

Prayerful Song & Quiet Meditation



116 South Highland AvePittsburgh, PA 15206412.441.3800

January 29, 2025 • 7:00 pm



Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

Prelude by the Taizé Musicians

Welcome and Opening Centering by Rev. BJ Woodworth

CLM35 The Kingdom Of God



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Sung Response: NB37 Alleluia 1

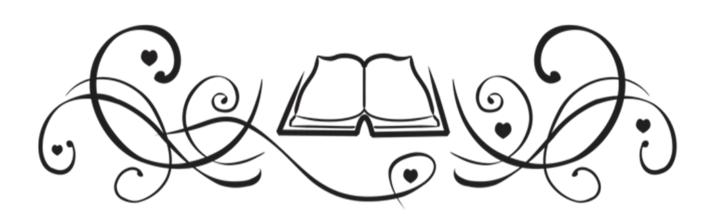


In you, O my Beloved, Do I take refuge; Let me never feel separated from you! In your compassion Come and refresh me; Listen to my cry, answer my plea! Be to me a rock, a tower of strength, A strong arm to uphold me, As I abandon myself into your hands. ALLELUIA

Be a very presence to me as fear grips me, As I grow old and my friends leave me. For you, O Friend, are my hope, My strength, since I was but a child. Upon you have I trusted from my birth, You, whom I knew before my mother's womb. I continually sing praises to you! ALLELUIA I tell others of your goodness, Of your compassion and grace all the day; For your glory is beyond my understanding. As I grow in inner peace and serenity, I sing songs of thanksgiving to you, my Friend! ALLELUIA

And I tell my friends as well as strangers Of your abounding grace and kindness. For my fears have diminished, My strength has returned; I will live my remaining years in peace. Blessed be the Beloved, Who dwells in all hearts!

ALLELUIA



The Word/Meditation: I Corinthians 13:4-8a, 11-13 (The Inclusive Bible)

Love is patient; love is kind. Love is not jealous, it does not put on airs, and it is not snobbish; it is never rude or self-seeking; it is not prone to anger, nor does it brood over injuries. Love doesn't rejoice in what is wrong, but rejoices in the truth. There is no limit to love's forbearance, to its trust, its hope, its power to endure. Love never fails.

When I was a child, I used to speak like a child, think like a child, reason like a child. But when I became an adult, I put childish ways aside. Now we see indistinctly, as in a mirror; then we will see face to face. My knowledge is imperfect now; then I will know even as I am known.

There are, in the end, three things that last: faith, hope and love. But the greatest of these is love.

Quiet Meditation and Reflection (lasting approximately 5-7 minutes)



Breath Prayer

Inhale — O Flame of Love ...

Exhale — swell my heart with love ...

Breath Prayer is an ancient practice that connects short phrases with our breathing, help ground us in this moment, focuses us and refreshes us body, mind, and soul. *On your inhale say or be mindful of the first phrase. On your exhale say or be mindful of the second phrase.*

You may also carry this with you throughout your week, **a**nd let this embodied practice hold you, knowing that many across space and time are breathing and praying with us.



