

# TAIZÉ:

PRAYERFUL SONG & QUIET MEDITATION



*Original painting titled  
Jésus au désert  
by Barthélemy Parrocel*

March 8, 2023 • 7:00 pm



**East Liberty  
Presbyterian Church**

[www.ELPC.church](http://www.ELPC.church)

116 South Highland Ave  
Pittsburgh, PA 15206  
**412.441.3800**





# Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.
- Visit one of the prayer stations up on the altar.
- Come forward to kneel at the Taizé cross.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

**Prelude by Gerard Rohlff**

**Welcome and Opening Centering by The Rev. BJ Woodworth**

## CLM7 O God, Keep Me Safe

Be - hü - te mich, Gott, ich ver - trau - e dir, du  
 O God, keep me safe, for I trust in you. The

zeigst mir den Weg zum Le - ben. Bei dir ist  
 path - way to life you teach me. With you is

Freu - de, Freu - de in Fül - le. Be -  
 peace and joy in all full - ness. O

( ) ( Last time)

OneLicense.net #A-700877

## CLM16 Whoever Walks In God's Love

1.  
 El al - ma que an - da en a - mor, ni can - sa ni se can - sa. El  
 Who - ev - er walks in God's love tires no one nor grows wea - ry. Who -

2. ( Last time)  
 can - sa. O O El  
 wea - ry. Who -

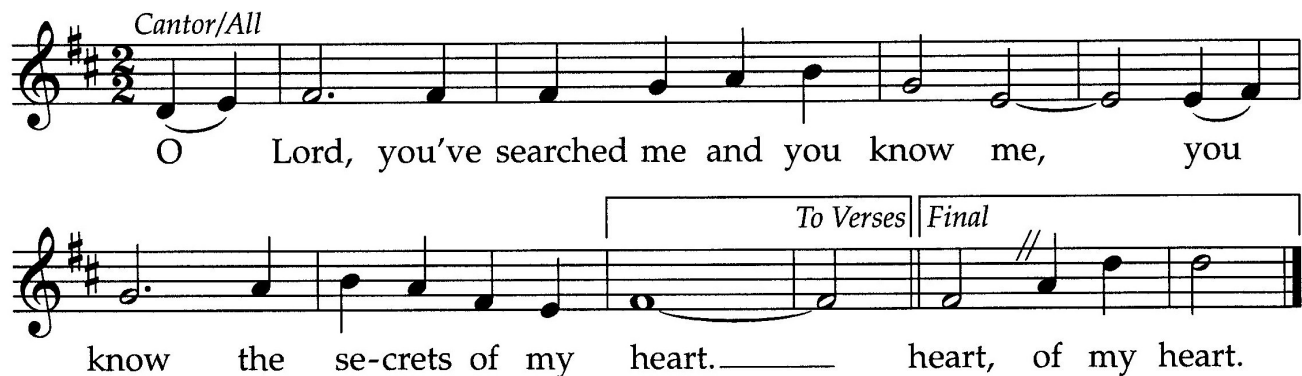
( Last time)

OneLicense.net #A-700877

**Psalm 139:1-12, 16-18** (NRSV)

**Sung Response: \* Secrets of My Heart: Psalm 139**

*Cantor/All*



O Lord, you've searched me and you know me, you

know the se-crets of my heart. heart, of my heart.

Eugene Englert. Text & Music © 1994, WLP. OneLicense.net #A-700877

O Lord, you have searched me and known me.  
You know when I sit down and when I rise up;  
You discern my thoughts from far away.  
You search out my path and my lying down  
And are acquainted with all my ways.

**O LORD, YOU'VE SEARCHED ME...**

Even before a word is on my tongue,  
O Lord, you know it completely.  
You hem me in, behind and before,  
And lay your hand upon me.  
Such knowledge is too wonderful for me;  
It is so high that I cannot attain it.

