



116 South Highland Ave Pittsburgh, PA 15206 **412.441.3800**

Welcome to Taizé

We hope this time and space of prayerful song and quiet mediation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.
- Visit one of the prayer stations up on the altar.

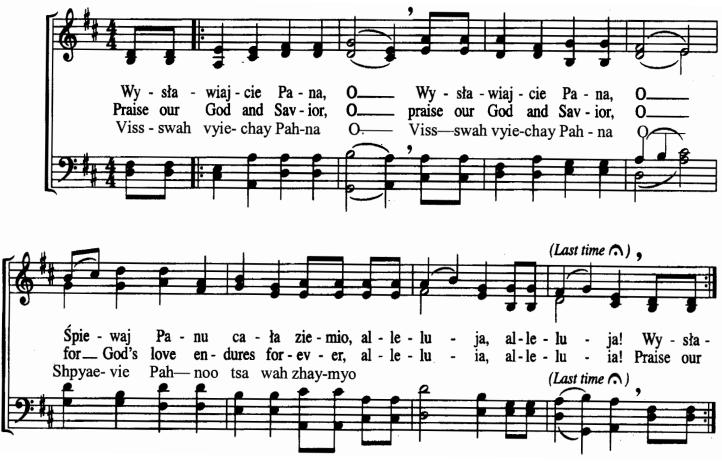
May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.



Prelude by Gerard Rohlf

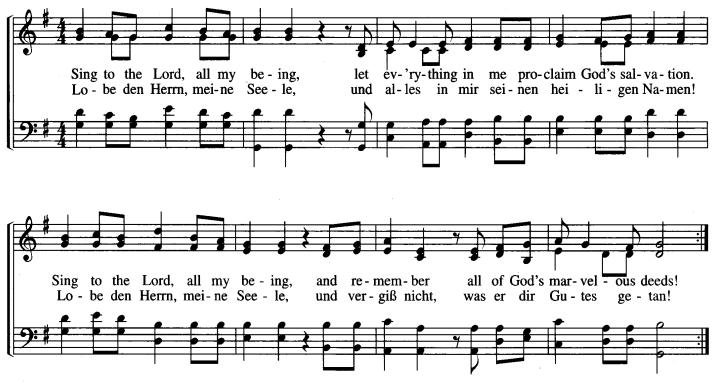
Welcome and Opening Centering by The BJ Woodworth

CLM39 Praise Our God And Savior



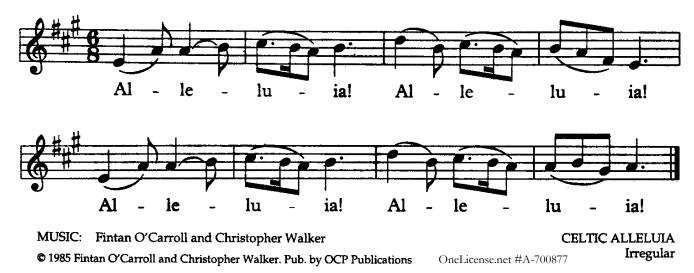
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NB22 Sing To The Lord



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Sung Response: * Celtic Alleluia



Praise the Beloved! Sing a joy-filled song, Praising the Blessed One among the people! Be glad in the Creator, rejoice in Love Divine! ALLELUIA

Praise the Divine Lover with dancing, With melodies and voice! For the Beloved dwells within, Journeying with us through all our lives. ALLELUIA

Leading us in truth and love. The humble are adorned with honor; The faithful exult in glory, Singing for you with thankful hearts! ALLELUIA

With truth on our tongues, With gratitude as our friend, We are in harmony with the universe, As we hold hands with all the people. ALLELUIA The chains of oppression are broken, The fetters of injustice unbound. The realm of Peace and Love shall reign! Glory abides with those who are faith-filled. Praise the Beloved, all people on earth, Welcome Love's companioning Presence, Who abides in your hearts!

