



Taizé:

Prayerful Song & Quiet Meditation

August 14, 2024 • 7:00 pm



**East Liberty
Presbyterian Church**

www.ELPC.church

116 South Highland Ave
Pittsburgh, PA 15206
412.441.3800



Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

Prelude by Gerard Rohlfs

Welcome and Opening Centering by The Rev. John Titus

* Let Us Break Bread Together



1. Let us break bread to - geth - er on our knees;
 2. Let us drink wine to - geth - er on our knees;
 3. Let us praise God to - geth - er on our knees;



Let us break bread to - geth - er on our knees.
 Let us drink wine to - geth - er on our knees.
 Let us praise God to - geth - er on our knees.



When I fall on my knees, With my face to the ris - ing



sun, O Lord, have mer - cy on me.

Text: African American spiritual
 Tune: LET US BREAK BREAD, 10 10 6 8 7; African American spiritual

48 Sing Praises

$\text{♩} = 63$

p

p

E_b A_b E_b B_b C_m G C_m B_b E_b A_b B_b E_b

Lau - da - te om - nes gen - tes, lau - da - te Do - mi - num. Lau -
 Sing prais - es, all you peo - ples, sing prais - es to the Lord. Sing

A_b E_b B_b C_m A_b B_b E_b *fine*

da - te om - nes gen - tes, lau - da - te Do - mi - num! Lau -
 prais - es, all you peo - ples, sing prais - es to the Lord! Sing

fine

Psalm 111 (from "Psalms for Praying" by Nan C. Merrill)

Sung Response: NB37 Alleluia 17



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Praise the Beloved, O my soul!
I will give thanks to you
With my whole heart.
To all who will listen,
I will tell of your goodness.

ALLELUIA

Wondrous is Creation, Great Builder;
I take pleasure in pondering your work.
Full of honor and integrity
Are your teachings;
Those who follow them will find new life.

ALLELUIA

You lift the hearts of those who suffer;
You come to them in their need.
Your steadfast Love is food for the soul,
Nourishment in times of fear.
You are ever-mindful of your covenant,
A very Presence to the weary and afflicted.

ALLELUIA

Your Voice is truth to those with ears to hear,
Your precepts are sure;
Written on the hearts of your people,
They are to be lived forever,
With faith-filled love and assurance.

ALLELUIA

You bring new life to the world.
Yes! Life in abundance is your gift to us.
Holy and glorious is your Name!

ALLELUIA

Reverence for You, O Holy One,
Is the beginning of wisdom;
A good understanding
Have all who practice it.
Your Spirit endures forever!

ALLELUIA



Scripture for Meditation: John 6:51-57, 60 *(from Inclusive Bible translation)*

“I myself am the living bread come down from heaven. If any eat this bread, they will live forever; the bread I will give for the life of the world is my flesh.”

The Temple authorities then began to argue with one another. “How can he give us his flesh to eat?”

Jesus replied, “The truth of the matter is, if you don’t eat the flesh and drink the blood of the Chosen One, you won’t have life in you. Those who do eat my flesh and drink my blood have eternal life, and I will raise them up on the last day. For my flesh is real food and my blood is real drink. Everyone who eats my flesh and drinks my blood lives in me, and I live in them. Just as the living Abba God sent me, and I have life because of Abba God, so those who feed on me will have life because of me.”

Many of his disciples remarked, “We can’t put up with this kind of talk! How can anyone take it seriously?”

Quiet Meditation and Reflection *(lasting approximately 5-7 minutes)*



Breath Prayer

Inhale — I hunger...

Exhale — I thirst...

Breath Prayer is an ancient practice that connects short phrases with our breathing, help ground us in this moment, focuses us and refreshes us body, mind, and soul.

On your inhale say or be mindful of the first phrase.

On your exhale say or be mindful of the second phrase.

You may also carry this with you throughout your week, and let this embodied practice hold you, knowing that many across space and time are breathing and praying with us.



Words from Saints and Ancestors


This hunger is better than any other fullness; this poverty better than all other wealth.

— C. S. Lewis (1898-1963),
a British writer, literary scholar, and Anglican lay theologian

CLM23 Jesus Redeemer

1

2



Je - su, re - dem - ptor om - ni - um, tu — lu - men et splen - dor
Je - sus, re - deem - er of the world, light and splen - dor of God the

Pa - tris, ti - bi sit glo - ri - a, ti - bi Je - su sit glo - ri - a.
Fa - ther, glo - ry and praise to you, all — glo - ry and praise to you. *div.*

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Prayers of Intercession

If you would like to read aloud one of our prayers, please see our greeter in the back to volunteer before we begin.

