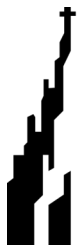


TAIZÉ:

Prayerful Song and Quiet Meditation



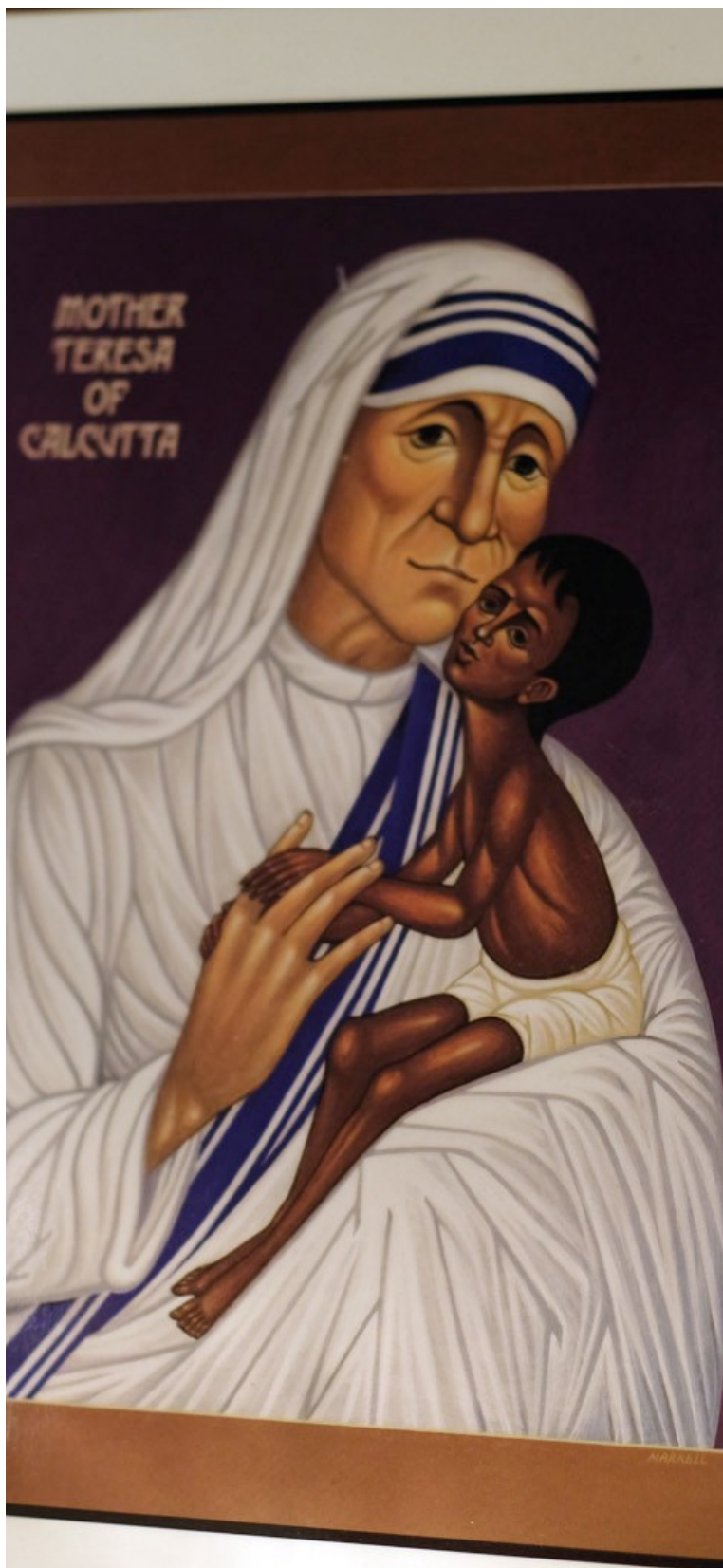
**East Liberty
Presbyterian Church**

www.ELPC.church

June 26, 2024 • 7:00 pm

116 South Highland Ave
Pittsburgh, PA 15206

412.441.3800



Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

Prelude by Gerard Rohlif

Welcome and Opening Centering by The Rev. John Titus

NB31 With You, O Lord

With you, O Lord, is life in all its full - ness, and

in your light we shall see true light. With you, O Lord, is

life in all its full-ness, and in your light we shall see true light.

