



**Taizé:**  
Prayerful Song  
& Quiet Meditation



**East Liberty  
Presbyterian Church**

[www.ELPC.church](http://www.ELPC.church)

**September 18, 2024 • 7:00 pm**

116 South Highland Ave  
Pittsburgh, PA 15206

**412.441.3800**



# Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

**Prelude by the Taizé Musicians**

**Welcome and Opening Centering by Emily Cowser**

## 34 Spirit of Christ Jesus

$\text{♩} = 58$     $B\flat$    A   Dm   ,   3   C   F   ,

Spi - ri - tus Je - su Chri - sti, Spi - ri - tus ca - ri - ta - tis, con -  
Spir - it of Christ Je - sus, Spir - it of lov - ing kind - ness, con -

fir - met cor - tu - um; con - fir - met cor - tu - um.  
firm your heart and keep it; con - firm your heart and keep it.

$B\flat$  F C Dm Gm A F  $B\flat$  F C Dm A Dm

The musical score is written for voice and piano. It features a 2/4 time signature and a key signature of one flat (B-flat). The tempo is marked as quarter note = 58. The score is divided into two systems. The first system contains the first two lines of the melody and bass line, with lyrics underneath. The second system contains the next two lines of the melody and bass line, also with lyrics underneath. Chord symbols are placed above the staff lines. There are several triplet markings (indicated by a '3' over a group of notes) in both the melody and bass lines. The piece concludes with a double bar line and repeat dots.

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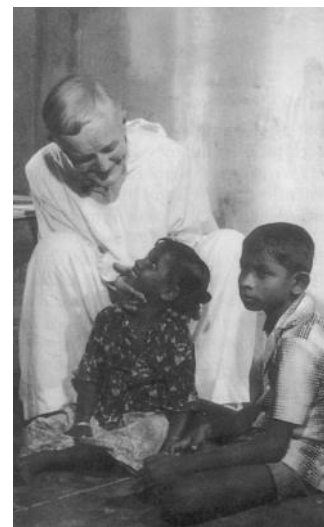
### Writings by Brother Roger of Taizé

(Taken from "Brother Roger of Taizé, *God Is Love: Central themes from Taizé and Stories from the Life of the Author and of the Community*")

#### *Do You Recognize the Way of Hope?*

I cannot forget an evening in the summer of 1942, when I was still on my own in Taizé. I was writing at a small table. It was wartime. I knew that I was in danger because of the refugees I was sheltering in the house. Some of them were Jews. There was a serious threat that I would be arrested and taken away. Members of the civilian police force had repeatedly come to question me.

That evening, with fear in the pit of my stomach, a prayer of trust took hold of me. I said to God, "Even if I lose my life, I know that you, the living God, will continue what has begun here, the creation of a community."





# CLM7 O God, Keep Me Safe

Be - hü - te mich, Gott, ich ver - trau - e dir, du  
O God, keep me safe, for I trust in you. The

zeigt mir den Weg zum Le - ben. Bei dir ist  
path - way to life you teach me. With you is

