

TAIZÉ:

PRAYERFUL SONG & QUIET MEDITATION



March 29, 2023 • 7:00 pm



**East Liberty
Presbyterian Church**

www.ELPC.church

116 South Highland Ave
Pittsburgh, PA 15206
412.441.3800



Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.
- Visit one of the prayer stations up on the altar.
- Come forward to kneel at the Taizé cross.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

Prelude by Gerard Rohlif

Welcome and Opening Centering by The Rev. John Titus

NB6 Dona Nobis Pacem

Do - na no - bis pa - cem cor - di - um. Do - na no - bis pa - cem. —

— Do - na no - bis pa - cem cor - di - um. Do - na no - bis pa - cem.

The musical score is written for voice and piano. The key signature has one sharp (F#) and the time signature is 2/4. The melody is in the treble clef, and the piano accompaniment is in the bass clef. The lyrics are written below the staff.

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9 Bless The Lord

$\text{♩} = 76$ Dm G Dm B \flat C F A

p Bless the Lord, my soul, and bless God's ho - ly name. —

Dm G Dm B \flat C Dm

p Bless the Lord, my soul, who leads me in - to life.

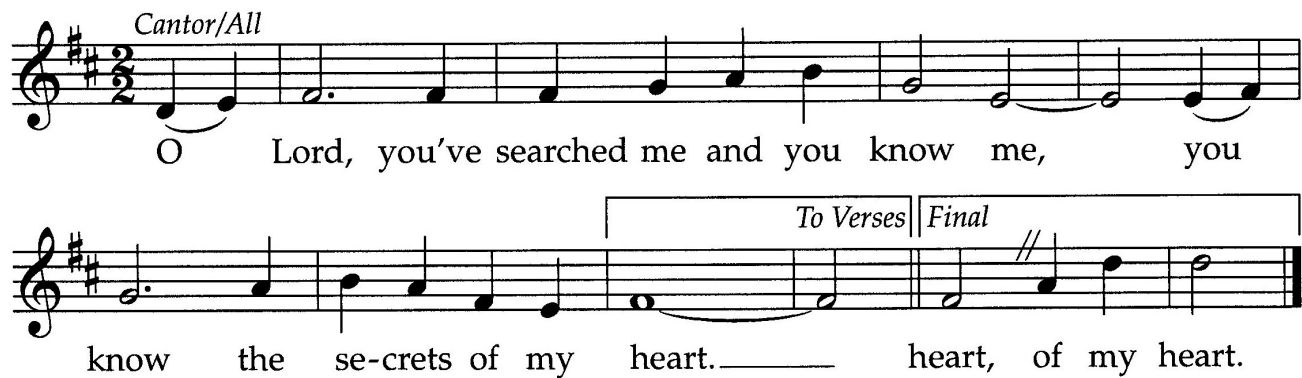
The musical score is written for voice and piano. The key signature has two flats (B \flat and E \flat) and the time signature is common time (C). The tempo is marked as quarter note = 76. The melody is in the treble clef, and the piano accompaniment is in the bass clef. The lyrics are written below the staff. Chord symbols are placed above the staff.

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Psalm 139 (selected verses from "Psalms for Praying" by Nan C. Merrill)

Sung Response: * Secrets of My Heart: Psalm 139

Cantor/All



O Lord, you've searched me and you know me, you

know the se-crets of my heart. heart, of my heart.

Eugene Englert. Text & Music © 1994, WLP. OneLicense.net #A-700877

O my Beloved, you have searched me
And known me!
You know when I sit down
And when I rise up;
You discern my innermost thoughts.
O LORD, YOU'VE SEARCHED ME...

You find me on the journey
And guide my steps;
You know my strengths and my weaknesses.
Even before words rise up in prayer,
Lo, you have already heard my heart call.
O LORD, YOU'VE SEARCHED ME...

You encompass me with love where're I go,
And your strength is my shield
Such sensitivity is too wonderful for me;
It is high, boundless gratitude
In my soul's response.
O LORD, YOU'VE SEARCHED ME...

If I say, Let the darkness cover me
and the light be night about me,"
Even the darkness is not dark to you,
The night dazzles as with the sun;
The darkness is as light with you.
O LORD, YOU'VE SEARCHED ME...

More than I know myself do you know me;
My essence was not hidden from you,
When I was being formed in secret,
Intricately fashioned
From the elements of the earth.
O LORD, YOU'VE SEARCHED ME...

How precious to me as your creations,
O Blessed One!
How vast is the sum of them!
Who could count your innumerable
Gifts and blessings?
As all times, you are with me.
O LORD, YOU'VE SEARCHED ME...



