



TAIZÉ:

PRAYERFUL SONG
& QUIET
MEDITATION



**East Liberty
Presbyterian Church**

www.ELPC.church

October 16, 2024 • 7:00 pm

116 South Highland Ave
Pittsburgh, PA 15206

412.441.3800



Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

Prelude by the Taizé Musicians

Welcome and Opening Centering by The Rev. BJ Woodworth

NB22 Sing To The Lord

Sing to the Lord, all my be - ing, let ev-'ry-thing in me pro-claim God's sal-va-tion.
Lo - be den Herrn, mei-ne See - le, und al-les in mir sei-nen hei - li - gen Na-men!

Sing to the Lord, all my be - ing, and re-mem-ber all of God's mar-vel - ous deeds!
Lo - be den Herrn, mei-ne See - le, und ver - giß nicht, was er dir Gu - tes ge - tan!

OneLicense.net #A-700877

NB33 Grant Us Your Peace, O Lord

Canon

Da pa - cem, Do - mi - ne, da pa - cem,
Grant us your peace, O Lord, grant us your

O Chri - ste, in di - e - bus no - stris.
peace, O Lord, may it fill all our days.

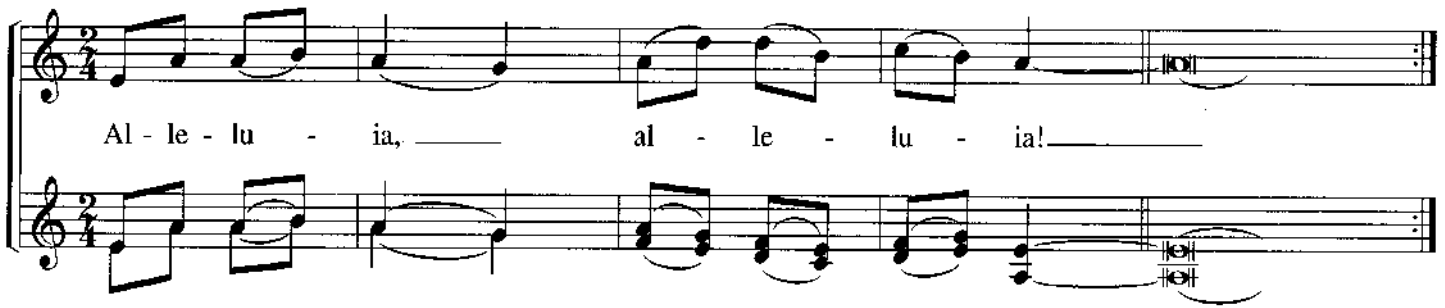
Coda

A - men. A - men. A - men.

OneLicense.net #A-700877

Psalm 147:1-14 (from "Psalms for Praying" by Nan C. Merrill)

Sung Response: NB37 Alleluia 14



OneLicense.net #A-700877

Praise the Beloved, Heart of all hearts!
We are blessed as we sing
Praises to the Beloved;
For as we give ourselves to love,
So we receive Love.
The Beloved abides in our heart,
In every open heart that welcomes Love.

ALLELUIA

Through Love we are sent
To the brokenhearted,
A mutual balm to the soul.
We seek out the downtrodden,
Those without shelter or food,
Recognizing our own poverty with them.
Those in prison also await
Willing hearts to visit them,
That forgiveness might free all from bondage.

ALLELUIA

Sing to the Beloved with thanksgiving;
Mingle with the melodies of the spheres!
Awaken to your inheritance in all the universe!
For you belong to heaven,
To the stars and galaxies.
You come also from the earth,
From mineral and plant,
Pure water courses through your veins.

ALLELUIA

Every creature—those that swim and fly
And walk on land—knows you as of old;
And each human—in body or in spirit—
Welcomes you in the heart-song of Love,
Where we know we are all One Being.

ALLELUIA

Praise the Beloved, Life of all life!
Invite Love into your heart!
For Divine Love gives strength to the weak,
With courage to face their fears.

ALLELUIA

Divine Love brings peace to the heart,
Peace that is beyond our knowledge.
Divine Love cuts through the ignorance
That fosters greed and arrogance,
Humbling and breaking open the heart.

ALLELUIA



Scripture for Meditation: Mark 10:35-45 *(from Inclusive Bible translation)*

Zebedee's children James and John approached Jesus. "Teacher," they said, "we want you to grant our request."

"What is it?" Jesus asked.

They replied, "See to it that we sit next to you, one at your right and one at your left, when you come into your glory."

Jesus told them, "You do not know what you are asking. Can you drink the cup I will drink or be baptized in the same baptism as I?"

"We can," they replied.

Jesus said in response, "From the cup I drink of, you will drink; the baptism I am immersed in, you will share. But as for sitting at my right or my left, that is not mine to give; it is for those to whom it has been reserved."

The other ten, on hearing this, became indignant at James and John.

