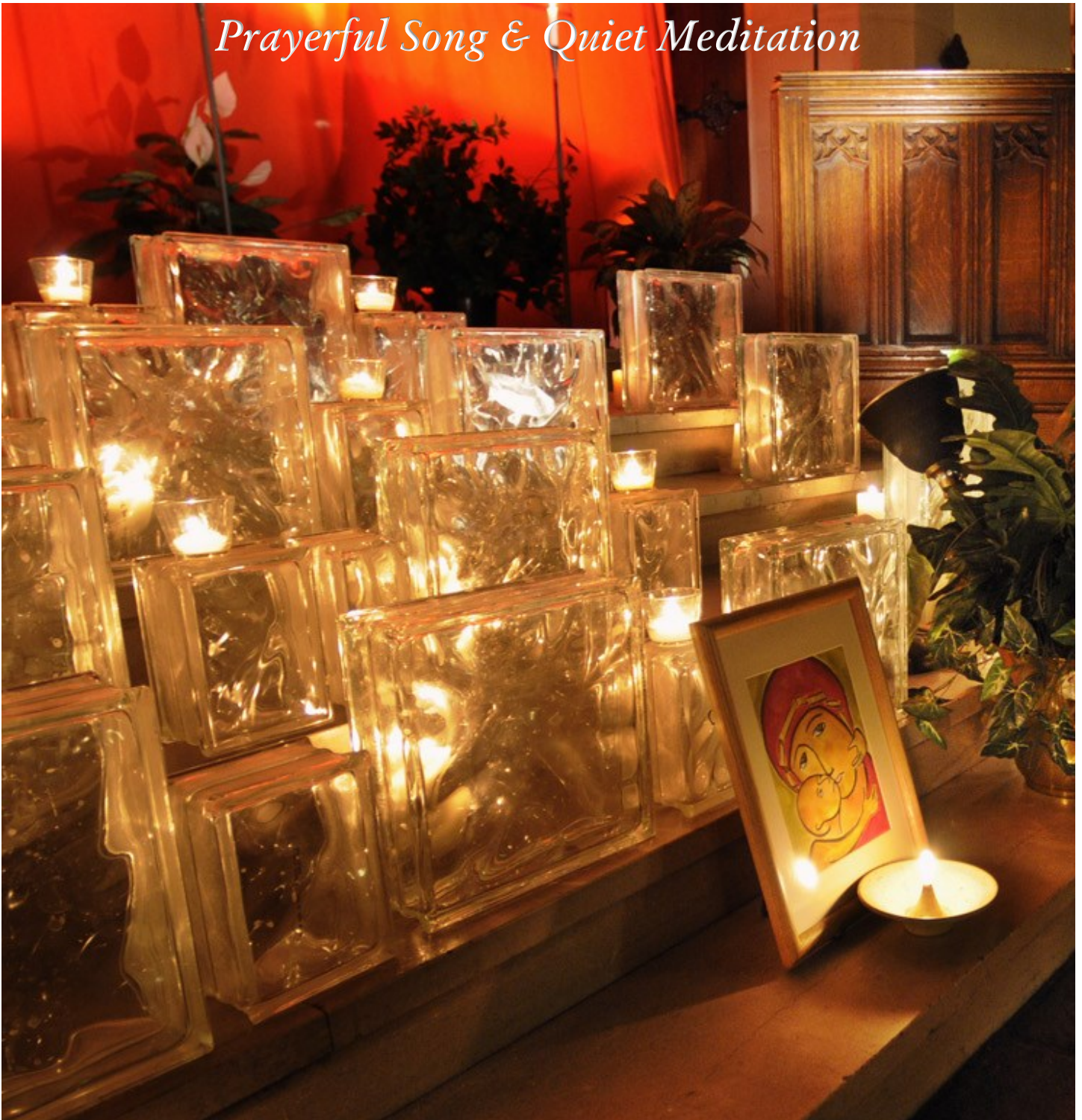


TAIZÉ:

Prayerful Song & Quiet Meditation



**East Liberty
Presbyterian Church**

www.ELPC.church

March 13, 2024 • 7:00 pm

116 South Highland Ave
Pittsburgh, PA 15206

412.441.3800



Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

Prelude by Gerard Rohlif

Welcome and Opening Centering by The Rev. BJ Woodworth

NB31 With You, O Lord

With you, O Lord, is life in all its full - ness, and

in your light we shall see true light. With you, O Lord, is

life in all its full-ness, and in your light we shall see true light.

