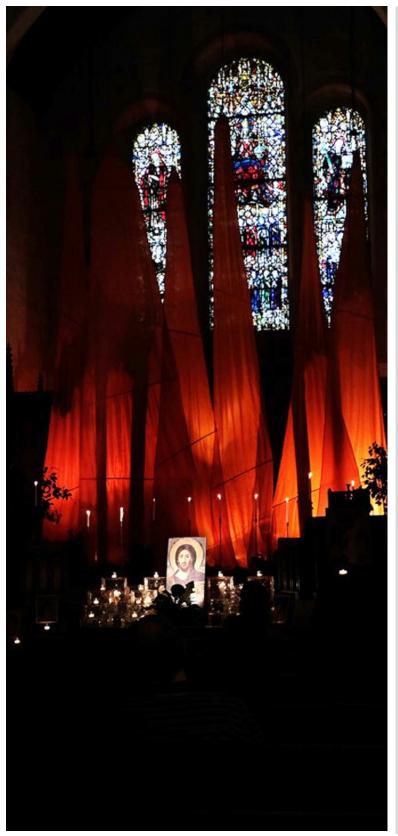
# TAIZÉ:

PRAYERFUL SONG AND QUIET MEDITATION



June 5, 2024 • 7:00 pm

116 South Highland Ave Pittsburgh, PA 15206 **412.441.3800** 



# Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

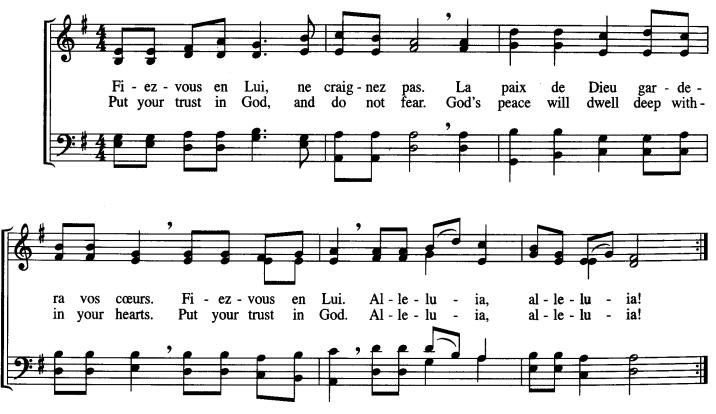
- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

# **Prelude by Gerard Rohlf**

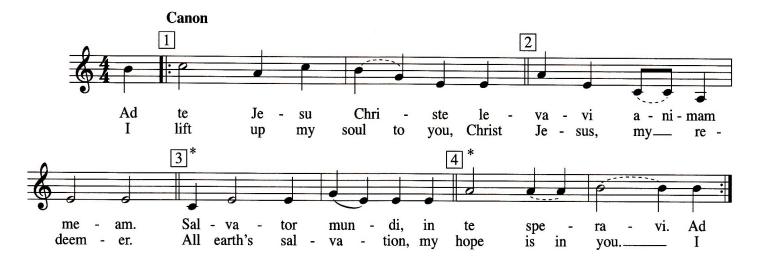
Welcome and Opening Centering by The Rev. John Titus

# **CLM18 Put Your Trust In God**



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# CLM1 I Lift Up My Soul To You



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### Sung Response: NB37 Alleluia 1



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I give you thanks, O Blessed One, With my whole heart; Before all the people I sing your praise; I was humbled when I came to see That you dwell in me, In the sacred chapel of all souls; My gratitude knows no bounds! ALLELUIA

For you are the Holy One, The Life of our life. On the day that I called, You answered me; The strength of my soul you increased. ALLELUIA

All the leaders of the earth Shall one day praise you, When your Spirit awakens in every heart; And they shall proclaim The new dawn of Light and Love. Great will be the radiation of your Glory! ALLELUIA For even as you are the Most High, You are Friend to the lowly; The arrogant close their hearts To your love and guidance. ALLELUIA

Though I walk in the midst of trouble, You preserve my life; You are a very Presence As I face my fears and doubts; Your strength upholds me. ALLELUIA

You guide me as I pray To fulfill my purpose on earth; You do not forsake those who call upon you. Your steadfast Love and Truth Endures forever.

### ALLELUIA

# Scripture for Meditation: 2 Corinthians 4:16b-5:3a (Inclusive Bible Translation)

Though this physical self of ours may be falling into decay, the inner self is renewed day by day. These light and momentary troubles train us to carry the weight of an eternal glory which will make these troubles insignificant by comparison. And we have no eyes for things that are visible, but only for things that are invisible; visible things last only for a time, but the invisible are eternal.

For we know that when our earthly tent is folded up, there is waiting for us a house built by God, an everlasting home in the heavens, not made by human hands. And while in this tent, we lament – longing to be clothed with our heavenly home.

