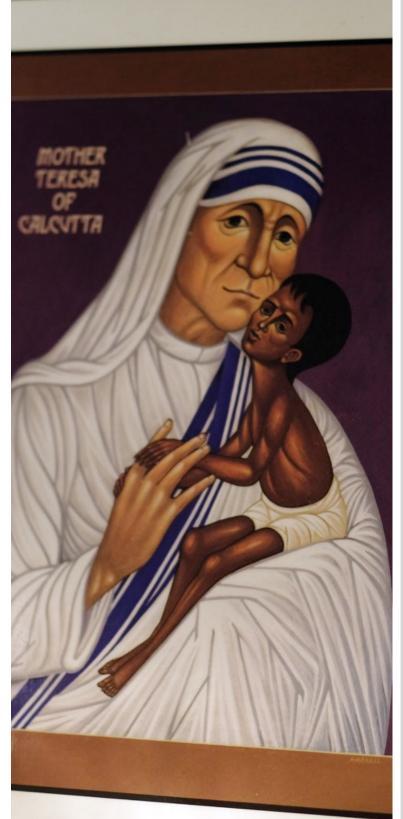
# TAIZÉ:

PRAYERFUL SONG AND QUIET MEDITATION

JULY 10TH, 2024 · 7:00PM



116 South Highland Ave Pittsburgh, PA 15206 412.441.3800



## Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

#### **Prelude by Taize musicians**

Welcome and Opening Centering by The Rev. BJ Woodworth

#### **10 Sing Praises to the Lord**



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#### 43 Holy Is the Name of God



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#### Sung Response: NB 37 Alleluia 16



The earth is yours, O Giver of Life, In all its fulness and glory, The world and all those who dwell therein; For You have founded it upon the seas, And established it upon the rivers.

#### ALLELUIA

Who shall ascend your hill, O Gracious One? And who shall stand in your holy place? All who have clean hands and pure hearts, Who do not lift up their souls to what is false, Nor make vows deceitfully.

#### ALLELUIA

All these will be blessed by the Heart of Love, And renewed through forgiveness. Such is the promise to those who seek Love's face.

#### ALLELUIA

Lift up your heads, O gates! And be lifted up, O ancient doors! That the Compassionate One may come in. Who is the Compassionate One? The Beloved, strong and steadfast, The Beloved, firm and sure! ALLELUIA Lift up your heads, O gates! And be lifted up, O ancient doors! That the Compassionate One may come in! Who is the Compassionate One? The Beloved, Heart of your heart, Life of your life, This is the Compassionate One! ALLELUIA



#### Scripture for Meditation: Ephesians 1:3-6; 9-10 (from Inclusive Bible Translation)

Praised be the Maker of our Savior Jesus Christ, who has bestowed on us in Christ every spiritual blessing in the heavens! Before the world began, God chose us in Christ to be holy and blameless and to be full of love; God likewise predestined us through Christ Jesus to be adopted children–such was God's pleasure and will– that everyone might praise the glory of God's grace which was freely bestowed on us in God's beloved, Jesus Christ.

God has taken pleasure in revealing the mystery of the plan through Christ, to be carried out in the fullness of time; namely, to bring all things– in heaven and on earth– together in Christ.

#### **Quiet Meditation and Reflection** (*lasting approximately 5-7 minutes*)



#### **Breath Prayer**

Inhale – chosen, holy, blameless...

Exhale – full of love...

**Breath Prayer** is an ancient practice that connects short phrases with our breathing, help ground us in this moment, focuses us and refreshes us body, mind, and soul.

On your inhale say or be mindful of the first phrase. On your exhale say or be mindful of the second phrase. You may also carry this with you throughout your week, **a**nd let this embodied practice hold you, knowing that many across space and time are breathing and praying with us.

