# PRAYERFUL SONG AND QUIET MEDITATION





# October 4, 2023 • 7:00 pm

116 South Highland Ave Pittsburgh, PA 15206 **412.441.3800** 



# Welcome to Taizé

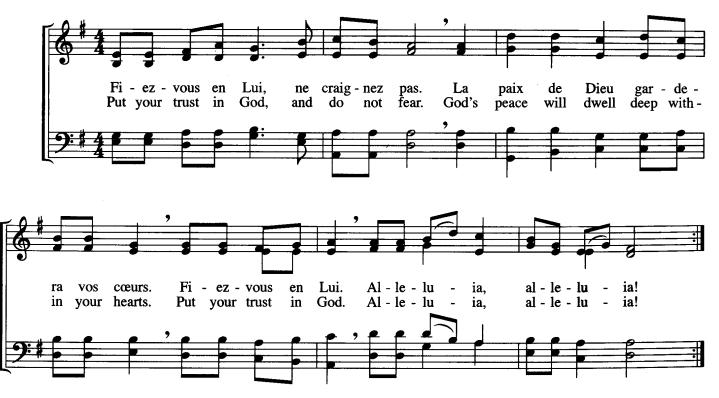
We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

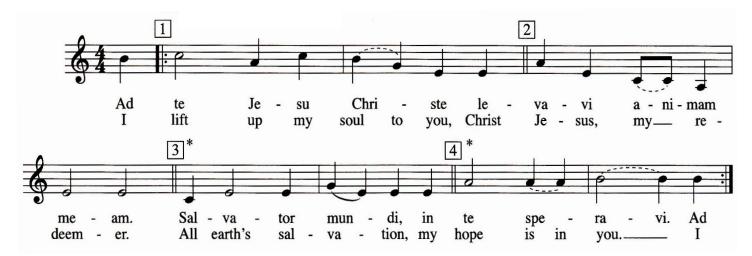
# **Prelude by Gerard Rohlf**

# **CLM18 Put Your Trust In God**



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CLM1 I Lift Up My Soul To You





#### Sung Response: CLM2 Alleluia 20

To you, O Love, I lift up my soul! O Heart within my heart, In you I place my trust. Let me not feel unworthy; Let not fear rule over me. Yes! May all who open their hearts Savor you and bless the earth! ALLELUIA

Compel me to know your ways, O Love; Instruct me upon your paths. Lead me in your truth, and teach me, For through you will I know wholeness; I shall reflect your Light both day and night. **ALLELUIA**  I know of your mercy, Blessed One, And of your unconditional Love; You have been with me from the beginning. Forgive the many times I have walked away from you Choosing to follow my own will. I seek your guidance, once again, I yearn to know your Peace. Companion me as I open to your will!

#### ALLELUIA

You are gracious and just, O Spirit of Truth, Happy to guide those who miss their way; You enjoy teaching all who are open, All who choose to live in truth. Your paths are loving and sure, O Holy One, And those who give witness to you Through their lives are Blessed beyond measure. ALLELUIA

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# The Word/Meditation: The Wisdom of Proverbs (10:17; 25:12)

Those who heed their lessons are on life's path; those who reject reprimand lead others astray. One reprimand makes a deeper impression on a sensible person than a hundred blows on a fool. A wise admonition to an attentive ear is like a gold ring or a gold broach.

**Quiet Meditation and Reflection** (*lasting approximately 5-7 minutes*)

# **Words from Saints and Ancestors**

Nothing can be more cruel than the leniency which abandons others to their sin. Nothing can be more compassionate than the severe reprimand which calls another Christian in one's community back from the path of sin.

> — Dietrich Bonhoeffer (1906-1945), a German Lutheran pastor, theologian and anti-Nazi dissident who was a key founding member of the Confessing Church





# **NB9 Christ Of Compassion**

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# **Prayers of Thanksgiving & Intercession**

# Sung Response: G91 Lead Me, Lord (1st part only)



We thank you for being a truthful God, for not leaving us alone in our brokenness, despair and sin, but coming to us, speaking to us, and shining your light upon the ways in which we've wandered away from you and turned in upon ourselves.

