



TAIZÉ:

PRAYERFUL SONG AND
QUIET MEDITATION

May 7, 2025 • 7:00 pm



**East Liberty
Presbyterian Church**

www.ELPC.church

116 South Highland Ave
Pittsburgh, PA 15206

412.441.3800



Welcome to Taizé

We hope this time and space of prayerful song and quiet meditation will give you rest in body, mind and spirit. We invite you to pray and meditate in a variety of ways as you are so inclined.

- Hold a prayer stone, palm cross or prayer beads.
- Allow the simple repeated refrains to be sung over you and join in as you are able.
- Come forward to the table to doodle or color a mandala.
- Sit on a prayer cushion or chair at the front to be closer to the icons and artwork.
- Light a candle in prayer for another.

May you awaken to the restful and restorative presence of the Spirit, and may you carry that awareness with you out into the world.

Prelude by the Taizé Musicians

Welcome and Opening Centering by Rev. BJ Woodworth

CLM24 Shout To God With Joy

p *f*

O Ju - bi - la - te De - o om - nis ter - ra!
Shout to God with joy, all peo - ples of the earth!

This system shows the first two staves of the musical score. The top staff is in treble clef and the bottom staff is in bass clef. Both are in 4/4 time. The key signature has one flat (B-flat). The first measure of each staff is marked with a piano (*p*) dynamic and features a long, sweeping slur over the notes. The second measure is marked with a forte (*f*) dynamic. The lyrics are written below the notes.

p *f*

O Al - le - lu - ia, al - le - lu - ia!

This system shows the next two staves. It continues the musical notation and lyrics from the first system. The dynamics *p* and *f* are used again to indicate volume changes. The lyrics "Al - le - lu - ia, al - le - lu - ia!" are written below the notes.

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NB31 With You, O Lord

With you, O Lord, is life in all its full - ness, and

This system shows the first two staves of the musical score for NB31. The top staff is in treble clef and the bottom staff is in bass clef. Both are in 4/4 time. The key signature has two sharps (F# and C#). The lyrics "With you, O Lord, is life in all its full - ness, and" are written below the notes.

in your light we shall see true light. With you, O Lord, is

This system shows the next two staves. The lyrics "in your light we shall see true light. With you, O Lord, is" are written below the notes.

life in all its full-ness, and in your light we shall see true light.

This system shows the final two staves of the musical score for NB31. The lyrics "life in all its full-ness, and in your light we shall see true light." are written below the notes.

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Psalm 66:8-20 (selected verses; from "Psalms for Praying" by Nan C. Merrill)

Sung Response: 3 Alleluia 11

♩ = 104

The musical score is written for two staves, treble and bass clef, in 3/4 time. It begins with a tempo marking of ♩ = 104. The key signature has three flats (B-flat, E-flat, A-flat). The score includes a repeat sign (double bar line with dots) and a 'D.S.' (Da Capo) instruction. The lyrics are: 'Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia! (hum)'. Below the bass staff, the lyrics '(Al - le - lu - ia)' are written.

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Bless the Beloved, Heart of our hearts,
Let the sound of our praises be heard.
You keep us attuned to life
And guide our feet on solid ground.
For you, O Love, have tested us;
You have tried us as silver is tried.

ALLELUIA

You have allowed us to fall into the net;
You have watched us reap
All that we have sown;
We went through fire and through water,
Yet you have brought us through our pain
And into your dwelling place.

ALLELUIA

I enter your Heart surrendered to Love;
I commend my soul into your keeping;
All that my lips uttered,
All that my mouth promised
When I was in trouble and pain,
I offer up to you;
I abandon myself into your hands.

ALLELUIA

Come and hear,
All you who reverence the Most High,
And I shall tell what the Beloved
Has done for me.

ALLELUIA

I cried aloud to the Silent Watcher of my life;
From my tongue came forth words of praise.
Had I cherished greed and power,
I would have separated myself from Love;
The voice of my prayer was heard.

ALLELUIA

Blessed be the holy Name of the Beloved,
Loving Companion Presence,
Who embraced me,
And renewed my life

ALLELUIA



The Word/Meditation: John 14:1, 15-20 *(The Inclusive Bible translation)*

“Do not let your hearts be troubled. You have faith in God; have faith in me as well.