Jesus called them together and said, "You know how among the Gentiles those who exercise authority are domineering and arrogant; those "great ones" know how to make their own importance felt. But it can't be like that with you. Anyone among you who aspires to greatness must serve the rest; whoever wants to rank first among you must serve the needs of all. The Promised One has come not to be served, but to serve — to give one life in ransom for the many."

Quiet Meditation and Reflection *(lasting approximately 5-7 minutes)*





Breath Prayer

Inhale — Humble me...

Exhale — in the face of
reality...

Breath Prayer is an ancient practice that connects short phrases with our breathing, help ground us in this moment, focuses us and refreshes us body, mind, and soul.

On your inhale say or be mindful of the first phrase.

On your exhale say or be mindful of the second phrase.

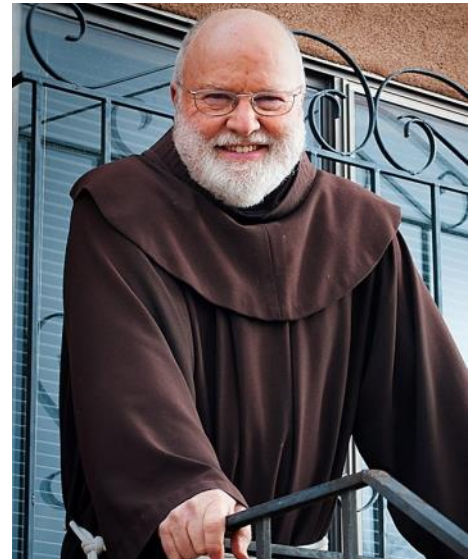
You may also carry this with you throughout your week, and let this embodied practice hold you, knowing that many across space and time are breathing and praying with us.



Words from Saints and Ancestors

People who have really met the Holy are always humble... People who've had any genuine spiritual experience always know they don't know. They are utterly humbled before mystery. They are in awe before the abyss of it all, in wonder at eternity and depth, and a Love, which is incomprehensible to the mind.

— *Richard Rohr*



NB14 Lord God, You Love Us

Lord God, you love us, source of compassion.
Toi, tu nous aimas, source de vie.

Prayers of Intercession

If you would like to read aloud one of our prayers, please see our greeter in the back to volunteer before we begin.

Sung Response: 30 Lord Of All Goodness

The image shows a musical score for a song. It features a treble and bass clef staff with a key signature of two flats (B-flat and E-flat) and a time signature of 50. The melody is written in the treble clef, and the bass line is in the bass clef. The lyrics are written below the treble staff. The chords are indicated above the treble staff: Cm, Fm, Bb, Eb, Cm, Fm, Bb, Eb. The lyrics are: Do - mi - ne De - us Fi - li - us Pa - tris, do - na no - bis pa - cem. Lord of all good - ness, Son of the Fa - ther, may your peace sur - round us. (hum) is written below the first note of the melody.

OneLicense.net #A-700877

We pray for the local, national, and global church, that it might embody the pathway of service, not seeking to lead through power or control, rather in humble faith and love.

LORD OF ALL GOODNESS

We pray for the international community, that governments and nations would learn and practice the way of peace and nonviolence.

LORD OF ALL GOODNESS

We pray for all who suffer in their bodies... their minds... or their spirits... May they receive the comfort, healing, and restoration they desire and need.

LORD OF ALL GOODNESS

We pray for the earth, that it might be healed of the wounds we have caused her, and that we might listen to her groaning and participate in creation's renewal and restoration.

LORD OF ALL GOODNESS

We pray for the thousands of people suffering due to the recent hurricanes that have blown across our country.

LORD OF ALL GOODNESS

We remember those who have come to their eternal rest, and we wrap our loving arms of comfort around those who are grieving for their loss.

LORD OF ALL GOODNESS

Silent and Spoken Prayers

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

NB53 The Lord's Prayer

Our Fa - ther who art in heav - en, hal - lowed be thy name; thy king - dom come;

thy will be done, on earth as it is in heav - en. Give us this day our dai - ly bread;

for - give us our tres - pass - es as we for - give those who tres - pass a - gainst us;

lead us not in - to temp - ta - tion, but de - liv - er us from e - vil. For thine is the King - dom,

and the pow - er, and the glo - ry, for - ev - er and ev - er. A - men.

Prayer over the Anointing Oil *(in unison)*

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in bearing prayer concerns, anointing happens to the left in the columbarium.

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.



NB24 Holy Spirit, Come To Us

p

Ve - ni San - cte Spi - ri - tus, tu - i a - mo - ris i - gnem ac - cen - de.
Ho - ly Spir - it, come to us, kin - dle in us the fire of your love.

p

Ve - ni San - cte Spi - ri - tus, ve - ni San - cte Spi - ri - tus.
Ho - ly Spir - it, come to us, Ho - ly Spir - it, come to us.

