# TAIZÉ:

Prayerful Song & Quiet Meditation





East Liberty Presbyterian Church November 13, 2024 • 7:00 pm

116 South Highland Ave Pittsburgh, PA 15206

412.441.3800



# **Welcome to Taizé**

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

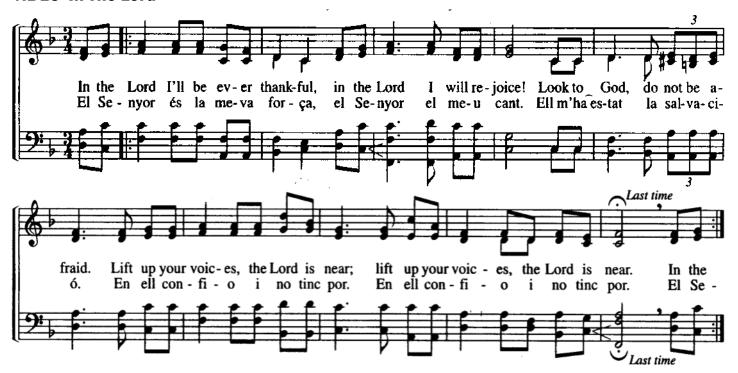
- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

**Prelude by the Taizé Musicians** 

Welcome and Opening Centering by The Rev. BJ Woodworth

## **NB10** In The Lord



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## **CLM7 O God, Keep Me Safe**



## **Psalm 16** (from "Psalms for Praying" by Nan C. Merrill)

## Sung Response: 1 Alleluia 4



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Remain ever before me, O Living Presence, For in you am I safe.
You are my Beloved,
In you and through you I can do all things.

#### **ALLELUIA**

I look to those who are at one with you, And learn from them of your ways; My delight increases each time I sense your presence within me! Songs of praise well up from my heart!

#### **ALLELUIA**

Love is my chosen food, my cup, Holding me in its power. Where I have come from, Where'er I shall go, Love is my birthright, my true estate.

#### **ALLELUIA**

I bless the Counselor who guides my way; In the night also does my heart instruct me. I walk beside the Spirit of Truth; I celebrate the Light. I bask in The Oneness of All!

#### **ALLELUIA**

Thus my heart is glad, and my soul rejoices; I shall not be afraid,
Nor fall into the pit of despair;
For in Love's presence I know fullness of joy.
You are my Beloved and,
In you will I live forever!

#### **ALLELUIA**



## **Scripture for Meditation: Mark 13:1-8** (from Inclusive Bible translation)

As Jesus was leaving the Temple, one of the disciples commented in passing, "Look, Teacher! What huge stones these are! What wonderful buildings!"

Jesus replies, "See these great buildings? Not a single stone will be left on another. Everything will be torn down."

As Jesus was sitting on the Mount of Olives facing the Temple, Peter, James, John and Andrew asked him privately, "Tell us, when will all this happen? What will be the sign that all this is about to take place?"

Jesus began by saying, "Be on your guard that no one deceives you. Many will come in my name saying, 'I am the One,' and they will deceive many. When you hear of wars and rumors of war, do not be alarmed. Things like this must happen, but the end is still to come. Nation will rise against nation and empire against empire; there will be earthquakes throughout the world and famines — yet this is only the beginning of the labor pains."

## **Quiet Meditation and Reflection**

(lasting approximately 5-7 minutes)



## **Breath Prayer**

Inhale — I am your temple ...

Exhale — pray in me ...

**Breath Prayer** is an ancient practice that connects short phrases with our breathing, help ground us in this moment, focuses us and refreshes us body, mind, and soul.

On your inhale say or be mindful of the first phrase. On your exhale say or be mindful of the second phrase. You may also carry this with you throughout your week, and let this embodied practice hold you, knowing that many across space and time are breathing and praying with us.



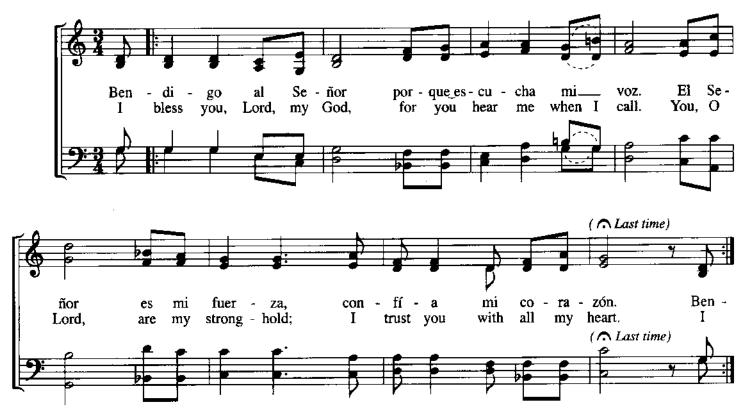
## **Words from Saints and Ancestors**

A Christian is the dwelling place of the living God. God created me, he chose me, God came to dwell in me, because God wanted me. Now that you have known how much God is in love with you it is but natural that you spend the rest of your life radiating that love.

