



# Taizé:

Prayerful Song & Quiet Meditation



**East Liberty  
Presbyterian Church**

[www.ELPC.church](http://www.ELPC.church)

**January 10, 2024 • 7:00 pm**

116 South Highland Ave  
Pittsburgh, PA 15206

**412.441.3800**



# Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.
- Come up onto the altar to sit and contemplate at a prayer station.
- Bring forward and lay on the altar steps, any symbol of your gratitude, prayers or an intentions.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

**Prelude by Gerard Rohlf**

**Welcome and Opening Centering by The Rev. BJ Woodworth**

## CLM24 Shout To God With Joy

*p* *f*

O Ju - bi - la - te De - o om - nis ter - ra!  
Shout to God with joy, all peo - ples of the earth!

*p* *f*

O Al - le - lu - ia, al - le - lu - ia!

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## CLM23 Jesus, Redeemer

Canon

1 2

Je - su, re - dem - ptor om - ni - um, tu — lu - men et splen - dor  
Je - sus, re - deem - er of the world, light and splen - dor of God the

*div.*

Pa - tris, ti - bi sit glo - ri - a, ti - bi Je - su sit glo - ri - a.  
Fa - ther, glo - ry and praise to you, all — glo - ry and praise to you.

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**Psalm 105:1-11** (*selected verses; from "Psalms for Praying" by Nan C. Merrill*)

**Sung Response: 3 Alleluia 11**

♩ = 104

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia! (hum)

(Al - le - lu - ia)

D.S.

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O give thanks to the Beloved,  
And open your hearts to Love.  
Awaken! Listen in silence  
For the voice of the Counselor.  
Sing praises with a glad heart  
And give witness to the truth with your lives!

**ALLELUIA**

Glory in the radiance of the Beloved;  
Let the hearts of those  
Who call upon you rejoice!  
Seek the One who is Life, your strength,  
Walk harmoniously in Love's Presence!

**ALLELUIA**

Remember that you are not alone,  
For through Love doubt and fear are released;  
O people of the earth, ever bear in mind  
The unity of diversity in the Divine Plan!

**ALLELUIA**

You are the Promise of our wholeness,  
You await our readiness to choose Life.  
Your covenant of Love stands firm  
Through all ages;  
You forgive us when we stray far from home.

**ALLELUIA**

Help us to learn to trust you,  
To untangle the webs of illusion  
That we have made.  
As we sift through our dreams,  
Guide us to the only Dream that brings peace,  
Knowing we belong to you.

**ALLELUIA**

Give us wisdom and courage  
To release all that binds us;  
For, to let go of what is built  
On illusion is to find new life.

**ALLELUIA**



## The Word/Meditation: Exodus 3:1-5 *(Inclusive Bible)*

Moses was tending the flock of his father-in-law Jethro, the priest of Midian. Leading the flock deep into the wilderness, Moses came to Horeb, the mountain of God.

The messenger of Yhwh appeared to Moses in a blazing fire from the midst of a thornbush. Moses saw — “The bush is ablaze with fire, and yet it isn’t consumed!” Moses said, “Let me go over and look at this remarkable sight — and see why the bush doesn’t burn up!”

When Yhwh saw Moses coming to look more closely, God called out to him from the midst of the bush: “Moses! Moses!”

Moses answered, “I am here.”

God said, “Come no closer! Remove the sandals from your feet, for the place where you stand is holy ground!”

## Quiet Meditation and Reflection *(lasting approximately 5-7 minutes)*

### Breath Prayer

*Inhale* — I am here.

*Exhale* — On holy ground.

**Breath Prayer** is an ancient practice that connects short phrases with our breathing, help ground us in this moment, focuses us and refreshes us body, mind, and soul.  
*On your inhale say or be mindful of the first phrase.*  
*On your exhale say or be mindful of the second phrase.*

You may also carry this with you throughout your week, and let this embodied practice hold you, knowing that many across space and time are breathing and praying with us.