Practicing the Examen *(lasting approximately 5-7 minutes)*

During Lent we will spend our meditation time practicing the Ignatian Examen; a prayerful reflection on the events of the day or week, helping us detect God's presence and discern God's guidance. It is an ancient practice in the Church that can help us see God's hand at work in our daily lives. It involves a few simple prompts coupled with silence and prayerful reflection.

Words from Saints and Ancestors

The sound of the genuine is flowing through you. Don't be deceived and thrown off by all the noises that are a part even of your dreams, your ambitions, so that you don't hear the sound of the genuine in you, because that is the only true guide that you will ever have, and if you don't have that you don't have a thing. [So], cultivate the discipline of listening to the sound of the genuine in yourself.

— Howard Thurman (1899-1981)

American author, philosopher, theologian, mystic, educator, and civil rights leader, whose theology of radical nonviolence influenced and shaped a generation of civil rights activists, and he was a key mentor to leaders within the civil rights movement, including Martin Luther King Jr.

14 Our Darkness

The musical score for 'Our Darkness' is written for voice and piano. It begins with a tempo marking of ♩ = 66 and a key signature of one sharp (F#). The score is divided into two systems. The first system contains the first line of the song, with lyrics in English and French. The second system contains the second line of the song, also with lyrics in English and French. The score includes various musical notations such as notes, rests, and accidentals, as well as French lyrics. The key signature changes to one sharp (F#) in the second system. The score ends with a 'fine' marking and a repeat sign.

♩ = 66 F# Bm Am D G F#

Our — dark - ness is nev - er dark - ness in your sight: the
La té - nè - bre n'est point té - nè - bre de - vant toi: la

Bm A D Em6 F#SUS fine F#

deep - est night is clear as the day light. Our —
nuit com - me le jour est lu - miè re. La té -

Prayers of Intercession

Sung Response: NB45 Come, Lord, Light Of Our Hearts

The image shows a musical score for a sung response. It features three staves: a vocal line at the top, a piano accompaniment in the middle, and a bass line at the bottom. The key signature is one sharp (F#) and the time signature is 4/4. The lyrics are written below the staves. The vocal line begins with 'Ve - ni San-cte Spi - ri - tus!' and 'Come, Lord, light— of our hearts!'. The piano accompaniment and bass line provide harmonic support. The score is licensed by OneLicense.net #A-700877.

Ve - ni San-cte Spi - ri - tus!
Come, Lord, light— of our hearts!

Ve - ni lu - men cor - di - um!
Come, Lord, light— of our hearts!

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God, as we prepare for Palm Sunday and Holy Week, we think of Jesus coming to us; riding into Jerusalem on the praises of so many only to be mocked, betrayed, and crucified days later by the empire. Open our eyes to see coming to us, causing a stir, disturbing the comfortable and comforting the disturbed.

COME, LORD, LIGHT OF OUR HEARTS!

Come, Jesus — heal the sick, strengthen the weak in body and soul; soften hard hearts and comfort troubled minds; support and strengthen those who care for loved ones.

COME, LORD, LIGHT OF OUR HEARTS!

Come, Jesus — console those who grieve and mourn; empower the poor in spirit, give hope to the hopeless and bring the lost home.

COME, LORD, LIGHT OF OUR HEARTS!

Come, Jesus — stand with the oppressed and encourage the lonely; humble the proud and mighty who trust in their power, and the wealthy who trust in their affluence and privilege.

COME, LORD, LIGHT OF OUR HEARTS!

Come, Jesus — to a world in desperate need of liberation: come to leaders who need wisdom to lead with justice and integrity; come to places of war, famine, and disaster.

COME, LORD, LIGHT OF OUR HEARTS!

Come, Jesus — to us, your church, ignite a passion for justice, mercy and humility; kindle a fire in us for our neighbors; move us out of our pews into our world, that we, like you, may be a presence that disturbs the comfortable and comforts the disturbed.

COME, LORD, LIGHT OF OUR HEARTS!

Silent and Spoken Prayers

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentiality.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

NB53 The Lord's Prayer

Our Fa - ther who art in heav - en, hal - lowed be thy name; thy king - dom come;

thy will be done, on earth as it is in heav - en. Give us this day our dai - ly bread;

for - give us our tres - pass - es as we for - give those who tres - pass a - gainst us;

lead us not in - to temp - ta - tion, but de - liv - er us from e - vil. For thine is the King - dom,

and the pow - er, and the glo - ry, for - ev - er and ev - er. A - men.

Prayer over the Anointing Oil *(in unison)*

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.