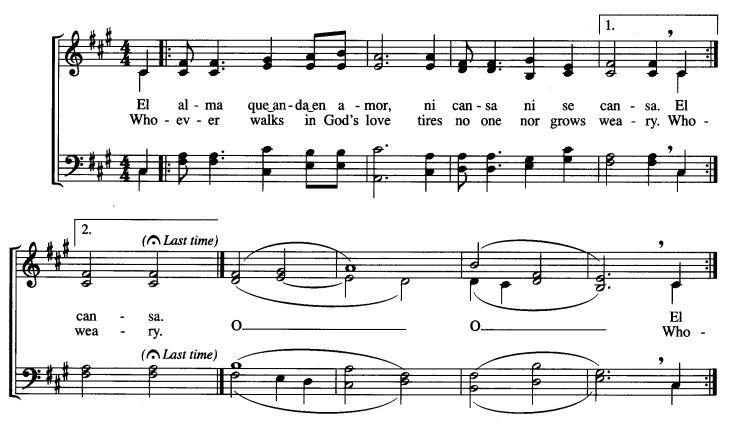
Words from Saints and Ancestors

Love is more than a rush of feeling. Love is *sweet labor:* fierce, bloody, imperfect, and life giving – a choice we make again and again. Love is not any one emotion. Love is *all* our emotions: Joy is the gift of love. Grief is the price of love. Anger is what we harness to protect that which we love. Revolutionary Love is the choice to labor for others, for opponents, and for ourselves — to transform the world around us, and within us.

— Valarie Kaur Civil Rights Leader, Lawyer, Filmmaker, Educator, Author, Speaker, Sikh American, Mother, Woman Warrior



CLM16 Whoever Walks In God's Love



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Prayers of Intercession

If you would like to read aloud one of our prayers, please see our greeter in the back to volunteer before we begin.

Sung Response: NB42 Kyrie 6



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God of all goodness, we live in times of stress and controversy, injustice and cruelty. At times we cry to you for rescue and remember that we have leaned on you since our birth as we pray. Hear our prayers this evening.

KYRIE

We pray for leaders and nations around the world, that they may seek justice and peace. We pray for your church in all its variety of forms that we may be the embodiment of love for the world.

KYRIE

We pray for victims of violence and war; grant your healing and give your peace. We pray for those trapped by natural disasters; embrace them with your calm and send them relief.

KYRIE

We pray for those who are ill or suffering, that they may feel the comfort of your love. We pray for your creation, that the health of the earth may be restored.

KYRIE

God our wisdom, enable us to be humble and kind in all things. Remind us that, whatever issues we face today, we know only in part. Help us to be, like you, embodying the greatest gift of love in all we say and do.

KYRIE



Silent and Spoken Prayers

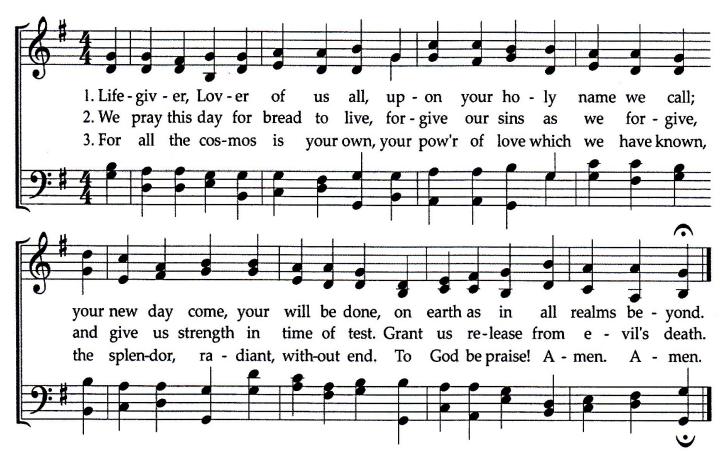
Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentialities.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.



Jesus' Prayer for the Disciples / Life Giver (Tune: TALLIS CANNON)



Written by Laurie Y. J. Aleona, 1988

Prayer over the Anointing Oil (in unison)

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in hearing prayer concerns, anointing happens to the left in the columbarium.

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.



NB10 In The Lord



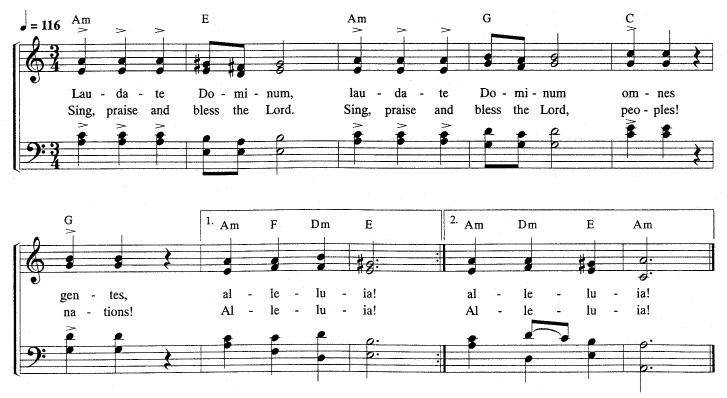
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CLM31 | Delight And Rejoice



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Closing Unison Prayer

May the love of God help you to bear all things. May the love of Christ enable you to believe all things. May the love of the Holy Spirit inspire you to hope all things, so that you abide in faith, hope, and love this day and forever.