ALLELUIA

Praise the Beloved! Praises be to you in earth's sanctuary; Praises be to you in the mighty firmament! Praise the mighty works of Love; Praise the glory and extol The greatness of Love Divine! ALLELUIA

Give praise with trumpets; Give praise with lute and harp! Give praise with timbrel and dance; Give praise with strings and reed! ALLELUIA

Give praise with booming drums; Give praise with crashing cymbals! Let everything that breathes Praise the Beloved with their lives! May it be so now and forever! Amen. ALLELUIA

The Word: Philippians 4:4-8 (The Inclusive Bible translation)

Rejoice in the Savior always! I say it again: Rejoice! Let everyone see your forbearing spirit. Our Savior is near. Dismiss all anxiety from your minds; instead, present your needs to God through prayer and petition, giving thanks for all circumstances. Then God's own peace, which is beyond all understanding, will stand guard over your hearts and minds in Christ Jesus.

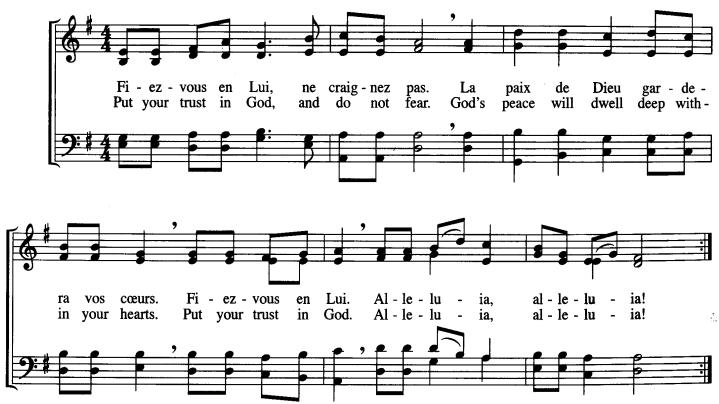
Finally, my sisters and brothers, your thoughts should be wholly directed to all that is true, all that deserves respect, all that is honest, pure, decent, admirable, virtuous or worthy of praise.

Quiet Meditation and Reflection (*lasting approximately 5-7 minutes*)

Words from Saints and Ancestors

All Joy reminds. It is never a possession, always a desire for something longer ago or further away or still 'about to be.' — C.S. Lewis (1898–1963) British writer and Anglican Lay Theologian

perhaps best known for "The Chronicles of Narnia"



CLM18 Put Your Trust In God

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Prayers of Intercession

Sung Response: 7 Gospodi Pomiluj



God, you instructed us through your word to dismiss all anxiety from our minds and instead present our needs to you through prayer and petition; so, in your mercy, hear our prayers this evening.

GOSPODI POMILUJ

We pray for the Church universal and for this congregation, and its mission and ministry. May we have courageous love to be your hands and feet in this world.

GOSPODI POMILUJ

We pray for the healing of the earth and for peace and justice in the world. **GOSPODI POMILUJ**

We pray for nations and leaders and for our local governmental leaders, especially as we approach these midterm elections, that all elected officials and candidates would serve justice and equity for all.

GOSPODI POMILUJ

We pray for the poor and oppressed, for the bereaved and lonely and for all who need healing in body, mind, or spirit.

GOSPODI POMILUJ

Having presented our needs to you through prayers and petitions, may your own peace stand guard over all our hearts and minds in Jesus Christ.

GOSPODI POMILUJ



Silent and Spoken Prayers

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

NB53 The Lord's Prayer

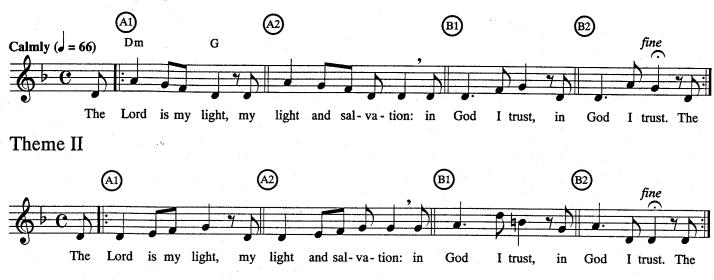


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Prayer over the Anointing Oil (in unison)

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.

