



**Taizé:**  
Prayerful Song  
& Quiet  
Meditation



**East Liberty  
Presbyterian Church**

[www.ELPC.church](http://www.ELPC.church)

**September 11, 2024 • 7:00 pm**

116 South Highland Ave  
Pittsburgh, PA 15206

**412.441.3800**



# Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

**Prelude by the Taizé Musicians**

**Welcome and Opening Centering by The Rev. BJ Woodworth**



# CLM22 The Heavens And The Earth Rejoice

In re - sur - rec - ti - o - ne tu - a, Chri - ste,  
The heav - ens and the earth re - joice, Lord Je - sus,

coe - li et ter - ra lae - ten - tur. In re - sur - rec - ti - o - ne  
raised from the dead, you are liv - ing. The heav - ens and the earth re -

tu - a, Chri - ste, coe - li et ter - ra lae - ten - tur. In  
joice, Lord Je - sus, raised from the dead, you are liv - ing. The

*(Last time)*

*(Last time)*

The musical score is written for voice and piano. It consists of three systems of music. Each system has a vocal line in the treble clef and a piano accompaniment in the bass clef. The key signature is one sharp (F#) and the time signature is 4/4. The lyrics are written below the vocal line. The first system ends with a repeat sign. The second system ends with a repeat sign and the instruction '(Last time)'. The third system ends with a repeat sign and the instruction '(Last time)'. The piano accompaniment features a steady bass line and chords that support the vocal melody.

OneLicense.net #A-700877



# 50 O Lord, Your Cross

♩ = 63

B Em B Em Bm Am D G E Am D

Cru - cem tu - am a - do - ra - mus Do - mi - ne, re - sur - re - cti - o - nem  
 O Lord, your cross, we a - dore and glo - ri - fy, for your ho - ly re - sur -

G Am<sup>7</sup> B Em E Am E Am E

tu - am lau - da - mus Do - mi - ne. Lau - da - mus et glo - ri - fi - ca - mus.  
 rec - tion, we praise you Lord of life. We praise you and we glo - ri - fy you.

Am D G Am<sup>7</sup> B Em B Em B  
*(fine)*

Re - sur - re - cti - o - nem tu - am lau - da - mus Do - mi - ne. Cru - cem tu -  
 For your ho - ly re - sur - rec - tion, we praise you Lord of life. O Lord, your

OneLicense.net #A-700877





**Psalm 19** (from "Psalms for Praying" by Nan C. Merrill)

**Sung Response: CLM3 Alleluia 21**

*Cantor*  
S, A  
Al - le - lu - ia! Al - le - lu - ia, al - le - lu - ia, —

*T, B*  
al - le - lu - ia, al - le - lu - ia! le - lu - ia!

D.S.  
Al - le - lu - ia!

D.S.

OneLicense.net #A-700877

The heavens declare the glory of the Creator;  
The firmament proclaims  
The handiwork of Love.  
Day to day speech pours forth  
And night to night knowledge is revealed.

**ALLELUIA**

There is no speech, nor are there words;  
Their voice is not heard;  
Yet does their music resound  
Through all the earth,  
And their words echo to the ends of the world.

**ALLELUIA**

In them a tent for the sun is set,  
Which is like a bride and groom  
On their wedding night  
As they sing love's song  
And celebrate the dance of life.

**ALLELUIA**

Its rising is in eternity,  
And its circuit to infinity.  
Nothing is hidden from the sunlight.

**ALLELUIA**

The law of Love is perfect,  
Reviving the soul.  
The testimony of Love is sure,  
Making wise the simple.  
The precepts of Love are right,  
Rejoicing the heart.  
The authority of Love is pure,  
Enlightening the eyes.

**ALLELUIA**

The spirit of Love is glorious,  
Enduring forever.  
The rites of Love are true,  
Awakening compassion.