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NB32 Your Word, O Lord

Your word, O Lord, is a light. My God, en - light - en my
C'est toi ma lam - pe, Sei - gneur. Mon Dieu é - clai - re ma té -

dark - ness. O Lord, my — God, en - light - en my dark - ness. O
nè - bre. Sei - gneur, mon — Dieu, é - clai - re ma té - nè - bre. Sei -

Lord, my — God, en - light - en my dark - ness. Your
gneur, mon — Dieu, é - clai - re ma té - nè - bre. C'est

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Psalms 45:1-8 (selected verses from "Psalms for Praying" by Nan C. Merrill)

Sung Response: CLM20 I Am Sure I Shall See

The musical score is written for a piano accompaniment in G major (one sharp) and 4/4 time. It consists of three systems of staves. The first system covers the lyrics 'I am sure I shall see the good-ness of the Lord in the'. The second system covers 'land of the liv-ing. Yes, I shall see the'. The third system covers 'good-ness of our God, hold firm, trust in the Lord. I am'. The score includes various musical notations such as treble and bass clefs, key signatures, time signatures, and dynamic markings like '(Last time ♪)'.

I am sure I shall see the good-ness of the Lord in the

land of the liv-ing. Yes, I shall see the

good-ness of our God, hold firm, trust in the Lord. I am

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I address my verses to the Heart of all hearts;
My tongue is like the pen of a ready scribe.
My heart overflows with gratitude and peace.

I AM SURE I SHALL SEE

You are the lodestar for humankind;
Grace springs forth from your Love;
You, who are closer than our breath,
Speak to us from the silence.

Those who listen and heed
Are blessed beyond belief!

I AM SURE I SHALL SEE

Put on the voice of authority, O Beloved,
Speak to us in your glory and grandeur!
With mercy and strength go forth
For the cause of Truth to teach Love's way;
With resolute authority awaken
Your people toward wholeness!

I AM SURE I SHALL SEE

Your ways are narrow,
And few there are who choose to follow;
Many stumble and fall all along the way.
Your Divine Presence
Endures forever and ever.
Your sovereign edict is ordained with justice;
Your love is unconditional, without reserve.

I AM SURE I SHALL SEE

Therefore, O Creator, O Heart of Love,
Anoint us with the oil of gladness
To share with all;
Your raiment is as fragrant blossoms,
Fruit of the earth,
Healing herbs from nature's bounty.

I AM SURE I SHALL SEE

Visual Meditation (*"Tending for the Body" by Phuc Luu, produced by The Work of the People*)

*During the season of Lent our meditations will be visual, spoken and written.
Notice where your own being is drawn in words or images.*

Quiet Meditation and Reflection (*lasting approximately 5-7 minutes*)



Breath Prayer

Inhale — I am here...


Exhale — at your feet...

Breath Prayer is an ancient practice that connects short phrases with our breathing, help ground us in this moment, focuses us and refreshes us body, mind, and soul.

On your inhale say or be mindful of the first phrase.

On your exhale say or be mindful of the second phrase.

You may also carry this with you throughout your week, and let this embodied practice hold you, knowing that many across space and time are breathing and praying with us.



"Tending for the Body" by Phuc Luu

*She took costly perfume
And poured it on his feet
Wiping it with her hair
Long, flowing
To touch him
With her heart
To love him just as he loved her brother
How he cared for Lazarus
How he wept for him
And called him out from
The depths of death
His voice that constantly calls her
Even from the pit
To tend to his body
As a preparation for a funeral
As a celebrant during communion
Sharing the pieces of his life
For all to taste and see*



9 Bless The Lord

♩ = 76

Dm G Dm B♭ C F A

p

Bless the Lord, my soul, and bless God's ho - ly name. _____

Dm G Dm B♭ C Dm

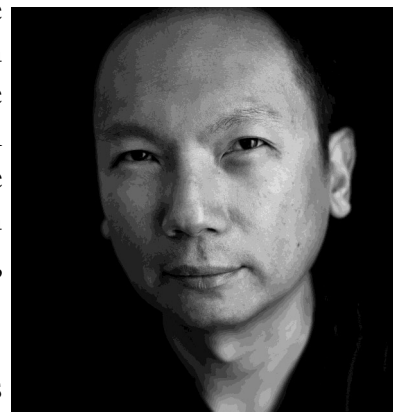
p

Bless the Lord, my soul, who leads me in - to life.