— Mother Teresa of Calcutta



## **CLM8 I Bless You, Lord, My God**



## **Prayers of Intercession**

If you would like to read aloud one of our prayers, please see our greeter in the back to volunteer before we begin.

## Sung Response: 4 Kyrie Eleison 1



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God, in your mercy you hear our cries and know the hidden desires of our hearts. We trust that you answer prayers. We come to you, gracious Lord, praying for ourselves, our community and the world.

#### **KYRIE**

We pray for the witness of the church, that we might walk in the way of the gospel of peace, love and hope.

#### **KYRIE**

We pray for the global community, that we might awaken to our interconnectedness, listen to and learn from each other and live in peace.

#### **KYRIE**

We pray for those who suffer in mind, body, or spirit; may they awaken to your comforting and healing presence, and us to your call to be agents of your healing power.

#### **KYRIE**

We remember those who have died; help us to comfort those who grieve.

#### **KYRIE**



## **Silent and Spoken Prayers**

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

## **NB53 The Lord's Prayer**



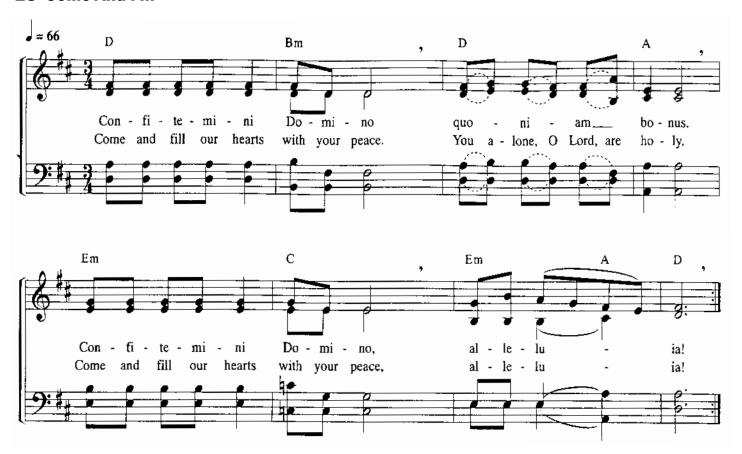
## **Prayer over the Anointing Oil** (in unison)

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.

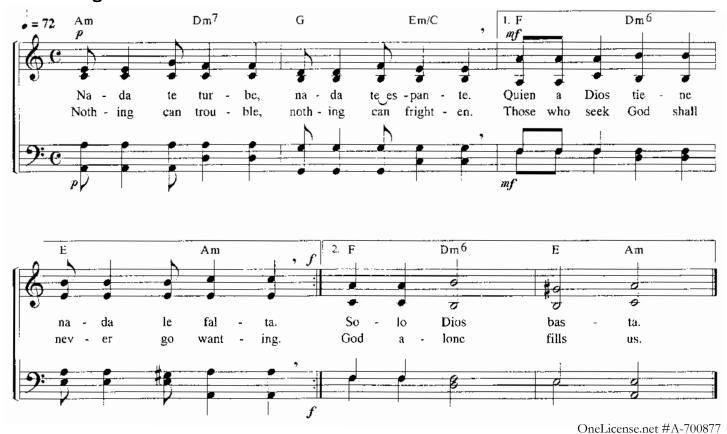
Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.



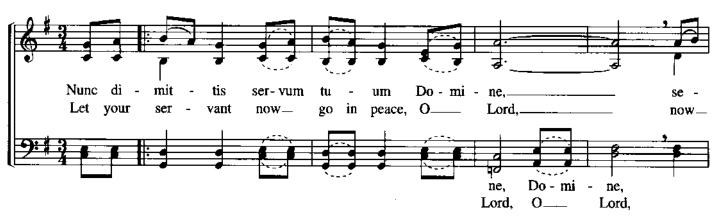
#### 28 Come And Fill

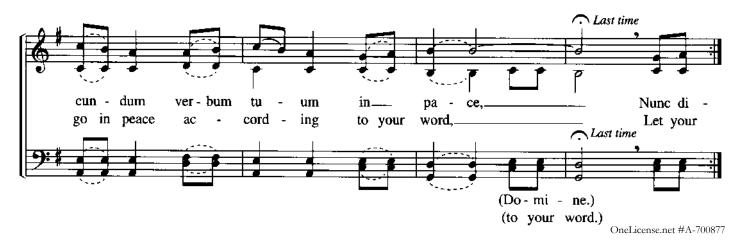


## 29 Nothing Can Trouble



## **NB16 Let Your Servant Now Go In Peace**





## **Closing Unison Prayer**

Beloved, be encouraged in the Lord, and do not be led astray. Stand firm in the witness of the gospel and do good deeds, all for the glory of God.

Leader: Thanks be to God. Amen.