## **Quiet Meditation and Reflection** (lasting approximately 5-7 minutes)



**Breath Prayer** is an ancient practice that connects short phrases with our breathing, help ground us in this moment, focuses us and refreshes us body, mind, and soul.

On your inhale say or be mindful of the first phrase. On your exhale say or be mindful of the second phrase. You may also carry this with you throughout your week, and let this embodied practice hold you, knowing that many across space and time are breathing and praying with us.



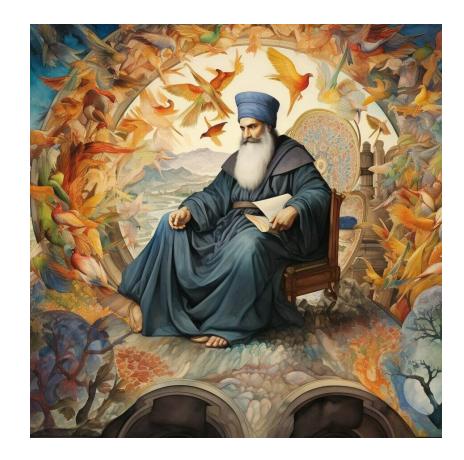
# **Breath Prayer**

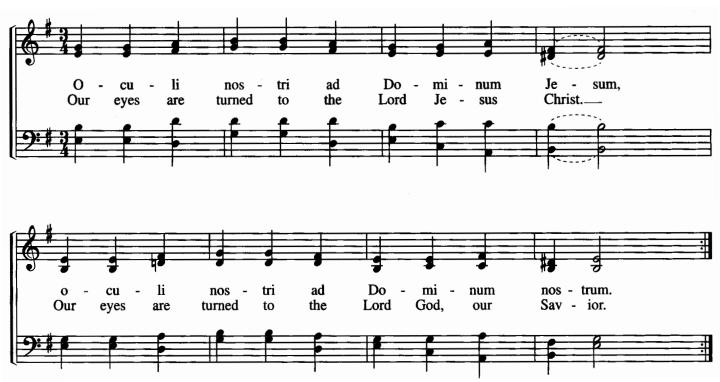
Inhale — Lamenting and longing ...

*Exhale* — clothe me ...

# **Words from Saints and Ancestors**

At birth, you were cut from your bed, crying and grasping in separation. Everyone listens, knowing your song. You yearn for others who know your name, and the words to your lament. We are all the same, all the same, longing to find our way back; back to the one, back to the only one. - Rumi (1207-1273) a Sufi mystic, Islamic scholar and Iranian poet



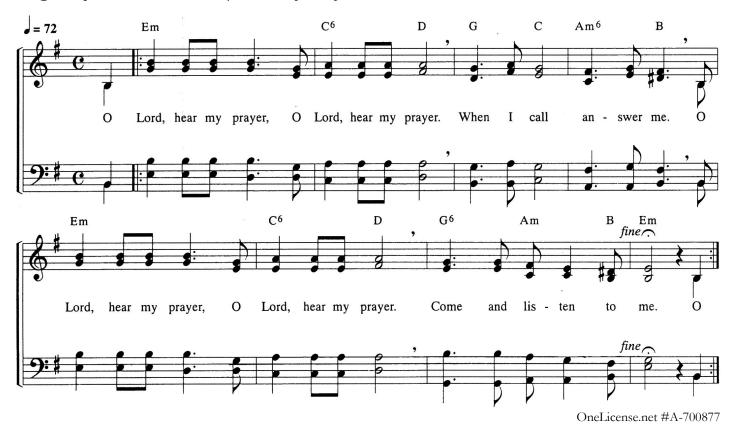


### NB17 Our Eyes Are Turned

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# **Prayers of Intercession**

If you would like to read aloud one of our prayers, please see our greeter in the back to volunteer before we begin.



# Sung Response: 20 O Lord, Hear My Prayer

God, who is in the midst of us, hears us even before we say a word. Hear our lamenting and longing. Come to us. Walk with us. Be with us.

# O LORD, HEAR MY PRAYER

Hear our prayers of longing for God's Shalom to come on earth as it is in heaven... O LORD, HEAR MY PRAYER

Hear our prayers for the needs of those gathered in this space tonight... O LORD, HEAR MY PRAYER

Hear our prayers for interpersonal reconciliation...

## O LORD, HEAR MY PRAYER

Hear our prayers for the world struggling with war, poverty, and injustice... O LORD, HEAR MY PRAYER

Hear our prayers for our own personal struggles that lie deep within us, and you alone know...

## O LORD, HEAR MY PRAYER

Hear our prayers of gratitude and thanksgiving...

