

TAIZÉ:

PRAYERFUL SONG AND
QUIET MEDITATION

May 1, 2024 • 7:00 pm

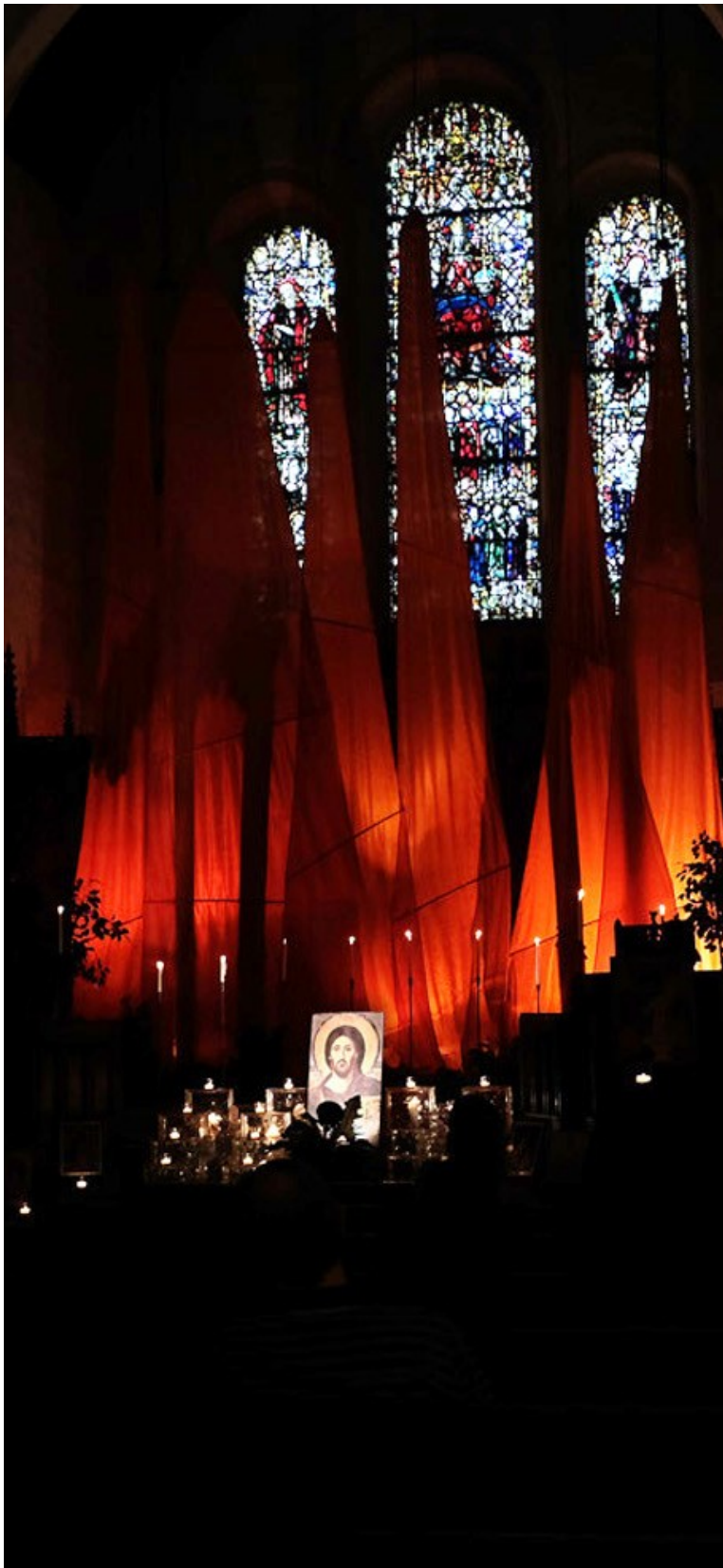


**East Liberty
Presbyterian Church**

www.ELPC.church

116 South Highland Ave
Pittsburgh, PA 15206

412.441.3800



Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

Prelude by Gerard Rohlif

Welcome and Opening Centering by The Rev. BJ Woodworth

10 Sing Praises To The Lord

Canon

$\text{♩} = 100$ Cm G Cm Fm G

(A) (B) (C)

Can - ta - te Do - mi - no. Al - le - lu - ia, al - le - lu - ia! Ju - bi - la - te De - o.
Sing__ prais - es to the Lord. Al - le - lu - ia, al - le - lu - ia! Sing in joy and glad - ness.