**ALLELUIA**

## Scripture for Meditation: Mark 8:34-37 *(from Inclusive Bible translation)*

Jesus summoned the crowd and the disciples and said, “If you wish to come after me, you must deny your very self, take up your cross and follow in my footsteps.

If you would save your life, you’ll lose it, but if you lose your life for my sake, you’ll save it. What would you gain if you were to win the whole world but lose yourself in the process? What can you offer in exchange for your soul?”

## Quiet Meditation and Reflection *(lasting approximately 5-7 minutes)*



### Breath Prayer

*Inhale* — Help me...

*Exhale* — Follow in your  
footsteps...

**Breath Prayer** is an ancient practice that connects short phrases with our breathing, help ground us in this moment, focuses us and refreshes us body, mind, and soul.

*On your inhale say or be mindful of the first phrase.*

*On your exhale say or be mindful of the second phrase.*

You may also carry this with you throughout your week, and let this embodied practice hold you, knowing that many across space and time are breathing and praying with us.



## Words from Saints and Ancestors

A man, who was completely innocent, offered himself as a sacrifice for the good of others, including his enemies, and became the ransom of the world. It was a perfect act.

— *Mobandas Karamchand Gandhi (1869-1948)*

*an Indian lawyer, anti-colonial nationalist, and political ethicist who employed nonviolent resistance to lead the successful campaign for India's independence from British rule*

## 22 By Your Cross

(A) Dm Gm C F B♭ Gm A Dm

Per cru cem et pas - si - o - nem tu am,  
By your \_\_\_\_\_ cross and all the wounds you suf fered,

(B)

li - be - ra nos Do - mi - ne, li - be - ra nos Do - mi - ne, li - be - ra nos Do - mi - ne, Do - mi - ne.  
grant us free - dom in your love, grant us free - dom in your love, grant us free - dom in your love, in your love.

(C)

Per cru - cem et pas - si - o - nem tu - am,  
By your \_\_\_\_\_ cross and all the wounds you suf - fered,

(D)

li - be - ra nos Do - mi - ne, li - be - ra nos Do - mi - ne, li - be - ra nos Do - mi - ne, Do - mi - ne.  
grant us free - dom in your love, grant us free - dom in your love, grant us free - dom in your love, in your love.

(E)

Per sanc - tam re - sur - rec - ti - o - nem tu - am,  
By your ho - ly, life - giv - ing re - sur - rec - tion,

(F)

li - be - ra nos Do - mi - ne, li - be - ra nos Do - mi - ne, li - be - ra nos Do - mi - ne, Do - mi - ne.  
grant us free - dom in your love, grant us free - dom in your love, grant us free - dom in your love, in your love.

## Prayers of Intercession

*If you would like to read aloud one of our prayers, please see our greeter in the back to volunteer before we begin.*

### Sung Response: 6 Kyrie Eleison 13

*♩ = 96* D.C.

Ky - ri - e e - lei - son, e - le - i - son. (hum)

The image shows a musical score for a vocal line. It consists of two staves: a treble clef staff on top and a bass clef staff on the bottom. The key signature is one sharp (F#) and the time signature is common time (C). The tempo is marked as quarter note = 96. The lyrics are written below the notes. The piece ends with a double bar line and the instruction 'D.C.' (Da Capo).

OneLicense.net #A-700877

God of love, you gave your only Son so that he would undergo great suffering for our sake. Seeing this suffering, we trust that you understood the sufferings of the world and our own suffering. Knowing that you have walked in our footsteps and that you have lived through trials and tribulations, we offer our prayers to you this evening.

#### **KYRIE**

We pray for wisdom, that we can communicate effectively with love, shalom, and compassion, and strive to live in connectedness and understanding with all people and creation.

#### **KYRIE**

We pray for courage so that we can live out our faith, giving witness with our words and actions that you are the way, the truth, and the life.

#### **KYRIE**

We pray for the will and the help to take up our cross and follow you wherever you may lead.

