



East Liberty Presbyterian Church

116 South Highland Ave Pittsburgh, PA 15206

412.441.3800



Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.
- Visit one of the prayer stations up on the altar.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

Prelude by Gerard Rohlf

Welcome and Opening Centering by The Rev. BJ Woodworth

CLM35 The Kingdom Of God



Psalm 112:1-9 (from "Psalms for Praying" by Nan C. Merrill)

Sung Response: NB37 Alleluia 14



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Praises be to you, O Gracious One! Blessed are those who reverence the Holy One, Who delight in Love Consciousness!

ALLELUIA

For they dwell with the Beloved, And their children will learn Of peace and justice. Abundance and wholeness Will be their heritage, And truth will be their banner.

ALLELUIA

Light penetrates the darkness For those who face their fears; Love stands by them With mercy and forgiveness.

ALLELUIA

It goes well for those who are loving and kind, Who live their days with justice and integriy. They become co-creators with the Divine One; They bless the world with their presence.

ALLELUIA

In times of troujble, they know not fear; Their hearts are firm, Trusting in your Loving Companion Presence. Yes, their hearts are steady, They are not afraid, Even their enemies are blessed by their love.

ALLELUIA

They are generous and give freely; The needy are offered shelter and food; Justice and mercy make their home there; And their righteousness endures forever.

ALLELUIA



The Word and Meditation: 1 Corinthians 2:9-16 (Inclusive Bible translation)

Of this wisdom it is written, "Eye has not seen, ear has not heard, nor has it so much as dawned on anyone what God has prepared for those who love God."

Yet God has revealed this wisdom to us through the Holy Spirit. She searches out all things, even the deep things of God. After all, no one knows one's thoughts except one's own inner spirit; by the same token, no one knows God's thoughts except God's Spirit.

We haven't received the spirit of the world but the Spirit of God, so that we can understand what God has freely given us.

Spiritual people can discern all things, though they themselves can be discerned by no one — for, "Who understands the mind of the Most High? Who would give instruction to God?" We, however, have the mind of Christ.

Quiet Meditation and Reflection (lasting approximately 5-7 minutes)

Words from Saints and Ancestors

The place which God takes in our soul God will never vacate, for in us is God's home of homes, and it is the greatest delight for God to dwell there... The soul is preciously knitted to God in its making by a knot so subtle and so mighty that it is oned into God. In this oneing, it is made endlessly holy. The soul who contemplates this is made like the one who is contemplated.

— Julian of Norwich (1343-after 1416) English mystic and anchoress, whose writings "Revelations of Divine Love" are the earliest surviving English language works by a woman

CLM25 Jesus, Your Spirit



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Prayers of Intercession

Sung Response: NB42 Kyrie Eleison 12



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Spirit who searches all things, even the depths of God, thank you for coming to us and indwelling us, making us your home, help us to be able to discern your movements, guidance and leading in our lives that we may indeed have the mind of Christ.

KYRIE

Spirit, our Indwelling Presence, may all who are experiencing despair, discouragement, confusion, and doubt be awakened to your indwelling company and guidance as they navigate this challenging time and season.

KYRIE

Spirit, our Implanted Peacemaker, bring harmony, cease-fire, and reconciliation to all who are experiencing warfare, violence and disruption in their country, family or within their own being.

KYRIE

Spirit, our Fire of Life and Love, ignite a burning vitality, love, and compassion for the creation. May we recognize our connectedness to nature and seek to love, serve, and protect her as a family member, honoring and cherishing the gifts of water, air, land, trees, animals, fish, birds, and vegetation she freely offers us.

KYRIE

Spirit, the Hidden Love of God in us, may we learn to trust, rest and dwell in your abiding presence in us with peace and joy.

KYRIE



Silent and Spoken Prayers

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

NB53 The Lord's Prayer



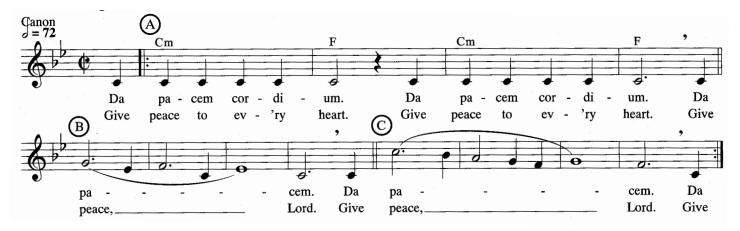
Prayer over the Anointing Oil (in unison)

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.

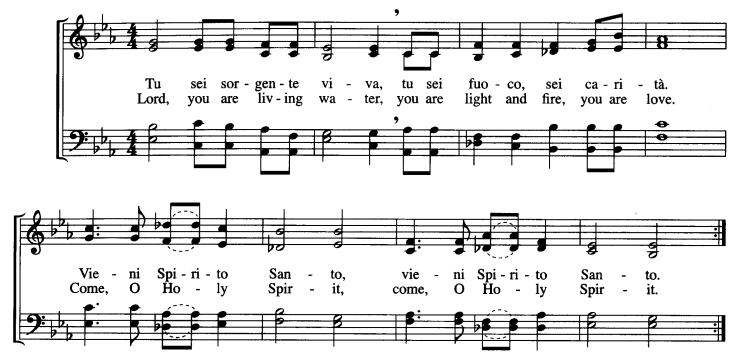


44 Give Peace



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CLM36 Lord, You Are Living Water



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G114 Let It Breathe On Me



WORDS: Magnolia Lewis-Butts, 1941

MUSIC: Magnolia Lewis-Butts, 1941; harm. W. O. Hoyle

LET IT BREATHE ON ME

Pilgrim's Blessing (in unison)

In this season of Epiphany...
be faithful to the next step;
rely on more than the map;
heed the signposts of intuition and dream;
follow the star that only you will recognize;
keep an open eye for the wonders that attend the path;
press on beyond distractions,

beyond fatigue,

beyond what would tempt you from the way...
that will take you to the place
where at last you will kneel to offer the gift
most needed — the gift that only you can give —
before turning to go home by another way.