Sung Response: CLM8 I Bless You, Lord, My God

Ben - di - go al Se - ñor por - que es - cu - cha mi - voz. El Se -
I bless you, Lord, my God, for you hear me when I call. You, O

ñor es mi fuer - za, con - fí - a mi co - ra - zón. Ben -
Lord, are my strong - hold; I trust you with all my heart. I

(♩ Last time)

(♩ Last time)

The musical score is written for voice and piano. It consists of two systems. The first system has a treble and bass staff. The second system also has a treble and bass staff. The lyrics are written below the notes. There are two 'Last time' markings above the second system.

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Faithful God, you are ever mindful of your covenant and invite us to ask for gifts of your goodness. In your steadfast love, receive our requests for the well-being of your church, the world, and your people.

I BLESS YOU, LORD, MY GOD

Grant your church understanding, and discernment to faithfully carry out your mission in the world. Help us to make the most of the time, walking in your ways, filled with your Spirit, living out your will.

I BLESS YOU, LORD, MY GOD

Cause us to walk in wisdom concerning your creation, mindfully stewarding its provision for all living creatures.

I BLESS YOU, LORD, MY GOD

Give those who govern wise and discerning minds, that your way of justice and compassion may prevail among the nations.

I BLESS YOU, LORD, MY GOD

Provide food for the hungry, hope for the despairing, and wisdom for the wandering.

I BLESS YOU, LORD, MY GOD

Silent and Spoken Prayers

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

NB53 The Lord's Prayer

Our Fa - ther who art in heav - en, hal - lowed be thy name; thy king - dom come;

thy will be done, on earth as it is in heav - en. Give us this day our dai - ly bread;

for - give us our tres - pass - es as we for - give those who tres - pass a - gainst us;

lead us not in - to temp - ta - tion, but de - liv - er us from e - vil. For thine is the King - dom,

and the pow - er, and the glo - ry, for - ev - er and ev - er. A - men.

Prayer over the Anointing Oil *(in unison)*

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in bearing prayer concerns, anointing happens to the left in the columbarium.

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.



CLM15 Lord And Giver Of Life

Do - mi - nus Spi - ri - tus est. Spi - ri - tus au - tem vi -
Lord and giv - er of life, Spir - it of light and of

vi - fi - cat. Spi - ri - tus au - tem vi - vi - fi - cat.
ho - li - ness, Spir - it of light and of ho - li - ness.

NB25 Where There Is Charity

U - bi - ca - ri - tas et a - mor,
Where there is char - i - ty, self - less love,

u - bi - ca - ri - tas De - us i - bi est.
where there is char - i - ty, God is tru - ly there.

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33 Glory Be To You

$\text{♩} = 104$ (A) F Bb F Bb (B)
Glo - ri - a ti - bi Do - mi - ne, Do - mi - ne.
Glo - ry be to you, Je - sus Christ, Je - sus Christ.

(C) (D)
Glo - ri - a ti - bi Do - mi - ne, Do - mi - ne.
Glo - ry be to you, Je - sus Christ, Je - sus Christ.

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Closing Unison Prayer

Gracious and merciful God, we have gone out and come in today seeking to do your will and there is so much that we do not understand or discern. We commit to you our questions, concerns, and anxieties. Grant us a peaceful sleep this night as we rest in your wisdom and steadfast love.

Leader: Thanks be to God. Amen.

People: Amen.

Postlude by the Taizé Musicians *(depart as you so desire)*



Please visit our website for more information about the ministries of East Liberty Presbyterian Church.

WWW.ELPC.CHURCH

INFORMATION ABOUT TAIZÉ

ABOUT TAIZÉ: Taizé is an international ecumenical prayer community in Taizé, France which was founded in 1940 by a young seminary student, Roger Schultz, as a place of hospitality and reconciliation during World War II. Today, thousands of young people come each week to Taizé to pray with the brothers and discern God's purpose for their lives. Taizé Prayer Pilgrimages and Intercontinental Meetings around the globe bring together thousands more in an effort to become the prayerful, reconciled presence of Christ wherever they live.

Taizé prayers at East Liberty Presbyterian Church were begun in the Spring of 1992 in preparation for an intercontinental meeting in Dayton. The experience proved to be so meaningful that we have continued to pray every Wednesday evening since then, inviting people of all backgrounds to join with us.