#### **KYRIE**

We pray for love, your love in us so that we can live with intentionality, knowing others and being known by others; developing the deep relationships that you desire us to have with you and each other.

#### **KYRIE**





## Silent and Spoken Prayers

*Please feel free to add your spoken petitions.*

*A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.*

*Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.*

## NB53 The Lord's Prayer

Our Fa - ther who art in heav - en, hal - lowed be thy name; thy king - dom come;

thy will be done, on earth as it is in heav - en. Give us this day our dai - ly bread;

for - give us our tres - pass - es as we for - give those who tres - pass a - gainst us;

lead us not in - to temp - ta - tion, but de - liv - er us from e - vil. For thine is the King - dom,

and the pow - er, and the glo - ry, for - ev - er and ev - er. A - men.



\* Jesus, Keep Me Near The Cross

1. Je - sus, keep me near the cross;      There's a pre - cious  
 2. Near the cross, a trem - bling soul,      Love and mer - cy  
 3. Near the cross! O Lamb of God,      Bring its scenes be -  
 4. Near the cross I'll watch and wait,      Hop - ing, trust - ing

foun - tain, Free to all, a heal - ing stream, Flows from Cal - v'ry's  
 found me; There the bright and morn - ing star Sheds its beams a -  
 fore me; Help me walk from day to day With its shad - ows  
 ev - er, Till I reach the gold - en strand Just be - yond the

moun - tain.  
 round me.  
 o'er me.      In the cross, in the cross,      Be my glo - ry  
 riv - er.

ev - er, Till my rap - tured soul shall find Rest be - yond the riv - er.



## Closing Unison Prayer

May God, our wisdom, pour out God's thoughts in you  
and make God's words known to you.

May Jesus, the Christ, give you strength to carry your cross  
and follow.

May the Holy Spirit, our tongue of fire, guide our words  
and actions, as we seek to bless the world with our witness.

Leader: Thanks be to God. Amen.

People: Amen.



**Postlude by the Taizé Musicians** (*depart as you so desire*)

## SPIRITUAL LIFE EVENTS

### Contemplative Prayer

Monday morning *Contemplative Prayer* will restart tomorrow, Sept 9 from 7:30-8 am. Please join Pastor BJ Woodworth on Zoom (Meeting ID: 959 8065 3992; Passcode: bestill) for 30 minutes of communal silence and guided meditation on scripture. This fall we will be drawing our guided meditations from the book *Becoming Rooted: 100 Days of Reconnecting with Sacred Earth* by Randy Woodley, an activist, scholar, author, teacher, wisdom-keeper and Cherokee descendant, recognized by the Keetoowah Band.

Mondays, 7:30-8 am

### Meditation Hour

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation.

Tuesdays, 6-7 pm

### Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6 to 7 pm

### JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

Sept 20, Oct18, Nov 15, Dec 27

Fridays, 7:00-8:30 pm



### The Sacrament of Letting Go Retreat – Sept 27 to 29

We glibly advise others and admonish ourselves to “let go” of the patterns that no longer serve us well and the concerns that continue to haunt us, but it doesn’t seem to be quite that easy...in fact, if it was, we would! Nature understands and is a ready guide.

Whether you embrace the season of fall or are an autumn struggler, join us at Villa Maria from Sept 27-29 to open yourself up to the bittersweet beauty and the invitations autumn has for you, and receive a liberating measure of divine grace. We will be led by Lynn Holden, a spiritual director, professional counselor, and founder of Cultivating Awareness.

RSVP to Norma by Sunday, Sept 15 (412.441.3800 x211). Cost options are:

1. One Night (Fri-Sat or Sat-Sun) Shared Bath | \$70
2. One Night (Fri-Sat or Sat-Sun) Private Bath | \$110
3. Two Nights (Friday-Sunday) Shared Bath | \$85
4. Two Nights (Friday-Sunday) Private Bath | \$135