PRAYERFUL SONG AND QUIET MEDITATION



September 6, 2023 • 7:00 pm

116 South Highland Ave Pittsburgh, PA 15206 **412.441.3800**



Welcome to Taizé

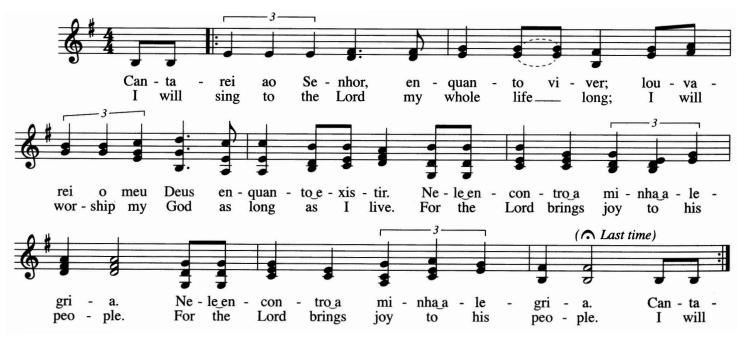
We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

Prelude by Gerard Rohlf

CLM12 I Will Sing To The Lord



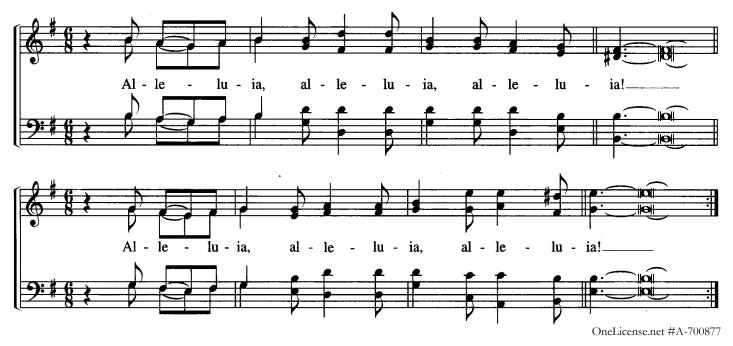
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CLM31 | Delight And Rejoice



Sung Response: NB37 Alleluia 10



In you, Beloved, I would make my home; Though I be humiliated with guilt, Your mercy and forgiveness will deliver me! Hear me and hasten to my assistance! For you are my strength And have the power to raise me up! ALLELUIA

Yes, you are strength and truth in me; You are my teacher, my guide; The fire of your abiding love cleanses my heart; Loosen the webs that entangle me, That veil my love for you. Into your heart I commend my soul. You have redeemed me, O love, O ever Faithful One.

ALLELUIA

Rather, you have forgiven my folly And set my feet on Love's path. My heartfelt gratitude knows no bounds, O Gracious Mender of Souls! ALLELUIA Be a comfort to me, Beloved, for I am in distress; My eyes are dim from weeping, My soul is deep with grief. For my life is worn away with sorrow, And my years with sighing; My body has weakened and my bones Waste away with misery.

ALLELUIA

Yes, I hear the voices around me Whispering of my plight — Fears rise up on every side! Isolation, rejection, fear surround me And conspire to overwhelm me. Still, I trust in you, O Beloved, I repeat, "You are my Life." My life is in your hands; Deliver me from the fears which separate me! ALLELUIA

Let your face shine on me; Hold me in your steadfast love! Let me know your forgiveness, O Love, For I call upon you; let my fears be cast out, Let them be transformed. Let me speak only truth, Beloved, That I might live with integrity, Offering my work and praise to you. **ALLELUIA**

The Word/Meditation: Proverbs 3:3-8 (*The Inclusive Bible translation*)

Never let love and faithfulness abandon you — wear them like a necklace around your neck; inscribe them on the tablet of your heart. Then you'll enjoy kindness and a good reputation from both God and people.

Trust Yahweh with all your heart, and don't rely on your own understanding; acknowledge God in everything you do, and God will direct your paths.