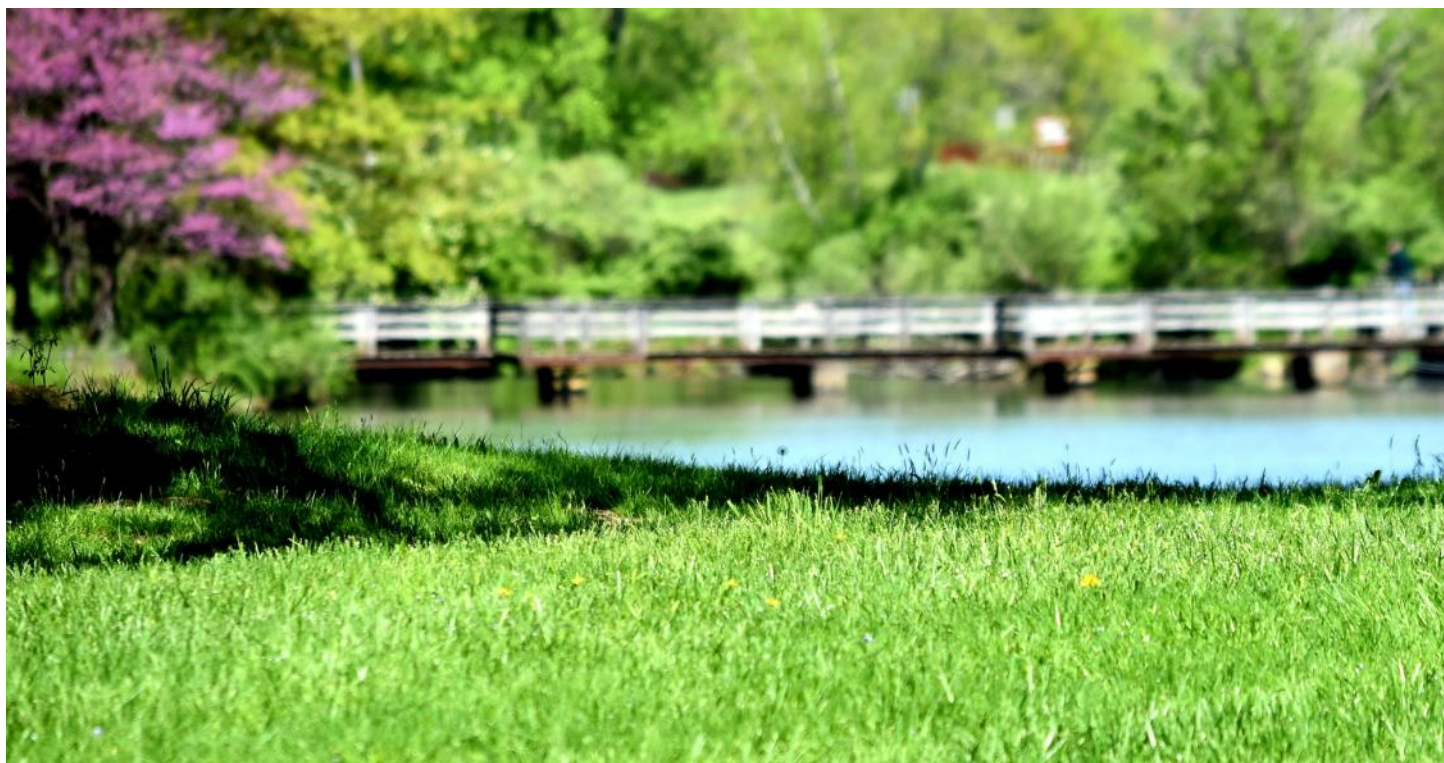
Freu - de, and Freu - de in all Fül - le. Be -  
peace and joy in all full - ness. O

( ♪ ) ( ♪ Last time)

( ♪ ) ( ♪ Last time)

The musical score is written in 4/4 time with a key signature of two flats (B-flat and E-flat). It consists of three systems of music, each with a vocal line and a bass line. The lyrics are in German and English. The first system covers the first two lines of lyrics. The second system covers the next two lines. The third system covers the final two lines and includes repeat signs with first and last endings. The first ending is marked with a fermata and a first ending symbol (a circle with a vertical line), and the second ending is marked with a fermata and a last ending symbol (a circle with a vertical line and the text 'Last time').

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**Psalm 54** (from "Psalms for Praying" by Nan C. Merrill)

**Sung Response: NB37 Alleluia 18**

Al - le - lu - i - a, al - le - lu - i - a, al - le - lu - i - a!

The image shows a musical score for a sung response. It consists of two staves: a treble clef staff on top and a bass clef staff on the bottom. The key signature has one sharp (F#) and the time signature is 4/4. The melody is written in the treble clef, and the bass line is in the bass clef. The lyrics "Al - le - lu - i - a, al - le - lu - i - a, al - le - lu - i - a!" are written below the treble staff. The music features a mix of eighth and quarter notes, with some chords. There are repeat signs at the end of the piece.