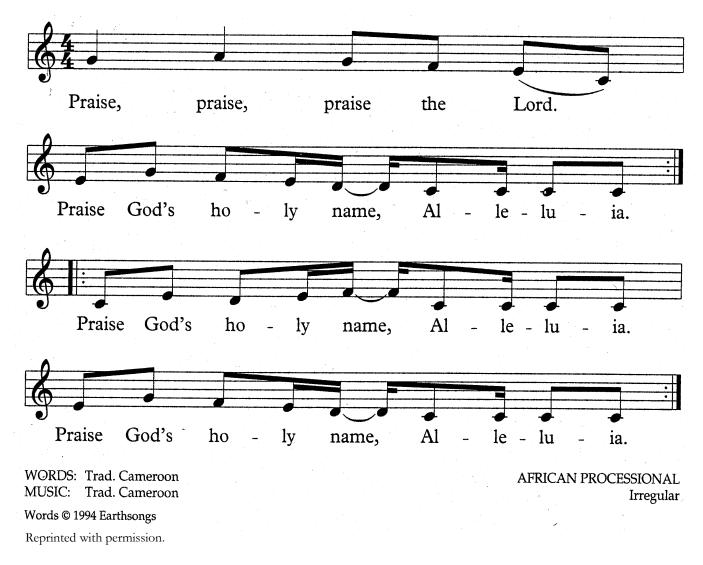


36 The Lord Is My Light

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Closing Blessing (in unison; John Philip Newell)

As earth requires rest and the seas need time to be replenished, so in resting may we be made more alive, so in stillness may our creativity be born anew.
Bless us this night, O God, that we may wake refreshed.
Leader: Thanks be to God. Amen.

People: Amen.



St. Emma's Retreat House (Greensburg, PA)

God gave us the Sabbath. Jesus taught us that we weren't made for the Sabbath but that Sabbath was made for us. Sabbath time is our time, our chance to rest, to worship God, to taste a wee bit of heaven, and to be more in sympathy with all that is, not least our own lives. *(Ronald Rolheiser)*

If you find yourself longing for more rhythmic and regular rest in your life, come away with us and enter a time of rhythmic and regular rest; AND...explore with others how we can more fully enter the promise of Sabbath-rest as the people of God, remembering to keep holy a Sabbath day.

The retreat will be spacious and include times of prayer, rest, solitude, silence, table fellowship, teaching, and reflection.

Cost: \$150 (scholarships available) Limited to 15 people RSVP to Rev. BJ Woodworth

by OCT 16 (BJW@coh.net)



SPIRITUAL LIFE EVENTS

Contemplative Prayer on Mondays

On Mondays from 7:30–8 am, you're invited to a weekly time of quiet contemplation and reflection. The Rev. BJ Woodworth will lead us through a variety of contemplative prayer practices utilizing fixed prayers, scripture, music, silence, art, and our bodies to help us start our day and week in communion with God and one another.

Join us online at www.tiny.cc/contemplative-prayer. Enter meeting ID: 959 8065 3992 and passcorde: bestill when prompted. Contact Pastor BJ (BJW@coh.net) for more info.

Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

Oct 21, Nov 18, Dec 9 *(second Friday)* 6:30-7:45 pm

Fall Forest Bathing - Oct 15

Join us at Frick Park Soccer Field for a time of *Fall Solstice Forest Bathing* and mark the start of the season on Saturday, Oct 15 from 9 am—Noon. Sandi Miller will lead us as we attend to the beauty of nature, the colors of leaves, slowing down, harvest, and preparing for wintering.

Enjoy three hours of walking, sitting, and noticing. You will experience a series of guided invitations to slow down, open the senses, and cultivate an embodied relationship between yourself and the natural world. Throughout the walk, you will have an opportunity to share your experiences. We will be walking less than one mile, but there are some hills involved.

RSVP to Norma (412.441.3800 x211) by Wednesday, Oct 12. Spots are limited.

Taizé Podcast Now Available

If you are unable to come to our Taizé services in person on Wednesdays at 7 pm, stream or download a 15minute contemplative recording each week. Each podcast includes a brief time of centering, music, a meditation, and a closing prayer. You can find a link to listen to the recordings at www.ELPC.church, in our *This Week in Worship* email news flash each Friday, or in our new app.

