

TAIZÉ:

PRAYERFUL SONG & QUIET MEDITATION



March 22, 2023 • 7:00 pm



**East Liberty
Presbyterian Church**

www.ELPC.church

116 South Highland Ave
Pittsburgh, PA 15206

412.441.3800



Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.
- Visit one of the prayer stations up on the altar.
- Come forward to kneel at the Taizé cross.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

Prelude by Gerard Rohlff

Welcome and Opening Centering by The Rev. BJ Woodworth

NB33 Grant Us Your Peace, O Lord

Canon

(A) (B)* (C) (D)*

Da pa - cem, Do - mi - ne, da pa - cem,
Grant us your peace, O Lord, grant us your

O Chri - ste, in di - e - bus no - stris.
peace, O Lord, may it fill all our days.

Coda

A - men. A - men. A - men.

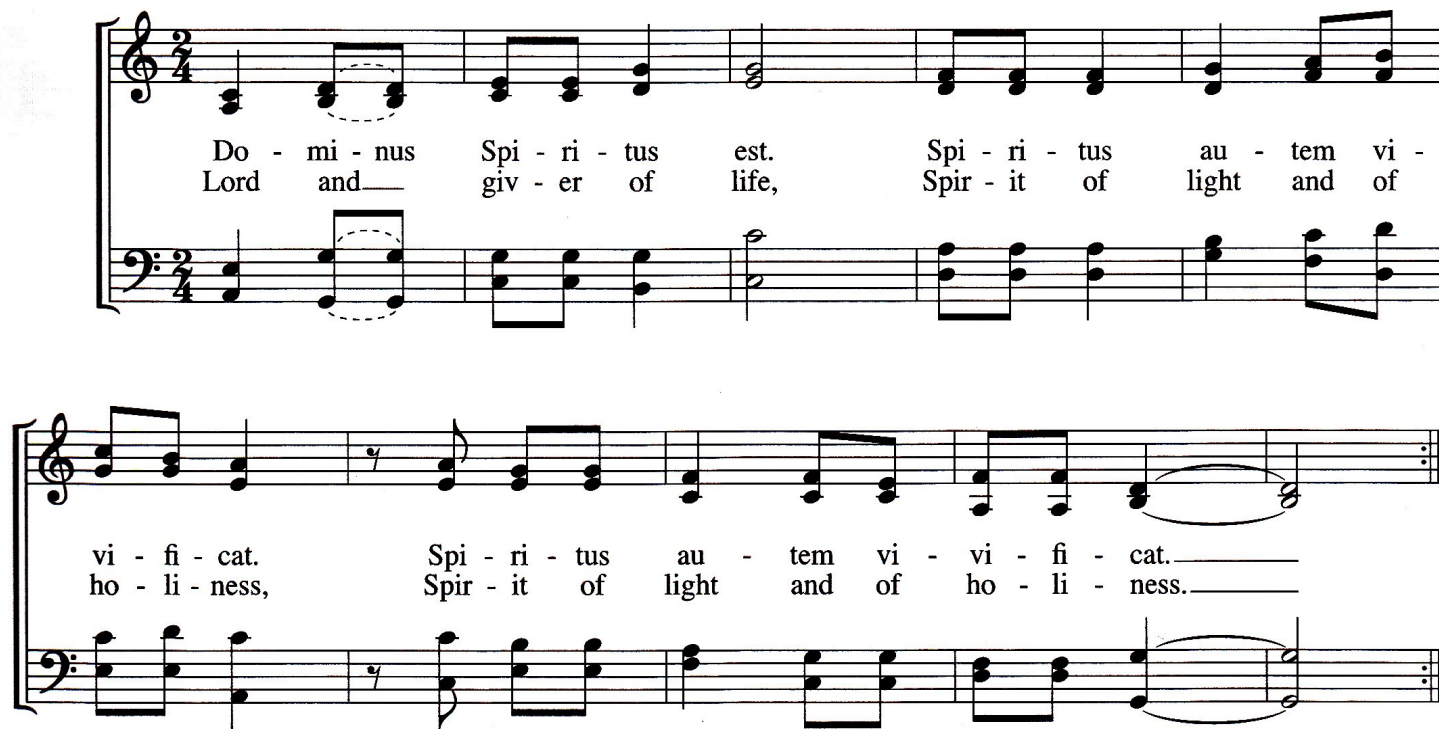


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CLM15 Lord and Giver of Life

