



East Liberty Presbyterian Church

116 South Highland Ave Pittsburgh, PA 15206 **412.441.3800** 



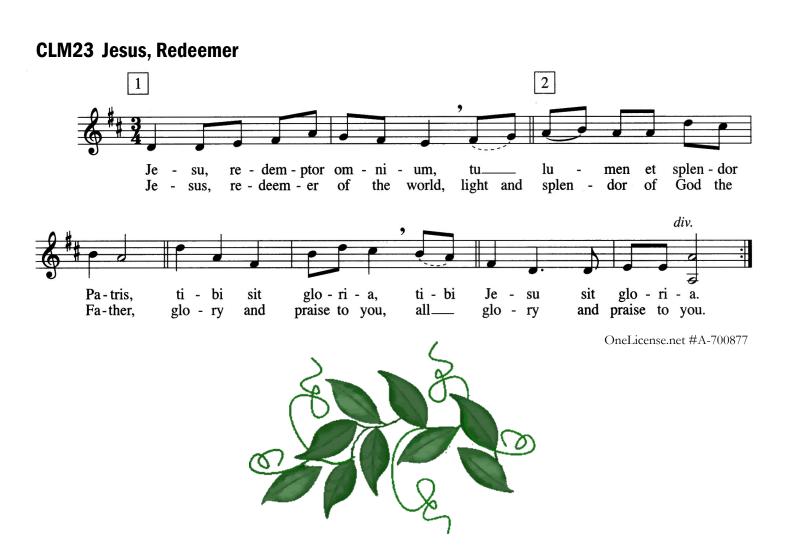
# **Welcome to Taizé**

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

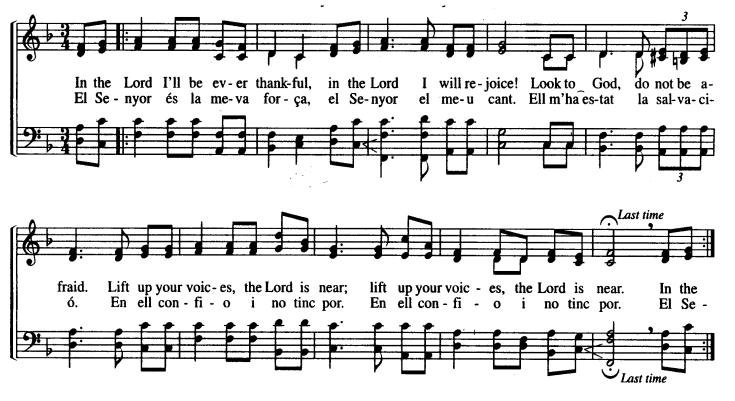
- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

**Prelude by Gerard Rohlf** 



### NB10 In The Lord I'll Be Ever Thankful



### Psalm 119:113-128 (from "Psalms for Praying" by Nan C. Merrill)

### Sung Response: NB37 Alleluia 14



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Breathe on me, O Breath of Inspiration, In the silence of my tranquil heart, Infill me with your wisdom.
O, that I might radiate
The compassion and peace,
The truth and beauty of the Beloved!

#### **ALLELUIA**

Direct my steps, O Holy One, That I may humbly walk with you. The witness of your Life Is my model; Therefore my soul yearns for you.

#### **ALLELUIA**

The unfolding of your way gives light; It imparts understanding to the simple. My mouth pours forth praise continually, For I am ever grateful for your promises.

#### **ALLELUIA**

You come to me and are gracious to me, As you are to all who open their heart's door. Guide my steps according to your Wisdom, And show me how to Lovingly co-create with you.

### **ALLELUIA**

Let me not be lured by the world's values, That I may walk the path of wholeness. May your face shine upon your friend, As you teach me of Love. I weep over our wounded world, Our earth ravaged By greedy, insensitive hands.

### **ALLELUIA**

O friends, you who are fearful of love, You, who live in loneliness, Break open the locks of your heart's door, Breathe deeply of sunlight's freedom and warmth.