NB32 Your Word, O Lord

Your word, O Lord, is a light. My God, en - light - en my
C'est toi ma lam - pe, Sei - gneur. Mon Dieu é - clai - re ma té -

dark - ness. O Lord, my God, en - light - en my dark - ness. O
nè - bre. Sei - gneur, mon - Dieu, é - clai - re ma té - nè - bre. Sei -

Lord, my God, en - light - en my dark - ness. Your
gneur, mon - Dieu, é - clai - re ma té - nè - bre. C'est

Last time



NB21 Sing To God

Sing to God with joy - ful hearts. Praise the Lord for
Singt dem Herrn ein neu - es Lied. Lob - singt ihm

ev - er - more, praise the Lord for ev - er - more.
al - le - zeit, lob - singt ihm al - le - zeit! Last time

Verses (Cantor)

O D.C. D.C.

OneLicense.net #A-700877

Closing Unison Prayer

Jesus came to serve, not be served.

Let us follow Christ's example, empty ourselves, relinquish power,
and give ourselves to God and one another.

Leader: Thanks be to God. Amen.

People: Amen.

Postlude by the Taizé Musicians *(depart as you so desire)*

TAIZÉ MUSICIANS:

Charlie Anderson..... *flute*

James Avant..... *vocalist*

David Bennett..... *cello*

Alyssa Creasy..... *pianist*

Jennifer Gorske..... *music director/vocalist*

Chris Markwell..... *vocalist*

Gerard Rohlf..... *guitar*

SPIRITUAL LIFE & CHURCH EVENTS

Contemplative Prayer

Monday morning *Contemplative Prayer* will restart tomorrow, Sept 9 from 7:30-8 am. Please join Pastor BJ Woodworth on Zoom (Meeting ID: 959 8065 3992; Passcode: bestill) for 30 minutes of communal silence and guided meditation on scripture.

Mondays, 7:30-8 am

Tuesday Morning Zoom Prayer Group

ELPC offers an online prayer group each Tuesday morning from 8-8:30 am, hosted by ELPC member Steve Evrard. These 20-minute sessions feature scripture readings, responsive prayer, and interactive dialogue. All are welcome at this opportunity for fellowship and prayer.

Tuesdays, 8-8:30 am

Meeting ID: 896 9680 6662 • Passcode 116
or you may call in by dialing 929.205.6099

Meditation Hour

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation.

Tuesdays, 6-7 pm

Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6-7 pm

JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

Oct18, Nov 15, Dec 27 ♦ Fridays, 7-8:30 pm

A Day with Cole Arthur Riley – Nov 2

Cole is the creator of *Black Liturgies* and author of *This Here Flesh*. She is a native of Pittsburgh and will be offering her wisdom and sharing from her liturgies at Sixth Presbyterian Church (1688 Murray Ave, 15217) on Saturday, Nov 2 from 9 am—2 pm. The cost is \$20 per person. Cole will be speaking on **Dignity, Justice, Lament, and Solidarity**. *What is our story and where does it begin? How can you practice justice and reconciliation in the mundane and in the systemic? What does it mean to exist in solidarity with another?* Register online at:

<https://www.jotform.com/form/242466134554053>.

Inquirers Class – Oct 20

Attend an Inquirers' Class on Sunday, Oct 20 after the 11 am sanctuary service to learn more about ELPC, Presbyterian theology, and to explore membership. Lunch will be provided. Contact Jen King (JenK@coh.net; 412.441.3800 x222) to attend.

Church Tours – Oct 20 and 27

A tour of the *Sanctuary and Chapel* will be held on Oct 20, and a *Tower* tour will be offered on Oct 27. If you would like to participate in either tour, please gather in the Highland Lobby after the 11 am worship service.

Special Reception Celebrating Hope Academy – Oct 27

Join us following the 11 am Sanctuary worship service on Sunday, Oct 27 to celebrate the 25th anniversary of Hope Academy and the long-time leadership and accomplishments of Director Linda Addlespurger. Come to the Fellowship and Garth Overlook Rooms to celebrate and enjoy light refreshments.

Evening with Death Row Exoneree & Attorney – Oct 17

On Oct 17 from 7-9 pm, Pennsylvanians for Alternatives to the Death Penalty is hosting *An Evening with Death Row Exoneree Daniel Gwyn and Attorney Jim Moreno* at East End Cooperative Ministry (6175 Harvard St, Entrance B). Come learn about his journey to freedom after spending 30 years on death row for a crime he didn't commit. Advanced registration requested but not necessary at:

www.eventbrite.com/e/an-evening-with-death-row-exoneree-daniel-gwynn-and-attorney-jim-moreno-registration-1008925462217

Amen to Action Event – Nov 2

Join with neighbors from local congregations and nonprofits to pack 100,000 meals for the Pittsburgh Community Food Bank during *Amen to Action* at Pittsburgh Theological Seminary on Saturday, Nov 2 from 8 am-Noon. If you want to participate with ELPC's Neighbors Committee, sign up online at: <http://Tiny.cc/amen-to-action>. You can also donate at www.pts.edu/Amen-to-Action.

Donations for Chapel Market

The Chapel Market is in need of winter clothing. Donations can be left at the Highland Lobby, or dropped off at the Chapel Market when open.