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49 Live In Charity

F C Dm Bb D G C ,

U - bi ca - ri - tas et a - mor,
Live in char - i - ty and stead - fast love,

F C Dm Gm C F

u - bi ca - ri - tas De - us i - bi est.
live in char - i - ty; God will dwell with you.

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Psalm 30 (from "Psalms for Praying" by Nan C. Merrill)

Sung Response: 2 Alleluia 7

♩ = 116

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia. Al - le - lu - ia! (hum) —

The musical score is written for voice and piano. It features a treble and bass clef with a 3/4 time signature. The tempo is marked as ♩ = 116. The melody is in G major. The lyrics are: "Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia. Al - le - lu - ia! (hum) —". The score includes first and second endings, and a double bar line with "D.C." (Da Capo) marking the end of the piece.

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All praise to you, O Beloved,
For you have raised me up,
And have not let my fears
Overwhelm me.

ALLELUIA

O Compassionate One,
I cried for help,
And you comforted me.
You, O Love, helped me release
My soul from despair;
You gave me strength to face my fears;
Now love is awakening in me.

ALLELUIA

Sing praises to the Beloved, all you saints,
Giving thanks to Love's holy Name.
Love withdraws when we close our hearts,
Yet ever awaits an open door.
In the evening we may weep,
Yet joy comes with the morning.

ALLELUIA

In my prosperity, I had lost sight of Love,
I found power in my wealth.
In your mercy, O Beloved,
My foundations you shook,
And in recognizing my separation from you,
I was dismayed.

ALLELUIA

I cried to you for help;
To you, I pleaded for forgiveness:
"What profit in my riches
If I am separated from Love?
Will emptiness praise you?
Will it tell of your faithfulness?
Hear me, O Beloved, and be gracious to me!
O Love, hasten to my assistance!"

ALLELUIA

And you turned my mourning into dancing;
You set me free and clothed me with gladness.
My soul rejoices and is glad in you;
Songs of gratitude fill my soul,
Rising up to you, O Beloved.
Amen.

ALLELUIA

Scripture for Meditation: Lamentations 3:22-28 *(Inclusive Bible Translation)*

Yhwh's favor is not exhausted, nor has God's compassion failed. They rise up anew each morning, so great is God's faithfulness. "Yhwh is all I have," I cry. "So I will wait in patience."

The Most High is good to those who hope in God, to all who seek God's presence. It is good to wait patiently for Yhwh to set us free. It is good for anyone to bear a burden from youth.

Let those who bear such a burden, sit in silence — for Yhwh has laid it on them.

Quiet Meditation and Reflection *(lasting approximately 5-7 minutes)*



Breath Prayer

Inhale — I wait alone ...


Exhale — in silence ...

Breath Prayer is an ancient practice that connects short phrases with our breathing, help ground us in this moment, focuses us and refreshes us body, mind, and soul.

On your inhale say or be mindful of the first phrase.

On your exhale say or be mindful of the second phrase.

You may also carry this with you throughout your week, and let this embodied practice hold you, knowing that many across space and time are breathing and praying with us.



Words from Saints and Ancestors

To counteract this age of too many decibels, the way of silence and stillness in prayer speaks to us of a deep human need and a spiritual path that is rooted in the 'inner desert' of the heart where the Spirit is waiting.

— Paul T. Harris

journalist, meditation teacher, and a frequent writer about contemplative prayer and spirituality



12 Wait For The Lord

Lento (♩ = 48)

Em *p* C Am⁶ B

Wait for the Lord, whose day is near.

Em D G Am B Em

Wait for the Lord: be strong, take heart!

Prayers of Intercession

If you would like to read aloud one of our prayers, please see our greeter in the back to volunteer before we begin.

Sung Response: 4 Kyrie 1

Musical notation for the sung response. The piece is in G major (one sharp) and 2/4 time. The tempo is marked as quarter note = 100. The melody consists of two phrases of 'Ky - ri - e' followed by 'e - le - i - son.' and a final '(hum)' section. The notation includes a treble clef, a key signature of one sharp, and a 2/4 time signature. The melody is written on a single staff. The lyrics are: Ky - ri - e, Ky - ri - e, e - le - i - son. (hum) _____ D.C.

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Knowing that God hears our prayers, and trusting in the Spirit who intercedes with sighs too deep for words, let us bring our prayers and concerns to God this evening.

