

TAIZÉ:

PRAYERFUL SONG & QUIET MEDITATION



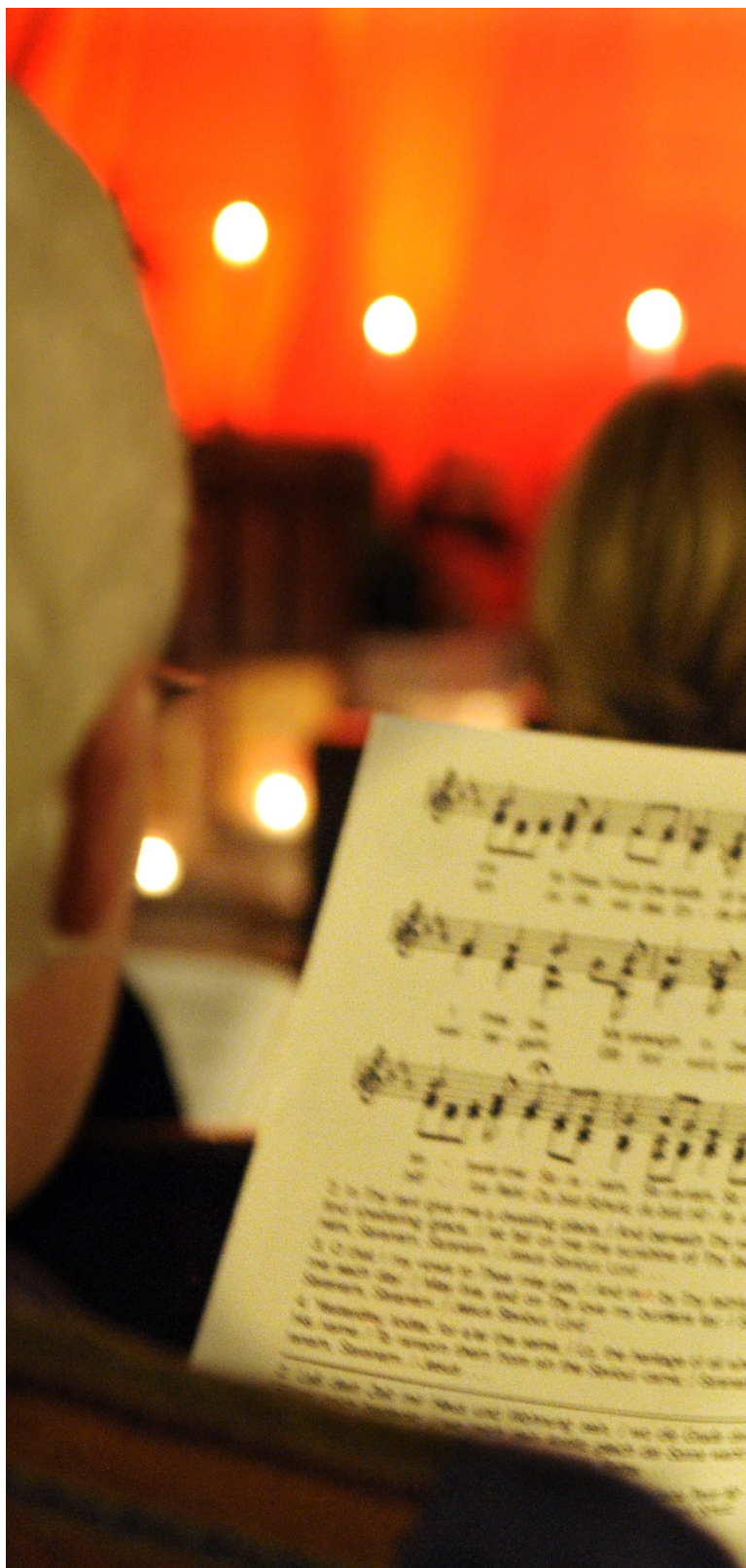
**East Liberty
Presbyterian Church**

www.ELPC.church

March 15, 2023 • 7:00 pm

116 South Highland Ave
Pittsburgh, PA 15206

412.441.3800



Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.
- Visit one of the prayer stations up on the altar.
- Come forward to kneel at the Taizé cross.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

Prelude by Gerard Rohlif

Welcome and Opening Centering by The Rev. BJ Woodworth

NB32 Your Word, O Lord

Your word, O Lord, is a light. My God, en - light - en my
C'est toi ma lam - pe, Sei - gneur. Mon Dieu é - clai - re ma té -

dark - ness. O Lord, my - God, en - light - en my dark - ness. O
nè - bre. Sei - gneur, mon - Dieu, é - clai - re ma té - nè - bre. Sei -

