



TAIZÉ:

*Prayerful Song and
Quiet Meditation*



**East Liberty
Presbyterian Church**

www.ELPC.church

November 6, 2024 • 7:00 pm

116 South Highland Ave
Pittsburgh, PA 15206

412.441.3800



Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

Prelude by the Taizé Musicians

Welcome and Opening Centering by The Rev. BJ Woodworth

CLM14 Christ, You Are Light

Chri - ste, lux mun di, qui se - qui - tur — te ha -
 Christ, you are light — for — those who fol - low you. You

be - bit lu - men vi - tae, lu - men vi - tae.
 come to bring to all the light — of life.

Detailed description: This is a musical score for the hymn 'Christ, You Are Light'. It consists of two systems of music. Each system has a vocal line in the treble clef and a piano accompaniment in the bass clef. The key signature has one flat (B-flat) and the time signature is 4/4. The lyrics are in Latin and English. The first system covers the first two lines of the hymn, and the second system covers the next two lines. There are repeat signs at the end of each system.

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CLM33 O Lord, You Hold And Protect Me

Sei - gneur, tu gar - des mon â - me; Ô Dieu, tu con - nais mon
 O Lord, you hold and pro - tect me; you know all my heart's de -

cœur. Con - dui - moi sur le che - min d'é - ter - ni - té, con - dui -
 sire. Guide my steps a - long the ev - er - last - ing way, guide my

moi sur le che - min d'é - ter - ni - té. Sei -
 steps a - long the ev - er - last - ing way. O

(☺) Last time

(☺) Last time

Detailed description: This is a musical score for the hymn 'O Lord, You Hold And Protect Me'. It consists of three systems of music. Each system has a vocal line in the treble clef and a piano accompaniment in the bass clef. The key signature has three sharps (F#, C#, G#) and the time signature is 4/4. The lyrics are in French and English. The first system covers the first two lines of the hymn. The second system covers the next two lines. The third system covers the final two lines, including a 'Last time' instruction. There are repeat signs at the end of each system.

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Psalm 46 (from "Psalms for Praying" by Nan C. Merrill)

Sung Response: NB37 Alleluia 18



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The Beloved is our refuge and our strength,
A Loving Presence in times of trouble.
Therefore, we need not fear
Though the earth should change,
Though the mountains
Shake in the heart of the sea,
Though its waters roar and foam,
Though the mountains
Tremble with its tumult.

ALLELUIA

There is a river whose streams
Make glad the Holy City,
The holy habitation of the Most High.
The Beloved is in the midst of it,
It shall not be moved;
Our loving Creator
Is an ever-present help.

ALLELUIA

The nations may be at war,
Countries left in ruins,
Yet is the Voice of the Almighty heard,
Slowly breaking through hearts of stone.
The Beloved is ever with us,
The infinite Heart of Love.

ALLELUIA

Come, behold the works of the Beloved,
How love does reign
Even in humanity's desolation.
For the Beloved yearns for wars to cease,
Shining light into fearful hearts;
Loving even those who oppress the weak,
Refining hearts of steel!

ALLELUIA

"Be still and know that I am Love,
Awaken! Befriend justice and mercy;
Do you not know you bear my Love?
Who among you will respond?"
O Blessed One, you know all hearts,
You are ever with us;
May Love ever guide our lives!

ALLELUIA



Scripture for Meditation: Lamentations 3:24-29, 32 (NRSV)

“God is my portion,” says my soul, “therefore I will hope in Them.”

God is good to those who wait patiently, to the soul that seeks God.

It is good that one should wait quietly for the salvation of the Lord.

It is good for one to bear the yoke in youth, to sit alone in silence when the Lord has imposed it, to put one’s mouth to the dust (there may yet be hope).

God may cause grief now, but will have compassion according to the abundance of Their steadfast love.

Quiet Meditation and Reflection

(lasting approximately 5-7 minutes)



Breath Prayer

Inhale — I’m not foolish for hoping ...

Exhale — I won’t rush from this grief...

Breath Prayer is an ancient practice that connects short phrases with our breathing, help ground us in this moment, focuses us and refreshes us body, mind, and soul.

On your inhale say or be mindful of the first phrase.

On your exhale say or be mindful of the second phrase.

You may also carry this with you throughout your week, and let this embodied practice hold you, knowing that many across space and time are breathing and praying with us.

Words from Saints and Ancestors

You have been chosen, you are sound and whole, you are like the very first beat of the heart, you are the bow that shoots the arrows, and also their target ... in tears your smile would glow forever.

Do not be afraid to suffer, give the heaviness back to the weight of the earth; mountains are heavy, seas are heavy.