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CLM31 I Delight And Rejoice

O Que j'e - xul - te et ju - bi - le en ton a - mour!
I de - light and re - joice in your love!

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Psalms 22 (excerpts from "Psalms for Praying" by Nan C. Merrill)

Sung Response: 2 Alleluia 7

♩ = 116

1. 2. D.C.

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia. Al - le - lu - ia! (hum) —

The image shows a musical score for a sung response. It consists of two staves, a treble clef on top and a bass clef on the bottom. The time signature is 3/4. The key signature has one flat (B-flat). The tempo is marked as ♩ = 116. The score is divided into two parts, labeled '1.' and '2.', and ends with 'D.C.' (Da Capo). The lyrics are written below the notes: 'Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia. Al - le - lu - ia! (hum) —'. The melody is simple and repetitive, with a final hummel note.

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To you, O Beloved, I lift up my voice
In the great congregation;
For you promise to remain
With those whose love is steadfast.
The hungry shall eat and be satisfied;
Those who seek you shall sing praise!
Your Heart is our dwelling place forever!

ALLELUIA

All the ends of the earth shall remember
And turn to Love's way;
And all the families of the nations
Shall bow down with grateful hearts.
For power and authority belong to the Most High,
Who rules over the nations.

ALLELUIA

Yes, the proud of the earth shall be humbled,
While those who still live in fear and illusions
Will separate themselves not knowing
The indwelling peace of the Beloved.

ALLELUIA

Posterity shall know and serve Love,
Telling of the One who abides in all
To the coming generations,
And proclaiming deliverance to a people yet unborn
That the Most High dwells among us.

ALLELUIA

Scripture for Meditation: 1 John 4 *(selected verses; Inclusive Bible Translation)*

Beloved, let us love one another because love is of God; everyone who loves is begotten of God and has knowledge of God. Those who do not love, know nothing of God, for God is love. Love consists of this: not that we have loved God, but that God has loved us and has sent the Only Begotten to be an offering for our sins. Beloved, if God has loved us so, we must have the same love for one another. No one has ever seen God. Yet if we love one another, God dwells in us, and God's love is brought to perfection in us. We have come to know and believe in the love God has for us. God is love, and those who abide in love abiding God, and God in them there is no fear in love, for perfect love drives out fear. We love because God first loved us. If we love God, we should love our sisters and brothers as well.

Quiet Meditation and Reflection *(lasting approximately 5-7 minutes)*



Breath Prayer

Inhale — Abiding in Love ...

Exhale — I release fear...

Breath Prayer is an ancient practice that connects short phrases with our breathing, help ground us in this moment, focuses us and refreshes us body, mind, and soul.

On your inhale say or be mindful of the first phrase.

On your exhale say or be mindful of the second phrase.

You may also carry this with you throughout your week, and let this embodied practice hold you, knowing that many across space and time are breathing and praying with us.



Words from Saints and Ancestors

Love takes off the masks we fear we cannot live without, and we cannot live within.

— James Baldwin (1924-1987)
American writer and civil rights activist

CLM30 Nothing Can Ever

Musical score for the hymn "Nothing Can Ever". The score is written for voice and piano in G major and 4/4 time. It consists of three systems. The first system contains the first line of the melody and accompaniment with the lyrics: "Noth - ing can ev - er come be - tween us and the love of God, the". The second system contains the second line of the melody and accompaniment with the lyrics: "love of God re - vealed to us in Christ Je - sus." Both systems end with a fermata and the instruction "(Last time)". The third system contains the final two measures of the piece, which are sustained chords in both hands, with the letter "O" written below the notes.