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Awaken me, O Blessed Healer,  
With your holy mercy;  
That I might be free of fear.  
Hear my prayer, O Holy One;  
Give ear to the words of my mouth.

**ALLELUIA**

For nagging doubts assail me,  
Bringing loneliness and pain;  
I remember not the Beloved,  
So overwhelming are my fears.

**ALLELUIA**

Yet behold, you are my helper,  
The upholder of my life.  
With you I have the strength  
To face my fears;  
Your faithfulness will help me  
Transform them into love.

**ALLELUIA**

With boundless confidence,  
I abandon myself into your Heart;  
I give praise to your holy name, O Beloved,  
With gratitude and joy.

**ALLELUIA**

For you deliver me from my illusions,  
And, through Love,  
My heart opens to Wisdom.

**ALLELUIA**



## Scripture for Meditation: Mark 9:33-37 *(from Inclusive Bible translation)*

They returned home to Capernaum. Once they were inside the house, Jesus began to ask them, “What were you discussing on the way home?” At this they fell silent, for on the way they had been arguing about who among them was the most important.

So Jesus sat down and called the twelve over and said, “If any of you wants to be first, you must be the last one of all and at the service of all.”

Then Jesus brought a little child into their midst and, putting his arm around the child, said to them, “Whoever welcomes a child such as this for my sake welcomes me. And whoever welcomes me welcomes not me but the One who sent me.”

## Quiet Meditation and Reflection *(lasting approximately 5-7 minutes)*



### Breath Prayer

*Inhale* — Welcome me...

*Exhale* — As your child...

**Breath Prayer** is an ancient practice that connects short phrases with our breathing, help ground us in this moment, focuses us and refreshes us body, mind, and soul.

*On your inhale say or be mindful of the first phrase.*

*On your exhale say or be mindful of the second phrase.*

You may also carry this with you throughout your week, and let this embodied practice hold you, knowing that many across space and time are breathing and praying with us.



## Words from Saints and Ancestors

Children quite naturally see with the heart. The essential is clearly visible to them....

All grown-ups were once children... but only few of them remember it.

— *Antoine de Saint-Exupéry (1900-1944)*

*a French writer, poet, journalist and aviator who received several prestigious literary awards for his novella “The Little Prince”*



# NB25 Where There Is Charity

U - bi - ca - ri - tas et a - mor,  
Where there is char - i - ty, self - less love,

The first system of musical notation is for the first line of the hymn. It consists of a treble clef staff and a bass clef staff, both in the key of D major (indicated by two sharps) and 2/4 time. The melody is written in the treble clef, and the bass line is in the bass clef. The lyrics are written below the treble staff.

u - bi - ca - ri - tas De - us i - bi est.  
where there is char - i - ty, God is tru - ly there.

The second system of musical notation is for the second line of the hymn. It consists of a treble clef staff and a bass clef staff, both in the key of D major and 2/4 time. The melody continues in the treble clef, and the bass line is in the bass clef. The lyrics are written below the treble staff.

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## Prayers of Intercession

*If you would like to read aloud one of our prayers, please see our greeter in the back to volunteer before we begin.*

### Sung Response: NB42 Kyrie Eleison 5

The image shows a musical score for a Kyrie Eleison. It consists of two staves, a treble clef on top and a bass clef on the bottom. The key signature has two sharps (F# and C#), and the time signature is 3/4. The melody is written in the treble clef, and the bass line is in the bass clef. The lyrics 'Ky - ri - e e - le - i - son, e - le - i - son.' are written below the treble staff. The music ends with a double bar line and repeat signs.

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God, help each of us to become more like children; may your Spirit nurture in us childlike humility, curiosity, simplicity, and trusting You and others.

#### **KYRIE**

We pray for the safety of children who are affected by political, gang, or domestic violence. May your peace become a reality for societies and homes in turmoil, so children feel safe, and healing of relationships may happen in these communities and families.