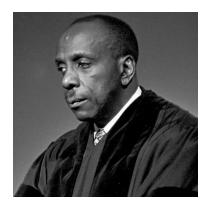
Don't be wise in your own eyes; revere Yahweh and avoid evil. This will provide health to your body, and enrichment to your bones.

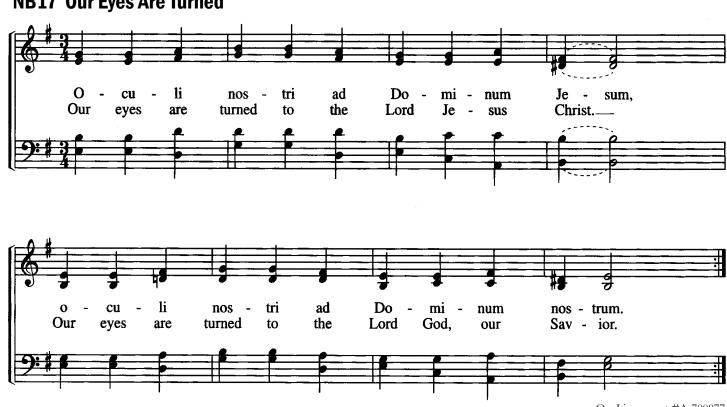
Quiet Meditation and Reflection (lasting approximately 5-7 minutes)

Words from Saints and Ancestors

There is something in every one of you that waits and listens for the sound of the genuine in yourself. The sound of the genuine is flowing through you and is the only true guide you will ever have.

— Howard Thurman (1899-1981) African American author, philosopher, theologian, mystic, educator, and civil rights leader





NB17 Our Eyes Are Turned

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Prayers of Intercession (adapted from "The Rhythm of Life: Celtic Daily Prayer," by David Adam)

Sung Response: NB42 Kyrie 12



God of love and insight, give us wisdom to perceive you, intelligence to understand you, and diligence to seek you.

KYRIE

God of serenity and direction, give us patience to wait for you, vision to behold your heart, to meditate upon you, and a life to proclaim you.

KYRIE

God our Keeper, be with us to guide us, within us to strengthen us, without us to protect us, above us to raise us, beneath us to uphold us, before us to lead us, behind us to guard us, this day and evermore.

KYRIE

We pray that the Church may show its unity in Christ, and that all churches may work together for the benefit of all peoples.

KYRIE

We pray for peace in all relationships where there is quarreling, in nations where there is war and conflict, and the internal conflict that exists within our own hearts, souls, minds, and bodies; come near and create an everlasting peace!

KYRIE



Silent and Spoken Prayers

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

NB53 The Lord's Prayer



Prayer over the Anointing Oil (in unison)

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.

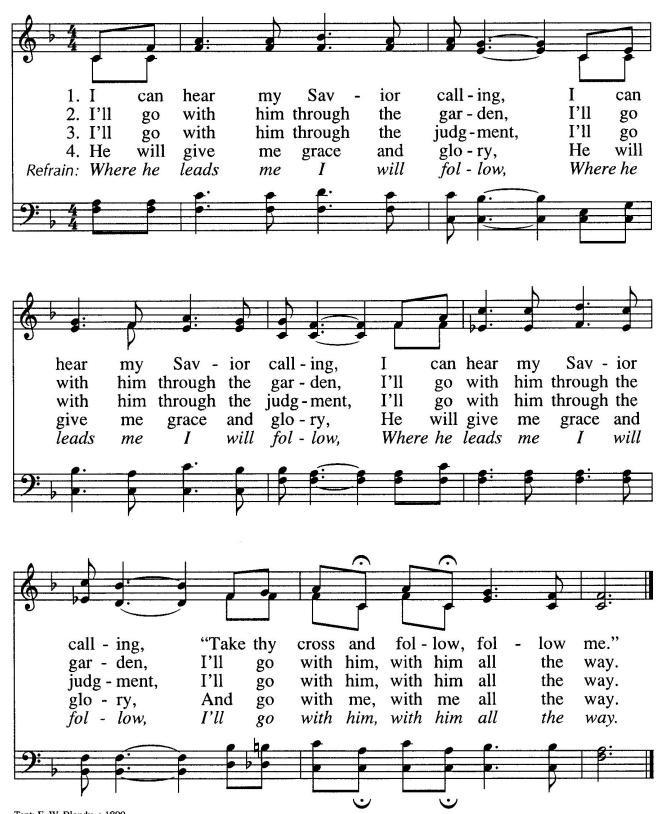
Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.