Do - mi - nus Spi - ri - tus est. Spi - ri - tus au - tem vi -
Lord and giv - er of life, Spir - it of light and of

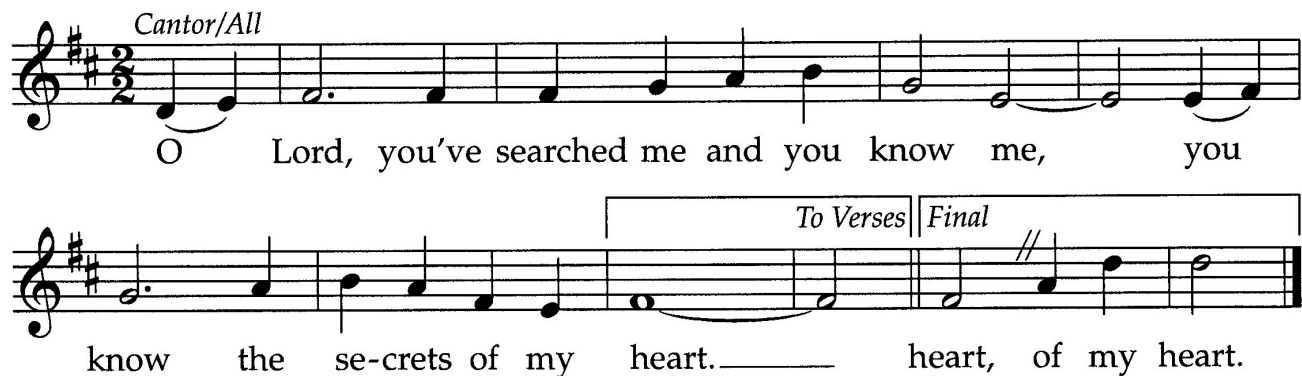
vi - fi - cat. Spi - ri - tus au - tem vi - vi - fi - cat.
ho - li - ness, Spir - it of light and of ho - li - ness.



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Psalm 139 (*selected verses from the Voice translation*)

Sung Response: * Secrets of My Heart: Psalm 139



Eugene Englert. Text & Music © 1994, WLP. OneLicense.net #A-700877

O Eternal One, You have explored my heart
and know exactly who I am;
You even know the small details
Like when I take a seat
and when I stand up again.

O LORD, YOU'VE SEARCHED ME ...

Even when I am far away,
You know what I'm thinking.
You observe my wanderings
and my sleeping, my waking and my dreaming,
and You know everything I do
in more detail than even I know.

O LORD, YOU'VE SEARCHED ME ...

Can I go anywhere apart from Your Spirit?
Is there anywhere I can go
to escape Your watchful presence?
If I go up into heaven, You are there.
If I make my bed in the realm of the dead,
You are there.
If I ride on the wings of morning,
if I make my home
in the most isolated part of the ocean,
Even then You will be there to guide me;
Your right hand will embrace me,
for You are always there.

O LORD, YOU'VE SEARCHED ME ...

I will offer You my grateful heart,
for I am Your unique creation,
filled with wonder and awe.
You have approached even the smallest details
with excellence;
Your works are wonderful;
I carry this knowledge deep within my soul.

O LORD, YOU'VE SEARCHED ME ...

Every detail of my life
was already written in Your book;
You established the length of my life
before I ever tasted the sweetness of it.
Your thoughts and plans
are treasures to me, O God!
I cherish each and every one of them!

O LORD, YOU'VE SEARCHED ME ...

How grand in scope! How many in number!
If I could count each one of them,
they would be more
than all the grains of sand on earth.
Their number is inconceivable!
Even when I wake up, I am still near to You.

O LORD, YOU'VE SEARCHED ME ...