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**Christ Jesus, in your Gospel we find
a hope for all human beings.**

**The Kingdom, the Life of God in
fullness, is already present among
us and within us.**

**Even if we sense hardly anything of
your presence, we place our trust in
you. And your love and your joy can
blossom in our lives.**

(Brother Alois of Taizé)

Prayers of Thanksgiving & Intercession

If you would like to read aloud one of our prayers, please see our greeter in the back to volunteer before we begin.

Sung Response: 28 Come And Fill Our Hearts

The musical score is written for a 3/4 time signature with a key signature of one sharp (F#). The tempo is marked as quarter note = 66. The score consists of two systems of music, each with a vocal line and a piano accompaniment line. The first system has a tempo of 66 and a key signature of one sharp. The second system has a tempo of 66 and a key signature of one sharp. The lyrics are: Con - fi - te - mi - ni Do - mi - no quo - ni - am bo - nus. Come and fill our hearts with your peace. You a - lone, O Lord, are ho - ly. Con - fi - te - mi - ni Do - mi - no, al - le - lu - ia! Come and fill our hearts with your peace, al - le - lu - ia!

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O God, we give you thanks for your Holy Spirit whose work at creation continues in us. Through Jesus the Christ you have shown your love for this earth you made. We pray that all the world may know the depths of your love and goodness.

COME AND FILL OUR HEARTS

Word of Life, reveal the wonder of your world to all people. Show us anew what lives around us, over us, beneath us, within us. Enliven the church with your Spirit that we may honor your earth with responsible care.

COME AND FILL OUR HEARTS

Almighty God, uphold our sisters, brothers, and siblings who endure disasters caused by weather, war, famine, sickness, or greed. Strengthen all who are in peril. You are a refuge and strength, a very present help in time of trouble.

COME AND FILL OUR HEARTS

Giver of all good things, bring trust and sympathy to the nations of the world. Let peacemakers reign wherever there is conflict, give wisdom to leaders and hope to the poor.

COME AND FILL OUR HEARTS

Good healer, we pray for all who are in need of comfort. Comfort those who mourn; uphold those who are sick, or holding vigil, or awaiting words of hope and all those whose needs are known only to you.

COME AND FILL OUR HEARTS

Silent and Spoken Prayers

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

NB53 The Lord's Prayer

Our Fa - ther who art in heav - en, hal - lowed be thy name; thy king - dom come;

thy will be done, on earth as it is in heav - en. Give us this day our dai - ly bread;

for - give us our tres - pass - es as we for - give those who tres - pass a - gainst us;

lead us not in - to temp - ta - tion, but de - liv - er us from e - vil. For thine is the King - dom,

and the pow - er, and the glo - ry, for - ev - er and ev - er. A - men.

Prayer over the Anointing Oil *(in unison)*

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in bearing prayer concerns, anointing happens to the left in the columbarium.