Leader: Thanks be to God. Amen. **People: Amen.**

Postlude by the Taizé Musicians (depart as you so desire)



TAIZÉ MUSICIANS:

Charlie Andersonflute James Avantvocalist David Bennettcello Alyssa Creasypianist Jennifer Gorskemusic director/vocalist Chris Markwellvocalist Gerard Rohlfguitar

CHURCH EVENTS

Contemplative Prayer

Monday morning *Contemplative Prayer* will restart tomorrow, Sept 9 from 7:30-8 am. Please join Pastor BJ Woodworth on Zoom (Meeting ID: 959 8065 3992; Passcode: bestill) for 30 minutes of communal silence and guided meditation on scripture.

Mondays, 7:30-8 am

Tuesday Morning Zoom Prayer Group

ELPC offers an online prayer group each Tuesday morning from 8-8:20 am, hosted by ELPC member Steve Evrard. These 20-minute sessions feature scripture readings, responsive prayer, and interactive dialogue. All are welcome at this opportunity for fellowship and prayer.

> Tuesdays, 8-8:30 am Meeting ID: 896 9680 6662 • Passcode 116 or you may call in by dialing 929.205.6099

Meditation Hour

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation.

Tuesdays, 6-7 pm

Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service. Wednesdays, 6-7 pm

JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month.

February 21, March 21, April 18, May 16, June 20, July 18, August 15, September 19, October 17, November 21, December 19 Fridays, 7:00-8:30 pm

The Rev. BJ Woodworth is Minister of Taizé Prayer here at ELPC.

BJ is also Director of Spiritual Life Ministries and is available to provide spiritual direction to anyone who is a part of the ELPC community (attending Taizé makes YOU a part of that community).

> He can be reached at: 412.441.3800 x241 • BJW@coh.net

Cathedral Concert St. Olaf Choir

Sunday, Feb 9 • 7:30 pm



The highly acclaimed St. Olaf Choir will perform in the ELPC Sanctuary on Sunday, Feb 9 at 7:30 pm. The

choir is hailed as one of the nation's premier a cappella ensembles and is renowned for its artistry and beauty of sound.

This is a ticketed event and will not be livestreamed. Discounted tickets are available for ELPC members and friends. Contact Dr. Ed Moore (EdM@coh.net).



Open Hand Ministries Volunteer Opportunity – Feb 1

The next Open Hand Ministries Workday will be on Saturday, Feb 1. The current house rehabilitation is nearing completion but volunteers are still needed to finish things up. Both skilled construction labor and willing hands are welcome to participate. Feel free to participate for just a few hours or all day. If interested, please contact Frank Bauerle (fbauerle52@gmail.com) for more info.

PW Bible Study - Feb 3 and 4

Presbyterian Women's 2024-2025 Bible Study Let Justice Roll Down Like Waters: Climate Change will meet on Monday, Feb 3 from 7–8:30 pm (on Zoom), and on Tuesday, Feb 4 from 10 am–Noon (hybrid). There will be a potluck lunch after Tuesday's Bible Study. Please bring a dish to share; beverages will be provided. Email PW.ELPC@gmail.com.



INQUIRERS CLASS Sunday, February 9

Attend an Inquirers' Class on Sunday, Feb 9 after the 11 am worship service to learn more about ELPC, Presbyterian theology, and to explore membership. Lunch will be provided. Please contact Jen King (JenK@coh.net; 412.441.3800 x222) to register or for info.