Practicing the Examen *(lasting approximately 5-7 minutes)*

During Lent we will spend our meditation time practicing the Ignatian Examen; a prayerful reflection on the events of the day or week, helping us detect God's presence and discern God's guidance. It is an ancient practice in the Church that can help us see God's hand at work in our daily lives. It involves a few simple prompts coupled with silence and prayerful reflection.

Words from Saints and Ancestors

Without knowledge of self, there is no knowledge of God. Our wisdom, insofar as it ought to be deemed true and solid wisdom, consists almost entirely of two parts: the knowledge of God and of ourselves. But as these are connected by many ties, it is not easy to determine which of the two precedes and gives birth to the other.

— John Calvin (1509-1564)

a French theologian, pastor and reformer in Geneva during the Protestant Reformation

CLM38 All My Heart Lies Open To You

The musical score is written for voice and piano. It begins in 4/4 time and changes to 3/4 time after the first measure. The lyrics are in both English and a Slavic language. The score includes a repeat sign with a 'Last time' instruction, a double bar line, and a 'D.C.' (Da Capo) instruction. The piano part features long, flowing lines with many ties, suggesting a continuous harmonic accompaniment.

Vieš - pa - tie, tu vis - ka ži - nai. Tu ži -
All my heart lies o - pen to you, and you

nai, kad ta - ve my love - liu.
know, Lord, that I love you.

O O

D.C.

Prayers of Intercession

Sung Response: 22 By Your Cross

(A) Dm Gm C F Bb Gm A Dm

Per cru cem et pas - si o - nem tu am,
By your cross and all the wounds you suf fered,

(B)

li - be - ra nos Do - mi - ne, li - be - ra nos Do - mi - ne, li - be - ra nos Do - mi - ne, Do - mi - ne.
grant us free-dom in your love, grant us free-dom in your love, grant us free-dom in your love, in your love.

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In this season of Lent, we follow with you, Jesus, to your cross, where we come for healing of the brokenness in ourselves, our siblings, and the very creation itself.

BY YOUR CROSS

We come to you and your cross for the healing of the broken hearted and broken spirited, and those standing amid broken relationships.

BY YOUR CROSS

We come to you and your cross for the healing of those broken in body or in mind, and for those who are feeling weak and incapacitated.

BY YOUR CROSS

We come to you and your cross for the healing of those feeling stuck in guilt and shame.

BY YOUR CROSS

Jesus, our most merciful Redeemer, Friend, and Brother, may each of us know you more clearly, love you more dearly, and follow you more nearly, day by day.

BY YOUR CROSS



Silent and Spoken Prayers

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentiality.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

NB53 The Lord's Prayer

Our Fa - ther who art in heav - en, hal - lowed be thy name; thy king - dom come;

thy will be done, on earth as it is in heav - en. Give us this day our dai - ly bread;

for - give us our tres - pass - es as we for - give those who tres - pass a - gainst us;

lead us not in - to temp - ta - tion, but de - liv - er us from e - vil. For thine is the King - dom,

and the pow - er, and the glo - ry, for - ev - er and ev - er. A - men.

Prayer over the Anointing Oil *(in unison)*

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.



CLM19 Peace I Leave You

Sheet music for the hymn "CLM19 Peace I Leave You". The music is written in 4/4 time and consists of two systems, each with a treble and bass staff. The lyrics are in German and English.

System 1:

Frie - den, Frie - den hin - ter - las - se ich euch. _____
Peace I leave you, my — peace I — give. _____

System 2:

Mei - nen Frie - den ge - be ich euch. Eu - er Herz ver - za - ge nicht.
Let your hearts be free from — fear. My — peace I give to you.

NB14 Lord God, You Love Us

Lord God, you love us, source of com - pas - sion.
Toi, tu nous ai - mes, sour - ce de vie.

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* There Is A Balm In Gilead

Refrain

There is a balm in Gil-e-ad to make the wound-ed whole,
there is a balm in Gil-e-ad to heal the sin-sick soul.

