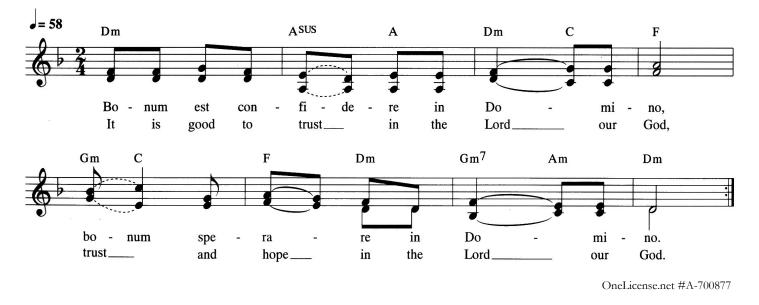
God's love calls us to move beyond fear. We ask God for the courage to abandon ourselves unreservedly, so that we might be molded by God's grace, even as we cannot see where that path may lead us — Ignatius of Loyola (1491-1556) founder of the religious order of the Society of Jesus (The Jesuits)



#### **CLM30** Nothing Can Ever

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#### **Prayers of Intercession**



#### Sung Response: 11 It Is Good To Trust

God, with gratitude and thanksgiving we call to mind those who graciously modeled and passed on the faith to us, for their willingness to plant the seeds of faith, hope and love in our hearts.

#### IT IS GOOD TO TRUST

God, we thank you for people who have accompanied us and companioned us in our lives, those who have spoken words of wisdom and encouragement to us, those who have helped guide us on our way.

#### IT IS GOOD TO TRUST

God, remind us of the power of our own story and the fire of the Spirit that is within us, that we may have the courage to share it with others.

#### IT IS GOOD TO TRUST

We pray for those who are sick; those who are discouraged and grieving and those who feel that what they are holding in life right now is too heavy to bear. May they know your light and easy yoke and sense your comforting and companioning presence with them.

#### IT IS GOOD TO TRUST

We pray for our family members, our co-workers, friends and our neighbors, kindle in them the fire of the Holy Spirit and gift them with a spirit of power and of love and of selfdiscipline.

#### IT IS GOOD TO TRUST



#### **Silent and Spoken Prayers**

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

#### **NB53 The Lord's Prayer**



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#### Prayer over the Anointing Oil (in unison)

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.



#### G60 Salvator Mundi



Savior of the world, save us, free us.

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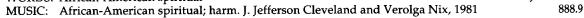


#### **CLM25 Jesus, Your Spirit**

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#### G112 I Want Jesus To Walk With Me





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#### Blessing (in unison)

Go from this place awake and aware of God's Light, Life and Love; inspired to reveal God's Light, exhibit God's Life, and embody God's Love.

Leader: Thanks be to God. Amen. People: Amen.



Friday, OCT 21 @ 5 pm to Sunday, OCT 23 @12 pm

Held at: St. Emma's Retreat House (Greensburg, PA)

God gave us the Sabbath. Jesus taught us that we weren't made for the Sabbath but that Sabbath was made for us. Sabbath time is our time, our chance to rest, to worship God, to taste a wee bit of heaven, and to be more in sympathy with all that is, not least our own lives. *(Ronald Rolheiser)* 

If you find yourself longing for more rhythmic and regular rest in your life, come away with us and enter a time of rhythmic and regular rest; AND...explore with others how we can more fully enter the promise of Sabbath-rest as the people of God, remembering to keep holy a Sabbath day.

The retreat will be spacious and include times of prayer, rest, solitude, silence, table fellowship, teaching, and reflection.

Cost: \$150 (scholarships available) Limited to 15 people RSVP to Rev. BJ Woodworth by OCT 16 (BJW@coh.net)



## **SPIRITUAL LIFE EVENTS**

#### **Contemplative Prayer on Mondays**

On Mondays from 7:30–8 am, you're invited to a weekly time of quiet contemplation and reflection. The Rev. BJ Woodworth will lead us through a variety of contemplative prayer practices utilizing fixed prayers, scripture, music, silence, art, and our bodies to help us start our day and week in communion with God and one another.

Join us online at www.tiny.cc/contemplative-prayer. Enter meeting ID: 959 8065 3992 and passcorde: bestill when prompted. Contact Pastor BJ (BJW@coh.net) for more info.

#### **Cathedral Yoga**

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

#### JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

Oct 21, Nov 18, Dec 9 *(second Friday)* 6:30-7:45 pm

#### Fall Forest Bathing - Oct 15

Join us at Frick Park Soccer Field for a time of *Fall Solstice Forest Bathing* and mark the start of the season on Saturday, Oct 15 from 9 am—Noon. Sandi Miller will lead us as we attend to the beauty of nature, the colors of leaves, slowing down, harvest, and preparing for wintering.

Enjoy three hours of walking, sitting, and noticing. You will experience a series of guided invitations to slow down, open the senses, and cultivate an embodied relationship between yourself and the natural world. Throughout the walk, you will have an opportunity to share your experiences. We will be walking less than one mile, but there are some hills involved.