### **ALLELUIA**



## **The Word/Meditation: Ephesians 3:14-19** (The Inclusive Bible translation)

That is why I kneel before Abba God, from whom every family in heaven and on earth takes its name. And I pray that God, out of the riches of divine glory, will strengthen you inwardly with power through the working of the Spirit. May Christ dwell in your hearts through faith, so that you, being roots and grounded in love, will be able to grasp fully the breadth, length, height and depth of Christ's love and, with all God's holy ones, experience this love that surpasses all understanding, so that you may be filled with all the fullness of God.

# **Quiet Meditation and Reflection** (lasting approximately 5-7 minutes)

### **Words from Saints and Ancestors**

Deepen your love in me, O God, that I might learn in my inmost heart how sweet it is to love, to be dissolved, and to plunge myself into your love. Let your love possess and raise me above myself, with the fervor and wonder beyond imagination.

— Therese of Lisieux (1873 1897) a French Carmelite nun who is widely venerated in modern times; popularly known "the Little Flower"



## NB31 With You, O Lord



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### **Prayers for the Church** (The Rev. Emily Swan, from "A Rhythm of Prayer")

Sung Response: NB42 Kyrie 6



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Let us sing the song of love. Let us follow you into the heights. Let our souls spend itself in your praise, rejoicing for love.

### **KYRIE**

Let us stand for love and with love, following the way of your Son as best we're able. Let us love you more than ourselves, and ourselves only for your sake. Let us love others as your law commands.

### **KYRIE**

Let us not fear an experiential spirituality. Let us listen to the wondrous bodies you gave us.

### **KYRIE**

Let us hear your voice and tangibly feel you with us. Let us discern your guidance. Let us abide in you and with you.

#### **KYRIE**

Show us what you're doing, so we can work together. Move where you will, when you will, in whatever way you will. Come, Holy Spirit, and restore your church.

### **KYRIE**



## **Silent and Spoken Prayers**

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

## **NB53 The Lord's Prayer**



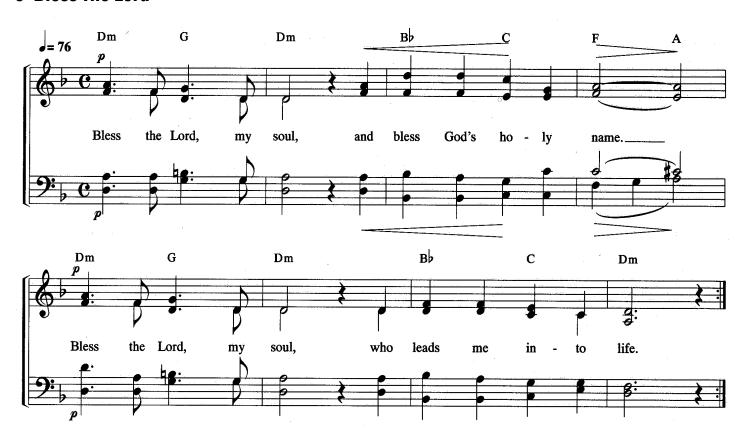
# Prayer over the Anointing Oil (in unison)

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.