## O LORD, HEAR MY PRAYER

# **Silent and Spoken Prayers**

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

# **NB53 The Lord's Prayer**



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# Prayer over the Anointing Oil (in unison)

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.

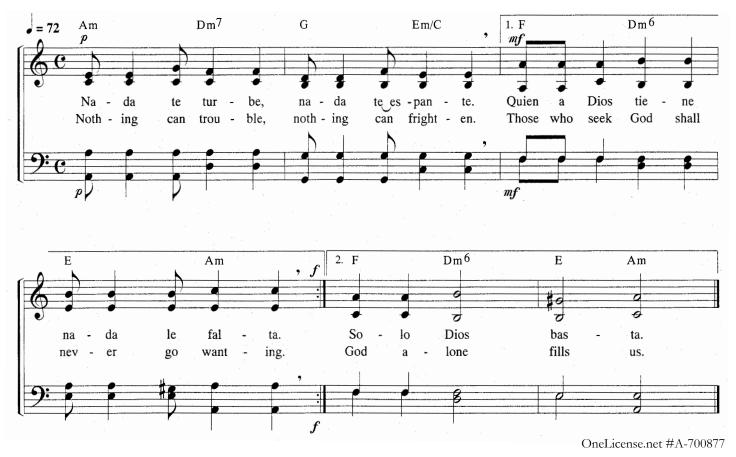


#### In God a-lone my soul can find rest and peace, in God my peace\_ and joy. Mon â - me se re - po- se en paix sur Dieu seul: lui de vient mon\_\_\_ sa lut. 介 Last time On - ly in God my soul can find its rest,find its rest\_ and peace. In Oui, sur Dieu seul mon â - me se re-po-se, se re-po se en paix. Mon Last time

### **NB8 In God Alone**

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# 29 Nothing Can Trouble



# How is it Possible to Reach Inner Silence?

Sometimes we are apparently silent, and yet we have great discussions within, struggling with imaginary partners or with ourselves.

Calming our souls requires a kind of simplicity: "I do not occupy myself with things too great and too marvelous for me."

Silence means recognizing that my worries can't do much.

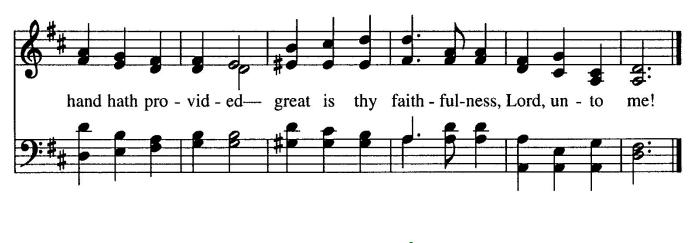
— Brother Alois of Taizé

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\* Great Is Thy Faithfulness



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# **Closing Unison Prayer**

God, all through this day you have watched over me on the streets of my busy schedule, nourished me with blessings that I cannot count. Still your faithfulness does not sleep nor slumber but continues even when the sun goes down. What a blessing to dwell in your presence! In your presence, I lay down today's burdens and take rest.

Leader: Thanks be to God. Amen. **People: Amen.** 

Postlude by the Taizé Musicians (depart as you so desire)

# **CHURCH EVENTS**

#### **Meditation Hour**

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation.

Tuesdays, 6-7 pm

#### **Cathedral Yoga**

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

#### **JourneyDance**

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

June 21, July 19, Aug 16, Sept 20, Oct18, Nov 15, Dec 27 • 7:00-8:30 pm

# Donations for Chapel Market

The Chapel Market is in need of: men's and women's deodorant, men's and women's Depends (L and XL) men's underwear (M, L and XL), in addition to toothpaste, body wash, shampoo, razors, toilet paper, lotion, etc., in addition to summer clothing for men, woman and children. Donations can be left at the Highland Lobby, or dropped off at the Chapel Market when open (first and third Tuesday of each month from 5–7 pm, or Thursdays from 10 am–12 pm).



# *Celebrating* **The Rev. Dr. Patrice Fowler-Searcy**

We are pleased to announce that our pastor, The Rev. Patrice L. Fowler-Searcy, will receive the Doctor of Ministry degree from PTS at the end of this month. We at ELPC are appreciative of her ministry and her dedication and commitment to this significant achievement. To that end, the Mission Board of ELPC, along with the congregation, will recognize and celebrate **Dr. Patrice** on Sunday,



June 9 in our 10 am worship service in the Courtyard, and afterwards with lunch in our Social Hall.

We hope you'll be able to join us in the celebration. We ask that you RSVP to Gloria Knopp (GloriaK@coh.net; 412.441.3800 x222) so we can plan for food accordingly.

We will be including a cookie table with homemade cookies. If you would like to make 2-4 doz. cookies (plated and labeled), please contact Shirley Fair (faird11@yahoo.com; 412.613.7729).