## Words from Saints and Ancestors

The higher goal of spiritual living is not to amass a wealth of information, but to face sacred moments. What is retained in the soul is the moment of insight.

— *Abraham Joshua Heschel (1907-1972), Polish American Rabbi and one of the leading Jewish theologians and philosophers of the 20th century*

## CLM8 I Bless You, Lord, My God

Ben - di - go al Se - ñor por - que es - cu - cha mi voz. El Se -  
I bless you, Lord, my God, for you hear me when I call. You, O

ñor es mi fuer - za, con - fí - a mi co - ra - zón. Ben -  
Lord, are my strong - hold; I trust you with all my heart. I

(♩ Last time)

(♩ Last time)

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## Hoping in Season and out of Season by Brother Alois of Taizé

Humanity is able to move forward because of the multitudes of women and men who give themselves without counting the cost, even in times of upheaval and uncertainty.

People have become more aware of structures of injustice, sometimes inherited from the past. And unfortunately, power has not always been exercised to serve the good of all. In the face of such abuses, frustration and anger are comprehensible. Who will be daring enough to be creators of justice and peace beyond the divisions that are splitting our societies apart?

Yes, in the midst of the difficult realities of the present, we can glimpse reasons to hope, and even at times to hope against all hope. For this, we need to come together with others who have made different choices—with Christians from other denominations, with believers of other religions, and with people who are agnostic or atheist and who are also committed to solidarity and sharing.

Joy is renewed when we live as brothers and sisters, when we remain alongside the most deprived: the homeless, men and women who are elderly, ill or lonely, children in difficulty, people living with disabilities, migrants.... Life's circumstances can make us all vulnerable. And the pandemic is exposing the weak spots of our humanity.



## Prayers of Intercession

*If you would like to read aloud one of our prayers, please see our greeter in the back to volunteer before we begin.*

### Sung Response: NB42 Kyrie 7



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We pray for the world: for leaders of nations, that wisdom and integrity will prevail for the good of all people, especially the poor; for regions torn by conflict, that peace may reign and living become an enterprise of construction rather than destruction.

#### KYRIE

We pray for all people of faith: for the unity of the body of Christ, that divisions might not turn people away from the church; for Hindus, Muslims, Buddhists, and Jews, that wherever prayers are raised up, the one God of all will hear; for all people who nurture life in the name of a greater good.

#### KYRIE

We pray for our nation: for the president and Congress, the Supreme Court and all judges, for state governments, city councils, school boards, and all who have power to make policy, that all consideration be given to what is most healthy for all people and creatures.

#### KYRIE

We pray for those in need: for all who are hungry in our nation and world, for those who have no home and no employment, for those who are either unjustly or justly imprisoned, for parents and children who live in fear for any reason, and for all who are in mourning.

#### KYRIE

With thanksgiving, we remember all those who have shaped us in your ways, O God. Receive our prayers and grant whatever you see that your people need.

#### KYRIE



## Silent and Spoken Prayers

*Please feel free to add your spoken petitions.*

*A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentiality.*

*Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.*

### NB53 The Lord's Prayer

Our Fa - ther who art in heav - en, hal - lowed be thy name; thy king - dom come;

thy will be done, on earth as it is in heav - en. Give us this day our dai - ly bread;

for - give us our tres - pass - es as we for - give those who tres - pass a - gainst us;

lead us not in - to temp - ta - tion, but de - liv - er us from e - vil. For thine is the King - dom,

and the pow - er, and the glo - ry, for - ev - er and ev - er. A - men.



## Prayer over the Anointing Oil *(in unison)*

*We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.*

**Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.**



## 44 Give Peace

Canon  
♩ = 72

(A) Cm F Cm F

Da pa - cem cor - di - um. Da pa - cem cor - di - um. Da  
Give peace to ev - 'ry heart. Give peace to ev - 'ry heart. Give

(B) (C)

pa - - - - - cem. Da pa - - - - - cem. Da  
peace, \_\_\_\_\_ Lord. Give peace, \_\_\_\_\_ Lord. Give

## NB31 With You, O Lord

With you, O Lord, is life in all its full - ness, and  
in your light we shall see true light. With you, O Lord, is  
life in all its full-ness, and in your light we shall see true light.