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Born in Vietnam and raised in Houston, Texas, Phuc Luu seeks the integration and writes about the intersection of art, philosophy, and theology. His work has appeared in the Amerasia Journal (UCLA), The Journal of Pastoral Care and Counseling, the Truett Journal of Church and Mission, and NPR's This I Believe. He has been interviewed by the Houston Chronicle on the subject of art and religion and has published on a variety of topics such as Medieval philosophy, pastoral care, theology and culture, philosophy of religion, and art and culture.

Phuc Luu holds advance degrees in theology and philosophy. He has served on the Nobel Peace Prize Committee for the American Friends Service Committee (Quakers) for seven years as a task group member. He has taught philosophy and theology at Sam Houston State University and Houston Baptist University and working on a forthcoming book, Jesus of the East.



The Visual Liturgy was produced by, The Work of the People, www.workofthepeople.com.

Prayers of Intercession

If you would like to read aloud one of our prayers, please see our greeter in the back to volunteer before we begin.

Sung Response: 31 Give To Us Your Peace

Do - na no - bis pa - cem Do - mi - ne.
Give to us your peace, O Je - sus Christ.

The musical score is for a song in 4/4 time, marked with a tempo of 72 beats per minute and a mezzo-piano (mp) dynamic. It features a treble and bass staff. The melody is simple, using whole and half notes. Chords are indicated above the staff: Am, C, Dm, E♭, and E. The lyrics are written below the staff, with hyphens indicating syllables across notes.

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We thank you for the witness of Mary pouring out all of herself at your feet. Teach us to give our time, our resources, and our worship, to you with the abandonment and sacrifice of Mary.

GIVE TO US YOUR PEACE

We celebrate your care and the gift of newness in our lives. We thank you for recovery from illness or injury; for calm after a time of unrest or turmoil; for a sense of direction after uncertainty; for a new life; for new opportunities. We thank you, O God.

GIVE TO US YOUR PEACE

We pray for people who wait in difficult places. For those who are suffering and those at life's end; for people struggling with employment and financial worries; for those estranged from loved ones; for those trapped in the grip of addiction; for people enduring emotional or spiritual turmoil. Make a way in every wilderness people face, O God.

GIVE TO US YOUR PEACE

We pray for the needs of the world. May peace invade places of war and injustice; crowd out oppression and cruelty. Protect soldiers and citizens alike from harm's way and make all conflicts cease. Bless leaders of communities, states, and nations, that they may speak the truth and work with others for the common good of all people.

GIVE TO US YOUR PEACE

Pour out healing on the earth itself, depleted and injured by our careless consumption and intentional greed. Comfort those devastated by natural disasters; strengthen those supplying shelter, food, and aid.

GIVE TO US YOUR PEACE

Amidst the chaos of this world, and our not knowing what to pray, we ask your Spirit to intercede with sighs too deep for words and we thank you, O God: that you are making all things new.

GIVE TO US YOUR PEACE

Silent and Spoken Prayers

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentiality.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

NB53 The Lord's Prayer

Our Fa - ther who art in heav - en, hal - lowed be thy name; thy king - dom come;

thy will be done, on earth as it is in heav - en. Give us this day our dai - ly bread;

for - give us our tres - pass - es as we for - give those who tres - pass a - gainst us;

lead us not in - to temp - ta - tion, but de - liv - er us from e - vil. For thine is the King - dom,

and the pow - er, and the glo - ry, for - ev - er and ev - er. A - men.

Prayer over the Anointing Oil *(in unison)*

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in bearing prayer concerns, anointing happens to the left in the columbarium.

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.



* O Lord, The Night Is Upon Us

Gerard Rohlf

Gerard Rohlf

♩=60 Cm Eb F Fm Bb Bb Bb7 Eb G ,

O Lord, the night is___ up - on us___ Dim the path lies beck-on-ing be- fore.___

5 Cm Cm7 F(SUS4) F7 Bb7 Eb Fm Abmaj7 Ab6 G(SUS4) G G7

We can but es-pouse Your pre-cious Name. We em-brace the hush as we ad- ore.___

(Whispering Tone. . .)