Lord, my - God, en - light - en my dark - ness. Your
gneur, mon - Dieu, é - clai - re ma té - nè - bre. C'est

Last time

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NB10 In The Lord I'll Be Ever Thankful

In the Lord I'll be ev - er thank - ful, in the Lord I will re - joice! Look to God, do not be a -
El Se - nyor és la me - va for - ça, el Se - nyor el me - u cant. Ell m'ha es - tat la sal - va - ci -

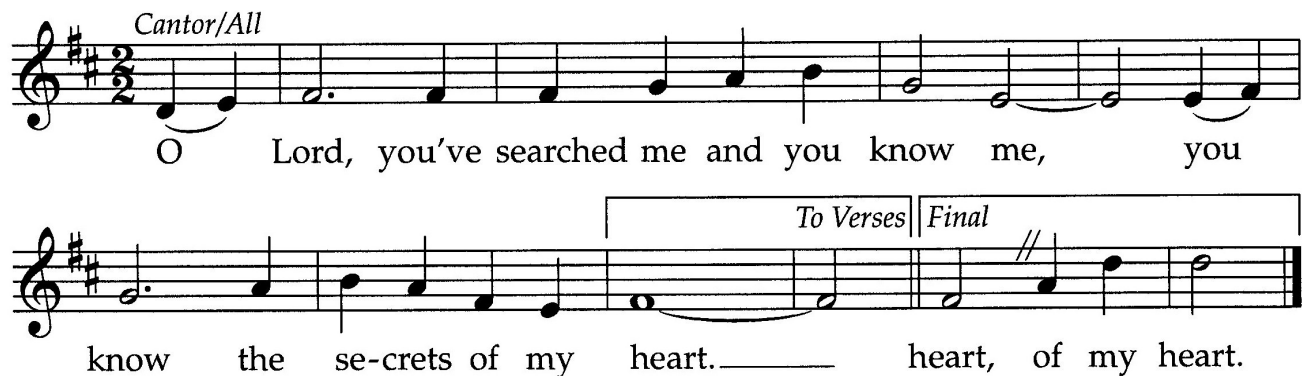
fraid. Lift up your voic - es, the Lord is near; lift up your voic - es, the Lord is near. In the
ó. En ell con - fi - o i no tinc por. En ell con - fi - o i no tinc por. El Se -

Last time

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Psalm 139:1-16 (*The Message translation*)

Sung Response: * Secrets of My Heart: Psalm 139



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God, investigate my life;
get all the facts firsthand.
I'm an open book to you;
even from a distance,
you know what I'm thinking.

O LORD, YOU'VE SEARCHED ME...

You know when I leave and when I get back;
I'm never out of your sight.
You know everything I'm going to say
before I start the first sentence.
I look behind me and you're there,
then up ahead and you're there, too—
your reassuring presence, coming and going.
This is too much, too wonderful—
I can't take it all in!

O LORD, YOU'VE SEARCHED ME...

Is there any place I can go to avoid your Spirit?
to be out of your sight?
If I climb to the sky, you're there!
If I go underground, you're there!
If I flew on morning's wings
to the far western horizon,
You'd find me in a minute—
you're already there waiting!

O LORD, YOU'VE SEARCHED ME...

Then I said to myself,
"Oh, you even see me in the dark!
At night I'm immersed in the light!"
It's a fact: darkness isn't dark to you;
night and day, darkness and light,
they're all the same to you.

O LORD, YOU'VE SEARCHED ME...

Oh yes, you shaped me first inside, then out;
you formed me in my mother's womb.
I thank you, High God—you're breathtaking!
Body and soul, I am marvelously made!
I worship in adoration—what a creation!

O LORD, YOU'VE SEARCHED ME...

You know me inside and out,
you know every bone in my body;
You know exactly how I was made, bit by bit,
how I was sculpted
from nothing into something.
Like an open book, you watched me grow
from conception to birth;
all the stages of my life
were spread out before you,
The days of my life all prepared
before I'd even lived one day.

O LORD, YOU'VE SEARCHED ME...

Practicing the Examen *(lasting approximately 5-7 minutes)*

During Lent we will spend our meditation time practicing the Ignatian Examen; a prayerful reflection on the events of the day or week, helping us detect God's presence and discern God's guidance. It is an ancient practice in the Church that can help us see God's hand at work in our daily lives. It involves a few simple prompts coupled with silence and prayerful reflection.