Even those trees you planted as children became too heavy long ago — you couldn't carry them now.

But you can carry the winds ... and the open spaces ...

— *Rainer Maria Rilke*

49 Live In Charity

The musical score is written in 2/4 time with a key signature of one flat (Bb). It consists of two systems of music, each with a vocal line and a piano accompaniment line. The first system covers the first two lines of lyrics, and the second system covers the last two lines. Chord symbols are placed above the vocal line. The lyrics are in Latin and English.

System 1:

Chords: F, C, Dm, Bb, D, G, C, ,

Vocal line: U - bi ca - ri - tas et a - steadfast mor,
Live in char - i - ty and stead - fast love,

System 2:

Chords: F, C, Dm, Gm, C, F

Vocal line: u - bi ca - ri - tas De - us i - bi est.
live in char - i - ty; God will dwell with you.

Prayers of Intercession

If you would like to read aloud one of our prayers, please see our greeter in the back to volunteer before we begin.

Sung Response: 20 O Lord, Hear My Prayer (1st verse only)

The image shows a musical score for a song. It consists of two systems of music, each with a vocal line and a piano accompaniment line. The key signature is one sharp (F#) and the time signature is common time (C). The tempo is marked as quarter note = 72. The first system of music has a vocal line with the lyrics: "O Lord, hear my prayer, O Lord, hear my prayer. When I call an - swer me. O". The piano accompaniment has a bass line with the following chords: Em, C6, D, G, C, Am6, B. The second system of music has a vocal line with the lyrics: "Lord, hear my prayer, O Lord, hear my prayer. Come and lis - ten to me. O". The piano accompaniment has a bass line with the following chords: Em, C6, Em, D, G6, Am, B, Em. The word "fine" is written above the final chord in both systems.

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Spirit, who searches the deep things of God, including our own spirits, assist us in staying present to the wide range of emotions we are experiencing this night. Grant us the courage to be present to ourselves in your presence; breathing together, welcoming it all, our lament, tears, despair, confusion, rage and hope.

O LORD, HEAR MY PRAYER

God of all nations, Father and Mother of us all, we give you thanks for the freedom we exercise and the many blessings of democracy we enjoy in this country. We ask for your protection and guidance for all who devote themselves to the common good, working for justice and peace here and around the world.

O LORD, HEAR MY PRAYER

We pray for all our elected leaders and public servants, those who will serve us as president, as legislators and judges and city council members. May they be loyal stewards of your justice, mercy and love. May they protect the disenfranchised, the earth, the poor, immigrants and all the defenseless.

O LORD, HEAR MY PRAYER

Continued on next page....

We pray for those who feel unsafe and afraid of losing their rights and freedoms, for women, for immigrants, for the LGBTQIA+ community, for the earth itself and all people who are deemed different and “othered” by people and laws. Envelope them in your love, protect them and gather them under the shadow of your wings.

O LORD, HEAR MY PRAYER

Heal us from our differences and unite us, O God, with a common purpose, dedication, and commitment to achieve liberation and justice in the years ahead for all people, and especially those who are most vulnerable in our midst.

O LORD, HEAR MY PRAYER

Mobilize your church to continue to seek to fulfill the mission of Jesus in this world, to bring good news to the poor, proclaim release to the captives, recovery of sight to the blind, set free those who are oppressed, and be a house of prayer for ALL people.

O LORD, HEAR MY PRAYER



Silent and Spoken Prayers

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

NB53 The Lord's Prayer

Our Fa - ther who art in heav - en, hal - lowed be thy name; thy king - dom come;

thy will be done, on earth as it is in heav - en. Give us this day our dai - ly bread;

for - give us our tres - pass - es as we for - give those who tres - pass a - gainst us;

lead us not in - to temp - ta - tion, but de - liv - er us from e - vil. For thine is the King - dom,

and the pow - er, and the glo - ry, for - ev - er and ev - er. A - men.

Prayer over the Anointing Oil *(in unison)*

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in bearing prayer concerns, anointing happens to the left in the columbarium.

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.