The musical score is written for piano in 4/4 time with a key signature of three sharps (F#, C#, G#). It consists of three systems of staves. The first system has two staves, the second has two staves, and the third has two staves. The melody is primarily in the right hand, with accompaniment in the left hand. The lyrics are placed below the staves.

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## 16 Glory To God

$\text{♩} = 80$  (A) Dm Gm C F (B)  
Glo - ri - a, glo - ri - a, in ex - cel - sis De - o!  
Glo - ry to God, glo - ry to God, glo - ry in the high - est!

(C) (D)  
Glo - ri - a, glo - ri - a, al - le - lu - ia, al - le - lu - ia!  
Glo - ry to God, glo - ry to God, al - le - lu - ia, al - le - lu - ia!

The musical score is written for piano in 6/8 time with a key signature of one flat (Bb). It consists of two systems of staves. The first system has two staves, and the second has two staves. The melody is primarily in the right hand, with accompaniment in the left hand. The lyrics are placed below the staves. Chord symbols (A, B, C, D) are placed above the first staff, and (C, D) are placed above the second staff. A tempo marking of 80 is shown at the beginning.

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## Epiphany Prayer (in unison)

Loving God, in the journey of life, guide us by the star that leads to Jesus, the Christ, that we may return to you transformed by his love.

Leader: Thanks be to God. Amen.

People: Amen.

## Postlude by the Taizé Musicians (*depart as you so desire*)

# SPIRITUAL LIFE EVENTS

### Contemplative Prayer

Rev. BJ Woodworth will lead a time on Zoom of 30 minutes of communal silence and guided meditation on scripture. We will meditate on the Psalms, using the translation *Psalms for Praying* by Nan C. Merrill.

Mondays, 7:30 to 8 am

Meeting ID: 959 8065 3992 • Passcode: bestill

### Meditation Hour

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation.

Tuesdays, 6-7 pm

### Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

### JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

Jan 19, Feb 16, March 15, April 19, May 17, June 21

7:00-8:30 pm

### A Wintering Retreat – Feb 2 to 4

Join us for a time of rest and retreat, community and conversation and play and prayer from Feb 2-4 at Villa Maria Retreat Center. Lean into the simple, slow, and still rhythms of winter. The retreat schedule will flow naturally with morning, midday and evening prayers that gather us together and scatter us in time alone, inviting us into community and sending us into solitude, stillness, and silence. Consider the gift and invitation of winter in the words of Katherine May: *Plants and animals don't fight the*

*winter; they don't pretend it's not happening and attempt to carry on living the same lives that they lived in the summer. They prepare. They adapt. They perform extraordinary acts of metamorphosis to get them through.* (taken from "Wintering: The Power of Rest and Retreat in Difficult Times") RSVP to Norma by Jan 21 (412.441.3800 x211).

Cost options:

1. One Night (Fri-Sat or Sat-Sun) Shared Bath | \$70
2. One Night (Fri-Sat or Sat-Sun) Private Bath | \$110
3. Two Nights (Fri-Sun) Shared Bath | \$85
4. Two Nights (Fri-Sun) Private Bath | \$135