38 My Soul Is At Rest

A Dm A^{SUS} A Dm C F C Dm A Dm

fine ☺

My soul is at rest in God a-lone, my sal - va - tion comes from God. My

fine ☺

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G112 I Want Jesus To Walk With Me

SOJOURNER Irregular

African-American spiritual

African-American spiritual

1. I want Je - sus to walk with me; (Walk with me)
2. In my tri - als, Lord, walk with me;
3. When I'm in trou - ble, Lord, walk with me; When

I want Je - sus to walk with me; (Walk with me)
In my tri - als, Lord, walk with me;
I'm in trou - ble, Lord, walk with me;

All a - long my pil - grim jour - ney,
When my heart is al - most break - ing,
When my head is bowed in sor - row,

1.2.3. Lord, I want Je - sus to walk with me. (with me)

* Guide My Feet



1. Guide my feet
2. Hold my hand while I run this race,
3. Stand by me
4. I'm your child



Guide my feet
Hold my hand while I run this race,
Stand by me
I'm your child



Guide my feet
Hold my hand while I run this race, For I
Stand by me
I'm your child



don't want to run this race in vain.

Text: African American spiritual
Tune: African American spiritual; harm. by Dr. Wendell P. Whalum, 1931–1987
Perpetual permission granted by Mrs. Wendell P. Whalum.

Closing Lenten Prayer *(in unison)*

Search us, O Beloved, and know our hearts!
Try us and discern our thoughts!
Help us to face the darkness within and without;
enlighten us that we may radiate
Your Love and Light!

Leader: Thanks be to God. Amen.

People: Amen.

SPIRITUAL LIFE EVENTS

Contemplative Prayer on Mondays

On Mondays from 7:30–8 am, you're invited to a weekly time of quiet contemplation and reflection. The Rev. BJ Woodworth will lead us through a variety of contemplative prayer practices utilizing fixed prayers, scripture, music, silence, art, and our bodies to help us start our day and week in communion with God and one another. Join us online at www.tiny.cc/contemplative-prayer. Enter meeting ID: 959 8065 3992 and passcode: bestill when prompted. Contact Pastor BJ (BJW@coh.net) for more info.

Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

April 21, May 12 (*second Friday*)
7:00–8:30 pm (*note new time for 2023*)

Meditation Hour – Tuesdays

The Spiritual Life Committee invites you to join John Benedict in the Prayer Room each Tuesday from 6–7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation. No experience is necessary, and all are welcome!

Tuesdays, 6–7 pm

Yoga Retreat – April 1

Attend a yoga retreat from 9 am–2 pm on Saturday, April 1 with Yamuna Morgenstern. The retreat will provide opportunities for yoga; pranayama (breath work for meditation); time for reflection where participants might walk the labyrinth, journal, or draw; a catered lunch together; and experiencing kirtan (an ancient practice of call and response chanting in Sanskrit). It is a meditative and uplifting, lively practice that connects you with your true self and the divine. A special guest and artist of kirtan, Devananda Moreau, will lead us.

People who only wish to experience kirtan are welcome to attend from 1–2 pm, free of charge. Bring your own mat (or two), a yoga block if you have one, your own blanket for savasana and meditation and a water bottle.

Limited to 15 participants. Register online at tiny.cc/yoga-retreat. The suggested donation is \$35–\$70, which includes lunch. Scholarships are available. For details, contact Pastor BJ (BJW@coh.net).

ELPC EVENTS



Sunday, April 2 — PALM SUNDAY

8:45 am and 11 am (Led by Pastor Patrice)

The One Great Hour of Sharing Offering will be received

Wednesday, April 5 — TAIZÉ STATIONS OF THE CROSS

7 pm (Led by Pastor BJ)

Thursday, April 6 — MAUNDY THURSDAY (*Communion*)

7 pm (Led by Pastor Heather)

Friday, April 7 — GOOD FRIDAY

12 pm (Led by Rev. Vincent Kolb)

7 pm (Led by Pastor Patrice)

Saturday, April 8 — EASTER VIGIL (*Communion*)

7 pm (Led by Pastor BJ)

Sunday, April 9 — EASTER SUNDAY

8:45 am and 11 am (Led by Pastor Heather)

Free Cathedral Concert: CMU Wind Ensemble — April 1

ELPC's *Cathedral Concerts* present the Carnegie Mellon University Wind Ensemble for a performance on Saturday, April 1 at 4 pm in the Sanctuary. This performance is free and open to the public. Please contact Dr. Ed Moore for more info (EdM@coh.net).