44 Give Peace To Every Heart

Canon
♩ = 72

Da pa - cem cor - di - um. Da pa - cem cor - di - um. Da
Give peace to ev - 'ry heart. Give peace to ev - 'ry heart. Give

pa - - - - - cem. Da pa - - - - - cem. Da
peace, Lord. Give peace, Lord. Give

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* Amazing Grace

NEW BRITAIN

1. A - maz - ing grace! How sweet the sound That saved *a
2. 'Twas grace that taught my heart to fear, And grace my
3. The Lord has prom - ised good to me, His word my
4. Through man - y dan - gers, toils, and snares, I have al -
5. When we've been there ten thou - sand years, Bright shin - ing

1. wretch like me! I once was lost, but
2. fears re - lieved; How pre - cious did that
3. hope se - cures; He will my shield and
4. read - y come; 'Tis grace has brought me
5. as the sun, We've no less days to

1. now am found, Was blind but now I see.
2. grace ap - pear The hour I first be - lieved!
3. por - tion be As long as life en - dures.
4. safe thus far, And grace will lead me home.
5. sing God's praise Than when we'd first be - gun.

*Alternate text: "and set me free!"

Text: CM; verses 1-4, John Newton, 1725-1807; verse 5, anon., fr. *A Collection of Sacred Ballads*, 1790.
Music: *Columbian Harmony*, 1829.

Unison Lenten Prayer *(adapted from Jan Richardson in "Circles of Grace")*

In this Lenten season,
let us remember we were built for this ancient path,
inscribed upon our bones,
the persistent pattern echoing in our heartbeats.

Let this be the season where we turn our faces
towards the One who calls to us:

Return, return.

May we open wide our arms to the wind
that knows how to bear us home.

Leader: Thanks be to God. Amen.

People: Amen.

Postlude by the Taizé Musicians *(depart as you so desire)*



SPIRITUAL LIFE & CHURCH EVENTS

Contemplative Prayer

During Lent, Pastor BJ will be practicing *Centering Prayer*, “a method of silent prayer that prepares us to receive the gift of contemplative prayer, prayer in which we experience God’s presence within us, closer than breathing, closer than thinking, closer than consciousness itself.” (*from Contemplative Outreach*).

Mondays, 7:30 to 8 am

Meeting ID: 959 8065 3992 • Passcode: bestill

Meditation Hour

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation.

Tuesdays, 6-7 pm

Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

March 15, April 19, May 17, June 21
7:00-8:30 pm

Soup & Sustenance – Thursdays

Join us from 5:30– 6:45 pm any Thursday (through March 28) in the McKelvy Room for soup, bread and fellowship. Soup and bread are provided; if you want to volunteer to bring a soup one week, contact Pastor BJ (BJW@coh.net).

Food Drive

Please bring canned goods to worship throughout the season of Lent for the EECM Food Pantry.

COMMUNITY EVENTS

Healing with Nature Mosaic Project – Begins April 6

Participants of all ages will be guided through soulful self-reflections, vehicles for creative expression, and tender encounters with the natural world and one another during the *Healing with Nature Mosaic Project*, a program designed to respond to the human experience of grief and loss through the healing power of nature and creative expression. This free six-week, ten session program at the Frick Environment Center is held on Saturdays from 1-3 pm, and Thursdays from 4-6 pm, beginning Saturday, April 6 and ending Thursday, May 9. To register, visit <https://tinyurl.com/HealingWithNatureMosaicProject>. For more info, contact Susan Spangler (sspanglerlcs@gmail.com) or Ted Cmarada (cmara@gmail.com).

Animating Antiracist Ways of Being Workshop – April 10/11

The Anti-Racism Transformation Team (ARTT) of the Pittsburgh Presbytery is sponsoring a free workshop from 9 am-1 pm on Zoom on Wednesday, April 10, and Thursday, April 11, presented by Crossroads Anti-Racism Organizing and Training. This workshop will build a shared understanding of how inherited systemic racism operates within institutions, and begin to provide tools for imagining solutions. Open to the first 40 registrants only, and registration closes on Thursday, April 4. For more info, contact arttpittsburgh@gmail.com. Register at <https://form.jotform.com/232636150221040>.

The Rev. BJ Woodworth is Minister of Taizé Prayer at ELPC.

BJ is also Director of Spiritual Life Ministries and is available to provide spiritual direction to anyone who is a part of the ELPC community (attending Taizé makes YOU a part of that community).

He can be reached at:
412.441.3800 x241
BJW@coh.net

LABYRINTH available in LENT

You are invited to come and walk the labyrinth on the stage in the Social Hall, through March 26.