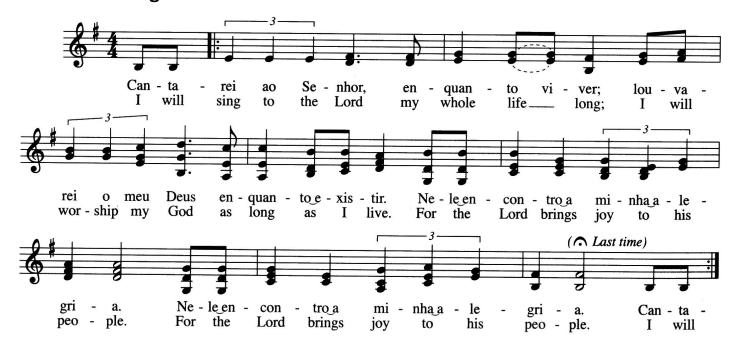


## 9 Bless The Lord

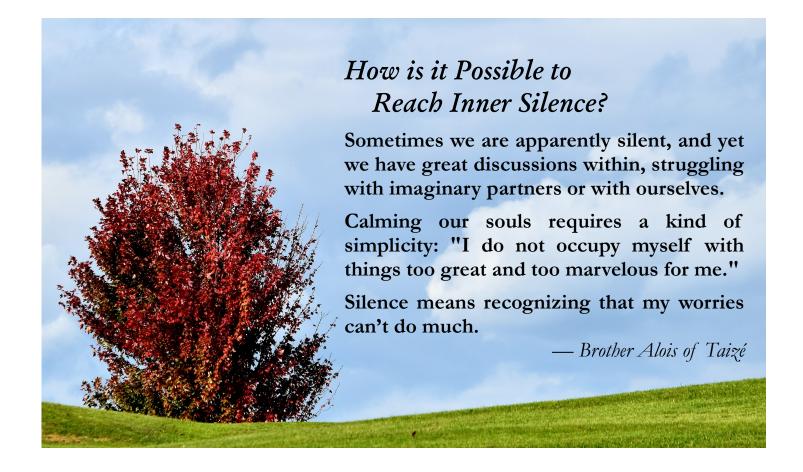


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## **CLM12 I Will Sing To The Lord**



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# **G84** Lead Me, Guide Me





Text: Doris M. Akers, b.1922 Tune: Doris M. Akers, b.1922; Harm. by Richard Smallwood, ©

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### **Closing Prayer**

(from "Seven Sacred Pauses: Living Mindfully Through the Hours of the Day")

Leader: Now as day comes to an end, gently dance us out of this day into the arms of night.

People: Give us peaceful rest.

Leader: Let the stardust of your love descend on us throughout this night. People: O Mysterious Beauty, you are an ancient melody in our lives.

Leader: Your music lingers in our souls, lulling us to sleep peacefully in the shadow of your

wings.

People: O Dancer of the Distant Stars, we are part of your Starlight.

Leader: Renew us and restore us as we sleep.

People: May all your creatures have a good night.

Leader: Thanks be to God. Amen.

People: Amen.

# **SPIRITUAL LIFE EVENTS**

#### **Meditation Hour**

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation. No experience is necessary, and all are welcome!

Tuesdays, 6-7 pm

#### Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

#### **JourneyDance**

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

Sept 15, Oct 20, Nov 17 7:00-8:30 pm (note new time)

Instead of JourneyDance gathering in the ELPC Sanctuary on Friday, Aug 18 from 7-8:30 pm, please join Yamuna that evening at the Allegheny River Trail Park to dance in community to live music outdoors by Buffalo Rose. Contact Yamuna Morgenstern for more info (domorgens@gmail.com). JourneyDance will return to the Sanctuary from 7-8:30 pm on Friday, Sept 15.

#### **ELPC Gratitude Retreat at Villa Maria Retreat Center**

Mark your calendars now for November 17–19 and plan on joining us for a time of rest, reflection, prayer, conversation, and giving thanks at the Villa Maria Retreat Center in Pulaski, Pennsylvania.

# **ELPC EVENTS**

### **The Chapel Market Requests Toiletry Items**

The Chapel Market is in need of toiletry items, including bar soap, tooth brushes and paste, lotion, shampoo, toilet paper, etc. Donations can left in the baskets in the Highland Lobby.

### **Mission Board Film Series - Aug 13**

The ELPC Mission Board invites you to this year's summer film series. Join us following worship on Sundays, Aug 6 and 13 in the Social Hall. A light lunch will be provided.

On Aug 13, The Justice Committee will host a screening of the documentary *My Name is Pauli Murray*. Pauli Murray was a writer, activist, legal theorist, and episcopal priest, and was involved in articulating key legal arguments of the Civil Rights Movement. Born Anne Pauline Murray in 1910, they changed their birth name to "Pauli" in the 1930s, a groundbreaking challenge at that time. In 1977, Murray became the first African American woman in the U.S. to become an Episcopal priest. Murray died of cancer in 1985. Contact Carol Chonoska for more details (carolchonoska@gmail.com).

### Church Tour — Aug 20

On Sunday, Aug 20, Steve Evrard will guide a tour of the church tower. Please wear closed-toe shoes to participate in the tower tour. Gather in the Highland Lobby after the 10 am worship service to join either tour.

#### LGBTQIA+ Ministry — Aug 20

You are invited to attend our LGBTQIA+ Ministry's next Spiritual Gathering on Sunday, Aug 20 after worship. Join us and share conversation and lunch. Allies and LGBTQIA+ folks alike welcome! Contact Wil Forrest to attend or for more info (Wil@coh.net).