Taizé is located in eastern France, southeast of Paris, north of Lyons, due west of Geneva, Switzerland, between the towns of Chalon-sur-Saône and Macon. Here are the ways to get Taizé information:

Address: Taizé Community, 71250 TAIZE, France
To contact Taizé: community@taize.fr
To visit Taizé: meetings@taize.fr
List of useful info: info@taize.fr
Web site: www.taize.fr
Telephone: 011-33 385 50 30 02 Fax: 011-33 385 50 30 16

YOU ARE WELCOME AT EAST LIBERTY PRESBYTERIAN CHURCH: Our congregation seeks to promote peace, justice and human dignity; to reflect a spirit of openness, sharing and learning in our ministry and mission; to build a richly diverse faith community that witnesses to our oneness in Christ across all boundaries of race, social class, ability, culture, age, gender and sexual identity. *(From our Strategic Plan.)*

ELPC Web site: www.ELPC.church
E-mail: BJW@coh.net

You are welcome at any of our programs and worship services. It is possible to have more than one church home. Perhaps you would be interested in becoming a member or friend of this Church. If so, please speak to The Rev. BJ Woodworth, Minister of Taizé Prayer (BJW@coh.net or 412.441.3800 x241).

CHURCH EVENTS

Meditation Hour

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation.

Tuesdays, 6-7 pm

Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

Aug 16, Sept 20,

Oct 18, Nov 15, Dec 27 • 7:00-8:30 pm



The Sacrament of Letting Go Retreat – Sept 27 to 29

We glibly advise others and admonish ourselves to “let go” of the patterns that no longer serve us well and the concerns that continue to haunt us, but it doesn’t seem to be quite that easy...in fact, if it was, we would! The desire to let go comes from deep within us and what it is that we are being invited to let go of is often obscured. Nature understands and is a ready guide.

Whether you embrace the season of fall or are an autumn struggler, join us at Villa Maria from Sept 27-29 to open yourself up to the bittersweet beauty and the invitations autumn has for you, and receive a liberating measure of divine grace. We will be led by Lynn Holden, a spiritual director, professional counselor, and founder of Cultivating Awareness, where she creates and holds space for individuals and groups as they awaken to a Greater Reality.

RSVP to Norma by Sunday, Sept 15 (412.441.3800 x211). Cost options are:

1. One Night (Fri-Sat or Sat-Sun) Shared Bath | \$70
2. One Night (Fri-Sat or Sat-Sun) Private Bath | \$110
3. Two Nights (Friday-Sunday) Shared Bath | \$85
4. Two Nights (Friday-Sunday) Private Bath | \$135

Visit us online at
www.ELPC.church

to learn more about our ministries and opportunities
at East Liberty Presbyterian Church.

OHM House Rehab Workdays – Wednesdays

Help us work with Open Hand Ministries to renovate their current property and make it available to a qualified and deserving family! We’re now in the construction phase, where the house will begin to take shape and look like a home. Volunteers are needed on Wednesdays from 9 am-3 pm. No special skills are needed and lunch is provided! Contact Frank Bauerle (frbauerle@yahoo.com).

LGBTQIA+ Ministry Spiritual Gathering – Aug 18

You are invited to attend our LGBTQIA+ Ministry’s spiritual gathering on Sunday, Aug 18 after worship to share lunch and conversation. Allies and LGBTQIA+ folks alike welcome! Contact Wil Forrest (Wil@coh.net).

PW Bible Study – Questions Answered Aug 18 and 25

The title of the Presbyterian Women’s 2024-2025 Bible Study is *Let Justice Roll Down Like Waters: God’s Call to Care for Neighbors and All Creation*. Learn more about this study from its author, the Rev. Dr. Patricia K Tull, in a video at tiny.cc/pw-2024. Rev. Dr. Tull is an ordained Presbyterian minister and an A. B. Rhodes Professor Emerita of Old Testament at Louisville Presbyterian Seminary.

Bible Study begins on Tuesday, Sept 3 from 10 am–Noon (hybrid), and Monday, Sept 9 from 7–8:30 pm (on Zoom). **Presbyterian Women will be available after worship on Sundays, Aug 18 and 25, to distribute bible study books and answer questions.** For more info, email PW.ELPC@gmail.com.

INQUIRERS’ CLASS – SEPT 1

Attend an *Inquirers’ Class* on Sunday, Sept 1 after the 10 am worship service in the Fellowship Room to learn more about ELPC, Presbyterian theology, and to explore membership. Lunch will be provided.

For more info or to register, please contact Jen King (JenniferK@coh.net; 412.441.3800 x222).