#### **KYRIE**

We pray for the children whose lives and educations have been disrupted by war and displacement. Help parents and aid organizations find ways for them to continue their schooling and make up missed lessons. Keep this generation from being lost to poverty and despair.

#### **KYRIE**

We pray for children who are lonely, hungry, without adequate housing. Move in and among the Church, government, and families to advocate for and serve children, that they may be protected, live a long, healthy, and prosperous life.

#### **KYRIE**

God, help us to be your hands and feet welcoming children into our lives, allowing them to teach us and guide us; may we see You in them. Help us also to advocate for children, for their welfare, protection, and empowerment as full participants in your Church and the world.

#### **KYRIE**



## Silent and Spoken Prayers

*Please feel free to add your spoken petitions.*

*A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.*

*Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.*

## NB53 The Lord's Prayer

Our Fa - ther who art in heav - en, hal - lowed be thy name; thy king - dom come;

thy will be done, on earth as it is in heav - en. Give us this day our dai - ly bread;

for - give us our tres - pass - es as we for - give those who tres - pass a - gainst us;

lead us not in - to temp - ta - tion, but de - liv - er us from e - vil. For thine is the King - dom,

and the pow - er, and the glo - ry, for - ev - er and ev - er. A - men.

## Prayer over the Anointing Oil *(in unison)*



*We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.*

**Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.**

## 31 Give To Us Your Peace

$\text{♩} = 72$  *mp* Am C Dm ESUS E

Do - na no - bis pa - cem Do - mi - ne.  
Give to us your peace, O Je - sus Christ.

*mp*

Detailed description: This is a musical score for the hymn 'Give To Us Your Peace'. It is written in common time (C) with a tempo of 72 beats per minute. The score is in G major and consists of two staves: a treble clef staff for the vocal line and a bass clef staff for the piano accompaniment. The key signature has one sharp (F#). The tempo is marked 'mp' (mezzo-piano). The lyrics are: 'Do - na no - bis pa - cem Do - mi - ne. Give to us your peace, O Je - sus Christ.' The chords indicated above the staff are Am, C, Dm, ESUS, and E.

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## 29 Nothing Can Trouble

$\text{♩} = 72$  Am Dm<sup>7</sup> G Em/C 1. F Dm<sup>6</sup>

Na - da te tur - be, na - da te es - pan - te. Quien a Dios tie - ne  
Noth - ing can trou - ble, noth - ing can fright - en. Those who seek God shall

*p* *mf*

E Am 2. F Dm<sup>6</sup> E Am

na - da le fal - ta. So - lo Dios bas - ta.  
nev - er go want - ing. God a - lone fills us.

*f*

Detailed description: This is a musical score for the hymn 'Nothing Can Trouble'. It is written in common time (C) with a tempo of 72 beats per minute. The score is in G major and consists of two systems, each with a treble clef staff for the vocal line and a bass clef staff for the piano accompaniment. The key signature has one sharp (F#). The tempo is marked '72'. The first system starts with a piano (*p*) dynamic and includes a first ending marked '1. F' with a mezzo-forte (*mf*) dynamic. The second system starts with a forte (*f*) dynamic and includes a second ending marked '2. F'. The lyrics are: 'Na - da te tur - be, na - da te es - pan - te. Quien a Dios tie - ne Noth - ing can trou - ble, noth - ing can fright - en. Those who seek God shall na - da le fal - ta. So - lo Dios bas - ta. nev - er go want - ing. God a - lone fills us.' The chords indicated above the staff are Am, Dm<sup>7</sup>, G, Em/C, F, Dm<sup>6</sup>, E, and Am.

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**\* Lord, Listen To Your Children Praying**

The musical score is written in 4/4 time with a key signature of three flats (B-flat, E-flat, A-flat). It consists of three systems of music, each with a vocal line and a piano accompaniment line. The lyrics are: "Lord, lis - ten to your chil - dren pray - ing, Lord, send your Spir - it in this place; Lord, lis - ten to your chil - dren pray - ing, send us love, send us power, send us grace." The score includes various chords such as Eb, Eb7, Db/Ab, Ab, F7, Bb7, Adim7, Eb/Bb, Bb7, Ab/Eb, and Eb.