(adapted from "For Those Who Have Far to Travel" by Jan Richardson)

Leader: Thanks be to God. Amen.

People: Amen.











Please visit our website for more information about the ministries of East Liberty Presbyterian Church.



SPIRITUAL LIFE EVENTS

A Lenten Journey of Embracing the Wisdom of Our Ancestors, Bodies, and the Earth — Feb 23 to March 30

Decolonizing is a popular buzzword in conversations about spirituality, but what is it? What does it look like? Join other congregants on a Lenten journey focused on understanding the impact of colonization on our spiritual practice.



Together, let's consider ways to deepen our connection to God by learning to embrace the wisdom of our ancestors, our bodies, and the Earth itself.

Each Thursday during Lent (Feb 23– March 30) from 5:30–7 pm, the Rev. Leeann Shaw Younger will lead us as we explore a particular theme and discuss ways to implement new ideas or strengthen our spiritual practice throughout the week.

We cannot change the past, but we can rediscover what we lost and build a fuller, richer sense of the Divine in our midst.

A light dinner will be served. The suggested donation is \$25. RSVP to Norma (412.441.3800 x211) by Sunday, Feb 19.

Contemplative Prayer on Mondays

On Mondays from 7:30–8 am, you're invited to a weekly time of quiet contemplation and reflection. The Rev. BJ Woodworth will lead us through a variety of contemplative prayer practices utilizing fixed prayers, scripture, music, silence, art, and our bodies to help us start our day and week in communion with God and one another.

Join us online at www.tiny.cc/contemplative-prayer. Enter meeting ID: 959 8065 3992 and passcorde: bestill when prompted. Contact Pastor BJ (BJW@coh.net) for more info.

Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

Feb 17, March 17, April 21 May 12 (second Friday) 7:00-8:30 pm (note new time for 2023)

ELPC EVENTS

The History and Persistence of Racism Within the Christian Church — Jan 29

The Facing Systemic Racism Committee invites the congregation to join them on Sunday, Jan 29 during the Church School hour (via zoom or in person) in the Social Hall for the second part of the series, *The History and Persistence of Racism within the Christian Church*, led by University of Pittsburgh professor and lecturer, Dr. Brock Bahler. Dr. Bahler will speak to the intentional codification of racism within the church and how the church continues to perpetuate — and benefits from — white supremacy. His lecture will be followed by a small group discussion of the content, as well as consideration of next steps for ELPC.

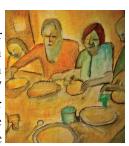
Church Tours — Feb 5 and 19

A *Stained Glass Tour* will be offered on Sunday, Feb 5, and a *Hidden Places Tour* will be held on Sunday, Feb 19. Both tours will begin after the 11 am Sanctuary worship service. Please gather at the Highland Lobby to participate. All are welcome!



PW Bible Study - Feb 6 and 7

Join Presbyterian Women for their Bible Study Sabbath and Hospitality on Monday, Feb 6 from 7-8:30 pm (Zoom only), and on Tuesday, Feb 7 from 10 am-Noon (hybrid). For more info and the Zoom link, please email PW.ELPC@gmail.com. Those attending the Tuesday Bible Study



are invited to bring a brown bag lunch. Beverages will be provided.

The Rev. BJ Woodworth is Minister of Taizé Prayer here at ELPC.

BJ is also Director of Spiritual Life Ministries and is available to provide spiritual direction to anyone who is a part of the ELPC community (attending Taizé makes YOU a part of that community).

He can be reached at: 412.441.3800 x241

Brother Roger

founder of Taizé

ON PRAYER

From the depths of the human condition, a secret aspiration rises up. Caught up in the anonymous rhythms of schedules and timetables, men and women of today are implicitly thirsting for the one essential reality: an inner life, signs of the invisible.

Nothing is more conducive to a communion with the living God than a meditative common prayer with, as its high point, singing that never ends and that continues in the silence of one's heart when one is alone again.

In a technological society, there is a clear separation between prayer and work. When inner life and human solidarity appear to be in competition with one another, as if people had to choose between them, that opposition tears apart the very depths of the soul.

Prayer is a serene force at work within human beings, stirring them up, transforming them, never allowing them to close their eyes in the face of evil, of wars, of all that threatens the weak of this world. From it we draw the energy to wage other struggles-to enable our loved ones to survive, to transform the human condition, to make the earth a place fit to live in.

ON SINGING

Singing is one of the most important forms of prayer. A few words sung over and over again reinforce the meditative quality of the prayer. They express a basic reality of faith that can quickly be grasped by the intellect, and that gradually penetrates the heart and the whole being. These simple chants also provide a way of praying when one is alone, during the day or at night, or even in the silence of one's heart while one is working.

ON SILENCE

When we try to express communion with God in words, we rapidly reach the end of our capacities. But in the depths of our being Christ is praying, far more than we imagine. Compared to the immensity of that hidden prayer of Christ in us, our explicit praying dwindles to almost nothing. That is why silence is so essential in discovering the heart of prayer.