KYRIE

Death seems to be all around us, O God; the world groans with the weight of it. Hear our prayers this evening for this warring world...

KYRIE

The rulers of nations need your wisdom, O God; oppression and injustice seem to be prevailing. Hear our prayers this evening for the leaders of this world...

KYRIE

The church seems to be often divided, O God; we fight and splinter. Hear our prayers this evening for the peace and unity of the church...

KYRIE

Your children suffer, O God; they are hungry and can find no rest. Hear our prayers this evening for those who are poor and unhoused...

KYRIE

Many are sick among us, O God, and some are dying. Hear our prayers this evening for those who need healing and peace...

KYRIE

Our hearts are troubled, O God; guide us until we find our rest in you. Hear our secret prayers this evening...

KYRIE

Silent and Spoken Prayers

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

NB53 The Lord's Prayer

Our Fa - ther who art in heav - en, hal - lowed be thy name; thy king - dom come;

thy will be done, on earth as it is in heav - en. Give us this day our dai - ly bread;

for - give us our tres - pass - es as we for - give those who tres - pass a - gainst us;

lead us not in - to temp - ta - tion, but de - liv - er us from e - vil. For thine is the King - dom,

and the pow - er, and the glo - ry, for - ev - er and ev - er. A - men.

30 Lord Of All Goodness

$\text{♩} = 50$ Cm Fm Bb Eb , Cm Fm Bb Eb

Do - mi - ne De - us Fi - li - us Pa - tris, do - na no - bis pa - cem.
 Lord of all good - ness, Son of the Fa - ther, may your peace sur - round us.
 (hum)

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G134 Saranam

Refrain

Je - sus Sa - viour, Lord Lo to Thee I fly; Sa - ra -
 Je - sus, Ret - ter, zu dir hin flie - he ich: Du bist

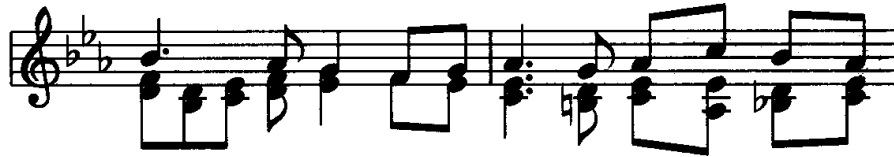
nam, Sa - ra - nam, Sa - ra - nam, Thou the
 Schutz, du bist Hil - fe und Halt. Sei mir

Rock, my Re - fuge that's higher than I: Sa - ra -
 Fels und Zu - flucht be - schüt - ze mich: Du bist

VERSES:

Fine

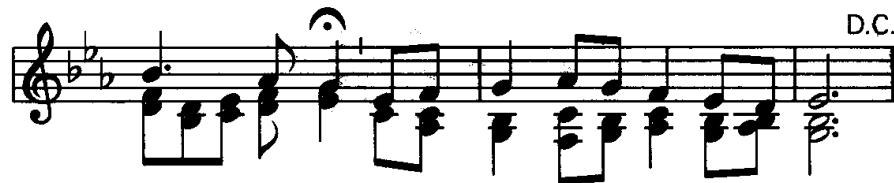
nam, Sa - ra - nam, Sa - ra - nam. In the midst of foes I
 Schutz, du bist Hil - fe und Halt. Mit - ten in der Angst schrei



cry to Thee. From the ends of earth where-ev - er
ich zu dir, wo das En - de droht und nichts mehr



I may be, My strength in help-less-ness, O
wei - ter - geht. Gib Ant - wort, wenn die Stim-me



an - swer me: Sa - ra - nam, Sa - ra - nam, Sa - ra - nam.
hilf - los fleht: Du bist Schutz, du bist Hil - fe und Halt.

2. In Thy tent give me a dwelling place, / And beneath Thy wings may I
find sheltering grace, / let fall on me the sunshine of Thy face: / Sara-
nam, Saranam, Saranam. / Jesus Saviour, Lord . . .

3. O that I my vows to Thee may pay, / And that by Thy faithfulness to
me each day: / May live, and on Thy love my burdens lay: / Saranam,
Saranam, Saranam. / Jesus Saviour, Lord . . .

4. Yesterday, today, for e'er the same, / Lo, the heritage of all who bear
His name / To ransom them from sin the Saviour came; / Saranam, Sa-
ranam, Saranam. / Jesus . . .