Words from Saints and Ancestors

How can you draw close to God when you are far from your own self? Grant Lord that
I may know myself that I may know Thee.

— *Augustine of Hippo (354-430)*
also known as Saint Augustine, a theologian and philosopher of
Berber origin and the bishop of Hippo Regius in Numidia, Roman North Africa

CLM30 Nothing Can Ever

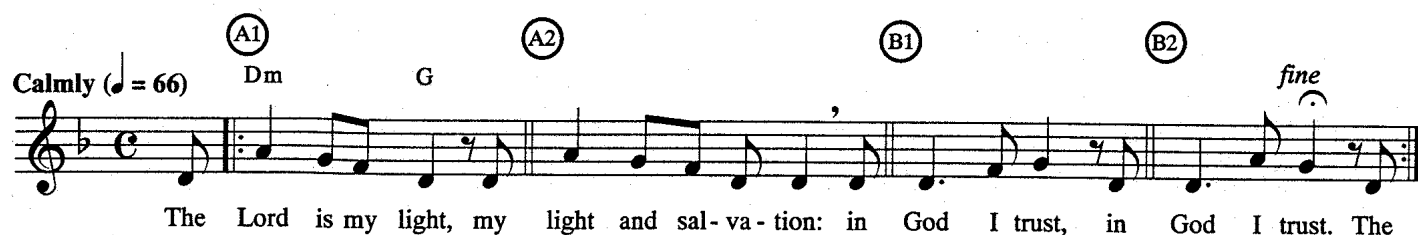
Noth - ing can ev - er come be - tween us and the love of God, the

love of God re - vealed to us in Christ Je - sus. (Last time ♩)

O O (Last time ♩)

Unison Prayers of Intercession *(adaptation from St. Patrick's Breastplate)*

Sung Response: 36 The Lord Is my Light (1st part only)



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God, may your strength pilot all in need of direction, may your might uphold all who are feeling weak, may your wisdom guide all who are lost, and may your eye look upon all who are seeking.

THE LORD IS MY LIGHT

God, may your ear hear all who are calling to you, may your word speak for all who are voiceless, may your hand guard all who are vulnerable, and may your shield protect all who are in danger.

THE LORD IS MY LIGHT

May all who we hold in our hearts this night, know that Christ is with them, before them, behind them, and in them. May they have a felt sense of Christ beneath them, above them, and on their right, and their left, and may they sense you with them when they lie down, when they sit down, and when they arise.

THE LORD IS MY LIGHT

May each and every one of us experience Christ in the heart of all who thinks of us,
in the mouth of all who speaks of us,
in every eye that sees us,
and in every ear that hears us.

THE LORD IS MY LIGHT



Silent and Spoken Prayers

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentiality.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

NB53 The Lord's Prayer

Our Fa - ther who art in heav - en, hal - lowed be thy name; thy king - dom come;

thy will be done, on earth as it is in heav - en. Give us this day our dai - ly bread;

for - give us our tres - pass - es as we for - give those who tres - pass a - gainst us;

lead us not in - to temp - ta - tion, but de - liv - er us from e - vil. For thine is the King - dom,

and the pow - er, and the glo - ry, for - ev - er and ev - er. A - men.

Prayer over the Anointing Oil *(in unison)*

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.



CLM25 Jesus, Your Spirit



Kris - tus, din An - de i oss är en käl - la med por - lan - de va - ten.
Je - sus, your Spir - it in us is a well - spring of life ev - er - last - ing.

NB15 Jesus, Your Light

Je — sus your light is shi — ning with — in us. Let not my
Jé — sus le Christ, lu — mière in — té — rieu — re, ne lais — se

doubts nor my dark — ness speak to me. Je — sus your light is
pas mes té — nè — bres me par — ler. Jé — sus le Christ, lu —


shi — ning with — in us. Let my heart al — ways wel — come your love.
mière in — té — rieu — re, don — ne — moi d'ac — cueil — lir ton a — mour.

The musical score is written for voice and piano. It features a treble and bass staff for the piano accompaniment and a single staff for the voice. The key signature is one sharp (F#) and the time signature is 4/4. The lyrics are in English and French. The English lyrics are: "Je — sus your light is shi — ning with — in us. Let not my doubts nor my dark — ness speak to me. Je — sus your light is shi — ning with — in us. Let my heart al — ways wel — come your love." The French lyrics are: "Jé — sus le Christ, lu — mière in — té — rieu — re, ne lais — se pas mes té — nè — bres me par — ler. Jé — sus le Christ, lu — mière in — té — rieu — re, don — ne — moi d'ac — cueil — lir ton a — mour." The score ends with a double bar line.