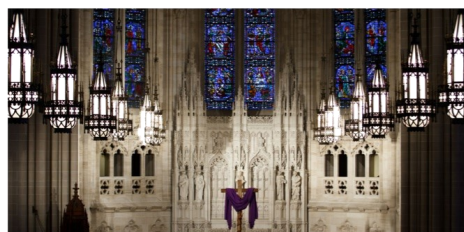
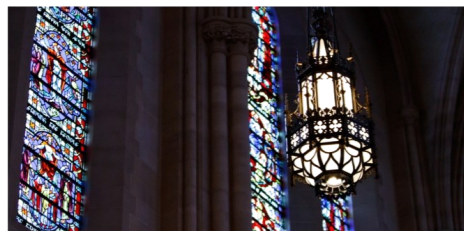
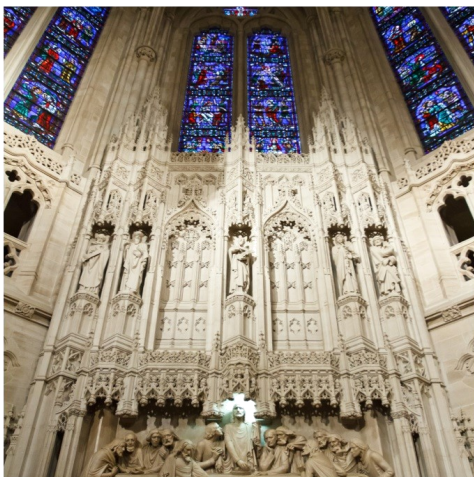
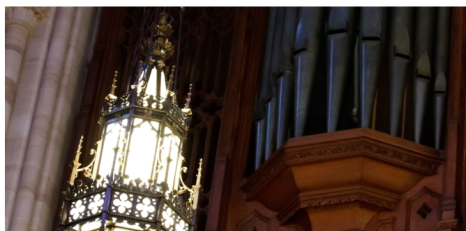


## The Rev. BJ Woodworth is Minister of Taizé Prayer at ELPC.

BJ is also Director of Spiritual Life Ministries and is available to provide spiritual direction to anyone who is a part of the ELPC community (attending Taizé makes YOU a part of that community).

He can be reached at:

412.441.3800 x241 • BJW@coh.net



*Please visit our website for more information about the ministries of East Liberty Presbyterian Church.*

**www.ELPC.CHURCH**

## INFORMATION ABOUT TAIZÉ

**ABOUT TAIZÉ:** Taizé is an international ecumenical prayer community in Taizé, France which was founded in 1940 by a young seminary student, Roger Schultz, as a place of hospitality and reconciliation during World War II. Today, thousands of young people come each week to Taizé to pray with the brothers and discern God's purpose for their lives. Taizé Prayer Pilgrimages and Intercontinental Meetings around the globe bring together thousands more in an effort to become the prayerful, reconciled presence of Christ wherever they live.

Taizé prayers at East Liberty Presbyterian Church were begun in the Spring of 1992 in preparation for an intercontinental meeting in Dayton. The experience proved to be so meaningful that we have continued to pray every Wednesday evening since then, inviting people of all backgrounds to join with us.

Taizé is located in eastern France, southeast of Paris, north of Lyons, due west of Geneva, Switzerland, between the towns of Chalon-sur-Saône and Macon. Here are the ways to get Taizé information:

<b>Address:</b>	Taizé Community, 71250 TAIZE, France
<b>To contact Taizé:</b>	community@taize.fr
<b>To visit Taizé:</b>	meetings@taize.fr
<b>List of useful info:</b>	info@taize.fr
<b>Web site:</b>	www.taize.fr
<b>Telephone:</b>	011-33 385 50 30 02 Fax: 011-33 385 50 30 16

**YOU ARE WELCOME AT EAST LIBERTY PRESBYTERIAN CHURCH:** Our congregation seeks to promote peace, justice and human dignity; to reflect a spirit of openness, sharing and learning in our ministry and mission; to build a richly diverse faith community that witnesses to our oneness in Christ across all boundaries of race, social class, ability, culture, age, gender and sexual identity. *(From our Strategic Plan.)*

**ELPC Web site:** www.ELPC.church  
**E-mail:** BJW@coh.net

You are welcome at any of our programs and worship services. It is possible to have more than one church home. Perhaps you would be interested in becoming a member or friend of this Church. If so, please speak to The Rev. BJ Woodworth, Minister of Taizé Prayer (BJW@coh.net or 412.441.3800 x241).