ELPC EVENTS

Full Inclusion Sunday – Oct 16

The Renaissance City Choir (RCC) will be with us to provide special music during Sanctuary worship on Sunday, Oct 16 at 11 am. There also will be a *Community Sing* event in the Social Hall at 1:30 pm.

LGBTQIA+ Ministry Spiritual Gathering - Oct 16

You are invited to the next monthly spiritual gathering of ELPC's LGBTQ Ministry on Sunday, Oct 16 after the Sanctuary worship service This month will be an interactive lunch with friends before attending the *Community Sing* event at 1:30 pm. Allies and LGBTQIA+ folks alike are welcome. Contact Wil Forrest for info or to attend (Wil@coh.net; 412.441.3800 x218).

YAM Virtual Event – Oct 21

Each month, the Young Adult Ministry (YAM) will gather virtually for discussion. On Friday, Oct 21 from 6-8 pm, Isaac from the Environmental Team of the Justice Committee will speak on the importance of environmental justice and how we can be better stewards of God's creation. We invite others from our church and community to participate in our BYOB Friday virtual event, so invite a friend! Please contact Derail Holcomb for more info (DerailH@coh.net).

Bring a Coat to Worship Sunday - Oct 23

Clean, gently used and new coats for all-ages and genders will be collected at ELPC on Sunday, Oct 23, and distributed through the Chapel Market and East End Cooperative Ministry. This event is sponsored by the Neighbors Committee.

Connections Group - Oct 23

Please join the Connections Group on Sunday, Oct 23 at 6:30 pm to walk through the Pittsburgh Zoo's Asian Lantern Festival together. Please buy your own ticket online ahead of time (cost is \$20/person or \$17 if you are a Zoo member). Meet inside the Zoo gate at 6:30 pm. Everyone is welcome. This event involves a moderate amount of walking. RSVP to connectelpc@gmail.com.

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Church Tower Tour – Oct 23

A *Tower Tour* will be offered on Sunday, Oct 23, led by Steve Evrard. Please wear closed-toe shoes and gather in the Highland Lobby after the 11 am Sanctuary service to participate.



Please visit our website for more information about the ministries of East Liberty Presbyterian Church.

ELPC.CHURCH

INFORMATION ABOUT TAIZÉ

ABOUT TAIZÉ: Taizé is an international ecumenical prayer community in Taizé, France which was founded in 1940 by a young seminary student, Roger Schultz, as a place of hospitality and reconciliation during World War II. Today, thousands of young people come each week to Taizé to pray with the brothers and discern God's purpose for their lives. Taizé Prayer Pilgrimages and Intercontinental Meetings around the globe bring together thousands more in an effort to become the prayerful, reconciled presence of Christ wherever they live.

Taizé prayers at East Liberty Presbyterian Church were begun in the Spring of 1992 in preparation for an intercontinental meeting in Dayton. The experience proved to be so meaningful that we have continued to pray every Wednesday evening since then, inviting people of all backgrounds to join with us.

Taizé is located in eastern France, southeast of Paris, north of Lyons, due west of Geneva, Switzerland, between the towns of Chalon-sur-Saône and Macon. Here are the ways to get Taizé information:

> Address: To contact Taizé: To visit Taizé: List of useful info: Web site: Telephone:

Taizé Community, 71250 TAIZE, France community@taize.fr meetings@taize.fr info@taize.fr www.taize.fr 011-33 385 50 30 02 Fax: 011-33 385 50 30 16

YOU ARE WELCOME AT EAST LIBERTY PRESBYTERIAN CHURCH: Our congregation seeks to promote peace, justice and human dignity; to reflect a spirit of openness, sharing and learning in our ministry and mission; to build a richly diverse faith community that witnesses to our oneness in Christ across all boundaries of race, social class, ability, culture, age, gender and sexual identity. *(From our Strategic Plan.)*

ELPC Web site:www.ELPC.churchE-mail:BJW@coh.net

You are welcome at any of our programs and worship services. It is possible to have more than one church home. Perhaps you would be interested in becoming a member or friend of this Church. If so, please speak to The Rev. BJ Woodworth, Minister of Taizé Prayer (BJW@coh.net or 412.441.3800 x241).