WORDS and MUSIC: Ken Medema (1943- )

Words and Music © 1973 Hope Publishing Company

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CHILDREN PRAYING

Irregular

**Closing Unison Prayer**

Go out into the world endeavoring to be the last of all and servant of all.  
Welcome the children, for in doing so you're welcoming Jesus.

Leader: Thanks be to God. Amen.

People: Amen.

**Postlude by the Taizé Musicians** *(depart as you so desire)*



# SPIRITUAL LIFE & CHURCH EVENTS

## Contemplative Prayer

Monday morning *Contemplative Prayer* will restart tomorrow, Sept 9 from 7:30-8 am. Please join Pastor BJ Woodworth on Zoom (Meeting ID: 959 8065 3992; Passcode: bestill) for 30 minutes of communal silence and guided meditation on scripture. This fall we will be drawing our guided meditations from the book *Becoming Rooted: 100 Days of Reconnecting with Sacred Earth* by Randy Woodley, an activist, scholar, author, teacher, wisdom-keeper and Cherokee descendant, recognized by the Keetoowah Band.

Mondays, 7:30-8 am

## Meditation Hour

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation.

Tuesdays, 6-7 pm

## Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6-7 pm

## JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

Sept 20, Oct 18, Nov 15, Dec 27

Fridays, 7-8:30 pm

## Yoga Retreat: Celebrating the Beauty of You – Oct 5

Join us on Saturday, Oct 5 from 9 am–3 pm for a *Yoga Retreat*. This retreat is all about embracing yourself as you are, relaxation, and inner peace through yoga, movement and meditation in community. Yamuna Morgenstern will lead our yoga, movement and reflections. Special guest Jessica Rosario will offer the sound bath with her crystal bowls and mesmerizing voice. The cost is a suggested donation of \$60 (or pay what you can). Please register online at [tiny.cc/yoga-retreat](http://tiny.cc/yoga-retreat). Contact Yamuna for details ([domorgens@gmail.com](mailto:domorgens@gmail.com)).



## Celebration Honoring Pastor Heather

Join us in the Whitfield Lobby on the ground floor after the 11 am worship service to celebrate Pastor Heather's service to our worship community. Pastor Heather will begin serving as the solo pastor of the Community

Presbyterian Church of Ben Avon on Oct 1.

## Art Show: Abolitionist Expressions

ELPC's Justice and Worship, Music & Arts Committees invite you to attend an art show that runs from Sept 22 through Oct 20 in the Highland Room and Trustees Room, featuring selected works from the permanent collection of *Let's Get Free: The Women and Trans Prisoner Defense Committee*. The show, *Abolitionist Expressions*, includes paintings, collages, and other artwork created by people who are or have been incarcerated. Artwork can be viewed on Sundays from Noon-2 pm, and Wednesdays from 5:30-7 pm.

## Church Tour – Sept 29

All are welcome to join guide Tom Morton for a tour of the stained glass after the 11 am worship service on Sunday, Sept 29. Please gather at the Highland Lobby to participate.

## Voter Event / Social Hour – Sept 29

Join us in the Fellowship Room on Sunday, Sept 29 when members of the ad hoc *Voting Team* (under the Justice Committee) will be available to do voter registrations, mail-in ballot requests, check status, and receive a voter pledge card with an issue checklist. This event will be a *Social Hour* too, so come enjoy food and conversation. Contact Nancy Heastings if you can volunteer ([n.heastings@comcast.net](mailto:n.heastings@comcast.net)).

## Cathedral Concert: Back to Broadway



Our new season of *Cathedral Concerts* kicks off on

**Sunday, Sept 29 at 3 pm** with *Back to Broadway*. Join us in the Sanctuary for an afternoon of show tunes from past and present, featuring ELPC's own section leaders. The concert is free, and a freewill offering will be received.

Contact Dr. Ed Moore for more info ([EdM@cob.net](mailto:EdM@cob.net)).