Verses

1. Some - times I feel dis-cour-aged, And _ think my work's in vain,
2. If you can - not preach like Pe - ter, If you can-not pray like Paul,
3. Don't _ ev - er feel dis-cour-aged, For _ Je - sus is your friend;

1. But _ then the Ho - ly Spir - it Re - vives my soul a - gain.
2. You can tell the love of Je - sus, And say, "He died for all."
3. And _ if you lack for knowl-edge, He'll ne'er re - fuse to lend.

Text: 76 76 with refrain; based on Jeremiah 8:22; Spiritual. Music: BALM IN GILEAD.

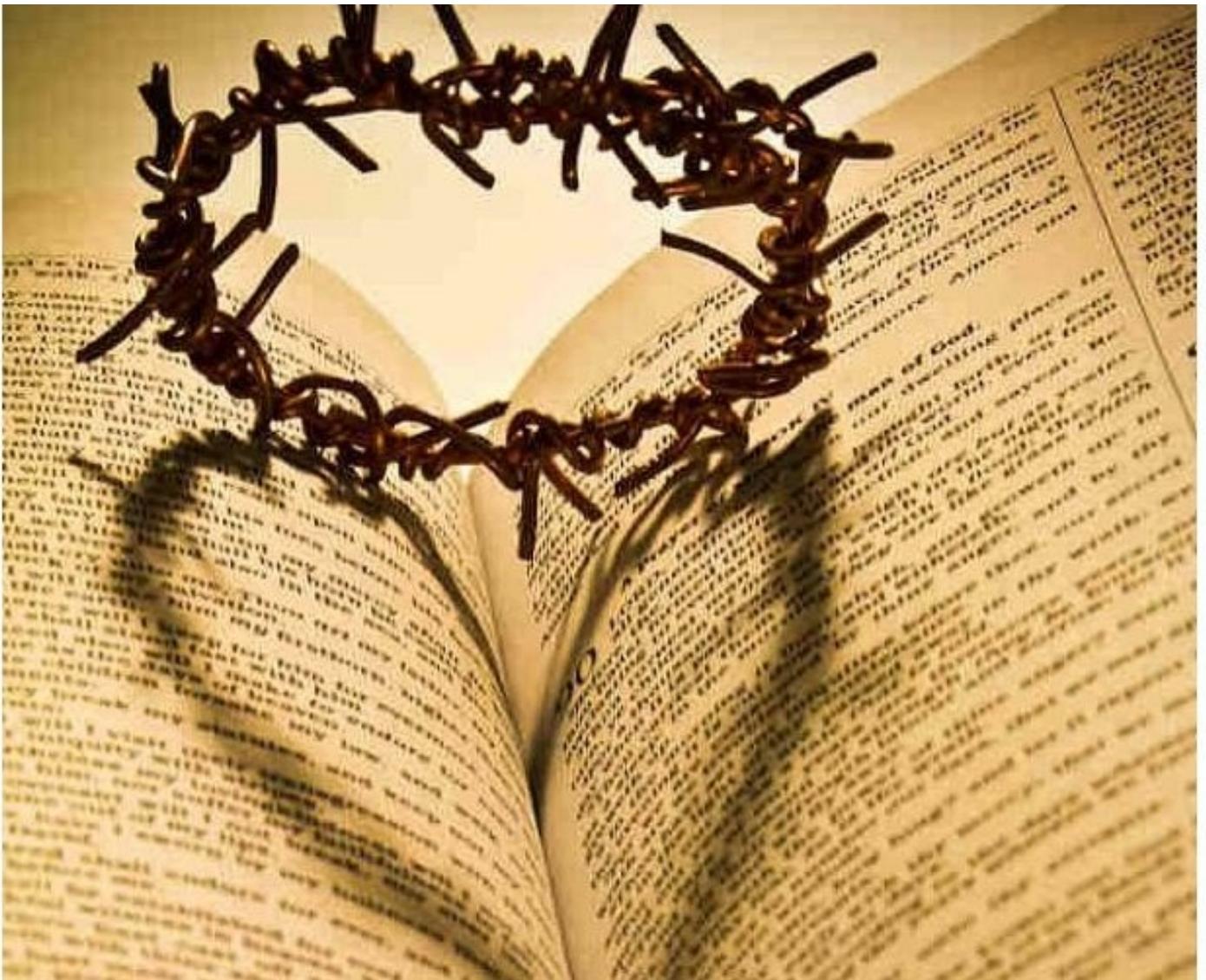
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Closing Lenten Prayer (*in unison*)

Search us, O Beloved, and know our hearts!
Try us and discern our thoughts!
Help us to face the darkness within and without;
enlighten us that we may radiate
Your Love and Light!