44 Give Peace

Canon
♩ = 72

(A) Cm F Cm F

Da pa - cem cor - di - um. Da pa - cem cor - di - um. Da
Give peace to ev - 'ry heart. Give peace to ev - 'ry heart. Give

(B) (C)

pa - - - - - cem. Da pa - - - - - cem. Da
peace, _____ Lord. Give peace, _____ Lord. Give

30 Lord Of All Goodness

$\text{♩} = 50$ Cm Fm B \flat E \flat , Cm Fm B \flat E \flat

Do - mi - ne De - us Fi - li - us Pa - tris, do - na no - bis pa - cem.
Lord of all good - ness, Son of the Fa - ther, may your peace sur - round us.
(hum)

The musical score is written for voice and piano. It features a treble and bass clef with a key signature of two flats (B-flat and E-flat) and a common time signature. The tempo is marked as quarter note = 50. The lyrics are: "Do - mi - ne De - us Fi - li - us Pa - tris, do - na no - bis pa - cem. Lord of all good - ness, Son of the Fa - ther, may your peace sur - round us. (hum)". The piano accompaniment consists of chords in the right hand and a simple bass line in the left hand.

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NB31 With You, O Lord

With you, O Lord, is life in all its full - ness, and

The first system of the musical score is in 4/4 time with a key signature of two sharps (F# and C#). It consists of a treble and bass clef. The lyrics are: "With you, O Lord, is life in all its full - ness, and".

in your light we shall see true light. With you, O Lord, is

The second system of the musical score continues the melody and accompaniment. The lyrics are: "in your light we shall see true light. With you, O Lord, is".

life in all its full-ness, and in your light we shall see true light.

The third system of the musical score concludes the piece. The lyrics are: "life in all its full-ness, and in your light we shall see true light."

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Closing Unison Prayer

The Beloved is our refuge and our strength,
A Loving Presence in times of trouble.
Be still and know that God is Love,
Stay awake! Befriend justice and mercy;
and may Love ever guide our lives!

Leader: Thanks be to God. Amen.

People: Amen.

Postlude by the Taizé Musicians *(depart as you so desire)*

TAIZÉ MUSICIANS:

Charlie Anderson..... *flute*

James Avant..... *vocalist*

David Bennett..... *cello*

Alyssa Creasy..... *pianist*

Jennifer Gorske..... *music director/ vocalist*

Chris Markwell..... *vocalist*

Gerard Rohlf..... *guitar*



SPIRITUAL LIFE & CHURCH EVENTS

Contemplative Prayer

Monday morning *Contemplative Prayer* will restart tomorrow, Sept 9 from 7:30-8 am. Please join Pastor BJ Woodworth on Zoom (Meeting ID: 959 8065 3992; Passcode: bestill) for 30 minutes of communal silence and guided meditation on scripture.

Mondays, 7:30-8 am

Tuesday Morning Zoom Prayer Group

ELPC offers an online prayer group each Tuesday morning from 8-8:20 am, hosted by ELPC member Steve Evrard. These 20-minute sessions feature scripture readings, responsive prayer, and interactive dialogue. All are welcome at this opportunity for fellowship and prayer.

Tuesdays, 8-8:30 am

Meeting ID: 896 9680 6662 • Passcode 116
or you may call in by dialing 929.205.6099

Meditation Hour

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation.

Tuesdays, 6-7 pm

Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6-7 pm

JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

Nov 15, Dec 27 ♦ Fridays, 7-8:30 pm

The Rev. BJ Woodworth is Minister of Taizé Prayer at ELPC.

BJ is also Director of Spiritual Life Ministries and is available to provide spiritual direction to anyone who is a part of the ELPC community (attending Taizé makes YOU a part of that community).

He can be reached at:

412.441.3800 x241 ♦ BJW@coh.net

Book Donation by ELPC Member Michael Hellman

A Journey of Acceptance is now available to borrow from the ELPC Library (in the Garth Overlook Room). It is a living memoir written by local ELPC member Michael Hellman.



We all have a story to tell. *A Journey of Acceptance* lays the foundation for telling his story honestly and sharing challenging times in life when *some days are best forgotten*. Sharing his journey is a compelling way to make a difference. It begins with a serious diagnosis portrayed as, "... put your life in order, and you'll be dead in 18 to 24 months." *Where does one go from there?*

Volunteer for Fall Clean-Up at ELPC – Nov 9

If you would like to help clean up the church grounds for the fall season, please join Don Breitbarth on Saturday, Nov 9 from 9 am—Noon. Work will include removing the annual flowers in the courtyard and at S Highland, planting spring tulip bulbs, and miscellaneous cleanup in the rain garden. Gloves, garden tools, and donuts provided! Contact Don (don.breitbarth@gmail.com).

Church Tour – Nov 10

A tour of the *Sanctuary and Chapel* will be offered next Sunday, Nov 10 by guide Jo Ellen Aleshire. To participate, please gather in the Highland Lobby after the 11 am worship service.