RSVP to Norma (412.441.3800 x211) by Wednesday, Oct 12. Spots are limited.

#### Taizé Podcast Now Available

If you are unable to come to our Taizé services in person on Wednesdays at 7 pm, stream or download a 15minute contemplative recording each week. Each podcast includes a brief time of centering, music, a meditation, and a closing prayer. You can find a link to listen to the recordings at www.ELPC.church, in our *This Week in Worship* email news flash each Friday, or in our new app.

### **ELPC EVENTS**

#### Events on World Communion Sunday – Oct 2

On this day, we'll receive the *Peace & Global Witness* Offering during our worship services. Your support helps cast off anxiety and fear, and embraces God's mission of reconciliation to those around the corner and around the world.

You're also invited to participate in the Presbyterian Women's *Offering of Letters* to ask your Senators and Representative to support the *Global Food Security Reauthorization Act* (S 4659/ HR 8446). This legislation will fund global nutrition and agricultural development strategies, such as *Feed the Future*, through 2028.

And the ELPC Board of Deacons will host a sampling of *International Sweets and Treats*. Both events will be held in the McKelvy Room after the 11 am service.

#### $PW \ Bible \ Study: \ Celebrating \ Sabbath - \ Oct \ 3 \ and \ 4$

Please join Presbyterian Women for Bible Study on Zoom on Monday, Oct 3 from 7-8:30 pm, or Tuesday, Oct 4 from 10 am—Noon. For more info and the Zoom link, email PW.ELPC@gmail.com.

#### Are You Ready to Vote? - Oct 5 and 9

In partnership with the League of Women Voters, the Justice and Facing Systemic Racism Committees are sponsoring three opportunities for citizens to:

- Register as new voter
- Assure registration is still active
- Double check polling location
- Make changes to current voting status (name, address, affiliation)
- Obtain website info to apply for electronic voting, etc.
- Develop voting plan

These opportunities will be held on Wednesday, Oct 5 (after Taizé worship), and on Sunday, Oct 9 (after Journey worship in the Whitfield Lobby; and after Sanctuary worship on Penn Ave).

#### Full Inclusion Sunday – Oct 16

The Renaissance City Choir (RCC) will be with us to provide special music during Sanctuary worship on Sunday, Oct 16 at 11 am. There also will be a *Community Sing* event in the Social Hall at 1:30 pm.

#### LGBTQIA+ Ministry Spiritual Gathering – Oct 16

You are invited to the next monthly spiritual gathering of ELPC's LGBTQ Ministry on Sunday, Oct 16 after the Sanctuary worship service This month will be an interactive lunch with friends before attending the *Community Sing* event at 1:30 pm. Allies and LGBTQIA+ folks alike are welcome. Contact Wil Forrest for info or to attend (Wil@coh.net; 412.441.3800 x218).



Please visit our website for more information about the ministries of East Liberty Presbyterian Church.

# ELPC.CHURCH

### **INFORMATION ABOUT TAIZÉ**

**ABOUT TAIZÉ:** Taizé is an international ecumenical prayer community in Taizé, France which was founded in 1940 by a young seminary student, Roger Schultz, as a place of hospitality and reconciliation during World War II. Today, thousands of young people come each week to Taizé to pray with the brothers and discern God's purpose for their lives. Taizé Prayer Pilgrimages and Intercontinental Meetings around the globe bring together thousands more in an effort to become the prayerful, reconciled presence of Christ wherever they live.

Taizé prayers at East Liberty Presbyterian Church were begun in the Spring of 1992 in preparation for an intercontinental meeting in Dayton. The experience proved to be so meaningful that we have continued to pray every Wednesday evening since then, inviting people of all backgrounds to join with us.

Taizé is located in eastern France, southeast of Paris, north of Lyons, due west of Geneva, Switzerland, between the towns of Chalon-sur-Saône and Macon. Here are the ways to get Taizé information:

> Address: To contact Taizé: To visit Taizé: List of useful info: Web site: Telephone:

Taizé Community, 71250 TAIZE, France community@taize.fr meetings@taize.fr info@taize.fr www.taize.fr 011-33 385 50 30 02 Fax: 011-33 385 50 30 16

**YOU ARE WELCOME AT EAST LIBERTY PRESBYTERIAN CHURCH:** Our congregation seeks to promote peace, justice and human dignity; to reflect a spirit of openness, sharing and learning in our ministry and mission; to build a richly diverse faith community that witnesses to our oneness in Christ across all boundaries of race, social class, ability, culture, age, gender and sexual identity. *(From our Strategic Plan.)* 

ELPC Web site:www.ELPC.churchE-mail:BJW@coh.net

You are welcome at any of our programs and worship services. It is possible to have more than one church home. Perhaps you would be interested in becoming a member or friend of this Church. If so, please speak to The Rev. BJ Woodworth, Minister of Taizé Prayer (BJW@coh.net or 412.441.3800 x241).