If you love me and obey the command I give you, I will ask the One who sent me to give you another Paraclete, another Helper to be with you always — the Spirit of truth, whom the world cannot accept since the world neither sees her nor recognizes her; but you can recognize the Spirit because she remains with you and will be within you. I won't leave you orphaned; I will come back to you. A little while now and the world will see me no more; but you'll see me; because I live, and you will live as well. On that day you'll know that I am in God, and you are in me, and I am in you.”

Quiet Meditation and Reflection *(lasting approximately 5-7 minutes)*



Breath Prayer

Inhale — Come to me, mothering Spirit ...

Exhale — Dwell with and within me ...

Breath Prayer is an ancient practice that connects short phrases with our breathing, help ground us in this moment, focuses us and refreshes us body, mind, and soul.

*On your inhale say or be mindful of the first phrase.
On your exhale say or be mindful of the second phrase.*

You may also carry this with you throughout your week, and let this embodied practice hold you, knowing that many across space and time are breathing and praying with us.



Words from Saints and Ancestors

God is our Mother as truly as God is our Father; and God showed this in everything, and especially, in the sweet words..., 'It is I,' that is to say, 'It is I: the power and goodness of fatherhood. It is I: the wisdom of motherhood. It is I: the light and grace which is all blessed love. It is I: the unity. I am the sovereign goodness of all manner of things. It is I that make you love. It is I that make you long. It is I: the eternal fulfilment of all true desires

— *Julian of Norwich, on May 8, 1373, (650 years ago this week), at the age of 30, while suffering what was believed to be a terminal illness, experienced sixteen visions or "showings" which revealed deep aspects of the love of God to her. After a miraculous recovery, she set*



* All Will Be Well

The Revelations of Divine Love, Chapter 32

Julian of Norwich

Adapt. by S.C.W.

Steven C. Warner



All will be well, and all will be well, all



man - ner of things will be well._____

Prayers of Intercession

Sung Response: 42 Come And Pray In Us

Canon
♩ = 89

The musical notation is a single-line staff in G minor (one flat) with a common time signature. It consists of four sections labeled A, B, C, and D. Section A starts with a C minor chord (Cm) and includes the lyrics 'Come and pray in us, Vie - ni, Spi - ri - to'. Section B starts with a G major chord (G) and includes 'Ho - ly Spir - it, come and pray in us, cre - a - to - re, vie - ni, vie - ni,'. Section C starts with a C minor chord (Cm) and includes 'come and vis - it us, vie - ni, Spi - ri - to'. Section D starts with a G major chord (G) and includes 'Ho - ly Spir - it, Spir - it, come, Spir - it come, cre - a - to - re, vie - ni, vie - ni!'.

Come and pray in us, Vie - ni, Spi - ri - to
Ho - ly Spir - it, come and pray in us, cre - a - to - re, vie - ni, vie - ni,
come and vis - it us, vie - ni, Spi - ri - to
Ho - ly Spir - it, Spir - it, come, Spir - it come, cre - a - to - re, vie - ni, vie - ni!

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Jesus, thank you for your faithfulness in lovingly mothering us, for your life, death and resurrection. Thank you for not leaving us orphaned as you ascended to God, but sending us the Holy Spirit, the advocate to come along side us and dwell within us. Help us to better discern her movement, leading and guidance.

COME AND PRAY IN US

Holy Spirit, come to us and bring order out of the chaos of our lives, breathe life into the lifeless, make strong those who are weak and renew the face of the earth.

COME AND PRAY IN US

Holy Spirit, come to us and awaken in your people the gifts you have given them for service to the world.

COME AND PRAY IN US

Holy Spirit, come to us and guide all those who are seeking to discern how to faithfully follow you; grant them wisdom in their choices and daily decisions and confidence to know and do your will.

COME AND PRAY IN US

Holy Spirit, come to us and fill your church with the fruit of your indwelling presence. May your church grow in the fruits of joy, peace, forbearance, kindness, goodness, faithfulness, gentleness, and self-control.

COME AND PRAY IN US

Silent and Spoken Prayers

Please feel free to add your spoken petitions.

A note about praying for others out loud: Some people are comfortable with having their prayer concerns lifted up in public worship. Others are not. Before you share aloud any prayer concerns, please be sure that you are not breaking confidentiality.