Stewardship Sunday Food Drive – Nov 17

The Neighbors Committee invites you to participate in a special food drive to help stock the shelves of East End Cooperative Ministries' food pantry with healthy, non-perishable foods to distribute to those in our community who are in need. On *Stewardship Sunday*, Nov 17, please bring your food donations (along with your stewardship pledge cards) to worship. You can also drop off your donations in the Highland Lobby prior to Nov 17. Suggested items: *brown rice, whole grain pastas, instant potatoes, boxed mac and cheese, low-sodium soups and broth, low-sugar canned fruits and vegetables, canned tomato paste and sauce, canned tuna, high-fiber breakfast cereals, pancake mix and syrup, brownie mix, peanut butter, jelly, baking soda, bags of dried beans and unsalted nuts and seeds.*

Giving Tree – Select Gifts from Nov 17 to Dec 8

The annual *Giving Tree* will be available soon. Gifts can be chosen online at tiny.cc/elpc-giving-tree. Deacons will be available to help after worship on Sundays, Nov 17 and 24, Dec 1 and 8.

Brother Roger

founder of Taizé

ON PRAYER

From the depths of the human condition, a secret aspiration rises up. Caught up in the anonymous rhythms of schedules and timetables, men and women of today are implicitly thirsting for the one essential reality: an inner life, signs of the invisible.

Nothing is more conducive to a communion with the living God than a meditative common prayer with, as its high point, singing that never ends and that continues in the silence of one's heart when one is alone again.

In a technological society, there is a clear separation between prayer and work. When inner life and human solidarity appear to be in competition with one another, as if people had to choose between them, that opposition tears apart the very depths of the soul.

Prayer is a serene force at work within human beings, stirring them up, transforming them, never allowing them to close their eyes in the face of evil, of wars, of all that threatens the weak of this world. From it we draw the energy to wage other struggles—to enable our loved ones to survive, to transform the human condition, to make the earth a place fit to live in.

ON SINGING

Singing is one of the most important forms of prayer. A few words sung over and over again reinforce the meditative quality of the prayer. They express a basic reality of faith that can quickly be grasped by the intellect, and that gradually penetrates the heart and the whole being. These simple chants also provide a way of praying when one is alone, during the day or at night, or even in the silence of one's heart while one is working.

ON SILENCE

When we try to express communion with God in words, we rapidly reach the end of our capacities. But in the depths of our being Christ is praying, far more than we imagine. Compared to the immensity of that hidden prayer of Christ in us, our explicit praying dwindles to almost nothing. That is why silence is so essential in discovering the heart of prayer.





Please visit our website for more information about the ministries of East Liberty Presbyterian Church.

WWW.ELPC.CHURCH

INFORMATION ABOUT TAIZÉ

ABOUT TAIZÉ: Taizé is an international ecumenical prayer community in Taizé, France which was founded in 1940 by a young seminary student, Roger Schultz, as a place of hospitality and reconciliation during World War II. Today, thousands of young people come each week to Taizé to pray with the brothers and discern God's purpose for their lives. Taizé Prayer Pilgrimages and Intercontinental Meetings around the globe bring together thousands more in an effort to become the prayerful, reconciled presence of Christ wherever they live.

Taizé prayers at East Liberty Presbyterian Church were begun in the Spring of 1992 in preparation for an intercontinental meeting in Dayton. The experience proved to be so meaningful that we have continued to pray every Wednesday evening since then, inviting people of all backgrounds to join with us.

Taizé is located in eastern France, southeast of Paris, north of Lyons, due west of Geneva, Switzerland, between the towns of Chalon-sur-Saône and Macon. Here are the ways to get Taizé information:

Address:	Taizé Community, 71250 TAIZE, France
To contact Taizé:	community@taize.fr
To visit Taizé:	meetings@taize.fr
List of useful info:	info@taize.fr
Web site:	www.taize.fr
Telephone:	011-33 385 50 30 02 Fax: 011-33 385 50 30 16

YOU ARE WELCOME AT EAST LIBERTY PRESBYTERIAN CHURCH: Our congregation seeks to promote peace, justice and human dignity; to reflect a spirit of openness, sharing and learning in our ministry and mission; to build a richly diverse faith community that witnesses to our oneness in Christ across all boundaries of race, social class, ability, culture, age, gender and sexual identity. *(From our Strategic Plan.)*

ELPC Web site:	www.ELPC.church
E-mail:	BJW@coh.net

You are welcome at any of our programs and worship services. It is possible to have more than one church home. Perhaps you would be interested in becoming a member or friend of this Church. If so, please speak to The Rev. BJ Woodworth, Minister of Taizé Prayer (BJW@coh.net or 412.441.3800 x241).



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