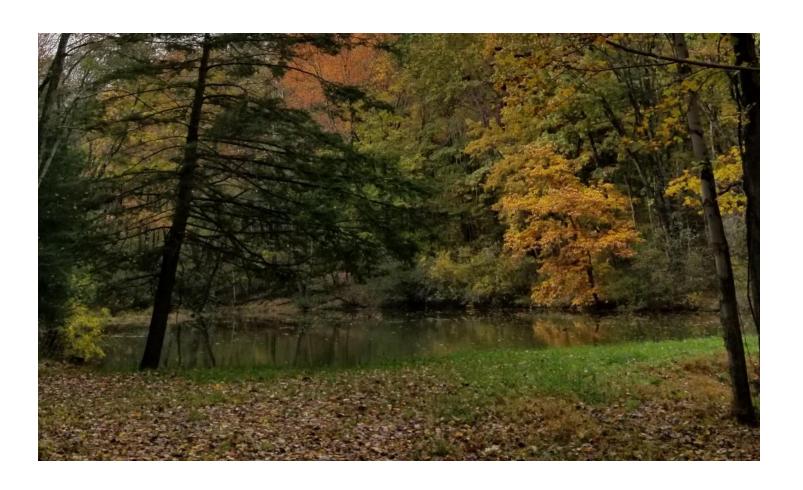
People: Amen.

## **Postlude by the Taizé Musicians** (depart as you so desire)

## TAIZÉ MUSICIANS:

Charlie Anderson....... flute
James Avant...... vocalist
David Bennett...... cello
Alyssa Creasy...... pianist
Jennifer Gorske..... music director/vocalist
Chris Markwell..... vocalist

Gerard Rohlf...... guitar



## **SPIRITUAL LIFE & CHURCH EVENTS**

from there?

#### **Contemplative Prayer**

Monday morning *Contemplative Prayer* will restart tomorrow, Sept 9 from 7:30-8 am. Please join Pastor BJ Woodworth on Zoom (Meeting ID: 959 8065 3992; Passcode: bestill) for 30 minutes of communal silence and guided meditation on scripture.

Mondays, 7:30-8 am

#### **Tuesday Morning Zoom Prayer Group**

ELPC offers an online prayer group each Tuesday morning from 8-8:20 am, hosted by ELPC member Steve Evrard. These 20-minute sessions feature scripture readings, responsive prayer, and interactive dialogue. All are welcome at this opportunity for fellowship and prayer.

Tuesdays, 8-8:30 am

Meeting ID: 896 9680 6662 • Passcode 116

or you may call in by dialing 929.205.6099

#### **Meditation Hour**

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation.

Tuesdays, 6-7 pm

#### **Cathedral Yoga**

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6-7 pm

#### **JourneyDance**

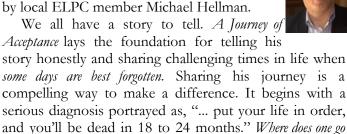
Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month (with a few exceptions).

Nov 15, Dec 27 ♦ Fridays, 7-8:30 pm



#### **Book Donation by ELPC Member Michael Hellman**

A Journey of Acceptance is now available to borrow from the ELPC Library (in the Garth Overlook Room). It is a living memoir written by local ELPC member Michael Hellman.



#### **Stewardship Sunday Food Drive — Nov 17**

The Neighbors Committee invites you to participate in a special food drive to help stock the shelves of East End Cooperative Ministries' food pantry with healthy, nonperishable foods to distribute to those in our community who are in need. On *Stewardship Sunday*, Nov 17, please bring your food donations (along with your stewardship pledge cards) to worship. You can also drop off your donations in the Highland Lobby prior to Nov 17. Suggested items: brown rice, whole grain pastas, instant potatoes, boxed mac and cheese, low-sodium soups and broth, low-sugar canned fruits and vegetables, canned tomato paste and sauce, canned tuna, high-fiber breakfast cereals, pancake mix and syrup, brownie mix, peanut butter, jelly, baking soda, bags of dried beans and unsalted nuts and seeds.

#### Giving Tree — Select Gifts from Nov 17 to Dec 8

The annual *Giving Tree* will be available soon. Gifts can be chosen online at tiny.cc/elpc-giving-tree. Deacons will be available to help after worship on Sundays, Nov 17 and 24, Dec 1 and 8.

#### LGBTQIA+ Ministry's Spiritual Gathering - Nov 17

You are invited to attend the LGBTQIA+ Ministry's spiritual gathering on Sunday, Nov 17 after the 11 am worship service. Join us to share lunch and conversation. Allies and LGBTQIA+ folks alike welcome! Contact Wil Forrest (Wil@coh.net). A Zoom option will be offered if you let Wil know prior to the Friday before the gathering.

## **BLUE CHRISTMAS SERVICE**

The ELPC Board of Deacons invites you to the Blue

Christmas service on Friday, Dec 6 at 7 pm in the Chapel. The service is designed as a source of strength during what is a difficult season for many.