Whether or not you say the person's name out loud, God hears and receives the intentions of your heart.

Closing Refrain

In the communion of the Holy Spirit and all the saints, let us commend ourselves and one another to the living God, through Jesus Christ. God, in your mercy... **Hear our prayers!**



Jesus' Prayer for the Disciples / Life Giver (Tune: TALLIS CANNON)

1. Life - giv - er, Lov - er of us all, up - on your ho - ly name we call;
2. We pray this day for bread to live, for - give our sins as we for - give,
3. For all the cos - mos is your own, your pow'r of love which we have known,

your new day come, your will be done, on earth as in all realms be - yond.
and give us strength in time of test. Grant us re - lease from e - vil's death.
the splen - dor, ra - diant, with - out end. To God be praise! A - men. A - men.

The musical score is written in 4/4 time with a key signature of one sharp (F#). It consists of two systems of music. Each system has a vocal line (treble clef) and a bass line (bass clef). The lyrics are placed between the two lines of each system. The first system contains three verses of lyrics. The second system contains the concluding lyrics. The music is a simple, homophonic setting of the text.

Prayer over the Anointing Oil *(in unison)*

We have an anointing station this evening for those seeking individual prayer to share joys or concerns. Any desiring prayer, and/or anointing with oil, are invited to come forward, waiting in the center aisle if the station is full. To assist in bearing prayer concerns, anointing happens to the left in the columbarium.

Bless this oil, O Lord, pressed from the fruit of the earth. Let it be a holy ointment for the wounds and worries of those who receive it. May it be a sign to all of us of your constant desire to touch our lives and bring us to health and wholeness. Amen.



41 Veni Sancte Spiritus

$\text{♩} = 56$ *pp* **A** **Bm⁷/A**

The musical score is written on two staves. The top staff is in treble clef and the bottom staff is in bass clef. Both staves are in the key of A major (two sharps) and 6/8 time. The melody is in the treble clef, and the bass clef provides a simple accompaniment. The lyrics are written below the notes.

Ve - ni San - cte Spi - ri - tus.
Ho - ly Spir - it, come to us.

pp

30 Lord Of All Goodness

♩ = 50 Cm Fm B♭ E♭ , Cm Fm B♭ E♭

Do - mi - ne De - us Fi - li - us Pa - tris, do - na no - bis pa - cem.
 Lord of all good - ness, Son of the Fa - ther, may your peace sur - round us.
 (hum)

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45 Sing Out, My Soul

Canon
♩ = 96

(A) G C D7 G (B)

Ma - gni - fi - cat. Ma - gni - fi - cat. Ma - gni - fi - cat a - ni - ma me - a Do - mi - num.
 Sing out, my soul. Sing out, my soul. Sing out and glo - ri - fy the Lord who sets us free.

(C) (D)

Ma - gni - fi - cat. Ma - gni - fi - cat. Ma - gni - fi - cat a - ni - ma me - a!
 Sing out, my soul. Sing out, my soul. Sing out and glo - ri - fy the Lord God!

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Closing Unison Prayer

God of thy goodness, give me thyself;
for thou art enough for me,
and I can ask for nothing less
that can be full honor to thee.

And if I ask for anything that is less,
ever shall I be in want,
for only in thee have I all. (*Julian of Norwich*)

Leader: Thanks be to God. Amen.

People: Amen.

Postlude by the Taizé Musicians (*depart as you so desire*)

Monthly Taizé Social Gathering TONIGHT!

On the first Wednesday of each month, we will create space for people to connect and fellowship after Taizé with some light refreshments and conversation in the Narthex. Taizé is a unique spiritual community within ELPC, and we desire to have time for those who gather to get to know one another. If you would like to volunteer to bring a cake or some other snacks, please contact Pastor BJ (BJW@coh.net).



TAIZÉ MUSICIANS:

Charlie Anderson.....*flute*
James Avant *vocalist*
David Bennett *cello*
Alyssa Creasy.....*pianist*
Jennifer Gorske*music director/vocalist*
Chris Markwell..... *vocalist*
Gerard Rohlf..... *guitar*

SPIRITUAL LIFE EVENTS

Contemplative Prayer

Monday morning *Contemplative Prayer* will restart tomorrow, Sept 9 from 7:30-8 am. Please join Pastor BJ Woodworth on Zoom (Meeting ID: 959 8065 3992; Passcode: bestill) for 30 minutes of communal silence and guided meditation on scripture.