**O LORD, YOU'VE SEARCHED ME...**

Where can I go from your spirit?  
Or where can I flee from your presence?  
If I ascend to heaven, you are there;  
If I make my bed in Sheol, you are there.  
If I take the wings of the morning  
And settle at the farthest limits of the sea,  
Even there your hand shall lead me,  
And your right hand shall hold me fast.

**O LORD, YOU'VE SEARCHED ME...**

If I say, "Surely the darkness shall cover me,  
And night wraps itself around me,"  
Even the darkness is not dark to you;  
The night is as bright as the day,  
For darkness is as light to you.

**O LORD, YOU'VE SEARCHED ME...**

In your book were written  
All the days that were formed for me,  
When none of them as yet existed.  
How weighty to me are your thoughts, O God!  
How vast is the sum of them!  
I try to count them—  
They are more than the sand;  
I come to the end—I am still with you.

**O LORD, YOU'VE SEARCHED ME...**



## Practicing the Examen *(lasting approximately 5-7 minutes)*

*During Lent we will spend our meditation time practicing the Ignatian Examen; a prayerful reflection on the events of the day or week, helping us detect God's presence and discern God's guidance. It is an ancient practice in the Church that can help us see God's hand at work in our daily lives. It involves a few simple prompts coupled with silence and prayerful reflection.*

## Words from Saints and Ancestors

Take, Lord, and receive all my liberty, my memory, my understanding, and my entire will, all I have and call my own. You have given all to me. To you, Lord, I return it. Everything is yours; do with it what you will. Give me only your love and your grace, that is enough for me.

— *Ignatius of Loyola (1491-1556)*  
*a Spanish Catholic priest and theologian, who, with Peter Faber and Francis Xavier, founded the order of the Society of Jesus, also known as the Jesuits*

## CLM33 O Lord, You Hold And Protect Me

The musical score is written for voice and piano. It features three systems of music. The first system has a treble and bass staff with a key signature of two sharps (F# and C#) and a 4/4 time signature. The lyrics are in French and English. The second system continues the melody and includes a change to 2/4 time. The third system includes a repeat sign and a 'Last time' instruction. The score ends with a final cadence in 4/4 time.

Sei - gneur, tu gar - des mon â - me; Ô Dieu, tu con - nais mon  
O Lord, you hold and pro - tect me; you know all my heart's de -

cœur. Con - dui - moi sur le che - min d'é - ter - ni - té, con - dui -  
sire. Guide my steps a - long the ev - er - last - ing way, guide my

moi sur le che - min d'é - ter - ni - té. Sei -  
steps a - long the ev - er - last - ing way. O

(^) Last time

(^) Last time



## Unison Prayers of Intercession *(adapted from the Celtic Book of Daily Prayer)*

### Sung Response: 31 Give To Us Your Peace

♩ = 72 *mp* Am C Dm ES US E

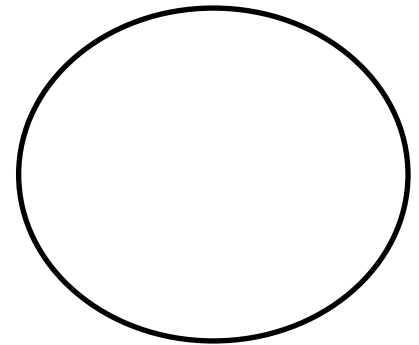
Do - na no - bis pa - cem Do - mi - ne.  
Give to us your peace, O Je - sus Christ.

*mp*

OneLicense.net #A-700877

*Take a moment to become aware of the people and  
circumstances you are holding in life.*

*As we pray these simple prayers below  
trace your finger around the circle or on the palm of your hand,  
knowing God's presence surrounds what or who you are praying for.*



God our Keeper, encircle all of us... Keep protection near and danger far.  
**GIVE TO US YOUR PEACE**

God of Courage, encircle all of us... Keep hope within and despair without.  
**GIVE TO US YOUR PEACE**

God of Light, encircle all of us... Keep light near and darkness afar.  
**GIVE TO US YOUR PEACE**