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* What a Friend We Have In Jesus




1 What a friend we have in Je - sus, all our sins and griefs to bear!
 2 Have we tri - als and temp-ta - tions? Is there trou-ble an - y-where?
 3 Are we weak and heav - y la - den, cum-bere'd with a load of care?



What a priv - i - lege to car - ry ev - ery-thing to God in prayer!
 We should nev - er be dis-cour - aged; take it to the Lord in prayer!
 Pre-cious Sav-ior, still our ref - uge— take it to the Lord in prayer!



O what peace we of - ten for - feit, O what need-less pain we bear,
 Can we find a friend so faith - ful who will all our sor-rows share?
 Do your friends de-spise, for-sake you? Take it to the Lord in prayer!



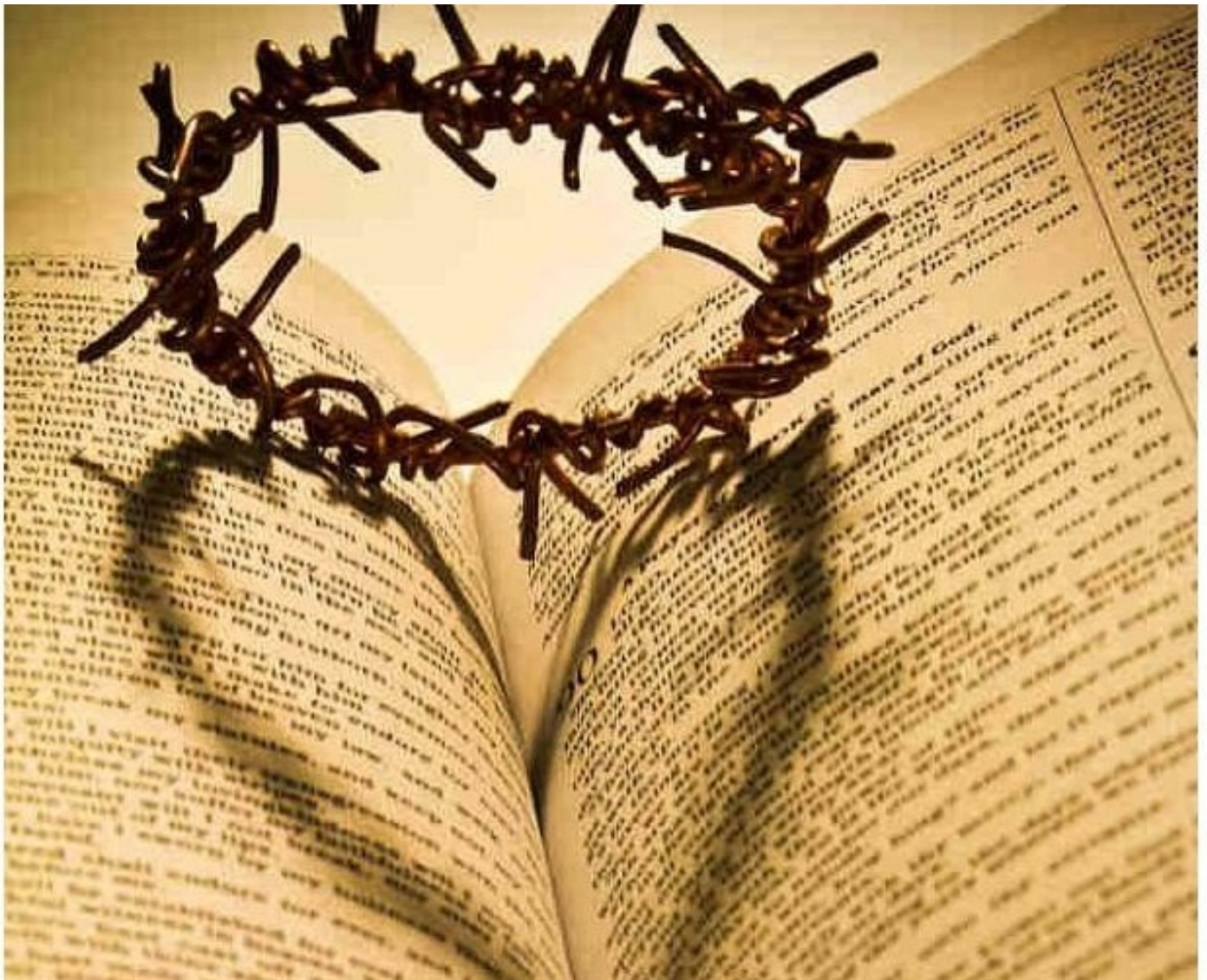
all be-cause we do not car - ry ev - ery-thing to God in prayer!
 Je - sus knows our ev - ery weak-ness; take it to the Lord in prayer!
 In his arms he'll take and shield you; you will find a sol-ace there.