Mondays, 7:30-8 am

Tuesday Morning Zoom Prayer Group

ELPC offers an online prayer group each Tuesday morning from 8-8:20 am, hosted by ELPC member Steve Evrard. These 20-minute sessions feature scripture readings, responsive prayer, and interactive dialogue. All are welcome for fellowship and prayer.

Tuesdays, 8-8:30 am

Meeting ID: 896 9680 6662 • Passcode 116

or you may call in by dialing 929.205.6099

Meditation Hour

The Spiritual Life Committee invites you to join John Benedict in the Chapel each Tuesday from 6-7 pm for an hour devoted to meditation. The session will include an opening reading, silent sitting, and walking. John is a retired psychologist and a long time student and practitioner of insight meditation.

Tuesdays, 6-7 pm

Cathedral Yoga

Yamuna will lead yoga in-person in the Sanctuary before the 7 pm Taizé Prayer service.

Wednesdays, 6-7 pm

JourneyDance

Enjoy an evening of healthy, energizing, funky and divine dancing on the 3rd Friday of every month.

May 16, June 20 (etc) • Fridays, 7:00-8:30 pm

Labyrinth Available

For decades the Labyrinth at ELPC has been a vital and creative spiritual path for our church and neighbors and during the pandemic we had to suspend its weekly offering. It is available on:

Wednesdays and Thursdays

10 am—7 pm in McKelvy Room

(not available on Thur, June 12, nor Wed, June 25 and Thur, June 26)

Volunteers Needed

We need 3 to 6 more people on our team to help with the set up and teardown of the labyrinth.

Set up happens on Wednesdays from 9-10 am; teardown is Fridays from 9-10 am.

CHURCH EVENTS

Alternative Transportation Challenge – May 18

Transportation is one of the largest contributors to carbon emissions and plays a crucial role in ensuring equitable access to services and opportunities for all communities. The Environmental Team of the Justice Committee would like to challenge the ELPC congregation to consider lowering its transportation carbon footprint. We can make an impact by working together to care for God's creation.



Join the challenge on Sunday, May 18 if you are able, to get to ELPC by biking, walking, running, carpooling, using public transportation, or driving a hybrid or electric vehicle. Secure indoor bicycle parking will be available in the Harambe Room. Information will be available after worship services on Sundays, April 27 and May 11 to assist you in making a plan!

On Sunday, May 18 we will gather data as people arrive, and report on the total carbon emissions saved compared to single occupancy gas vehicles. Members with electric vehicles will be present after both services to demonstrate and provide information. Contact Nancy Heastings for more info (n.heastings@comcast.net).

Pastor Michael's Installation Service – May 18

All are invited to the installation service of Rev. Dr. Michael Diaz on Sunday, May 18 at 3 pm in the Sanctuary, when the Pittsburgh Presbytery will officially install Rev. Dr. Michael Diaz as pastor of ELPC. A reception will be held in the Social Hall afterwards.

LGBTQIA+ Ministry's Spiritual Gathering – May 18

You are invited to attend the LGBTQIA+ Ministry's spiritual gathering on Sunday, May 18 at 12:30 pm. Join us to share lunch and conversation. Allies and LGBTQIA+ folks are welcome! Contact Wil Forrest (Wil@coh.net).

Tower Tour – May 25

Please join guide Steve Evrard for a tour of the tower on Sunday, May 25. Wear closed-toe shoes to participate, and gather in the Highland Lobby after the 11 am sanctuary worship service to join the tour.

Pittsburgh Pride 2025 March and Festival – June 1

The ONE big Pride event ELPC and LAMP will be participating in this year is *Pittsburgh Pride March and Festival* on Sunday, June 1. The March will begin at noon on Liberty Ave, concluding at Allegheny Commons Park West where the Festival will take place. Sign up to volunteer at the booth on Saturday, June 1 (both lay and pastoral volunteers) at www.signupgenius.com/go/10C0E48ADAB2DA4FAC25-56672328-pride. More info is available in the Highland Lobby.