Leader: Thanks be to God. Amen.

People: Amen.



SPIRITUAL LIFE EVENTS

Contemplative Prayer on Mondays

On Mondays from 7:30–8 am, you're invited to a weekly time of quiet contemplation and reflection. The Rev. BJ Woodworth will lead us through a variety of contemplative prayer practices utilizing fixed prayers, scripture, music, silence, art, and our bodies to help us start our day and week in communion with God and one another. Join us online at www.tiny.cc/contemplative-prayer. Enter meeting ID: 959 8065 3992 and passcode: bestill when prompted. Contact Pastor BJ (BJW@coh.net) for more info.

Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

April 21, May 12 (*second Friday*)
7:00-8:30 pm (*note new time for 2023*)

Meditation Hour – Tuesdays

The Spiritual Life Committee invites you to join John Benedict in the Prayer Room each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation. No experience is necessary, and all are welcome!

Tuesdays, 6-7 pm

Yoga Retreat – April 1

Don't miss a wonderful way to spend April Fool's Day on Saturday, April 1. Attend a yoga retreat from 9 am–2 pm with Yamuna Morgenstern, which promises to nourish your body, mind, and spirit! The retreat will provide opportunities for yoga; pranayama (breath work for meditation); time for reflection where participants might walk the labyrinth, journal, or draw; a catered lunch together; and experiencing kirtan. Kirtan is an ancient practice of call and response chanting in Sanskrit. It is both a meditative and uplifting, lively practice that connects you with your true self and the divine. A special guest and artist of kirtan, Devananda Moreau, will lead us. People who only wish to experience kirtan are welcome to attend from 1–2 pm, free of charge. Bring your own mat (or two), a yoga block if you have one, your own blanket for savasana and meditation and a water bottle. Limited to 15 participants.

Register online at tiny.cc/yoga-retreat. The suggested donation is \$35–\$70, which includes lunch.

ELPC EVENTS

RCC Cabaret Show – March 24, 25 and 26

The Renaissance City Choir (RCC) will hold its annual Cabaret at ELPC on Friday, March 24, Saturday, March 25 (both days at 7:30 pm), and Sunday, March 26 at 2 pm. This year's show is *Flying Free with RCC*, a fun combination of solos, ensembles, and full chorus with bird-themed music! Visit www.RCCpittsburgh.com for tickets and info.

Obama Academy Fundraiser – March 26

There will be a fundraiser in support of Obama Academy's PTSA Student and Teacher Initiatives on Sunday, March 26 at 7 pm in the ELPC Sanctuary. Musicians from the Pittsburgh Symphony and Pittsburgh Opera Orchestras will perform works composed by Mendelssohn, Montgomery and Piazzolla. The suggested donation is \$15.

Attaining Resurrection Contemplative Retreat

May 5-7 (*Friday-Sat*)

Villa Maria Retreat Center, Pulaski, PA

Retreat leader: Rev. Jeff Eddings

RSVP by APRIL 21:

online: tiny.cc/attaining-resurrection

scan: this QR Code



Contact Pastor BJ for info (BJW@coh.net)