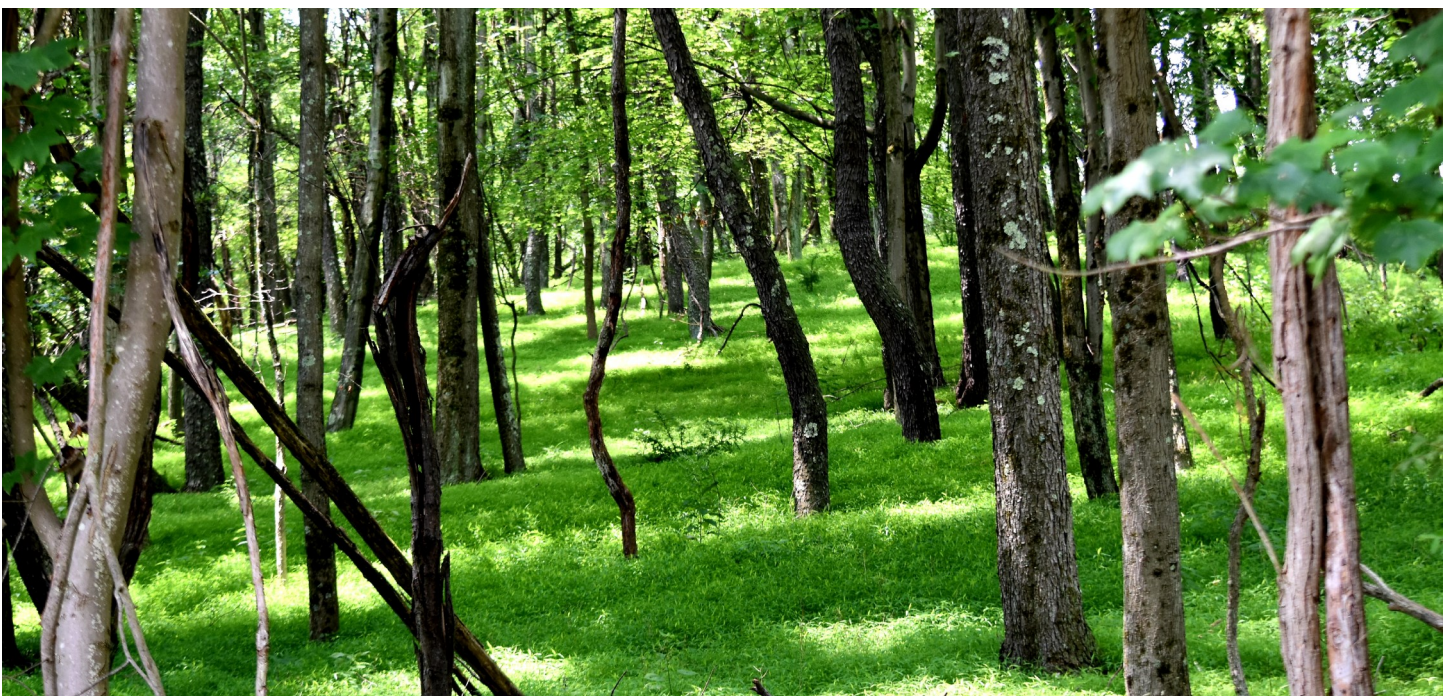
Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.



NB9 Christ Of Compassion

O ————— Je - su — Chri - ste in te con - fi - do.
Christ of com - pas - sion, O ————— Lord God, I trust you.

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CLM9 God Is Forgiveness



Bóg jest mi - łoś - cią miej - cie od - wa - gę żyć dla mi - łoś - ci.
God is for - give - ness. Dare to for - give and God will be with you.



Bóg — jest mi - łoś - cią. Nie lę - kaj - cie się.
God — is for - give - ness. Love, and do not fear.

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G86 Praise, Praise, Praise The Lord

Praise, praise, praise the Lord! Praise God's ho - ly name. Al - le - lu - ia!
Lou - ez le Sei - gneur! Lou - ez son saint nom. Al - le - lu - ia!

Praise, praise, praise the Lord! Praise God's ho - ly name. Al - le - lu - ia!
Lou - ez le Sei - gneur! Lou - ez son saint nom. Al - le - lu - ia!

The first system of music consists of three staves. The top staff is a treble clef with a 4/4 time signature, containing a melodic line. The middle staff is a treble clef with a 4/4 time signature, containing a harmonic accompaniment. The bottom staff is a bass clef with a 4/4 time signature, containing a harmonic accompaniment. The lyrics are written below the staves.

Praise God's ho-ly name. Al-le-lu-ia! Praise God's ho-ly name. Al-le-lu-ia!
Lou - ez son saint nom. Al-le-lu-ia! Lou - ez son saint nom. Al-le-lu-ia!

Praise God's ho-ly name. Al-le-lu-ia! Praise God's ho-ly name. Al-le-lu-ia!
Lou - ez son saint nom. Al-le-lu-ia! Lou - ez son saint nom. Al-le-lu-ia!