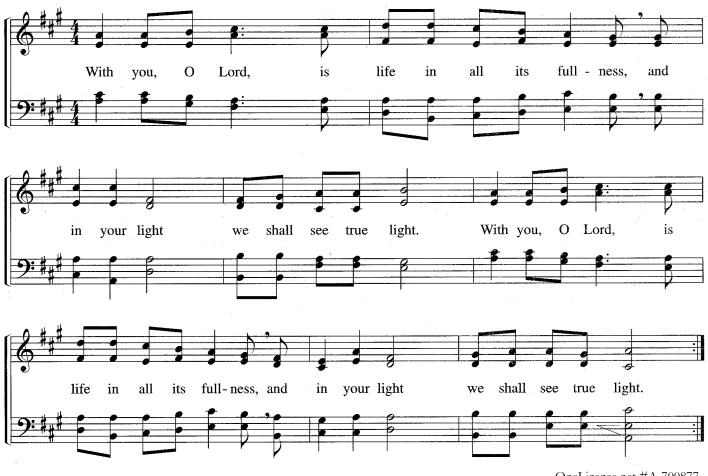


#### **Words from Saints and Ancestors**

"The Father of lights who is not closefisted but diffuses himself abundantly as the sun does it's rays, without being a respecter of persons, wherever there is room... God does not hesitate or consider it of little importance to find delight with the children of the earth at a common table in the world."

St. John of The Cross (1542-1591) a Spanish Catholic priest, mystic, and Carmelite friar.

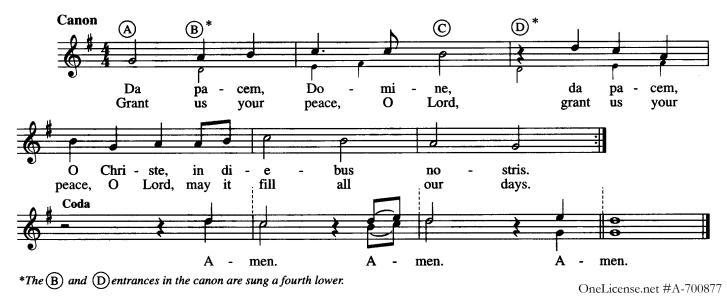
#### NB 31 With You Lord



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#### **Prayers of Intercession**



#### Sung Response: NB33 Da Pacem, Domine (Grant Us Your Peace, O Lord)

Holy Abba of our Lord Jesus Christ, who sends the Holy Spirit to help us in our praying, open our senses to your creation and our hearts to the needs of others.

#### GRANT US YOUR PEACE, O LORD, GRANT US YOUR PEACE, O LORD, MAY IT FILL ALL OUR DAYS

Grant us faith, hope, and imagination to see your vision of the fullness of time when weapons will be crushed by peace and justice and transformed from instruments of war to life-nurturing

#### gardening tools. GRANT US YOUR PEACE, O LORD, GRANT US YOUR PEACE, O LORD, MAY IT FILL ALL OUR DAYS

Grant us assurance, confidence, and creativity to comprehend your vision of the fullness of time when stomachs will be filled by abundant harvest generously shared, and thirst quenched by pure rain falling from clean skies.

#### GRANT US YOUR PEACE, O LORD, GRANT US YOUR PEACE, O LORD, MAY IT FILL ALL OUR DAYS

Grant us devotion, expectation, and ingenuity to embody your vision of the fullness of time when diseases will be healed, minds made clear, and bodies made new, so that all things reveal oneness in

Christ.

#### GRANT US YOUR PEACE, O LORD, GRANT US YOUR PEACE, O LORD, MAY IT FILL ALL OUR DAYS

Even now, Abba God, empower us by your Spirit to serve and love the world, for which Christ died that we might be a foretaste of your coming rule and reign. **GRANT US YOUR PEACE, O LORD, GRANT US YOUR PEACE,** 

#### O LORD, MAY IT FILL ALL OUR DAYS

#### **Silent and Spoken Prayers**

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

#### **NB53 The Lord's Prayer**



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#### Prayer over the Anointing Oil (in unison)

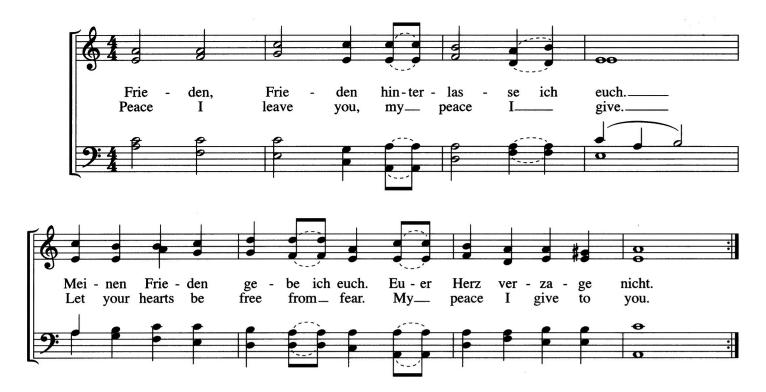
We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.



Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.



#### CLM 19 Frieden, Frieden (Peace I Leave You)



#### CLM 20 I Am Sure I Shall See



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#### **Closing Unison Prayer**

May the fire of the Holy Trinity fill you with joy, surround you with peace, and lead you to everlasting life, this day and forever.

Leader: Thanks be to God. Amen. **People: Amen.** 

Postlude by the Taizé Musicians (depart as you so desire)



Christ Jesus, in your Gospel we find a hope for all human beings.

The Kingdom, the Life of God in fullness, is already present among us and within us.

Even if we sense hardly anything of your presence, we place our trust in you. And your love and your joy can blossom in our lives.

(Brother Alois of Taizé)

## **CHURCH EVENTS**

#### **Meditation Hour**

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation.

Tuesdays, 6-7 pm

#### **Cathedral Yoga**

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service. Wednesdays, 6 to 7 pm

JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

July 19, Aug 16, Sept 20, Oct18, Nov 15, Dec 27 • 7:00-8:30 pm



#### The Sacrament of Letting Go Retreat - Sept 27 to 29

We glibly advise others and admonish ourselves to "let go" of the patterns that no longer serve us well and the concerns that continue to haunt us, but it doesn't seem to be quite that easy...in fact, if it was, we would! The desire to let go comes from deep within us and what it is that we are being invited to let go of is often obscured. Nature understands and is a ready guide.

Whether you embrace the season of fall or are an autumn struggler, join us at Villa Maria from Sept 27-29 to open yourself up to the bittersweet beauty and the invitations autumn has for you, and receive a liberating measure of divine grace. We will be led by Lynn Holden, a spiritual director, professional counselor, and founder of Cultivating Awareness, where she creates and holds space for individuals and groups as they awaken to a Greater Reality.

Registration will be open soon! Contact Pastor BJ Woodworth (BJW@coh.net).

#### **OHM House Rehab Workdays – Wednesdays**

Help us work with Open Hand Ministries to renovate their current property and make it available to a qualified and deserving family! We're now in the construction phase, where the house will begin to take shape and look like a home. Volunteers are needed on Wednesdays, 9 am -3 pm. No special skills are needed and lunch is provided! Contact Frank Bauerle for details (frbauerle@yahoo.com).

#### ELPC Connections: Fridays @ Frick – July 12

Join ELPC's *Connections Group* for the Fridays @ Frick concert on July 12. Music will be provided by Living Dream. The lawn opens at 5 pm; music starts at 6:30 pm. The concert is free, but a \$5 adult donation is suggested. Bring a lawn chair or blanket. Pack a meal for yourself or buy food from the vendors. Come enjoy music and each other's company. RSVP to connectelpc@gmail.com.

#### LGBTQIA+ Ministry Spiritual Gathering – July 14

You are invited to attend our LGBTQIA+ Ministry's Spiritual Gathering on Sunday, July 14 at 11:30 am. Join us and share conversation and lunch. Allies and LGBTQIA+ folks alike welcome! Contact Wil Forrest to attend or for more info (Wil@coh.net; 412.441.3800 x218).

#### See Dr. Ed in Concert – July 14

Dr. Ed Moore will be playing a concert on Sunday, July 14 at 4 pm at Ingomar United Methodist Church (1501 West Ingomar Rd, 15237), as part of their summer recital series. A freewill offering will be accepted. The concert will also be live-streamed on the church's YouTube channel.



#### Middle School Service Week at Crestfield - July 22 to 26

Youth in grades 6–8 are invited to Crestfield Camp for *Service Adventure Camp*, combining adventure with local missions and service opportunities from Monday, July 22 through Friday, July 26. Campers will be sent out to local non-profits to learn about and assist those agencies. The cost is \$400; scholarships available. Contact Sara Hackett (SaraH@coh.net).

### **Donations for Chapel Market**

The Chapel Market is in need of men's shorts, pants, underwear and socks. Donations can be left at the Highland Lobby.