2. Laß dein Zelt mir Haus und Wohnung sein, / wo die Gnade deiner
Flügel mich bedeckt, / wo mich dein Antlitz gleich der Sonne weckt: /
Du bist Schutz, du bist Hilfe und Halt. / Jesus, Retter, . . .

3. Hilf, Gelübde, die ich gab, zu tun / und zu sehn, was deine Treue täg-
lich schenkt, / wie Liebe auch an meine Lasten denkt: Du bist Schutz,
du bist Hilfe und Halt. / Jesus, . . .

4. Gestern, heute und zu aller Zeit / soll, wer seinen Namen trägt, auch
Erbe sein, / daß Jesus kam von Sünden zu befrei'n: / Du bist Schutz,
du bist Hilfe und Halt. / Jesus, Retter, . . .

1 = englisch, 2 = deutsch

Closing Unison Prayer

May the Name of Love be your protection and rise up in your heart as a tower of strength! May all you have given in gratitude and with open hands be returned to you a hundredfold! May your heart's desires and all of Love's plans for you be fulfilled in due season!

Leader: Thanks be to God. Amen.

People: Amen.

Postlude by the Taizé Musicians *(depart as you so desire)*

CHURCH EVENTS

Meditation Hour

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation.

Tuesdays, 6-7 pm

Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

July 19, Aug 16, Sept 20,

Oct 18, Nov 15, Dec 27 • 7:00-8:30 pm



The Sacrament of Letting Go Retreat – Sept 27 to 29

We glibly advise others and admonish ourselves to “let go” of the patterns that no longer serve us well and the concerns that continue to haunt us, but it doesn’t seem to be quite that easy...in fact, if it was, we would! The desire to let go comes from deep within us and what it is that we are being invited to let go of is often obscured. Nature understands and is a ready guide.

Whether you embrace the season of fall or are an autumn struggler, join us at Villa Maria from Sept 27-29 to open yourself up to the bittersweet beauty and the invitations autumn has for you, and receive a liberating measure of divine grace. We will be led by Lynn Holden, a spiritual director, professional counselor, and founder of Cultivating Awareness, where she creates and holds space for individuals and groups as they awaken to a Greater Reality.

Registration will be open soon! Contact Pastor BJ Woodworth (BJW@coh.net).



Volunteer and Participate in the People's Pride PGH 2024 March & Festival – June 30

Take to the streets with People's Pride PGH 2024 March and Festival on Sunday, June 30 in Wilksburg. March lineup will begin at 10:30 am at Harold Young Sr. Park (739 Penn Ave, 15221) and will end at Turner Elementary (1833 Laketon Rd, 15221) where the Festival will be held. The March will begin at 11 am where we will be met by community members and allies. Please use this link to sign up to volunteer to staff the booth:

www.signupgenius.com/go/

10C0E48ADAB2DA4FAC25-49884668-pride#/

Both lay and pastoral volunteers are needed.

Donations Requested for Second Avenue Commons

Second Avenue Commons, the year-round, low-barrier shelter in downtown Pittsburgh, is requesting emergency donations due to a three-alarm fire that broke out on the roof of their building.

Donations will also help Pittsburgh Mercy provide emergency housing, clothing, medical care, hygiene items, and any other necessary items that individuals may need.

Some needed items include snack donations (pre-packaged peanut butter and jelly sandwiches; grab-and-go cereal bars and trail mix bars; beef jerky; electrolyte/sports drinks or packet mix-ins; bottled water); new clothing donations (for both men and women, all sizes); slides or flip flop sandals; backpacks that zip and duffel bags that close. Monetary donations can be made on their website at:

<https://donate.pittsburghmercy.org/secondavenuecommons>

RCC PRIDE Concert “Why We Sing!” – June 29 and 30

Join the Renaissance City Choir on Saturday, June 29 and Sunday, June 30 at 4 pm in the ELPC Sanctuary for their *PRIDE: Why We Sing* concert, featuring a world-première piece written by choir member Amy Vermillion with music by Artistic Director, Dr. Kym Scott. Live streaming will occur on Sunday, June 30, as well as a pay what you can option. Accessibility questions may be emailed to accessibility@rccpittsburgh.com. Visit RCCPittsburgh.com to purchase tickets and for more info.