God of Comfort, encircle all of us... Keep peace within and anxiety without.  
**GIVE TO US YOUR PEACE**

Eternal Creator, Redeemer, and Sustainer, shield all of us on every side.  
**GIVE TO US YOUR PEACE**



## Silent and Spoken Prayers

*Please feel free to add your spoken petitions.*

*A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentiality.*

*Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.*

### NB53 The Lord's Prayer

The musical score for 'The Lord's Prayer' is presented in five systems, each with a treble and bass staff joined by a brace. The key signature is one sharp (F#) and the time signature is 4/4. The lyrics are written below the notes. The first system covers the first line of the prayer. The second system covers the second line. The third system covers the third line. The fourth system covers the fourth line, which includes a repeat sign and a fermata over the final measure. The fifth system covers the fifth line, which also includes a repeat sign and a fermata over the final measure. The lyrics are: 'Our Fa - ther who art in heav - en, hal - lowed be thy name; thy king - dom come; thy will be done, on earth as it is in heav - en. Give us this day our dai - ly bread; for - give us our tres - pass - es as we for - give those who tres - pass a - gainst us; lead us not in - to temp - ta - tion, but de - liv - er us from e - vil. For thine is the King - dom, and the pow - er, and the glo - ry, for - ev - er and ev - er. A - men.'

Our Fa - ther who art in heav - en, hal - lowed be thy name; thy king - dom come;

thy will be done, on earth as it is in heav - en. Give us this day our dai - ly bread;

for - give us our tres - pass - es as we for - give those who tres - pass a - gainst us;

lead us not in - to temp - ta - tion, but de - liv - er us from e - vil. For thine is the King - dom,

and the pow - er, and the glo - ry, for - ev - er and ev - er. A - men.

## Prayer over the Anointing Oil *(in unison)*

*We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.*

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.



## CLM28 I Lift Up My Eyes

Canon

1

L'a - ju - da em vin - drà eyes del Se - nyor, del Se -  
I lift up my eyes to the hills; from -

2

nyor, el nos - tre Déu, que ha fet el cel i la  
where shall come my help? My help is in God who cre -

3

4 (Last time ☺)

ter at - ra, el cel i la ter - ra. L'a -  
at - ed the earth and the heav - ens. I

OneLicense.net #A-700877

## NB9 Christ Of Compassion

O Je - su Chri - ste in te con - fi - do.  
Christ of com - pas - sion, O Lord God, I trust you.

OneLicense.net #A-700877



# G84 Lead Me, Guide Me

Lead me, guide me, a - long the way,

For if you lead me, I can - not stray.

Lord, let me walk each day with thee.

Lead me, oh Lord, lead me.

I am weak and I need thy strength and power  
 Help me tread in the paths of right - eous - ness,  
 I am lost if you take your hand from me,

to help me o - ver my weak - est hour.  
 Be my aid when Sa - tan and sin op - press.  
 I am blind with - out thy Light to see,

Help me through the dark - ness thy face to see,  
 I am put - ting all my trust in thee.  
 Lord, just al - ways let me thy ser - vant be.

Lead me, oh Lord, lead me.  
 Lead me, oh Lord, lead me.  
 Lead me, oh Lord, lead me.

Text: Doris M. Akers, b.1922

Tune: Doris M. Akers, b.1922; Harm. by Richard Smallwood, ©

©Copyright 1953 Hill & Range Songs Inc. All rights controlled by Unichappell Music, Inc.