If you would like to volunteer to help set-up or cleanup, contact Carol Chonoska (carolchonoska@gmail.com; 724.272.9722) or Michele Bossers (412.303.9243; michele2285@gmail.com).



#### **Celebrating Juneteenth – Parade on June 15**

Juneteenth (June 19) gained federal holiday recognition in 2021, but has been celebrated in parts of the United States since 1866, when those enslaved in Galveston, Texas received word of the end of the Civil War and emancipation over two years after Lincoln's Emancipation Proclamation. The first Pittsburgh remembrance of Juneteenth was organized in the late nineteenth century by Presbyterian Pastor Henry Highland Garnett, the first Pastor of Grace Memorial Presbyterian Church, once again linking freedom with faith. ELPC members can join in this year's observance by marching behind the ELPC banner in the annual Juneteenth parade on Saturday, June 15, or cheering marchers on along the parade route. For more info, please contact Michele Bossers (michele2285@gmail.com) or Lenore Williams (leefabilli@aol.com).

Wednesday, June 19 (Juneteenth) is an official ELPC holiday and the building will be closed.

We will NOT have Taizé or Cathedral Yoga that day.

Brother Roger

founder of Taizé

# **ON PRAYER**

From the depths of the human condition, a secret aspiration rises up. Caught up in the anonymous rhythms of schedules and timetables, men and women of today are implicitly thirsting for the one essential reality: an inner life, signs of the invisible.

Nothing is more conducive to a communion with the living God than a meditative common prayer with, as its high point, singing that never ends and that continues in the silence of one's heart when one is alone again.

In a technological society, there is a clear separation between prayer and work. When inner life and human solidarity appear to be in competition with one another, as if people had to choose between them, that opposition tears apart the very depths of the soul.

Prayer is a serene force at work within human beings, stirring them up, transforming them, never allowing them to close their eyes in the face of evil, of wars, of all that threatens the weak of this world. From it we draw the energy to wage other struggles-to enable our loved ones to survive, to transform the human condition, to make the earth a place fit to live in.

# ON SINGING

Singing is one of the most important forms of prayer. A few words sung over and over again reinforce the meditative quality of the prayer. They express a basic reality of faith that can quickly be grasped by the intellect, and that gradually penetrates the heart and the whole being. These simple chants also provide a way of praying when one is alone, during the day or at night, or even in the silence of one's heart while one is working.

# ON SILENCE

When we try to express communion with God in words, we rapidly reach the end of our capacities. But in the depths of our being Christ is praying, far more than we imagine. Compared to the immensity of that hidden prayer of Christ in us, our explicit praying dwindles to almost nothing. That is why silence is so essential in discovering the heart of prayer.





Please visit our website for more information about the ministries of East Liberty Presbyterian Church.

# ELPC.CHURCH

# INFORMATION ABOUT TAIZÉ

**ABOUT TAIZÉ:** Taizé is an international ecumenical prayer community in Taizé, France which was founded in 1940 by a young seminary student, Roger Schultz, as a place of hospitality and reconciliation during World War II. Today, thousands of young people come each week to Taizé to pray with the brothers and discern God's purpose for their lives. Taizé Prayer Pilgrimages and Intercontinental Meetings around the globe bring together thousands more in an effort to become the prayerful, reconciled presence of Christ wherever they live.

Taizé prayers at East Liberty Presbyterian Church were begun in the Spring of 1992 in preparation for an intercontinental meeting in Dayton. The experience proved to be so meaningful that we have continued to pray every Wednesday evening since then, inviting people of all backgrounds to join with us.

Taizé is located in eastern France, southeast of Paris, north of Lyons, due west of Geneva, Switzerland, between the towns of Chalon-sur-Saône and Macon. Here are the ways to get Taizé information:

> Address: To contact Taizé: To visit Taizé: List of useful info: Web site: Telephone:

Taizé Community, 71250 TAIZE, France community@taize.fr meetings@taize.fr info@taize.fr www.taize.fr 011-33 385 50 30 02 Fax: 011-33 385 50 30 16

**YOU ARE WELCOME AT EAST LIBERTY PRESBYTERIAN CHURCH:** Our congregation seeks to promote peace, justice and human dignity; to reflect a spirit of openness, sharing and learning in our ministry and mission; to build a richly diverse faith community that witnesses to our oneness in Christ across all boundaries of race, social class, ability, culture, age, gender and sexual identity. *(From our Strategic Plan.)* 

ELPC Web site:www.ELPC.churchE-mail:BJW@coh.net

You are welcome at any of our programs and worship services. It is possible to have more than one church home. Perhaps you would be interested in becoming a member or friend of this Church. If so, please speak to The Rev. BJ Woodworth, Minister of Taizé Prayer (BJW@coh.net or 412.441.3800 x241).