### LEAD ME, LORD

Help us to be humble and open up to words, wisdom and insights spoken to us by others, that our blindness might become sight, our lostness become direction and our confusion become wisdom.

### LEAD ME, LORD

We pray for the one holy, catholic, and apostolic Church. Where it is corrupt, purge it; where it is in error, direct it; where it is divided, unify it; where it is weak, strengthen it; where it is lost, reform it.

#### LEAD ME, LORD

Living God, you call us to be good stewards of this earthly home. Strengthen us to care for your creation; forgive us when, through our greed and indifference, we abuse its beauty and damage its potential. Empower us through your Spirit to so nurture and love the world, that all creation sings to your glory.

### LEAD ME, LORD

O God, defender of the poor and oppressed, we pray for the sick poor in our midst, whose dignity is often assaulted and who can be so vulnerable — or even forgotten — in being able to get adequate health care. O God, give them comfort in their sickness. Help us to hear their cries and come to their aid.

### LEAD ME, LORD

## **Silent and Spoken Prayers**

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

### **NB53 The Lord's Prayer**



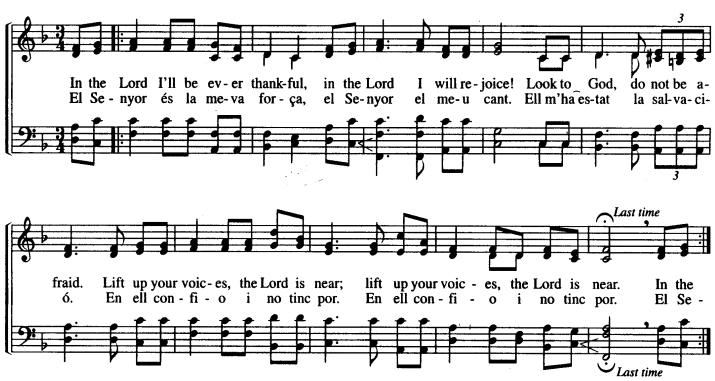
# Prayer over the Anointing Oil (in unison)

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.

#### = 58 ASUS Dm Α Dm С F fi de Do Bo - num est con re in -mi no, It is good trust in the Lord to our God, Gm<sup>7</sup> Gm С F Dm Dm Am bo num spe ra re in Do mi no. trust\_ hope\_ the Lord\_ and in God. our OneLicense.net #A-700877 NB10 In The Lord In the Lord I'll be ev-er thank-ful, I will re-joice! Look to God, in the Lord do not be a-El Se - nyor és la me-va for - ça, el Se-nyor el me-u cant. Ell m'ha es-tat la sal-va-ci-

# 11 It Is Good To Trust





continued on next page



Text: Doris M. Akers, b.1922 Tune: Doris M. Akers, b.1922; Harm. by Richard Smallwood, ©

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# **Closing Unison Prayer**

May the Creator who brings order out of chaos, give us peace.

May the Redeemer who stills the raging storms, give us peace.

May the Sustainer who hovers over the deep, give us peace.

In all of God's holy names, may each of us go in peace this night and forevermore!

Leader: Thanks be to God. Amen.

People: Amen.



# SPIRITUAL LIFE EVENTS

#### **Contemplative Prayer**

Rev. BJ Woodworth will lead a time on Zoom of 30 minutes of communal silence and guided meditation on scripture. We will meditate on the Psalms, using the translation *Psalms for Praying* by Nan C. Merrill.

Mondays, 7:30 to 8 am Meeting ID: 959 8065 3992 Passcode: bestill

#### **Meditation Hour**

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation. No experience is necessary, and all are welcome!