De che i no -re mos, de che que_ no -By night, we has ten, in dark ness, to cresc. 2 pa - ra en - con trar la fuen te, só - lo la sed nos a search forliv ing wa ter, on - ly thirst leads our us cresc. тf ppCLast time 12 19 \$ lum bra, só -10 la sed De nos lum - bra. а on wards, on - ly our thirst leads By us on - wards. mf ppO d Last time

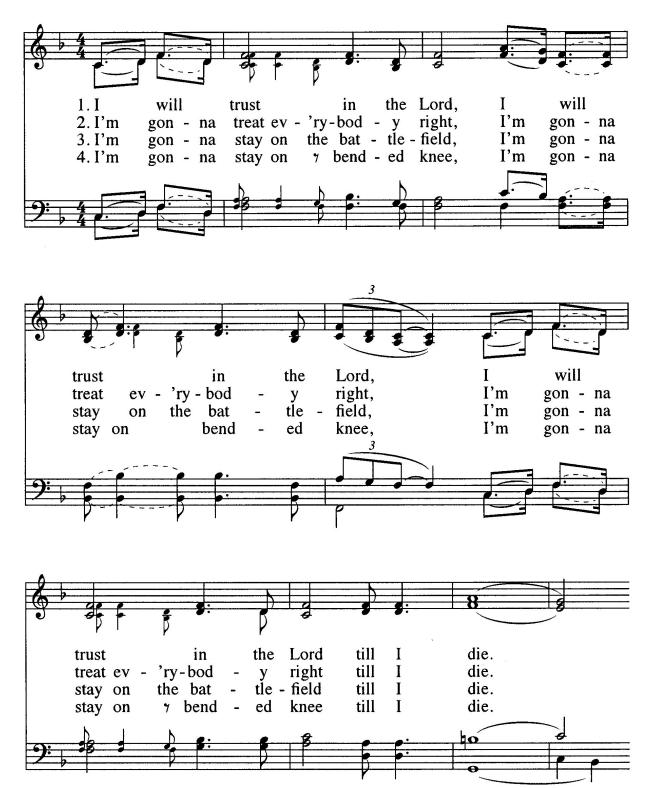
NB5 By Night

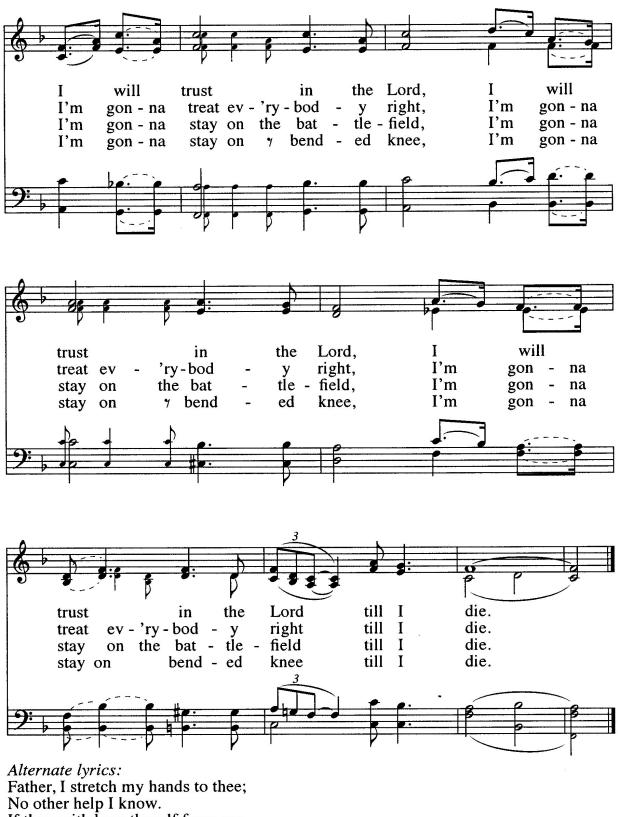
* Where He Leads Me



Text: E. W. Blandy, c.1890 Tune: NORRIS, 888 9 with refrain; John S. Norris, 1844–1907

* I Will Trust In The Lord





- If thou withdraw thyself from me,
- O whither shall I go?

Text: Negro Spiritual Tune: TRUST IN THE LORD, Irregular; Negro Spiritual; arr. by Jeffrey Radford, 1953–2002, and Nolan Williams, Jr., b. 1969, © 2000, GIA Publications, Inc.

Closing Unison Prayer

May the Creator who brings order out of chaos, give you peace.

May the Redeemer who stills the raging storms, give you peace.

May the Sustainer who hovers over the deep, give you peace.

In all of God's holy names, may you go in peace this night and forevermore!

Leader: Thanks be to God. Amen. People: Amen.

SPIRITUAL LIFE EVENTS

Meditation Hour

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation. No experience is necessary, and all are welcome!

Tuesdays, 6-7 pm

Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

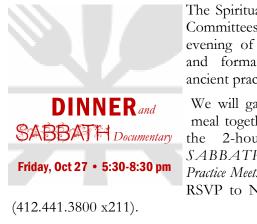
JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

> Sept 15, Oct 20, Nov 17 7:00-8:30 pm (note new time)

ELPC Gratitude Retreat at Villa Maria Retreat Center

Mark your calendars now for November 17-19 and plan on joining us for a time of rest, reflection, prayer, conversation, and giving thanks at the Villa Maria Retreat Center in Pulaski, Pennsylvania.