Closing Lenten Prayer (*in unison*)

Search us O Beloved, and know our hearts!
Try us and discern our thoughts!
Help us to face the darkness within and without;
enlighten us that we may radiate
Your Love and Light!

Leader: Thanks be to God. Amen.

People: Amen.



SPIRITUAL LIFE EVENTS

Contemplative Prayer on Mondays

On Mondays from 7:30–8 am, you're invited to a weekly time of quiet contemplation and reflection. The Rev. BJ Woodworth will lead us through a variety of contemplative prayer practices utilizing fixed prayers, scripture, music, silence, art, and our bodies to help us start our day and week in communion with God and one another.

Join us online at www.tiny.cc/contemplative-prayer. Enter meeting ID: 959 8065 3992 and passcode: bestill when prompted. Contact Pastor BJ (BJW@coh.net) for more info.

Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

March 17, April 21, May 12 (*second Friday*)

7:00-8:30 pm (*note new time for 2023*)

Lenten JourneyDance – March 17

Join Yamuna on Friday, March 17 in the Chapel for Lenten JourneyDance. The event will feature songs from *Godspell* among others to help us experience the Lenten Journey through movement.

Study the Enneagram – March 20

Join us on March 20 from 12:15–1:30 pm, at www.tiny.cc/enneagram. Enter Meeting ID: 966 6904 5127; and Passcode: 9types. Participants will need a copy of *The Sacred Enneagram: Finding Your Path to Spiritual Growth* by Christopher L. Heuertz. Our group will be led by Lynn Holden, a licensed professional counselor, trained spiritual director, and certified Enneagram practitioner. *Note: the series will conclude on March 20.*

Meditation Hour – Tuesdays

The Spiritual Life Committee invites you to join John Benedict in the Prayer Room each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking.

ELPC EVENTS

Spring Solstice Forest Bathing – March 18

Join us at Dark Hollow Woods Park in Verona on Saturday, March 18 from 12–2 pm for a peaceful *Forest Bathing* walk as we enjoy the magic at the beginning of spring. Limited to 10 participants. Please RSVP to Sandi Miller (samellaannmiller@gmail.com) by Sunday, March 12. Dress appropriately for the weather.

LGBTQ Spiritual Gathering – March 19

All are invited to the LGBTQ Ministry's next monthly Spiritual Gathering on Sunday, March 19 at 12:30 pm to share conversation and lunch. Allies and LGBTQIA+ folks alike welcomed. Please contact Wil Forrest for more info or to RSVP (Wil@coh.net).

Sunday Social Hour – March 19

You are invited to a Social Hour next Sunday, March 19 following the 11 am worship service in the McKelvy Room. It is sponsored by Session. Come, enjoy, and talk with the Elders.

Church Tour – March 19

Steve Evrard will guide a *Tower* tour on Sunday, March 19 after the 11 am Sanctuary service. Please gather in the Highland Lobby to participate.

Taking Action on Soot Pollution Standards – March 19

The Environmental Team of the Justice Committee invites you to act to protect our climate and our health, and advance environmental justice. Join us in the Garth Overlook Room following 11 am worship on Sunday, March 19 to learn more and sign a petition to tell the EPA to develop the strongest possible soot standards in proposed legislation. Assistance also will be available to help you submit a comment through the EPA website. Comments to the EPA are due by March 28. *Interfaith Power and Light*, a faith-based environmental group, has a letter on soot that you can send to the EPA at tiny.cc/epa-letter.



ELPC's Cathedral Concerts present

**CARNEGIE MELLON
UNIVERSITY WIND
ENSEMBLE**

Saturday, April 1 at 4 pm

Free concert

SAVE THE DATE

**Attaining Resurrection Contemplative Retreat
May 5-7 (Friday-Sat)**

Villa Maria Retreat Center, Pulaski, PA

Details forthcoming! Contact Pastor BJ with questions!