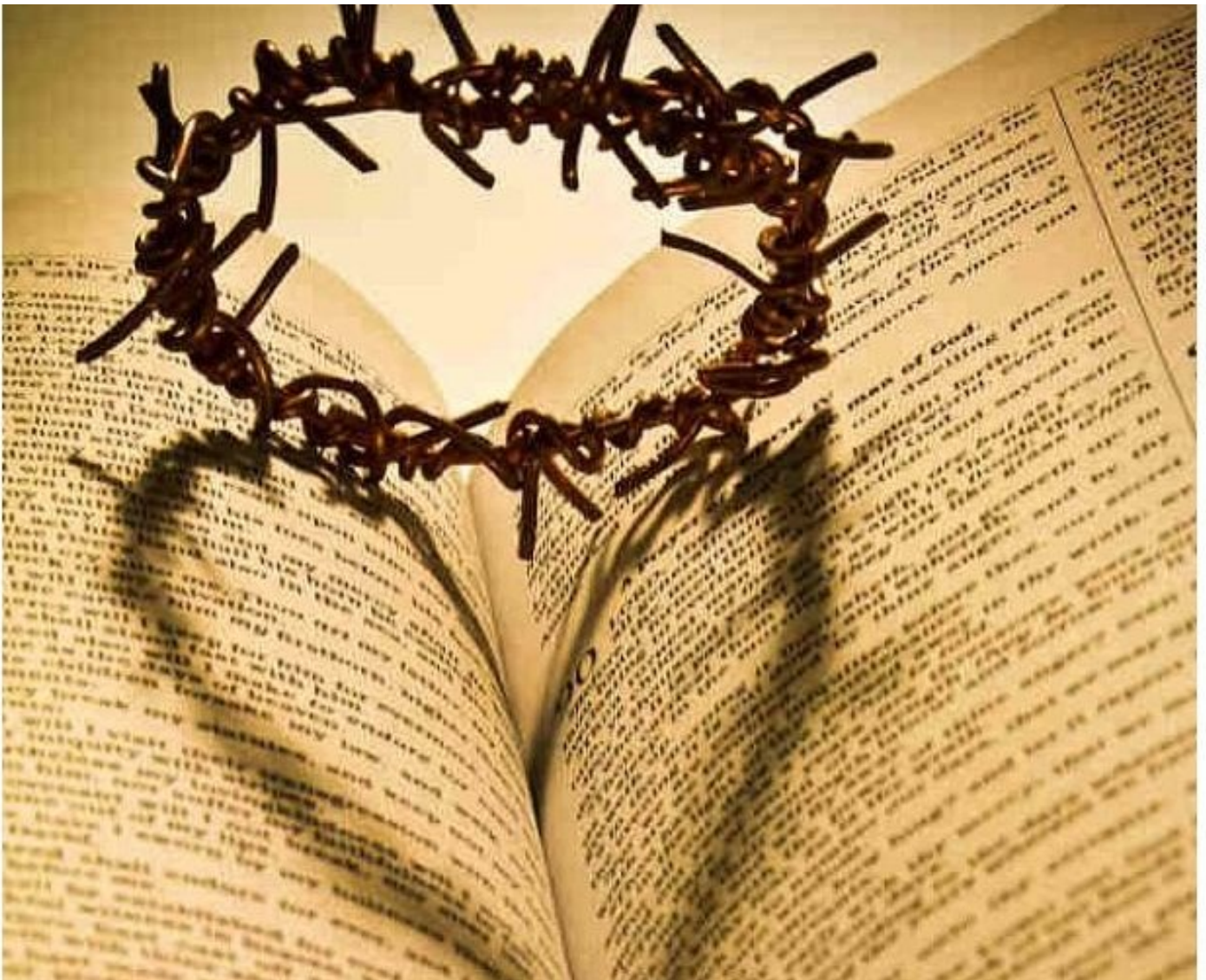
(Rightsong Music, Publisher) International Copyright Secured. All Rights Reserved. Used by Permission, CCLI #689547

## **Closing Lenten Prayer** (*in unison*)

Search us O Beloved, and know our hearts!  
Try us and discern our thoughts!  
Help us to face the darkness within and without;  
enlighten us that we may radiate  
Your Love and Light!

Leader: Thanks be to God. Amen.

**People: Amen.**





# SPIRITUAL LIFE EVENTS

## Contemplative Prayer on Mondays

On Mondays from 7:30–8 am, you're invited to a weekly time of quiet contemplation and reflection. The Rev. BJ Woodworth will lead us through a variety of contemplative prayer practices utilizing fixed prayers, scripture, music, silence, art, and our bodies to help us start our day and week in communion with God and one another.