The Spiritual Life and Justice Committees invite you to an evening of fellowship, food, and formation around the ancient practice of Sabbath.

We will gather for a simple meal together and then view 2-hour documentary, SABBATH: An Ancient Practice Meets the Modern World. RSVP to Norma by Oct 22

ELPC EVENTS

The Chapel Market Requests Toiletry Items

The Chapel Market is in need of toiletry items, including bar soap, tooth brushes and paste, lotion, shampoo, toilet paper, etc. Donations can left in the baskets in the Highland Lobby.

CAT Scan Results Available

The report of ELPC's CAT Scan results is now available at http://tiny.cc/elpc-cat-scan, or by scanning this QR code. Paper copies are on the info tables, and will also be



presented at the next The More You Know session on Sept 24 in the Social Hall. Submit questions prior to the by contacting meeting Kristin Cummings (kristinpcummings@gmail.com).

ELPC's Choirs Resume Rehearsals – Sept 7 and 12

On Thursday, Sept 7, the Journey Praise Team resumes rehearsals from 5:30-6:30 pm in the Social Hall, and the Chancel Choir resumes rehearsals from 7-8:30 pm in the Sanctuary.

On Tuesday, Sept 12, the ELPC Ringers/Handbell Choir will rehearse from 6-7 pm in Dr. Ed Moore's office on the 3rd floor. If you are interested in joining the Journey Praise Team, please contact director Gerald Savage (soundpill@soundpill.net). If you would like to join the Chancel Choir or Handbell Choir, contact director Dr. Ed Moore (EdM@coh.net).

Rally Day – Sept 10

We will resume our traditional worship schedule and Church School classes for persons of all ages on Sunday, Sept 10.

INQUIRERS' CLASS ON SUNDAY, SEPT 10

Attend an Inquirers' Class after the 11 am worship service on Sunday, Sept 10 in the Fellowship Room to learn more about ELPC, Presbyterian theology, and to explore membership. Contact Megan Leisher to register (MeganL@coh.net).