ELPC Matters: The More You Know — April 2

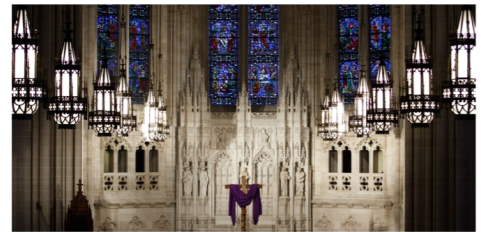
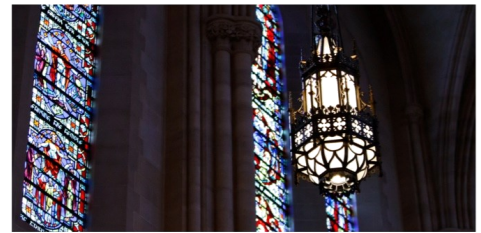
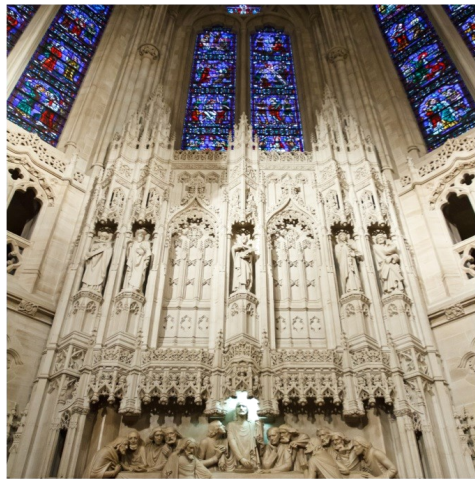
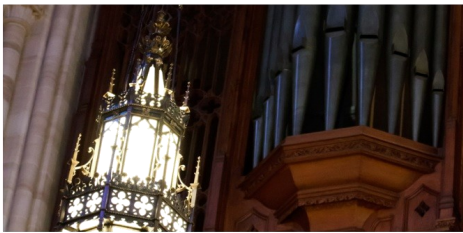
ELPC is offering a series of informational sessions to broaden congregational awareness of different aspects of our life together that may seem to be more behind-the-scenes. Our first session in this series will be held on Sunday, April 2 from 9:45–10:45 am, and will shed light on *Understanding Pastors' Compensation*.

Attaining Resurrection Contemplative Retreat — RSVP by April 21

Join us for a post-Easter retreat at the Villa Maria Retreat Center in Pulaski, Pennsylvania from Friday–Sunday, May 5 to 7, to explore ways we can find resurrection life amid the challenges and sufferings we face each day. Led by facilitator and host The Rev. Jeff Eddings, we will explore this through art, silence and solitude, reading, reflection, prayer, and conversation with one another.

Spots are limited. RSVP by Friday, April 21 at www.tiny.cc/attaining-resurrection, or scan this QR code. Contact The Rev. BJ Woodworth for info (BJW@coh.net).





Please visit our website for more information about the ministries of East Liberty Presbyterian Church.

www.ELPC.CHURCH

INFORMATION ABOUT TAIZÉ

ABOUT TAIZÉ: Taizé is an international ecumenical prayer community in Taizé, France which was founded in 1940 by a young seminary student, Roger Schultz, as a place of hospitality and reconciliation during World War II. Today, thousands of young people come each week to Taizé to pray with the brothers and discern God's purpose for their lives. Taizé Prayer Pilgrimages and Intercontinental Meetings around the globe bring together thousands more in an effort to become the prayerful, reconciled presence of Christ wherever they live.

Taizé prayers at East Liberty Presbyterian Church were begun in the Spring of 1992 in preparation for an intercontinental meeting in Dayton. The experience proved to be so meaningful that we have continued to pray every Wednesday evening since then, inviting people of all backgrounds to join with us.

Taizé is located in eastern France, southeast of Paris, north of Lyons, due west of Geneva, Switzerland, between the towns of Chalon-sur-Saône and Macon. Here are the ways to get Taizé information:

Address:	Taizé Community, 71250 TAIZE, France
To contact Taizé:	community@taize.fr
To visit Taizé:	meetings@taize.fr
List of useful info:	info@taize.fr
Web site:	www.taize.fr
Telephone:	011-33 385 50 30 02 Fax: 011-33 385 50 30 16

YOU ARE WELCOME AT EAST LIBERTY PRESBYTERIAN CHURCH: Our congregation seeks to promote peace, justice and human dignity; to reflect a spirit of openness, sharing and learning in our ministry and mission; to build a richly diverse faith community that witnesses to our oneness in Christ across all boundaries of race, social class, ability, culture, age, gender and sexual identity. *(From our Strategic Plan.)*

ELPC Web site: www.ELPC.church
E-mail: BJW@coh.net

You are welcome at any of our programs and worship services. It is possible to have more than one church home. Perhaps you would be interested in becoming a member or friend of this Church. If so, please speak to The Rev. BJ Woodworth, Minister of Taizé Prayer (BJW@coh.net or 412.441.3800 x141).