The second system of music consists of three staves. The top staff is a treble clef with a 4/4 time signature, containing a melodic line. The middle staff is a treble clef with a 4/4 time signature, containing a harmonic accompaniment. The bottom staff is a bass clef with a 4/4 time signature, containing a harmonic accompaniment. The lyrics are written below the staves.

TEXT: Cameroon song
MUSIC: Cameroon melody; arr. Ralph M. Johnson, 1994
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LOUEZ LE SEIGNEUR
Irregular

Closing Unison Blessing

Be with us, risen Christ, at the close of this day. Enter into our hearts and fill them with your peace so that we may rejoice and rest in your presence.

Leader: Thanks be to God. Amen.

People: Amen.

Postlude by the Taizé Musicians *(depart as you so desire)*

SPIRITUAL LIFE & CHURCH EVENTS

Contemplative Prayer

Pastor BJ will be practicing *Centering Prayer*, “a method of silent prayer that prepares us to receive the gift of contemplative prayer, prayer in which we experience God’s presence within us, closer than breathing, closer than thinking, closer than consciousness itself.” (from *Contemplative Outreach*).

Mondays, 7:30 to 8 am

Meeting ID: 959 8065 3992 • Passcode: bestill

Meditation Hour

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation.

Tuesdays, 6-7 pm

Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm (not held on May 15)

JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

May 17, June 21, July 19, Aug 16,

Sept 20, Oct 18, Nov 15, Dec 27

7:00-8:30 pm

Attending to Wilderness: A Day Retreat

Join us for a contemplative retreat on Saturday, June 1 from 9 am–4 pm at Jennings Environmental Center (2951 Prospect Rd, Slippery Rock, PA 16057).

There will be time in groups and in solitude, time for creative expression, prayer, and integrating what we discover within ourselves and our natural environment. We will be led by Megan Shelly, a spiritual director and the founder of bewilderpgh (bewilderpgh.com), where she designs and leads retreats and contemplative backpacking trips. The cost is \$40. Beverages, snacks, and lunch will be provided. RSVP to Norma by Sunday, May 19 (412.441.3800 x211).

There will be
NO CATHEDRAL YOGA or TAIZÉ SERVICE
on Wednesday, **MAY 15** due to ELPC hosting the
National Festival of Homiletics Conference May 13-16.

Due to the route of the Pittsburgh Marathon, ELPC will not hold worship services on Sun, May 5.

Find Out How the Wildflowers Grow – May 4

Each spring a group of dedicated members and friends refresh the Highland Ave entrance, the courtyard and the rain garden. Join us on Saturday, May 4 from 9 am-1 pm to tidy up the church landscaping. Green thumbs are not required. Just bring your energy, curiosity, and a pair of work gloves to the Highland driveway around 9 am. Email Don Breitbarth (donbreitbarth@gmail.com) to help.

Environmental Book Study – May 9

The Environmental Team of the Justice Committee invites you to read *The Intersectional Environmentalist: How to Dismantle Systems of Oppression to Protect People + Planet* by Leah Thomas, and then join a book discussion on Thursday, May 9 at 7 pm on Zoom. Contact Nancy Heastings (n.heastings@comcast.net) for info and link.

Pride Informational Fellowship Time – May 12

Stop by the Fellowship Room after the 11 am service on Sunday, May 12 to get a snack and all the info you need to know to participate in *Pittsburgh Pride* this summer.

VACATION CHURCH SCHOOL

June 24 to 28

Vacation Church School at ELPC will be held June 24–28 from 9 am–3 pm for children in pre-K (age 4 and potty-trained) through grade 5 (completed). Our theme this summer is *Seekers in Sneakers: Discover Jesus!* and children will use their investigative skills to discover Jesus and explore the stories of those who experienced and brought about change in the world around them after an encounter with Jesus. Spots are filling up fast, so don’t delay, register today!

Youth in grades 6-12 are invited to serve as volunteers, and adult volunteers of all ages will be needed to help ensure our program is a success!

Campers and volunteers can register at ELPC.church.