Join us online at [www.tiny.cc/contemplative-prayer](http://www.tiny.cc/contemplative-prayer). Enter meeting ID: 959 8065 3992 and passcode: bestill when prompted. Contact Pastor BJ ([BJW@coh.net](mailto:BJW@coh.net)) for more info.

## Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

## JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

March 17, April 21, May 12 (*second Friday*)

7:00-8:30 pm (*note new time for 2023*)

## Lenten JourneyDance – March 17

Join Yamuna on Friday, March 17 in the Chapel for Lenten JourneyDance. The event will feature songs from *Godspell* among others to help us experience the Lenten Journey through movement.

## Study the Enneagram – March 20

Join us on March 20 from 12:15–1:30 pm, at [www.tiny.cc/enneagram](http://www.tiny.cc/enneagram). Enter Meeting ID: 966 6904 5127; and Passcode: 9types. Participants will need a copy of *The Sacred Enneagram: Finding Your Path to Spiritual Growth* by Christopher L. Heuertz. Our group will be led by Lynn Holden, a licensed professional counselor, trained spiritual director, and certified Enneagram practitioner. *Note: the series will conclude on March 20.*

## Meditation Hour – Tuesdays

The Spiritual Life Committee invites you to join John Benedict in the Prayer Room each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking.

# ELPC EVENTS

## Connections Group – March 11

ELPC's Connections Group invites you to Gretchen Chapman's house to play board games from 7-9 pm on Saturday, March 11. You are welcome to bring a game or a snack to share! Email [connectelpc@gmail.com](mailto:connectelpc@gmail.com) to RSVP.

## Worshipping with the Rev. Brian Wallace – March 12

On Sunday, March 12, we're pleased to welcome the Rev. Brian Wallace as our guest preacher for our Journey and Sanctuary services. Brian has served in ministry since 2003 and currently serves as Associate Minister and Acting Head of Staff of Pittsburgh Presbytery. In this role, he resources and supports leaders and congregations throughout the Pittsburgh area.

## Reparations: A Conversation with Bethel AME – March 12

Join Bethel AME Church from the Hill District in the ELPC Social Hall following Sanctuary worship on Sunday, March 12 to hear about Bethel's ongoing journey toward restitution for the theft of their land and wealth. Following a presentation by Bethel and partner churches, we will discuss the theological and ethical call to reparations, drawing from the book *Reparations: A Christian Call for Repentance and Repair* by Duke L. Kwon and Gregory Thompson. A light lunch will be served, and the conversation will begin at 1 pm. You may also join online via Zoom at [tiny.cc/d7l4vz](http://tiny.cc/d7l4vz). Enter meeting ID 834 5725 3071 and passcode 257920.

## Spring Solstice Forest Bathing – March 18

Join us at Dark Hollow Woods Park in Verona on Saturday, March 18 from 12–2 pm for a peaceful *Forest Bathing* walk as we enjoy the magic at the beginning of spring. Limited to 10 participants. Please RSVP to Sandi Miller ([samellaannmiller@gmail.com](mailto:samellaannmiller@gmail.com)) by Sunday, March 12. Dress appropriately for the weather. Parking is limited.

## LGBTQ Spiritual Gathering – March 19

All are invited to the LGBTQ Ministry's next monthly Spiritual Gathering on Sunday, March 19 at 12:30 pm to share conversation and lunch. Allies and LGBTQIA+ folks alike welcomed. Please contact Wil Forrest for more info or to RSVP ([Wil@coh.net](mailto:Wil@coh.net); 412.441.3800 x218).

## SAVE THE DATE

### Attaining Resurrection Contemplative Retreat

May 5-7 (*Friday-Sat*)

Villa Maria Retreat Center, Pulaski, PA

Details forthcoming! Contact Pastor BJ with questions!