Tuesdays, 6-7 pm

#### **Cathedral Yoga**

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

#### JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

Oct 20, Nov 17, 7:00-8:30 pm (note new time)

#### Dinner and a Film – Oct 27

On Friday, Oct 27 from 5:30-8 pm, the Spiritual Life and Justice Committees invite you to an evening of fellowship, food, and formation around the ancient practice of *Sabbatb*. We will gather for a simple meal together and then view the 2-hour documentary, *SABBATH: An Ancient Practice Meets the Modern World*. The film is told as a collection of short stories, exploring the history of one of the world's most important spiritual practices and its timeless relevance for a stressed-out, modern world. RSVP to Norma by Oct 22 (412.441.3800 x211).

#### **ELPC Gratitude Retreat at Villa Maria Retreat Center**

Mark your calendars now for November 17–19 and plan on joining us for a time of rest, reflection, prayer, conversation, and giving thanks at the Villa Maria Retreat Center in Pulaski, Pennsylvania. RSVP to Norma by Sunday, Nov 5 (412.441.3800 x211). Cost options:

- 1. Friday-Saturday Shared Bath | \$70
- 2. Friday-Saturday Private Bath | \$110
- 3. Friday-Sunday Shared Bath | \$85
- 4. Friday-Sunday Private Bath | \$135

# **ELPC EVENTS**

#### Volunteers Needed for Voter Registration Drive - Oct 7

The Justice Committee is sponsoring a *Voter Registration Drive* from 10:30 am-1 pm on Saturday, Oct 7 at ELPC. Zoom training will be provided. Contact Nancy Heastings (n.heastings@comcast.net) or Michele Bossers (michele2285@gmail.com) if you can volunteer to help.

#### Mission Opportunities with OHM: House Rehab - Oct 7

Our community mission partner, Open Hand Ministries, has resumed house rehab work days. No special skills are needed, just a desire to do some manual labor and enjoy fellowship while serving our neighbors! Volunteers are needed monthly on Saturdays (Oct 7, Nov 4, Dec 2) and weekly on Wednesdays from 9 am—3 pm. For more info, please contact Frank Bauerle (817.705.6856; frbauerle@yahoo.com) or Tim R a u f e r ( $4 \ 1 \ 2 \ . 9 \ 9 \ 9 \ . 4 \ 2 \ 6 \ 7$ ; traufer@openhandpittsburgh.org).

#### All Connections Potluck Lunch – Oct 15

Join the *Connections Group* for a potluck lunch on Sunday, Oct 15 at 12:15 pm in the Music Room. Sign up online at tiny.cc/connections-potluck, or use this QR code to indicate what food you can bring. Contact connectelpc@gmail.com for more info.

#### Volunteer Opportunity: Amen to Action – Oct 28

On Saturday, Oct 28, ELPC will be participating in packing food boxes for distribution throughout Allegheny County by the Greater Pittsburgh Community Food Bank. The event will be held at Pittsburgh Theological Seminary (616 N Highland Ave, 15206) from 8 am to Noon. This event is ideal for adults and families with children. Please register with the ELPC volunteer group by using this link: w w w . s i g n u p g e n i u s . c o m / go/10C0F4CADAA2EAAFCCF8-amen.

#### EECM Coat Drive - through Oct 13

You can help those in need by donating new or gently used winter coats to the *EECM Coat Drive*. Drop off new coats (with tags), and gently used coats, by Oct 13 at East End Cooperative Ministry (6140 Station Street, 15206, Entrance A) or at Highmark Whole Care (6033 Broad St, 15206).

You can also drop off used winter coats at StrongII Dry Cleaners (7620 Frankstown Ave, 15208) from Sept 5 to Oct 13 to have them cleaned for free.

StrongII will deliver the cleaned coats directly to EECM. Drop off the used coats in plastic bags and tell the clerk that they are for the *EECM Coat Drive*. Visit www.eecm.org for more info.