ELPC's Cathedral Concerts present

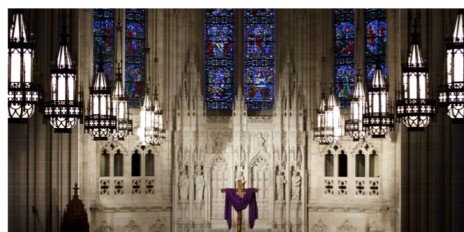
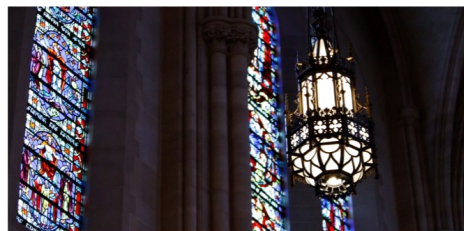
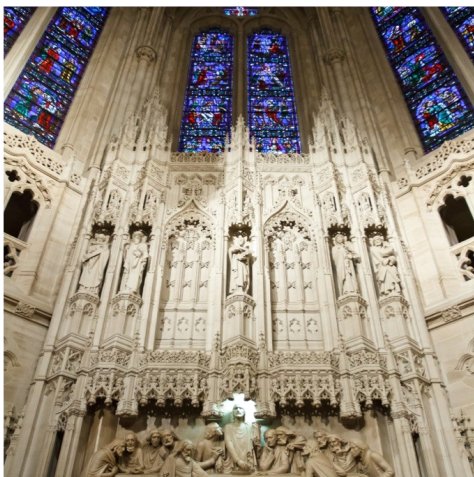
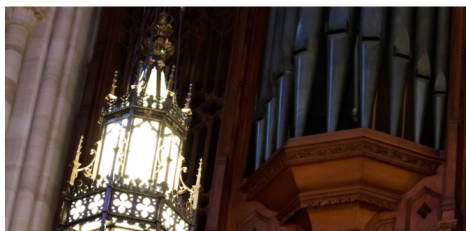
CARNEGIE MELLON UNIVERSITY WIND ENSEMBLE

Saturday, April 1 at 4 pm

George Vosburgh and Stephen Story, *Conductors*
Dr. Edward Alan Moore, *Organist*

Please join us for this concert in the Sanctuary on Saturday, April 1 at 4 pm. This performance is free and open to the public. Please contact Dr. Ed Moore for more info (EdM@coh.net).





Please visit our website for more information about the ministries of East Liberty Presbyterian Church.

www.ELPC.CHURCH

INFORMATION ABOUT TAIZÉ

ABOUT TAIZÉ: Taizé is an international ecumenical prayer community in Taizé, France which was founded in 1940 by a young seminary student, Roger Schultz, as a place of hospitality and reconciliation during World War II. Today, thousands of young people come each week to Taizé to pray with the brothers and discern God's purpose for their lives. Taizé Prayer Pilgrimages and Intercontinental Meetings around the globe bring together thousands more in an effort to become the prayerful, reconciled presence of Christ wherever they live.

Taizé prayers at East Liberty Presbyterian Church were begun in the Spring of 1992 in preparation for an intercontinental meeting in Dayton. The experience proved to be so meaningful that we have continued to pray every Wednesday evening since then, inviting people of all backgrounds to join with us.

Taizé is located in eastern France, southeast of Paris, north of Lyons, due west of Geneva, Switzerland, between the towns of Chalon-sur-Saône and Macon. Here are the ways to get Taizé information:

Address:	Taizé Community, 71250 TAIZE, France
To contact Taizé:	community@taize.fr
To visit Taizé:	meetings@taize.fr
List of useful info:	info@taize.fr
Web site:	www.taize.fr
Telephone:	011-33 385 50 30 02 Fax: 011-33 385 50 30 16

YOU ARE WELCOME AT EAST LIBERTY PRESBYTERIAN CHURCH: Our congregation seeks to promote peace, justice and human dignity; to reflect a spirit of openness, sharing and learning in our ministry and mission; to build a richly diverse faith community that witnesses to our oneness in Christ across all boundaries of race, social class, ability, culture, age, gender and sexual identity. *(From our Strategic Plan.)*

ELPC Web site: www.ELPC.church
E-mail: BJW@coh.net

You are welcome at any of our programs and worship services. It is possible to have more than one church home. Perhaps you would be interested in becoming a member or friend of this Church. If so, please speak to The Rev. BJ Woodworth, Minister of Taizé Prayer (BJW@coh.net or 412.441.3800 x141).