



Villa Maria Education and Spirituality Center
Pulaski, Pennsylvania | September 27-29

We glibly advise others and admonish ourselves to *let go* of the patterns that no longer serve us well and the concerns that continue to haunt us, but it doesn't seem to be quite that easy...in fact, if it was, we would! The desire to let go comes from deep within us and what it is that we are being invited to let go of is often obscured. Nature understands and is a ready guide.

Whether you embrace the season of fall or are an autumn struggler, join us at Villa Maria Spirituality Center from:

**Friday, Sept 27 at 6 pm to
Sunday, Sept 29 at 11 am**

to open yourself up to the bittersweet beauty and the invitations autumn has for you, and receive a liberating measure of divine grace.

We will be led by Lynn Holden, a spiritual director, professional counselor, and founder of Cultivating Awareness, where she creates and holds space for individuals and groups.

**RSVP to Norma by Sunday, Sept 15
(412.441.3800 x211)**

COST OPTIONS

- 1. One Night**
(Fri-Sat or Sat-Sun)
Shared Bath | \$70
- 2. One Night**
(Fri-Sat or Sat-Sun)
Private Bath | \$110
- 3. Two Nights**
(Friday-Sunday)
Shared Bath | \$85
- 4. Two Nights**
(Friday-Sunday)
Private Bath | \$135

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